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ACCOLADE 2023

Cave Spring High School

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# ACCOLADE 2023

*volume 67*



*photo by t. hopkins*

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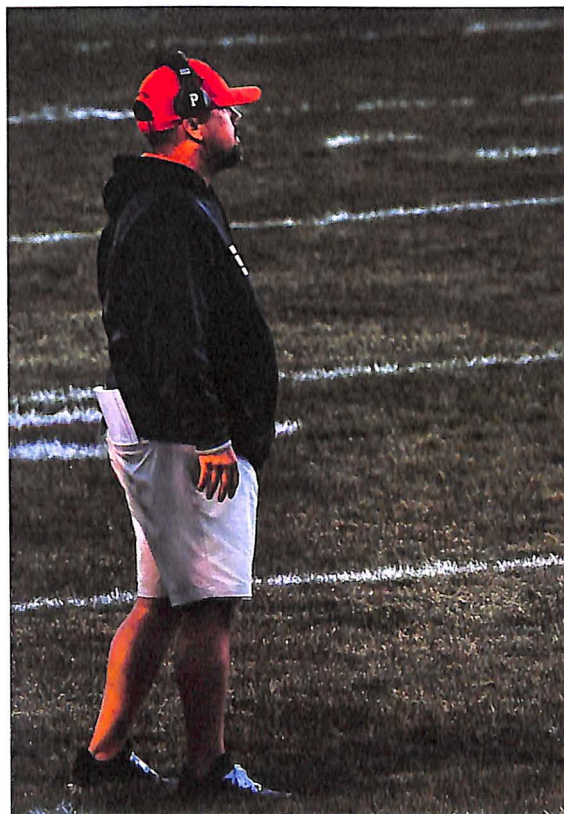
Title Page



# *HOW WE GO* BEYOND

*We went above and beyond the expected, the standard and the boundaries. Going beyond expectations, our student leaders showed us how to be true Knights, adding Buddies Club to our roster and helping those in need. We pushed past the status quo with summer trips beyond the United States, reached for excellence and beyond with college admissions in D1 sports. This is the time to find what lies beyond the words and pages of this book.*

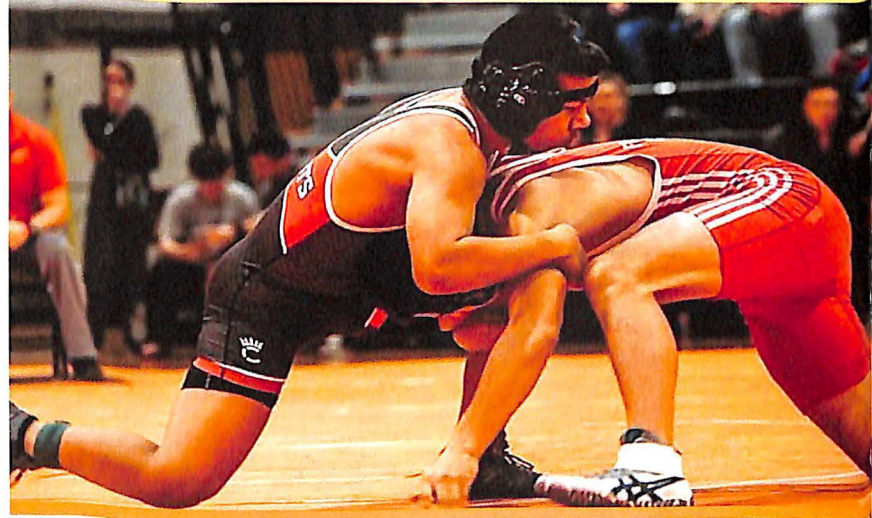




**Raising her flag**, freshman Luciana Covati looks up into the crowd while performing during halftime. "I've been performing during halftime for two years now. During those two years I've enjoyed being a part of a team and getting to meet new people while enjoying new experiences," Covati said. *photo by s. sweeney* **Cheering on the football team**, senior Anna Kate Pratt shouts from the stands. "Helping the team by cheering really loud and trying to keep everyone involved in the game has been especially important to me as a senior this year," Pratt said. *photo by e. yanishak* **From the sideline**, Coach Chris Askew looks out at the field. "We wanted to continue the season how Coach Askew would've wanted us to. We carried our team as far as possible and tried to push ourselves and teammates how he would've. He had such a huge impact on our team as a whole by always wanting us to be our best selves," junior Michael Ray said. *design by s. manico photo by s. sweeney copy by a. howles*



student life



*what's beyond...*



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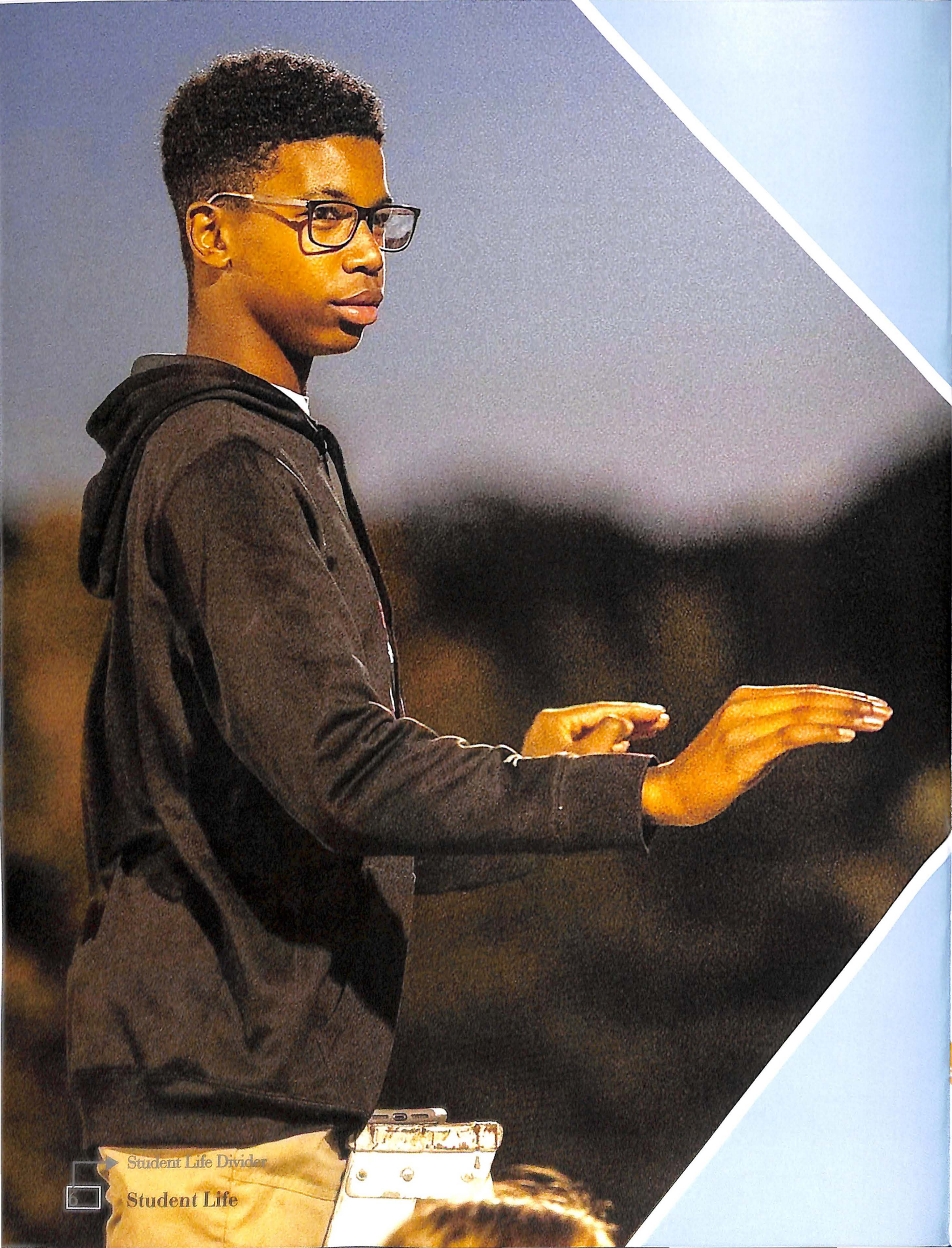
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*design by l. swanson photo by s. sweeney*



Student Life Divider

Student Life

# TOGETHER we move BEYOND

Taking chances, trying something new and moving beyond are the norm for students. During powderpuff (page 14, 15), students tried something new with a role reversal. In a game of flag football, girls went head to head while the boys cheered. The marching band even swapped instruments. Drum majors typically conduct the band, but during powderpuff, other band members took on the role, "I really enjoy conducting the band, but I only get the chance to do so during powderpuff," sophomore percussionist Malachi Lee said. Students also stand out through their cars (page 26, 27) with unique customizations and colors, "People know me as the guy who drives the pink jeep, because it's a limited edition color," senior Joseph Ihlenburg said. Others are more subtle and behind the scenes, like the 63rd Knight Emma Roshioru, who simply wants a student body filled with acceptance. Students grow year after year, such as junior Emma Yanishak visiting Europe on a Burton Communications field trip, "My trip to Europe helped me grow confidence and independence, as I experienced new cultures and lifestyles," Yanishak said. *copy by s. rearick*

► **Conducting the band**, sophomore percussionist Malachi Lee partakes in the role reversal of powderpuff. Lee is normally part of the drum line, but swapped roles with a drum major during powderpuff. The whole marching band tried out a different instrument, just like the girls swapping roles with the boys during the game. *photo by r. ihlenburg*

# BEYOND *your* SELF

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## *Kindness and inclusion are life-changing*



**E**veryone is someone. Everyone deserves a space,” senior and 63rd Knight Emma Roshioru said, referring to her message for the student body. Roshioru assumed nomination to become the Knight was a simple popularity contest. Once her win was official, she knew that her brother Ryan would be the center of her message. Due to Ryan’s disability, Roshioru learned at a young age that everyone should be treated equally. She felt the student body needed a reminder of the impact they have on their classmates. During her speech at the Knighting Ceremony on August 11, she highlighted the importance of kindness, “[In high school], you forget to see that the person right next to

you could be dealing with a hundred different things,” Roshioru said. With this message in mind, Roshioru started the Buddies Club to give the Functional Academic Accessibility and Transition Schools (FAACTS) class the opportunity to experience events that general education students often take for granted. For example, the club brought FAACTS students to football games, “[It’s] a life-changing thing doing this thing that they’ve seen their peers do for years,” Roshioru said. She knew that encouraging even just one student to treat their classmates with kindness would make her efforts to become the Knight worth it. “[The purpose of the message was] to show kindness, to show inclusion,” Roshioru said. *photo by lifetouch copy*

*by s. rearick*

# SAVOR

## the SEASON

*Students explore their interests and passions while spending summer at the beach, at camp and abroad*

**Under the lights**, junior Jayson Doolan dances with his friends. During Young Life Camp, the campers enjoyed a carnival night filled with games and line dancing. "I enjoyed being with friends and learning about God with them," Doolan said. **Getting hype**, seniors Trevor Ermel and Matthew Chapman and sophomores Jackson Janney and William Underwood prepare for a volleyball game at Young Life Camp, a week long opportunity filled with events to build relationships. "Young Life brought me closer to all my friends and God," Underwood said. *photos by e.*



**Laughing with her friends**, Sarah Massengill poses at the beach. Seniors Anna Kate Pratt, Sarah Massengill, Sarah Kidwell and Amelia Spurlock went to Emerald Isle Beach during the summer as part of a yearly tradition. "My favorite part of the beach was hanging out with my friends," Massengill said, "We created so many fun memories." *photo submitted by s. kidwell copy by l.swanson*



## Show the *Horizon*

*Summer shows us what's on the horizon for the school year ahead*



Meredith Block, 12



Gareth Graham, 11



Zoey Lusk, 11



**Gathering by the fire**, junior Makenna Yopp shows off her fire-building skills. Yopp was a camp counselor at Camp Bethel for the whole summer. It made her summer memorable. She met new people and learned valuable life skills. "I enjoyed building relationships with my campers and getting to know them," Yopp said. *photo submitted by m. yopp copy by s. crawford*

## Camping *OUT*



**Turning her sail**, junior Elise Moseley races towards the finish line. Moseley served as a sailing instructor at a three-day sailing camp on Smith Mountain Lake. She taught kids from ages 12 and up how to stand alone in the waters. "I was super stressed with having to plan everything I was going to teach them," Moseley said, "It was such a relief when it finally happened and it all went well." *photo submitted by e. moseley copy by s. crawford*



**Strolling through the streets of Paris**, junior Emma Yanishak takes in the sights. Yanishak took a nine day trip around Europe with the Burton Mass Communications Program. She visited four countries throughout her trip, including the Netherlands, Belgium, France and England. "The trip gave me new experiences and exposed me to a variety of different cultures," Yanishak said. *photo submitted by e. yanishak copy by s. crawford*

# HOW WE *show* UP

## *The student section shows out in support*

New leadership and fresh school spirit brought new meaning to the student section. Head Basketball Coach Jacob Gruse referred to the student section as the “sixth man,” meaning the support from the student section was vital to the game’s outcome. “Gruse calls us the sixth man. We’re there to make sure the other team doesn’t do well and get in their heads,” Jackson Vest (12) said, “There’s up and downs, but [the feeling] is mostly joy. I’ve been watching my friends play since eighth grade in our little middle school student section.” Senior student section leader Amelia Spurlock led students in chants alongside other senior leaders. “To me, being the leader means going all out and showing up for the team and for the school,” Spurlock said. From the seniors in the front rows to the freshmen in the back rows, students were a part of the atmosphere. *design by i. cox copy by s. manico*

**With hands on their hearts** seniors Robert Draper, Jackson Vest, Sophia Fueglein and Richard Bryant sing the national anthem at the football game on August 26. Every time the national anthem was sung, the student section erupted at the end, swapping “the home of the brave” for “the home of the Knights.” *photo by e. yanishak*



## WHERE *we* STAND



**Heading towards the field** senior Charles Winesett supports the football players on September 9. “The student section brings energy and helps the players play better knowing their friends are there,” Winesett said. **Caught in the moment** junior Isabella Cavicchio cheers the football team on. “We follow what the seniors want us to do, but it’s nice being closer to the front because we get to lead and hype everyone up,” Cavicchio said. **Showing off his fat head** sophomore Wyatt Hayden yells from the stands. “[The student section] is absolutely elite. We have one of the best student sections in the state. Especially as a sophomore because you’re in the middle of it. You’re not in the back or the front,” Hayden said. *photos by e. yanishak copy by s. manico*





**Hands in the air** the student section gets quiet for a free throw. After a player made the free throw, the student section stomped their feet, clapped their hands and yelled "tips." On December 15, the Knights defeated Blacksburg High School 77-36. "My favorite part of the student section are free throws because we have our chant," Jackson Vest (12) said. *photo by d.browning*

**Storming the field** seniors Anna Kate Pratt, Amelia Beamer and Tyler Green run to celebrate the rivalry football win of 37-0 over the Titans of Hidden Valley on August 26. "Wining against our rivals for our first senior game was exhilarating," Beamer said. *photo by e.yanishak*



**Yelling towards the court** seniors Gabriella Ramirez, Carter Jeffords and Jackson Vest cheer the team on from the student section. On December 15, the student section theme was BBQ dads vs. soccer moms. Vest dressed the part of a BBQ dad, "In my friend group I'm known as the dad, so I went all out [for the theme] with my Piggly Wiggly tank top," Vest said, "I think the environment in the student section is very lively, and we try to make it as loud as possible." *photo by d.browning copy by s.manico*

Student section leader Amelia Spurlock (12) was responsible for leading the crowd in chants and cheers. "I think having a student section leader is important because there needs to be someone to keep everyone engaged and loud. I feel like there has to be someone willing to embarrass themselves," Spurlock said.

*photo by t.hopkins copy by s.crawford*



*leading the CROWD*  
Student section leader explains her role

Student Section ←

Student Life

# BATTLE

## of the CLASSES

*Junior and senior boys*

*cheer while girls fight for the win during the annual powderpuff flag football game*



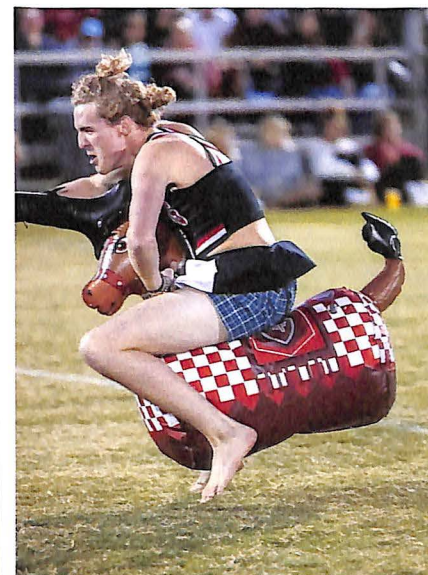
**With all her might**, junior Kylie Henson looks to score a touchdown. Henson picked off a pass and scored a touchdown for the junior team. *photo by r.ihlenburg* **With ball in hand**, junior Samantha Manico dodges past senior Margaret Forest. Manico scored a touchdown for the the junior team. "I loved how the juniors worked as a unit to put points on the board," Manico said. *copy by s.manico photo by e.yanishak*



**Blowing past her defenders**, senior Sophia Fueglein sprints towards the end zone. On September 29, Fueglein led her team to victory over the juniors in the annual powderpuff game. The powderpuff game was unique because it was the first year played by official flag football rules. "I enjoyed the faster pace of this year's game compared to last year," Fueglein said. As a junior, Fueglein was the top scorer for her team and this year was no different. She scored one touchdown and a two point conversion. *photo by j.manico* **In an intense discussion**, senior coaches Ayden Babich, Chase Speller and Dylan Saunders explain the plan for the next half of the game to their players. To ensure success for their team, they ran a variety of plays with names like mac and cheese and jelly bean. Although the seniors came out on top, some thought there was still room for improvement, "I would change our play calling," Babich said. *copy by s.manico photo by r.ihlenburg*



# FLIPPING the SCRIPT



**Completing a stunt**, senior Canaan Fetzer cheers atop senior Charles Winesett's shoulders. The senior cheerleading squad performed various stunts, dances and cheers during the game. **On an inflatable horse**, senior Benjamin Kingery jousts his fellow senior cheerleaders not once, but twice during halftime. Each collision drew laughter from the crowd. **Showing off his moves**, junior Preston Lonker demonstrates his belly dancing skills during the halftime performance. While Lonker gives the fans a show, juniors Brandon Noell, Lukas White, Owen Tozier, Ryan Connelly and Drew Ermel cheer him on. "We all went into the performance excited and we made the crowd laugh," Lonker said. *copy by s.manico photos by r.ihlenburg*

## play **HARD**, win the **CROWN**



**Accompanied by her family**, senior Sydney Uherick walks through the flags of the color guard. During half time of the football game against Patrick Henry on October 14, Uherick was announced as homecoming queen. "When my name was announced, everyone was cheering my name. It felt great knowing that my peers were supporting me," Uherick said.

**Hearing his name announced**, senior Jackson Matthews waves to the fans in the stadium. Not only is Matthews the kicker for the football team, he also won homecoming king. Prior to returning to his team in the locker room, Matthews was escorted by his family during the half time show as part of homecoming tradition. *copy by s.manico photos by e.yanishak*



# PARADING

## around TOWN

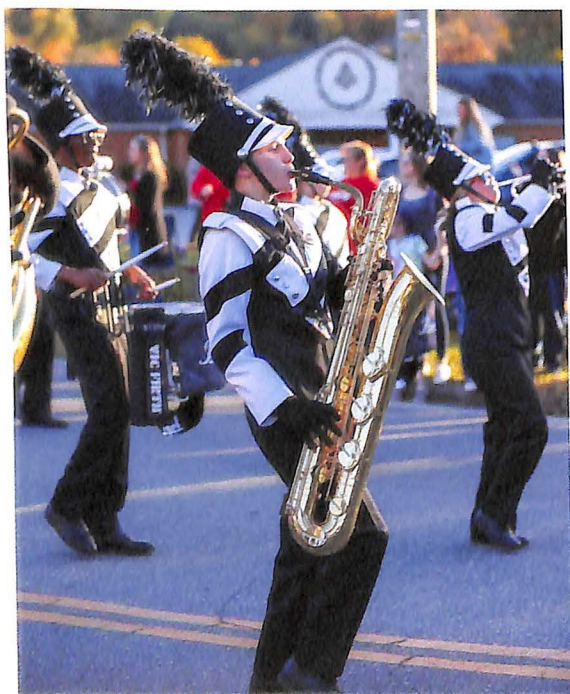
Notes of the fight song travel through the streets as the marching band leads the parade towards the middle school. The homecoming parade is an annual tradition. The parade brings the community together, with children from the feeder elementary schools coming to support the high school and collect candy. The homecoming parade plays a large role in school morale, "The atmosphere was electric, it was fun to see how the community

came together to support our school," senior Claire Henritze said. Each grade level creates a theme using a play on words for their float. The 20 students elected homecoming court also ride in the parade in convertibles and other vehicles. The band marched in the parade, playing the fight song memorized by heart. Students also captured homecoming memories by taking photos prior to the dance in their homecoming dresses and suits. *design and copy by s.manico*

During the parade, sophomore Ripley Hunter passes candy out. As part of homecoming court, Hunter rode in the parade atop a convertible. "My favorite part of the parade was seeing all the little kids happy," Hunter said. As a senior, Claire Henritze soaks in every minute of her last homecoming parade. "The seniors and I gave it our all for the parade since it was our last. After Covid when the entire school shut down, seeing the school morale coming back this year was super heartwarming." Henritze said. *copy by s. manico photos by a. hayden*



### MARCHING to the BEAT



sophomore Tyler Cooper plays the saxophone during the fight song. The marching band memorized the fight song and performed it during the parade. "Marching in the parade was super fun, but it was definitely tiring," said Cooper.

junior Andrew Quakenbush marches in the homecoming parade. At the end of the parade, there are more community members gathered than in any other area, "The end part of the parade was one of the best parts," said Quakenbush. *copy by s.manico photos by a hayden*



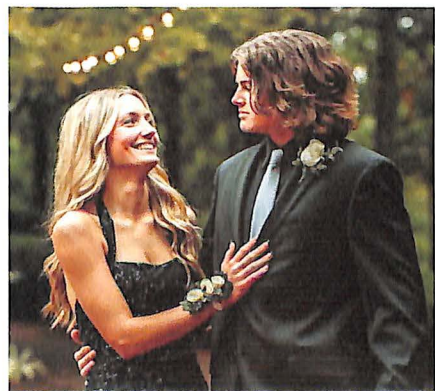
Caught in the spirit of homecoming juniors Sarah Crawford, Ella Bishop and Abigail Harrison pass out candy. "I did the float because I thought it would be fun with my friends," Harrison said.



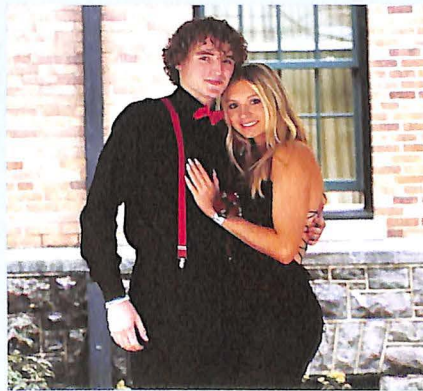
During the parade sophomores Dylan Shaver, Charlotte Fetzer, Wyatt Hayden, and Michael Wilborne ride on their pirate themed float. "Seeing the kids was the best part, because I was once them," Shaver said.



Sharing a laugh freshmen Alijah Reeves and Gabrielle Miller ride on the cheerleader float. "It was cool seeing the community there supporting us," Reeves said. *copy by s.manico photos by a.hayden*



"I would give students a better opportunity for taking photos at the dance. I think that's so important because that's where the memories are."  
**Neena Whitaker, 12**



"My favorite part of the dance was probably when they announced homecoming court. I think it's really exciting to see your peers get recognized and it makes dances so much fun."  
**Peyton Stepka, 11**



"Since I had never gone to homecoming before, I didn't know what to expect. The dance exceeded my expectations. My favorite part was getting ready with my friends."  
**Ava Livingston, 10**

## All Dressed up

Students capture photos in various locations around Roanoke prior to the homecoming dance. *copy by c.tribble*

# BEYOND *his* LEADERSHIP

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## When a leader's impact changes lives



“I take a lot of pride in Cave Spring because these are my people,” senior Benjamin Kingery said. Kingery is well known for his involvement in Young Life as well as an unofficial leader in the student section, leading chants and raising school spirit. Kingery has been involved in the Young Life program since middle school. He fell in love with the accepting nature of the religious program. Now in his senior year, he runs many of the games and skits to involve and entertain club members. One such game was a game of chance that involved eating a goldfish, either real or the cracker, while not knowing which type was in the cup. No one swallowed an actual goldfish, however, “because I’m the script guy, I swallowed an actual goldfish,” said Kingery. In

contrast, when it comes to the student section, Kingery sees himself as less of a leader and more of a mascot. He reflected on his position, “being a leader at the school makes me a leader at Young Life, because people are gonna be like, he’s the person to turn to,” Kingery said. This position as mascot exemplifies Kingery’s love for the school. “School spirit is really important to me. I take a lot of pride in going to school here,” Kingery said. It hasn’t always been this way for Kingery, as he used to get frequent detentions until the summer after his junior year at Young Life. “I realized that those kids really look up to me, and I realized that if I changed the way I was, I could really be a positive influence. I could make people come to football games, make people come to Young Life, through my actions,” Kingery said. *photo submitted by b. kingery copy by s. rearick*

# CREATE *beyond* YOURSELF

*Artists share their craft*

## Autumn Engle (12)

"I have been doing art since my elementary school days. My favorite mediums are acrylic paint, colored inks and the traditional pencil and paper. My favorite artists are primarily Vincent Van Gogh and many of the Victorian masters. I am inspired by art from the Greek & Baroque periods. I see myself pursuing art in the future as a career, my goal being to study professionally at an art college."



## Elizabeth Loveless (9)

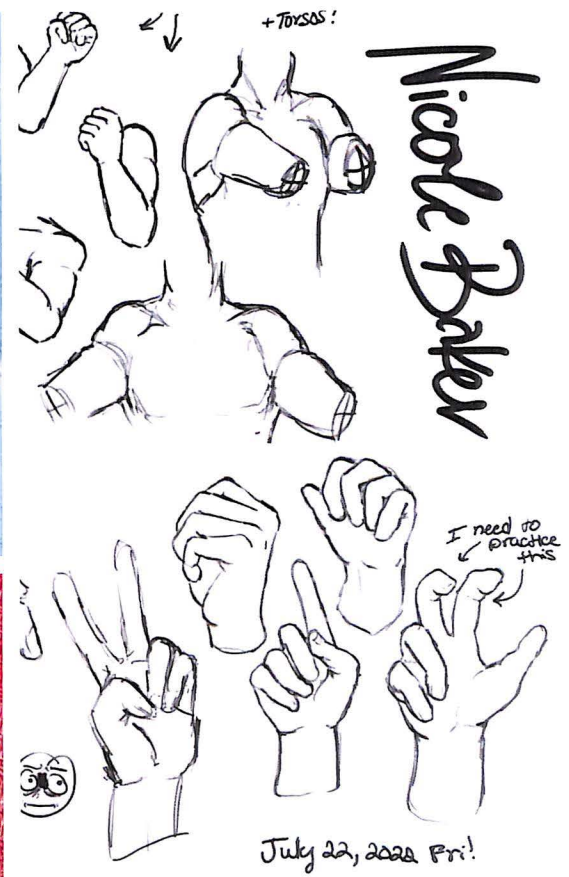
"I prefer working with 3D mediums to make art instead of the more traditional styles of art like paintings and sketches. I started to experiment with clay sculpting in middle school and my grandmother taught me how to do embroideries and sew at a pretty young age, but I only just started to broaden my horizons to wire for jewelry making. I want a job where I can work with my hands. I try to gather inspiration from either seeing random art by random artists that come my way or from everyday life and what I see around me."





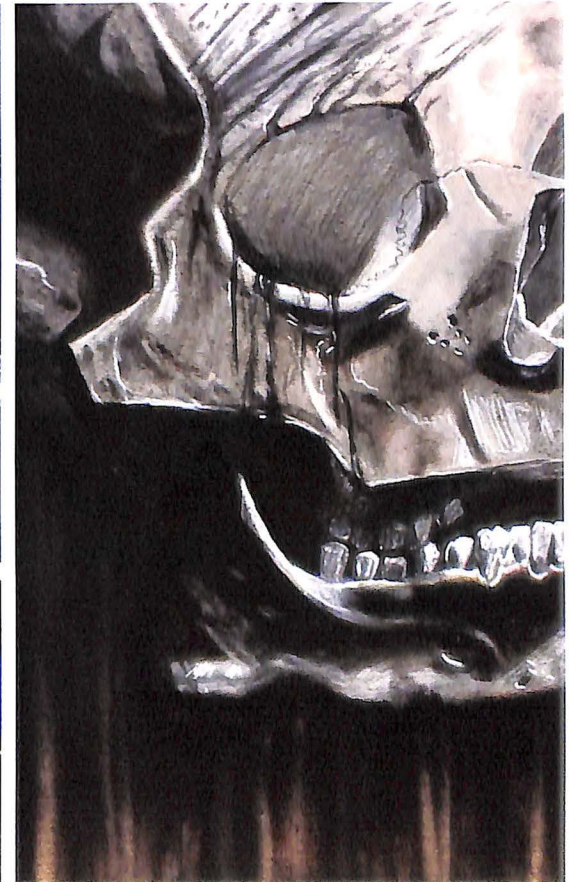
## Nicole Baker (9)

"I have done art since I was a kid. I plan on going into graphic design, specifically architecture in the future. Architects put their own little details into their designs to make them unique in their own way. For a project, I decided to make a hummingbird hawk moth out of clay and a painting for the SPCA, the songbird."



## Santiago Rodriguez (11)

"I have been doing art since I was in fourth grade. My favorite mediums include digital and colored pencil. Right now, one of the people I look up to for art is Tatsuki Fujimoto, the creator of chainsaw man. I love his works and his ability to make people feel a lot of emotions with just a few panels of art. He is truly a genius. I can see myself doing art for fun in the future but not as a career. I want to be in the medical field when I grow up. I could possibly create cute little artworks for children as I work."



# PASSION

## for FASHION



Lucas Jennings's favorite form of fashion expression is through hair and rings. He regularly sports colored hair in a range of patterns such as a bright green spider web or neon pink. His street-wear style mainly consists of baggy jeans and other items thrifted from Goodwill. His fashion is further accentuated by jewelry and piercings with big bulky necklaces and a septum piercing in a silver bull ring style.

Lucas Jennings 17



Kylie Henson shows off punk-inspired style and bold colors. "My style changes a lot and how I dress depends on what I feel like," Henson said. Many of her signature outfits include platform shoes, knee high socks and skirts.

Kylie Henson 11

Santiago Rodriguez's style usually includes Nike shoes, graphic tees and American Eagle items.

Santiago Rodriguez 11



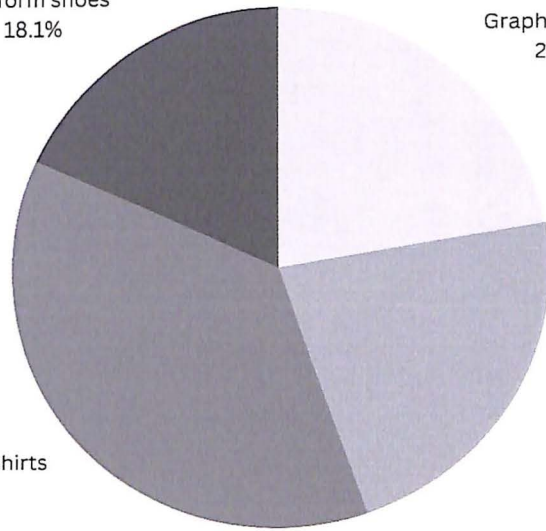
Ava Distefano describes her style as "chic." Her favorite items are her gold hoops and sweaters from PacSun.

Ava Distefano 11

# what's TRENDING?

Platform shoes  
18.1%

Graphic t-shirts  
22.3%



Oversized sweatshirts  
37.2%

Flared pants  
22.3%



Bailey Wilson described her fashion as “mostly a form of expression and having fun.” Fear of not fitting in does not limit her fashion expression. After leaving her old school, she now has the freedom to dress outside the box with darker colors and bold outlines. She uses fashion not only to express herself, but also connect with others. She wears jewelry gifted from her grandparents and a green bracelet that matches with her friends. She cannot leave the house without her rings— her go-to accessory. *photos by v. austin*

**Bailey Wilson 11**



Trenton Cook imitates 90s street-wear in all his outfits. He said his style pairs best with cargo pants and jewelry. Cook described his style as “loose and casual.”

**Trenton Cook 10**

*design by m. dinakin, h. draper and c. holton copy by s. reanck*

## NAILED looks



Freshman Estella Mahgerefteh's heart nail designs were done at Unique Nails. *photo by v. austin*



Freshman Josilynn Cole got her nails done at Perfect Nails. *photo by k. levering*



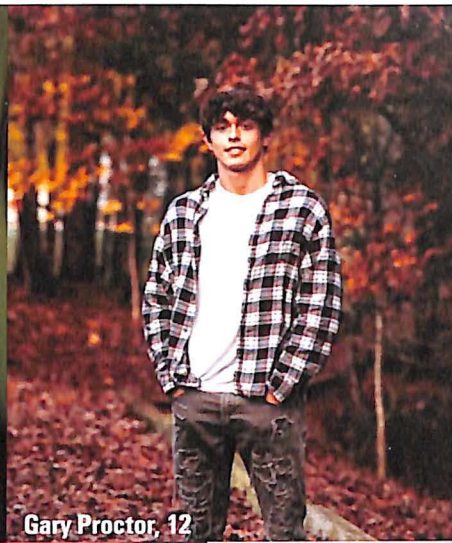
Sophomore Braedyn Morgan's nails were done by Star Nails. *photo by v. austin*



Alex Mutter, 12



Sydney Uherick, 12



Gary Proctor, 12



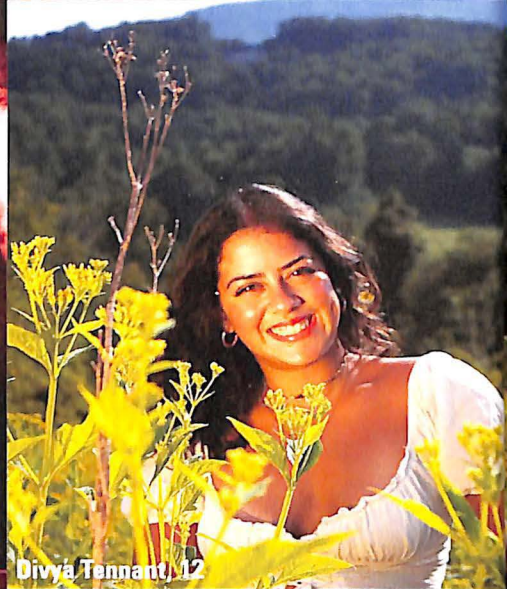
Gabriella Ramirez, 12



Margaret Forest, 12



Ava Hibbs, 12



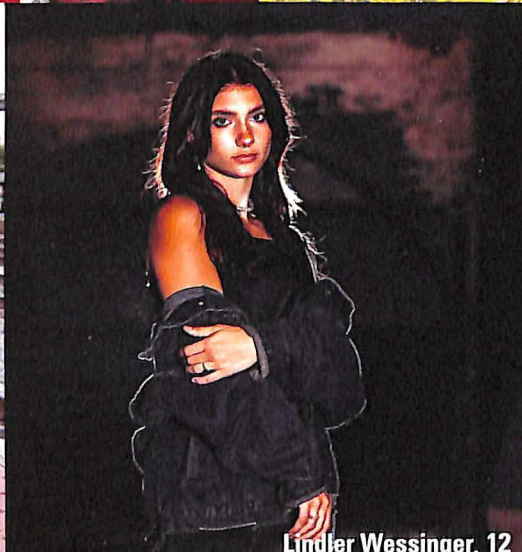
Divya Tennant, 12



Ella Vance, 12



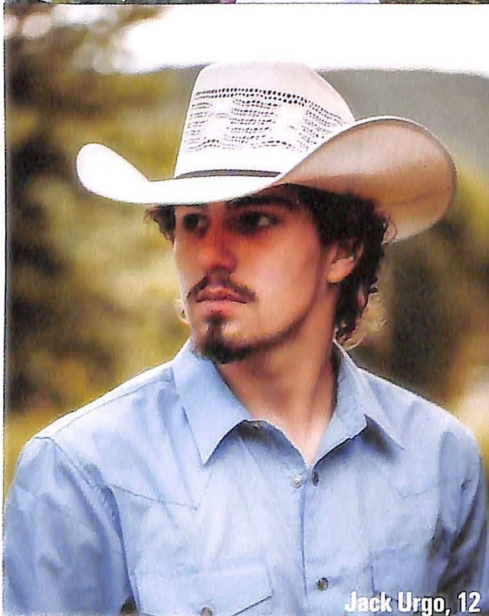
Duile Smith, 12



Lindler Wessinger, 12



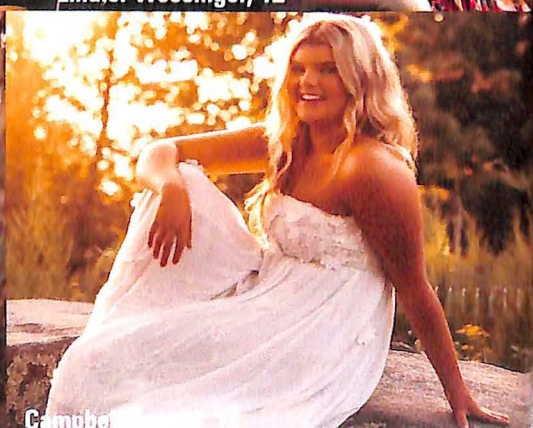
Sarah Massengill, 12



Jack Urgo, 12



Lacey Richardson, 12



Campbell, 12

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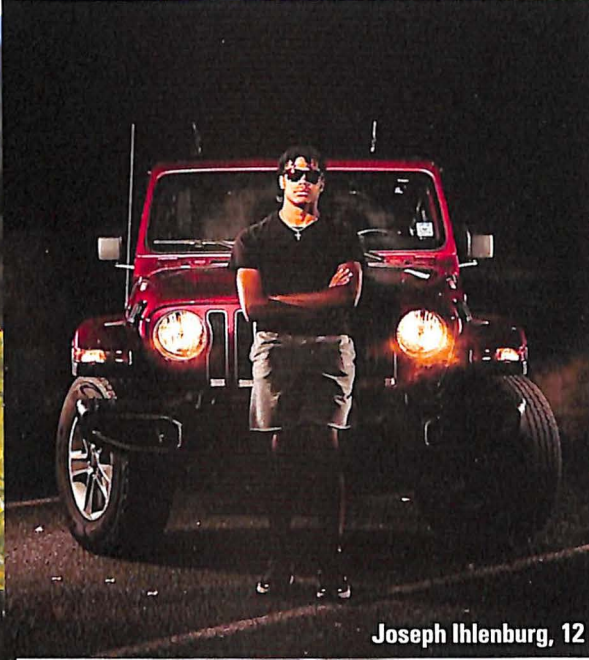
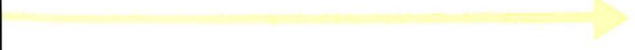
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casuals  
*design by i. cox*



Joseph Ihlenburg, 12



Macie Anderson, 12



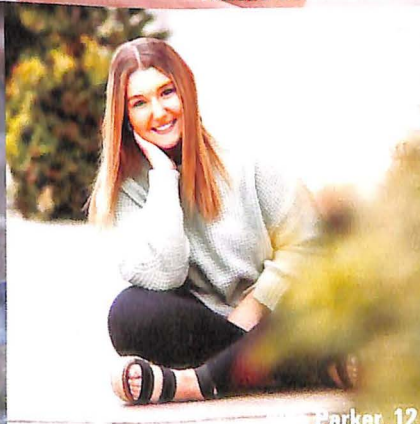
Amelia Benson, 12



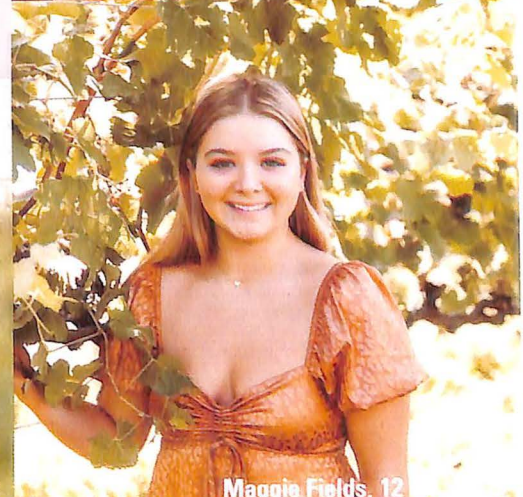
Sarah Kidwell, 12



Ashley Linsenman, 12



Parker, 12



Maggie Fields, 12

# the FIGHT

## of the RIDES

*Students go head to head with Jeep Wranglers vs. Volkswagen Beetles, while some go above and beyond with rides that are unique inside and out*

**T**he Jeep Wranglers and Volkswagen Beetles of the Cave Spring lot went head-to-head with special modifications, a variety of colors and strong opinions on their rides. The Jeeps are easily customized when compared to Beetles, which can be seen lined up with their drivers. Joseph Ihlenburg (12) drives a bright pink Jeep to school, while Charlie Parker (11) built his Jeep himself and Daniella Dinsmore (11) got hers custom built. When compared to the Beetles, this looks like a major leg-up, but both Maggie Dunstan (12) and Samantha Manico (11) retort with the Beetle's cute exterior and easy parking capabilities. Matthew Bradley (11) remarks on the punch buggy's reliability when it comes to getting where you need to go fast with his bright white Beetle. Both cars are adored by their passionate owners who cite amenities such as funny horns, convertible tops, lifted wheels and built-in flower vases. *design by s. manico and s. knight copy by s. rearick*



## BEYOND *the normal RIDE*

Posing next to their camouflaged car, junior Mayzie Hanson and senior Susan Hanson's family got their vehicle for their dad. It was part of his PTSD healing process caused by being in the military. When he was in the Air Force, he drove a vehicle identical to this. The Humvee is their favorite choice of vehicle because it's fun to drive. *photo by t. hopkins copy by a. legault*



**Facing off**, students sit in their cars in a showdown between Volkswagen Beetles and Jeep Wranglers.

**Leaning against her car**, junior Samantha Manico shows off her 2012 Volkswagen Beetle. "The best thing about my car is that it's fun and super cute," Manico said.

*photos by t. hopkins copy by c. trible*



**Sitting atop his car**, senior Aiden Vigue shows off his white Tesla Model 3. The car was a major upgrade from his old Volvo, which everyone around him agreed was falling apart a couple of years ago. His parents charge his car at home or their work, making his drive to school easy and gasoline-free in the Tesla Model 3.

*photos by t. hopkins copy by s. rearick*

the interior  
**VIEW**



**Tyler Henesy, 12**



**Matthew Bradley, 11**



**Emma Yanishak, 11**



**Graelyn Askew, 12**

# AT THE CASTLE

## for the *HOLIDAYS*

*Students and teachers come together for the holidays*

**Dancing it out**, sophomore Malachi Lee and Ms. Kristen Canipe pair up for the holiday school pep rally. "Pep rallies are a really great way to bring the school together, especially during the holidays. I think they do this so well because they literally bring us all physically together in one space," Lee said, "It puts everyone together, from seniors, to freshmen, to staff, janitors and administration. I really enjoyed being a part of it."



**Painting pumpkins**, sophomore Mario Saade celebrates Halloween with French Club. "I like French Club a lot and we get to do a lot of fun activities. The pumpkin painting was cool and I really enjoyed it. In French Club we do a lot of stuff around the holidays to celebrate. Recently we made crepes together and it was really good," Saade said. **Contributing to the holiday spirit**, senior Sydney Smith, senior Samuel Robertson and junior Samantha Manico help out at the annual National English Honor Society holiday party.

"We prepared bags for the FAACTS students and played dirty Santa. I enjoyed the NEHS Christmas party because as a club we were able to make the holidays special for other students. The dirty Santa was also super hilarious and fun," Manico said. *design by m. dinakin*

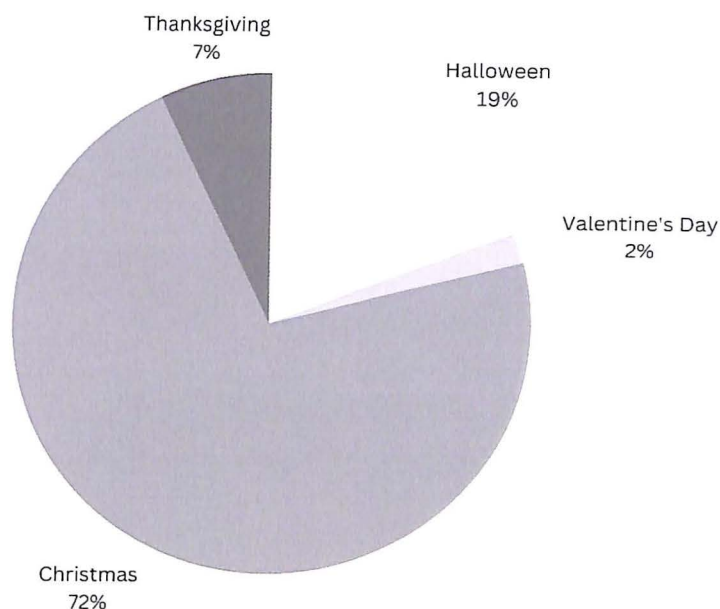
*photos by e. yanishak copy by c. trible*





# the BATTLE of the HOLIDAYS

What is your favorite holiday?



## TRICK or TREAT



**Helping out for Halloween**, sophomore Lauren Hoffman participates in the holiday spirit. "I would absolutely do it again. I helped with the Candy Land themed trunks, which were built and run by Cave's cross country team. My favorite parts were getting to dress up, seeing all the kids' costumes and spending time with friends," Hoffman said.

**Embracing the holidays**, Mrs. Amy Leonard and Ms. Megan McDonagh participate in the school's trunk-or-treat Halloween celebration. "I enjoyed the trunk-or-treat because Halloween is my favorite time of year. Seeing the kids come in and the community getting involved just makes me really excited. I helped at the Help Save the Next Girl booth and it is something that I definitely plan to keep doing," Leonard said. *photos by e. yanishak copy by c. trible*



# SPIRIT

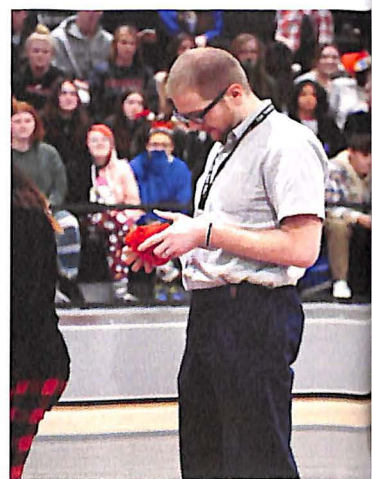
## at the **CASTLE**

### *Pep rallies and teacher recognitions boost energy*

**D**ue to the pandemic, the last pep rally at the castle was in 2020. With the first pep rally since then taking place on October 28, students did not know what to expect. The administration and planning committee planned a variety of "minute to win it" games. Students and staff participated in challenges like putting on a frozen t-shirt and getting ping pong balls out of a tissue box. The games caused the gymnasium to erupt in cheers and laughter. The pep rally showed students what it was like to come together as a school, "Everyone likes to be rewarded for working hard and doing the right thing. It builds a good culture, a good relationship," Coach Jacob Gruse said. *design and copy by s.manico*

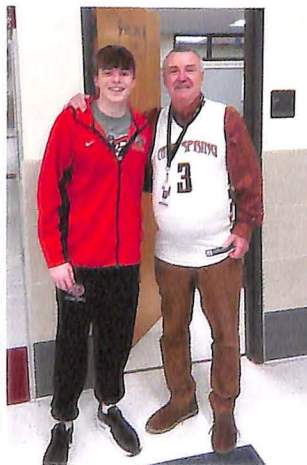


**Taking a pause** sophomore Landon Bishop laughs after competing in a game during the winter pep rally on December 15. Bishop's goal was to shake a ping pong ball out from inside of a tissue box attached to his back. "The school spirit at the pep rally was electric," Bishop said. **Leaning in to talk** freshmen Madeline Blanton and Danica Ogle soak in the sights of the pep rally. "My favorite part of the pep rally was the cheerleaders stunting and the teacher-student dances," Ogle said. **In front of his audience** teacher Robert Brigham plans out how to put on his frozen t-shirt. The frozen t-shirt game started with the competitors throwing their rock solid shirts on the floor, until Brigham ran out of the gymnasium towards the bathroom. His other competitors followed suit to thaw their shirts with warm water. The first competitor back was senior Dylan Saunders, sporting his unfrozen t-shirt. *photos by e.yanishak and k.levering*



### educator of the **GAME**

A tradition started two years ago by Head Basketball Coach Jacob Gruse, "Educator of the Game" provides recognition for teachers. Teachers that created strong bonds with students received a jersey to wear during school on game day.



**Graham Lilley (17) and Mr. Rick Bailey**

"This makes the games more meaningful, because we have something greater to play for, knowing we have supportive fans to play for," Lilley said.

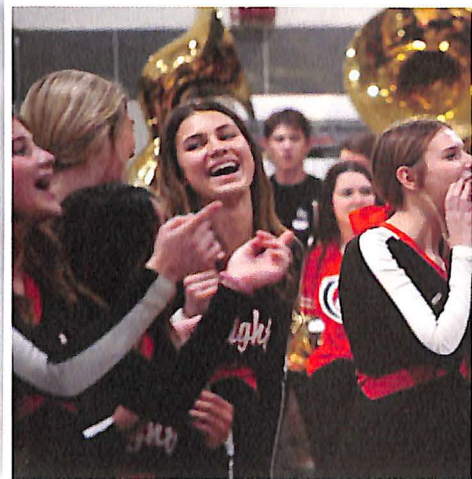


**Charlie Parker (11) and Mrs. Kaitlin Brubaker**

"This acknowledgment means more to us than we can say, because people are noticing our hard work and we've formed at least one connection with a student. That is important for our culture," Brubaker said.



**In front of the band**  
sophomores Emery Weld and Hannah Conner participate in a call and response chant. During each pep rally, the cheerleaders led the students and staff in a chant. "My role in the pep rally is to cheer and get the students excited," Weld said. *photo by k. leveraging copy by s. manico*



# DANCING with SPIRIT

*Student and teacher duos perform popular dances at the pep rally to foster relationships*

## Rachael Anderson (12) and Coach John Swartz



"It's a lot of fun for students to see teachers doing something other than other standing up and talking," Swartz said.

## Stark Jones (12) and Mr. Jacob Gruse



"The whole classroom environment flows better when kids and teachers have good communication," Jones said.

## Braedyn Morgan (10) and Mrs. Kristen Gruse



"I think it's really important for teachers and students to have relationships because we see each other everyday," Morgan said.

## Deshawn Washington (11) and Mr. Mike

"I picked Mike because he always greets me and he's great at picking up after everyone when he doesn't have to. He's just a really genuine guy," Washington said.

*photos submitted copy by s. manico*



## Mr. Brian Hall

"I want our students to know we support them, and we want them to be successful. So we do everything to set up a supportive and positive environment," Hall said.

*photos by e. vanishak*

# KEEPING UP

## with the CASTLE

**A** new tradition was brought to the Castle in the form of selfies. The administrative team first started taking large group selfies at the end of the senior class meeting on August 11 and continued the tradition into football games and other school events. The selfies are posted on Instagram to @cshs.official and @cshs\_castle. @cshs.official is run by marketing teacher Kristen Canipe and her Advanced Marketing class. Even as a new addition to the faculty, Ms. Canipe made an impact on communication within the Castle. "Ms. Canipe and the students running the Instagram have done an amazing job communicating out upcoming events, themes and accolades," Principal Haley Deeds said.

*design by s. iademarco and k. horton copy by s. manico and l. swanson*

**With arm outstretched,** Principal Haley Deeds captures a photo with the cheerleaders and Dean of Students Abby Barnes at the football game against Glenvar on September 10.

*photo by h. deeds copy by s. manico*



**Showing off the Marching Knights,** Assistant Principal Brian Hall takes a group selfie with the color guard and band members. "We all enjoy having fun with our students.

Often in our jobs, we have to deal with difficult situations, so it is always refreshing to have those opportunities," Hall said. *photo by b. hall copy by l. swanson*



Mrs. Anne Houston, Kate Horton (11), Siena Iademarco (11), Amalia Midkiff (11) and Rose Boch (12)

*photo by a. houston*



Mrs. Kaitlin Brubaker, Lacey Richardson (12) and Abby Smith (12)

*photo by k. brubaker*



Divya Tennant (12), Priya Mittal (12), Austin Zhang (11) and Ivan Millan Reyes (12)

*photo by d. tennant*



Assistant Principal Brian Hall, Sophia Fueglein (12), Rowan Boone (12), Amelia Spurlock (12), Sarah Massengill (12) and Christopher Gentiluomo (12)

*photo by b. hall*



Emily Tull (9), Avery Spurlock (9) and Charlotte Harris (9)

*photo by a. spurlock*



Abigail Harrison (11), Laine Bennett (11) and Emma Sexton (11)

*photo by e. sexton*



Alexandra Mutter (12), Sophia Fueglein (12) and Rowan Boone (12)

*photo by a. mutter*

**BE REAL**



While looking at the camera, students and faculty lean in and smile to capture a student section selfie. Assistant Principal Charles Parker's favorite part of the new selfie tradition is "letting the students see admin in a 'regular' way, not just as people who give out consequences or make student schedules or monitor the halls and cafeteria. It shows students we like to have fun as well," Parker said. *photo by s.sweeney* **Huddled together**, cheerleaders and admin pose for a picture. The student section traveled to Northside High School on September 2 to support the football team and capture memories. Principal Deeds worked hard to emphasize the meaning of climate and culture in the school, "This is another way that admin team can show that we care about our students and support them in responsible fun. The student section has, to this point, met and exceeded our game expectations, allowing [admin] to also enjoy the game and have fun with our students. The selfie illustrates that we are all Knights," Deeds said. *photo by b. hall copy by l.swanson*



## POSING and POSTING



With arm outstretched, senior Amelia Spurlock poses with the student section. Amelia ran the Instagram page @cshs\_castle because she liked going back and seeing all the content she got from previous games. "It takes a lot of time to coordinate all the schedules and create videos and content for the feed. I'm constantly getting emails from admin, teachers and PTSO all wanting a post," Spurlock said, "but it's important to keep people informed and rally everyone together to create more school spirit." *photo by l. swanson* **Taking a picture for the student Instagram**, marketing teacher Ms. Kristen Canipe poses with some of her advanced marketing class who run the @cshs.official Instagram account. Canipe split them into six groups to make posts. The groups covered sports, clubs, upcoming events, counseling news, announcements and the student body. *photo submitted by k. canipe copy by s. crawford*

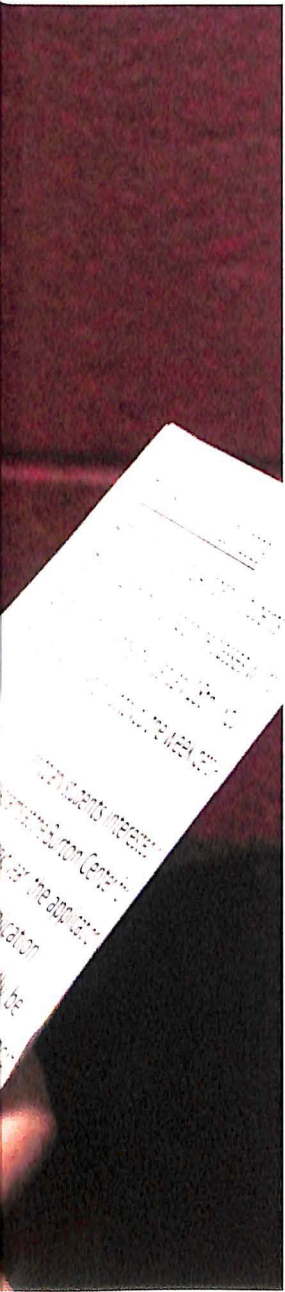
# BEYOND *her* VOICE

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## *Adapting and excelling in school and beyond*



**M**ary Wissinger (9) is perhaps best known for reading the morning announcements as a part of her journalism elective class. Her British accent caused her to stand out from other announcement-readers. Wissinger has several conditions that impact her vision including retinal dystrophy, nystagmus and complete color-blindness. This makes her life look different than that of the majority of the student body. She uses a cane, light altering glasses and enlarged print on a daily basis in order to get around school and do her work. Not all of Wissinger's school life is routine, however, "Making friends is probably one of the hardest things, so being social. I can't see anyone's faces unless I'm really close up, so even if I do make a friend, they have to come to me," Wissinger said. Wissinger especially enjoys her art class. In order to find the

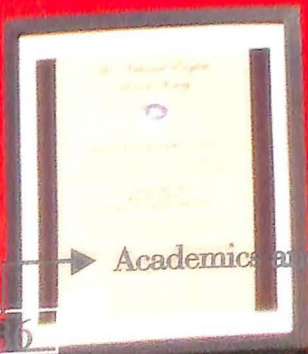
color she wants to use, she has her own process, "I'll ask the color, and use the theory that I've learned, primary colors, the color wheel," Wissinger said. Her vision doesn't impact her pursuit of her passion, as she applied to the Burton School for Visual Arts. Wissinger has also competed in the Scholastic Art and Writing Awards for several years. The program is the longest-running award program in the nation which recognizes creativity in young people. "I entered the Scholastic Art and Writing Awards last year. I got gold for that, and I hope to get gold this year as well," Wissinger said. Although some parts of her vision can provide obstacles, Wissinger keeps a positive attitude and keeps her goals in mind. "One of my goals is to become more independent. I like the idea of being alone, experiencing the world. Just crossing the road without my family or someone beside me," Wissinger said. *photo by t. hopkins copy by s. rearick*



CAVE SPRING  
HIGH SCHOOL



HOME OF THE KNIGHTS



Academics and Organizations Division



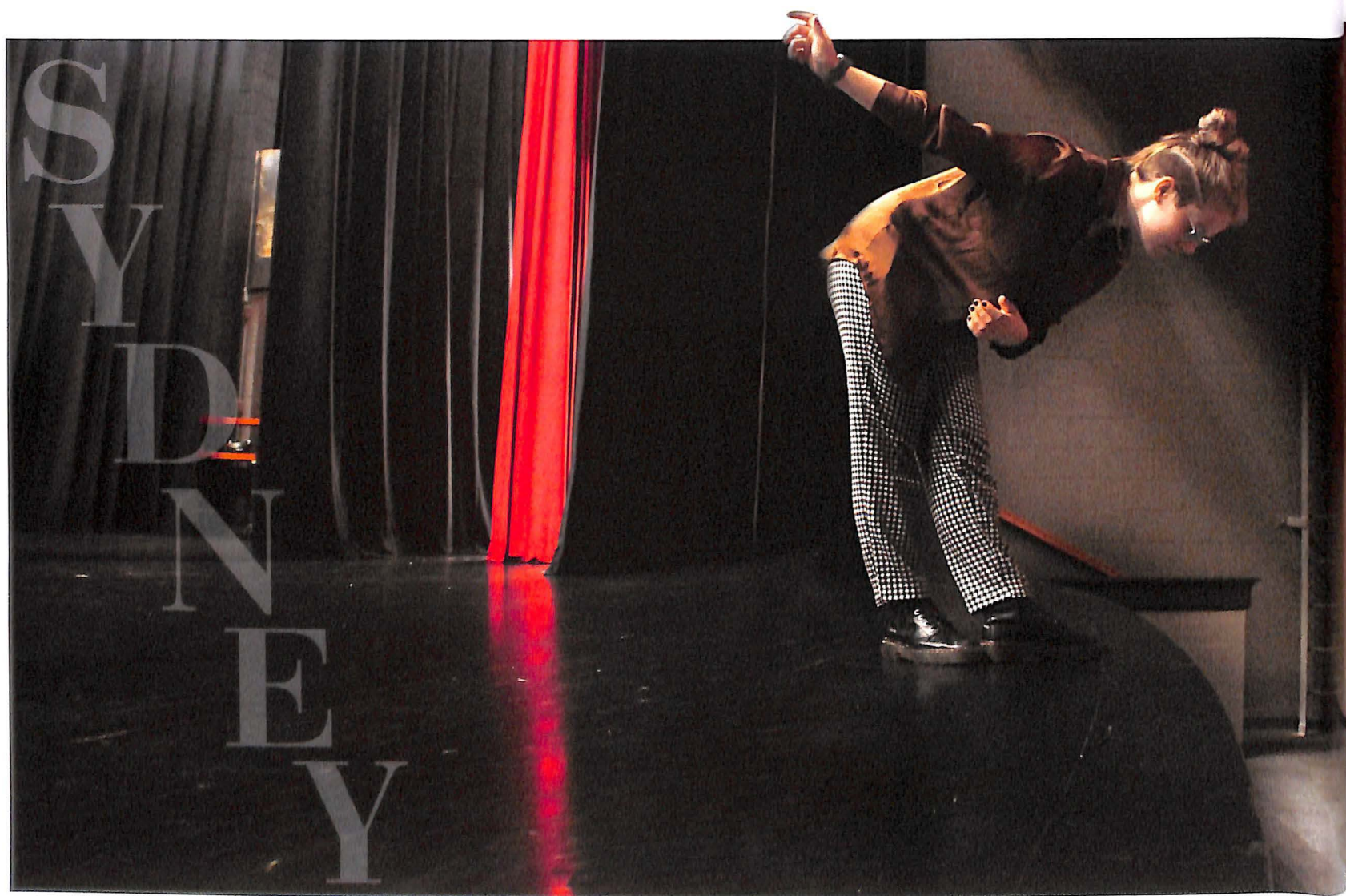
# BEYOND the EXPECTATION

Students worked beyond what was expected to help others (page 40, 41), serve their community (page 42, 43) and prepare for adulthood (page 44, 45). Childhood development prepares students for life beyond school, "I learned more about females that I didn't know before. It makes you more mature," junior Olivia Jones said. Buddies Club allows Functional Academic Accessibility and Transition Schools (FAACTS) students to build connections with other students, "It is nice to see them happy when we do things with them," freshman Ainsley Moseley said. Key Club officers had the opportunity to attend a Kiwanis meeting about serving the community. "Key Club helps teach people to serve for the community and see how other people live," sophomore officer Kendall West said. Seniors moved beyond high school with commitments to college (page 46, 47). Students expanded beyond the standard curriculum through Burton programs such as building trades, culinary and art (page 54, 55). Students tuned to their creative sides through choir, drama (page 56, 57) and band (page 58, 59). *photo by d. browning copy by l. swanson and s. manico*

► From behind the podium, senior Holden Blanton addresses the crowd at the National English Honor Society induction. The induction took place on December 8. "Being NEHS President is important because I get to help lead a club that has a lot of members and is doing a lot of good," Blanton said.

# BEYOND *the* STAGE

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## *Growing through performance*

“Getting the confidence to act on stage was hard, and I think I was only able to do so because of my sister. She taught me how to act,” junior Sydney Rearick said. Acting was the obvious choice due to her sister’s long career in the acting world. Rearick started her acting career with small roles, only having one line in the sixth grade play. Her acting skills progressed into bigger roles in seventh and eighth grade. She took a break from acting her freshman and sophomore year. As a junior, she was told by her friends in theater class that she should audition for a role in the one act, “Oh What a Tangled Web.” She was cast as Mr. Wilson, who is the father of the main character. The role of Mr. Wilson was her first male role and came with new challenges. Rearick struggled at first getting a grasp on her character, but she eventually found footing in playing the character by emulating her

father. With this newfound skill set, she aided a new actor who was also playing their first male role. Rearick’s passion for acting goes beyond the stage into the relationships she’s built through acting. Due to countless hours that go into a production, some of her best friendships have been made through theater. “It doesn’t matter whether they’re crew or actors,” Rearick said, “You’re always going to get close because of how much time you spend together.” After the one act’s district performance, awards were handed out. Although Rearick expected the production to rank high, she did not expect to earn an individual award. Rearick along with two other cast members won “Best Actor”. After watching the performance, Rearick’s sister predicted that she would earn an award, but Rearick had doubts. Her sister was able to see the great strides Rearick had made, even if Rearick didn’t see it herself.

*photo by e. yanishak copy by l. swanson and s. manico*



# REACHING

## out to SUPPORT

### *Buddies Club and Help Save the Next Girl work to help their community*

**Admiring their work,** Parker Shields (10) Mayzie Hanson (11), Julia Parker (12), Mearah Deavers (9), Sydney Uherick (12), Tristyn Tofano (12) and Skylar Uherick (10) look through their donation bin to the Angels of Assisi shelter. After sitting in one of the school's most trafficked areas the giant box was full of treats, bags of food, toys and more ready for pets. This was just one of their many projects, "For Valentine's Day we made these little cute baskets for ten families at the women's shelter. I love being a part of something, getting to be part of a team and helping women and children," Deavers said.

*design by c. holton and h. draper photo by t. hopkins*



**Inspiring the Buddies program,** Ryan Roshioru (12) gets involved in activities outside of the classroom. "Ryan loves spending time in an amazing atmosphere and with his friends especially at sports events and other extracurricular activities like Trunk or Treat and the homecoming dance," his sister Emma Roshioru (12)

said. *photo c. holton copy by a. bowles*

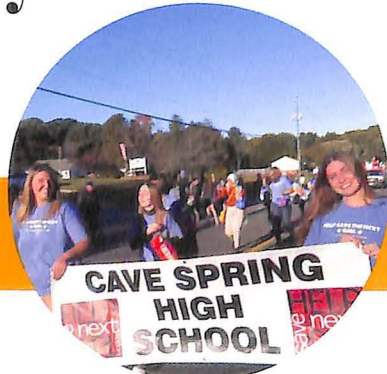


## Friends stay TOGETHER



"One of the best parts of Buddies is how inclusive the club is."

**Ainsley Moseley (9)**  
*photo by e. roshioru*



"HSTNG is a great way to bring the women in the Cave Spring community together."

**Julia Parker (12)**  
*photo by a. leonard*



"Buddies helps give students in the special ed program extracurricular opportunities."

**Emma Roshioru (12)**  
*photo by e. roshioru*



"HSTNG was created to protect and teach young women valuable life lessons"

**Skylar Uherick (10)**  
*photo by a. leonard*

→ Buddies Club and Help Save the Next Girl



**Volunteering for a good cause**, Cecilia Alouf (9) stands with her fellow Buddies Club members, "I got involved because I really wanted to help our high school's community and make a difference in other student's lives. Volunteering to help with the Special Olympics gave me the opportunity to spend time helping out the students participating in the games," Alouf said. *photo by e. rashirou* **Helping with Buddies**, Megan Miles (9) plans activities and parties for students in the FFACTS program. She also got to spend time and made friends with her fellow students, "I joined Buddies because it's a fun and judgment-free way to be involved in the Cave Spring community. At the beginning of the year, I joined by contacting Emma Roshioru," Miles said. *photo by c. holton copy by a. bowles*



## Leading the Pack



### Help Save the Next Girl sponsor explains their mission

"Help Save the Next Girl helps not only the Cave Spring community, but also the community outside of school. We hold self-defense classes, free outreach drives for womens domestic violence shelters and drives for the SPCA and Angles of Assisi. We do all of these activities with promoting safety, awareness and self-defense in mind." *photo by b. turner*

**Mrs. Amy Leonard**

# SERVING

# and SLAYING

*Key Club and Dungeons & Dragons Club build community in different ways*

**At a meeting**, members of Key Club including Maribel Saade (12) plan to volunteer for various causes. "We get to show kids that volunteering is helping others, it makes you feel better about yourself too, knowing that you're bettering your community and peoples' lives," Saade said, "It's also showing an example of what we want our school to be about. It makes our school community a better place and makes us as individuals become better people." *photo by e. yanishak*

**At a school beautification event**, sophomore Moyosoluwa Dinakin helps pick up trash around the school. "I love being able to volunteer with my friends and find ways to serve the community. One of my favorite experiences was volunteering for Sustainable Roanoke," Dinakin said. *photo submitted*



**Directing a Dungeons & Dragons campaign**, freshman Nathan Bulla gives instructions to his group. "DnD is an awesome role-playing game where you can do anything from slaying hordes of legendary monsters, to transforming into a potted plant for casting a spell wrong," Bulla said. *photo by k. brooks*

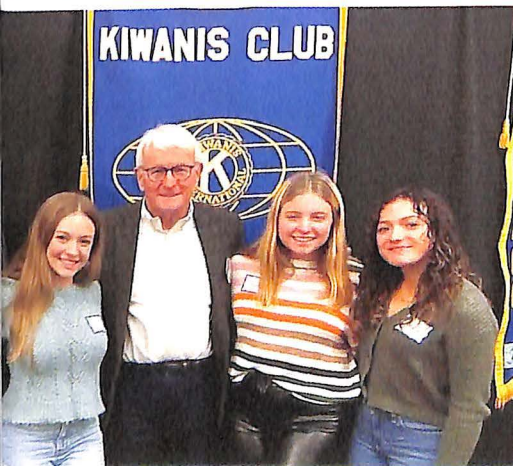
**At the local Kiwanis Club**, Maribel Saade (12), Ella Vance (12), Sydney Sexton (12), Amelia Spurlock (12) and Kendall West (10) serve as Key Club representatives. "Key Club is an amazing opportunity to represent our school and students in a great way. It also helps the students in our school to get outside, volunteer and make an impact in our community in a great way," Sexton said. *design by k. horton and s. iademarco photo submitted*



*copy by c. tribble and a. bowles*

# Behind the *Scenes*

**Presenting at a Key Club meeting,** senior Sydney Sexton helps organize club events and volunteer opportunities. "A big part [of Key Club] is trying to show students that Key Club is something that can be done by everyone. We want to influence people to volunteer, as well as take time out of their daily life to stop and help others," Sexton said.



## Campaigning **TOGETHER**

**Watching the game unfold,** senior Hannah Kelly plays through a campaign with the group. "The club involves tabletop role-playing games. My favorite part is when we do exploration on different parts of the board," Kelly said.



**Giving instructions to her group,** sophomore Kylie Henson participates in Dungeons & Dragons club. "It's a huge game of role-play and everyone gets put in a campaign. Every person involved in the club gets put into a world and they have to solve puzzles and other things to win," Henson said.



**Moving her piece across the table,** sophomore Lindsay Slawson learns the ropes of tabletop gaming. "I'm still new to the club and I'm still learning the basics," Slawson said. *photos by k. brooks copy by r. mullins*



# BEYOND

## *the* HOME

*Students in FCCLA and child development learn about life beyond school*

Reading to children for child development class, junior Olivia Jones visits a first grade class at Penn Forest Elementary to read a children's book she created. "I am a person who believes in giving back to the community, and I loved every minute of reading to the kids at Penn Forest," Jones said. *photo by k. leveraging* Explaining an activity to the child development class, Mrs. Amy Perkins teaches her students about the birthing process, "I enjoy teaching this class because it's real life and it's the best preparation teens can have for their future," Perkins said. *photo by k. brooks*



for a GOOD CAUSE

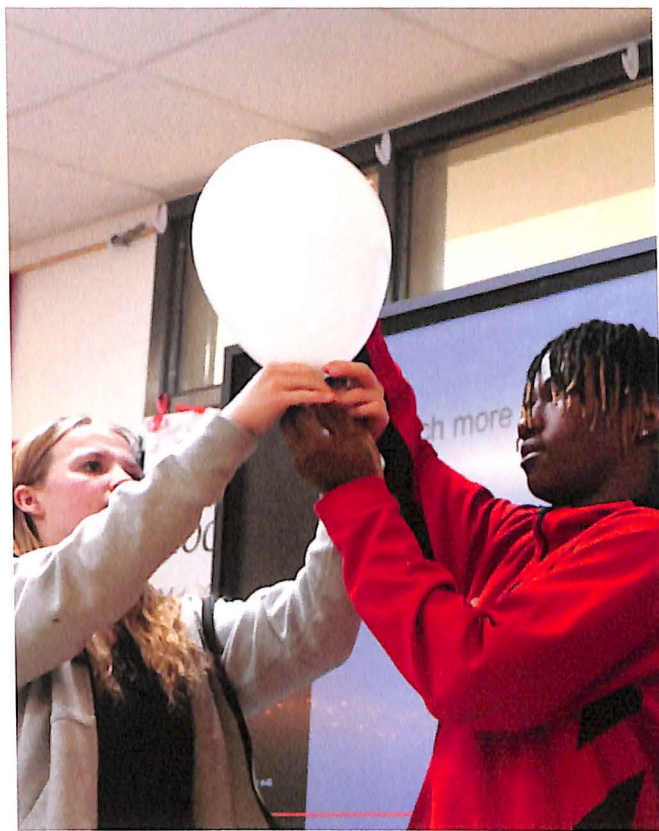


Holding up shirts the Family, Career and Community Leaders of America (FCCLA) club attends a field trip to the Rescue Mission and volunteers for a day. Cole Brunelli (11), Kendra Turner (11), Mrs. Perkins, Karly Bishop (11), Alijah Reeves (9) and Jayden Eanes (9) found multiple of the same type and style of shirt while sorting through the clothes. *photo submitted*

HELPING the COMMUNITY







**Holding up a balloon** students in the child development class use balloons and ping-pong balls to learn about birth. "This activity gave me a better understanding of how women give birth," Jasean Robinson said. **Blowing up a balloon** freshman Madalyn Shively gets started on the activity. "I enjoy this class because I love kids and I hope to work with kids when I'm older. The class is really fun and teaches me a lot," Shively said. *design by s. knight photos by k. brooks copy by s. crawford*

**Holding up a find from the donation bins**, junior Brooke Appleyard and sophomore Gabriella Cochran work in the Rescue Mission. "I enjoyed helping out for a good cause and knowing I was helping the community," Appleyard said.



**Sorting through clothes**, freshman Jayden Eanes folds and hangs clothes at the Rescue Mission. "I enjoyed volunteering, because I got to see what the people who volunteer to work here do everyday," Eanes said.



**Working together**, junior Cole Brunelli and freshman Autumn Eckles organize hangers on racks. "Going on this field trip changed my views because I saw people living in different situations compared to the way I live," Brunelli said. *photos submitted*

# RAISING

# *the* STANDARDS

*Seniors move beyond high school and on to college*



Alexandra Murter (12)



Cacy Caldwell and Emily Thacker (12)



Jackson Vest (12)

**Cacy Caldwell (12)** plans to attend Liberty University. "I've wanted to go to Liberty for as long as I can remember. I'm mostly looking forward to the lifelong friends I will make, just like I did at Cave Spring," Caldwell said.

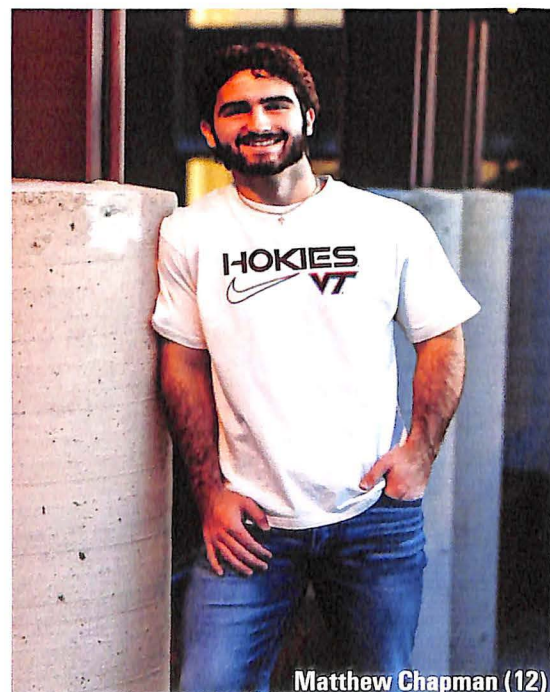


*Setting an*  
**EXAMPLE**

**As Saniya Tolliver (12) progresses beyond high school**, she had some advice for underclassmen, "My advice for underclassmen would be to not be scared to join anything you might be interested in," Tolliver said. Tolliver learned that the best way to manage school and extracurriculars is to adopt good time management skills. *photo by t. hopkins copy by a. legault*



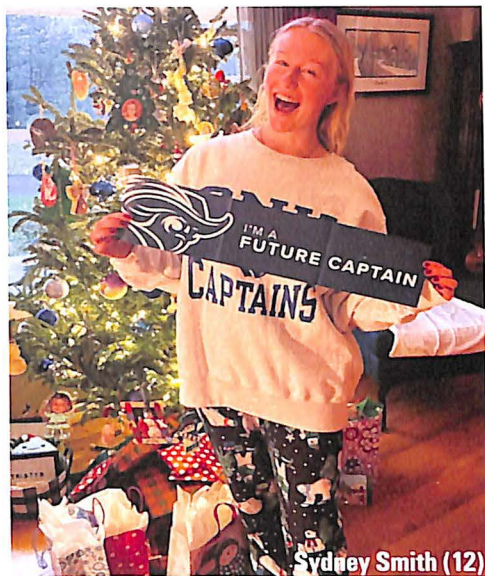
Mikayla Heslep (12)



Matthew Chapman (12)



Holden Blanton (12)



Sydney Smith (12)



Tyler Green (12)



Elise LeGault (12)

**Elise LeGault (12)** plans to attend George Mason University in the fall because of the opportunities the university had to offer. LeGault received merit-based scholarship money and was accepted into both the honors college and the theater school. "I decided Mason was for me because of the diversity on campus and the opportunities that are in the area," LeGault said. LeGault plans to major in theater performance and minor in business. "I'm super excited to meet all kinds of people and grow myself as a person while there," LeGault said. *design by i. cox photos submitted copy by a. legault*

beyond **ACADEMICS**



**Ava Muzzy (12)** has signed to attend UNC Chapel Hill where she will pursue a bachelor's degree while competing on the womens' swim team. "My favorite swim memory is being with my teammates during away meets," Muzzy said.



**Trey Ludy (12)** committed to play division one baseball at Radford University. "My favorite memory from my baseball career was when I hit my first home run," Ludy said.



**Dylan Saunders (12)** signed to play for Fairleigh Dickinson University's basketball team. "My favorite memory was playing on the state champion team and winning it," Saunders said.

# BEYOND

## *the* BARRIERS

### *Foreign language classes encourage new perspectives*

**F**oreign language classes presented opportunities for students to immerse themselves in another culture, whether they were participating in Spanish, French or an online course such as Latin. Foreign language teachers used games and active participation to get students moving and make the language stick. They used holidays and school activities to encourage immersion. Students were able to get to know their language teachers, as they typically had them multiple times during their high school careers. Online students had their own reasons for choosing their language, "I like Latin due to its historical significance and its mythology," junior Owen Brydges said.

*design by i. cox copy by a. legault*

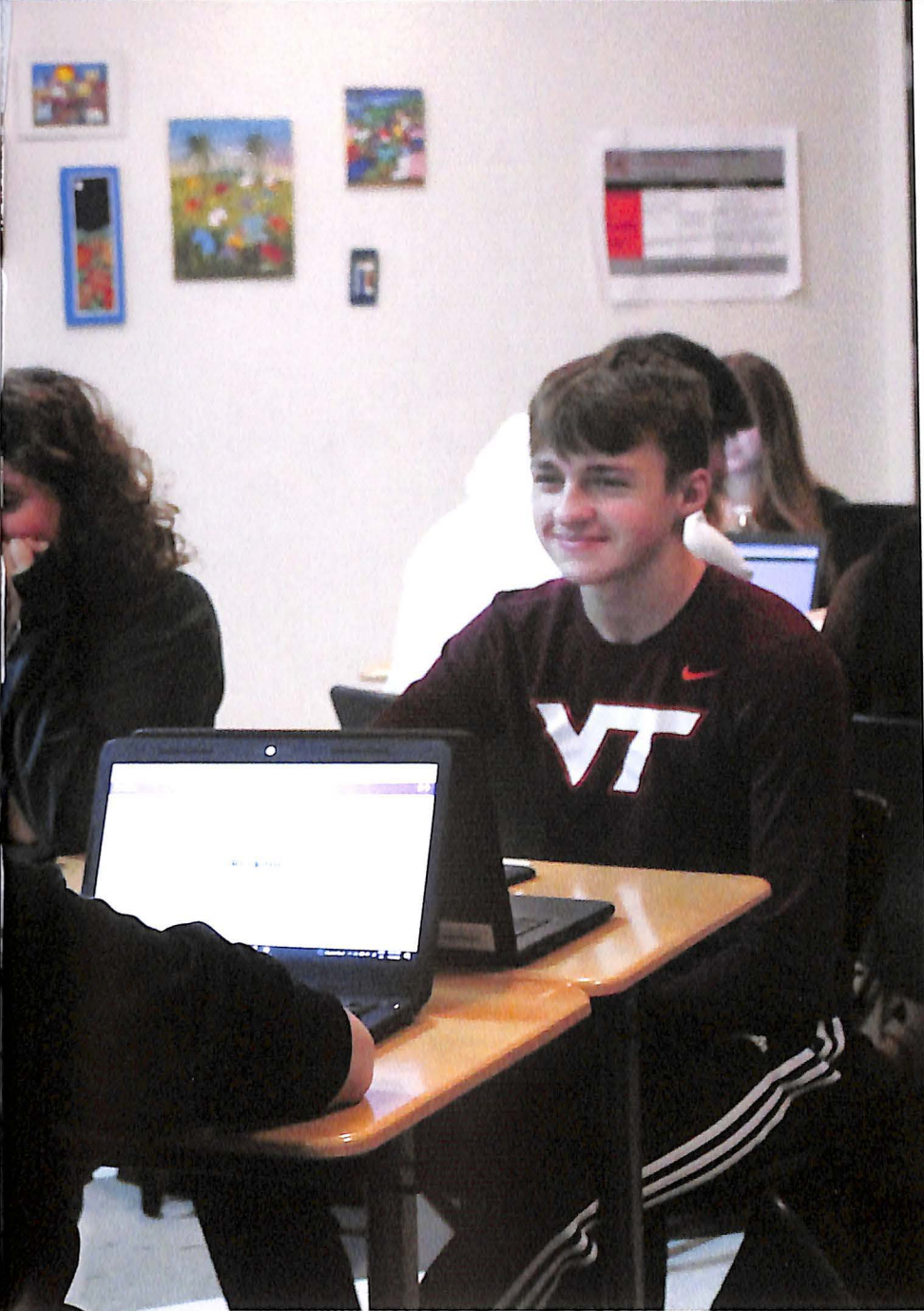
**Waiting for trick-or-treaters**, Spanish teacher Amy Bolen and senior Meredith Block show off Spanish culture at the first annual Trunk-or-Treat on October 29th. Members of the Spanish club decorated Mrs. Bolen's car with a Day of the Dead theme. "It was better than I think any of us thought it would be, and of course Mrs. Bolen looked amazing in her face paint and outfit," Block said. *photo by e. yanishak copy by a. legault*



## continuing the *TRADITION*

**Painting his pumpkin**, junior Borna Bakhit gets into the holiday spirit at a French club meeting. "My favorite part about this specific French club activity was hanging out with friends and designing pumpkins," Bakhit said. **Focusing on their pumpkin**, freshmen Aniyah Johnson and Samantha Slocum sketch out the design of their shared pumpkin. "My friend and I did a picture of Snoopy on our pumpkin which was fun," Johnson said. *photos by e. yanishak copy by a. legault*





**Facing off against his opponent,** sophomore Connor George competes to learn different strategies to find correct conjugates in Spanish III class. His favorite thing about being in a foreign language class was learning about another culture. "Señora Whited assigns us projects to help the language stick with us better," George said. George enjoyed that Spanish challenged him in a different way than his other classes.

*photo by k. leveraging copy by a. legault*



**Writing in her binder,** sophomore Presley McClellan completes Spanish II work along side freshman Lauren Grieme. "My favorite part of this class is when Señora Martino plays Spanish music and we pass around the stuffed animal to decide whose turn it is to talk," McClellan said. *photo by k. leveraging copy by a. legault*

## organizing the DIFFERENCE

*Teachers navigate challenges of teaching a foreign language*



**Spanish teacher Amy Bolen** teaches Spanish III, IV, and V. She has taught Spanish for 15 years. One way she made her teaching style different than others is by making her classes as interactive as possible. She gets her students moving and talking to each other instead of standing and delivering the content. Mrs. Bolen also served as the Spanish club sponsor, "My goal for Spanish club is to help students build friendships and enjoy customs from Hispanic countries," Bolen said.

**French teacher Rebekah Johnson** teaches French I-AP. She has taught French for 17 years. One of her goals while she teaches is to create a very low stress environment to allow kids to think clearly. "I love playing games with my students and going on walks to make the class more enjoyable," Johnson said. *photos by k. leveraging copy by a. legault*

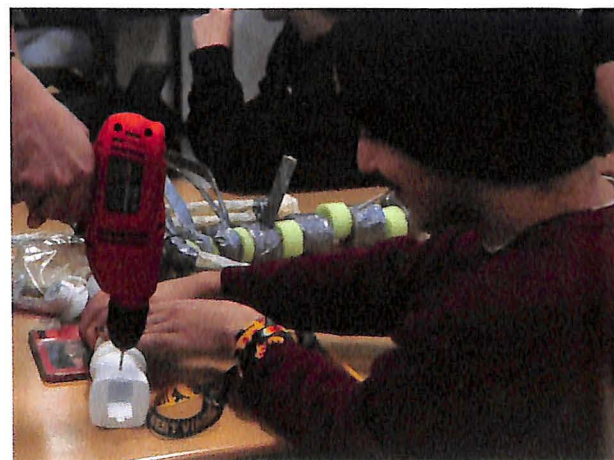
# EXPERIMENT

## with the POSSIBILITIES

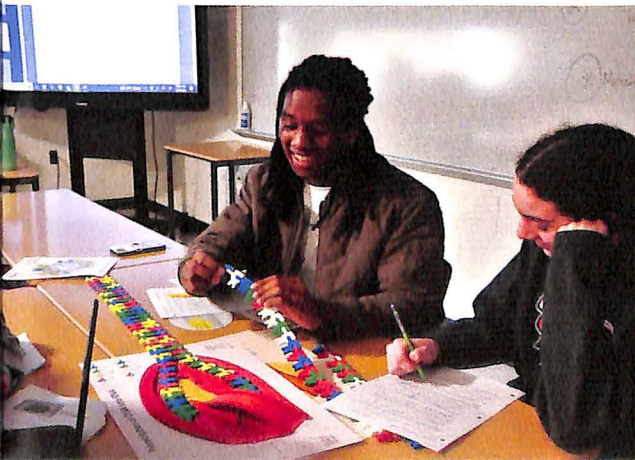
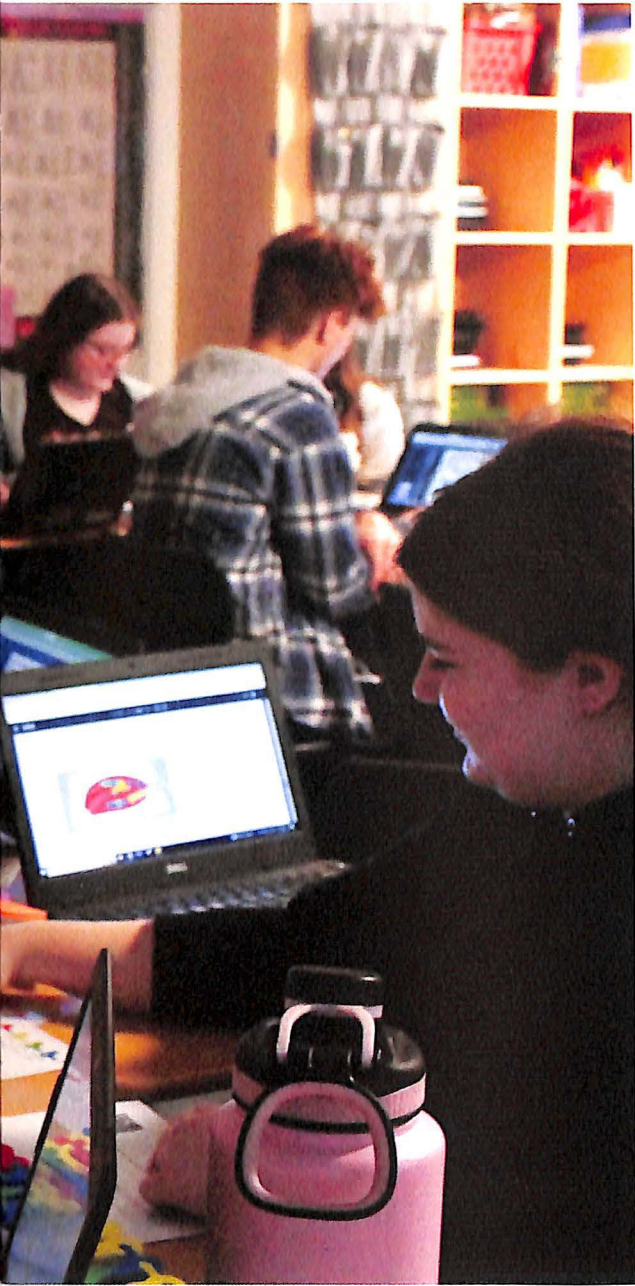
**H**ands-on experiments and activities allowed students to expand their knowledge in science. “There were no notes, no lectures, just hands on learning,” senior Jonathan Bowman said. Anatomy classes built life-sized skeletons with accurate measurements to learn about the human body. Each anatomy class created their skeleton with different materials. Advanced Placement biology classes learned about DNA replication with 3D models. Foam colored pieces represented nucleotides and were used to show the process of DNA replication. “The hands on project helped me understand better than the PowerPoint,” senior Christina Su said. *design by s. manico copy by s. manico*



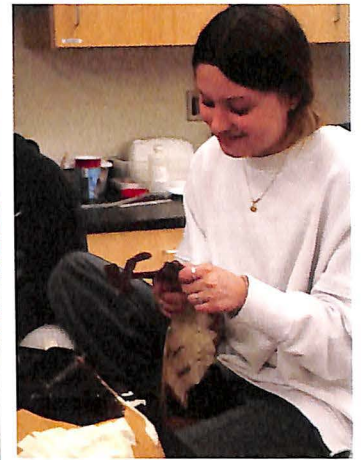
**Focused on their model** AP Biology students, Emma Roshioru (12), Christina Su (12) and Adrienne Morris (11) create DNA and RNA replicas out of colorful foam pieces. “For that unit the models helped me understand how the RNA and DNA, and how it actually works,” Su said. *photo by s. manico* **Working together** junior Victor Skaff and senior Lindan Galvan work together to create a model of ribs for a class skeleton project in anatomy. “It let you know how big the body parts were and where they go, because it would clearly look off if something was wrong,” Galvan said. Each group had to attach their assigned body part to the skeleton, “We worked on the ribs and a couple of other people helped us attach it to the spine,” Galvan said. *photo by t. hopkins* **Smiling as he works** junior Isaiah Swanson participates in a modeling activity during biology class. “With hands-on learning I actually get to experience the science. That means a lot more than reading a PowerPoint,” Swanson said. *photo by s. manico*



Students explore  
and learn in  
science

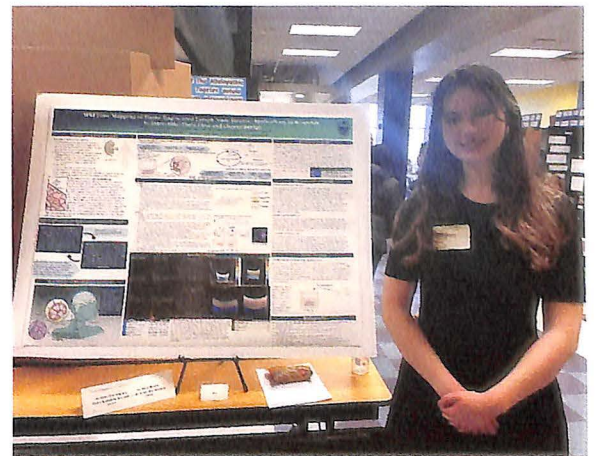


assembling the BONES



**Focused on his task** junior Victor Skaff uses a drill to create his assigned body part, the ribs. In Ms. Houston's anatomy classes students were assigned a body part to create. After combining all their efforts, a life-sized skeleton was formed. **Amused with her work** senior Sarah Kidwell helps contribute to the skeleton. **Working together** junior Kendall Shepherd and senior Jonathan Bowman create the tibia and fibula using trash and recyclables. "It was fun making stuff. It was a good hands-on learning experience," Bowman said. *photos by t. hopkins*

**As a student at Roanoke Valley Governor's School** senior Sophia Schumaecker placed first in her category at Project Forum on February 4. Schumaecker's project on the human lymph node and how it responds under chemotherapy was judged at the competition at Patrick Henry High School. "I highly recommend anyone go check out lectures and projects from local labs," Schumaecker said. *photo submitted copy by k. horton*



success in  
SCIENCE

# TURN UP *the* HEAT

**At his cooking station,** sophomore Malachi Lee cleans the counter. "I chose to do culinary because I love food and I love to cook, so a class with two of my favorite things seemed like the perfect fit. We are always in the kitchen, so our class is never boring. It's a really good group of people that make everything more enjoyable," Lee said, "I also think the Knightly Grind has been a great way to bring the school together while helping the culinary program at the same time." *design by i. cox photo by t. hopkins copy by c. tribble and a. bowles*



## Hale's *Kitchen*



The culinary program continued to impact the school environment with both classes and the school cafe, the Knightly Grind. Mrs. Terena Hale provided a helping hand in arranging the recipes and lessons for the students to cook and leading them to create a successful end product. She also ran the Knightly Grind which aided in reinforcing the skills they learned in class. Culinary arts classes helped with management and production skills in food industry occupations. Hale discussed the ins and outs of the cafe and the idea behind it, "When I first came here, I was already teaching culinary, so the idea to sell coffee in the mornings with the help of my students seemed like a great idea. We started doing it out of the concession stand in the lobby and it just kind of grew from there," Hale said. *photo by t. hopkins copy by c. tribble*

Culinary and Knightly Grind





**Helping out in the kitchen**, sophomores Bailey Duran and Madison Mills bake a cake for their culinary class along with teacher Tori Meador. "A pivotal part of high school education is teaching students the skills they need to succeed after graduation. Culinary Arts is a hands-on, engaging elective that teaches the basics of food preparation and safety," Meador said, "These are life skills that every student would benefit from whether they are interested in a career in the food industry or not." **Checking the oven**, freshman Kyrstin Bratcher Davis cooks pizza during culinary class. The culinary class made pizza on November 11. "Culinary is a really fun class because I get to spend time with my friends cooking and learn how to do things that carry over to the real world," Bratcher Davis said. *photos by t. hopkins copy by c. tribble*



**Rise and Grind**



**Serving a customer**, senior Sydney Smith works a shift at the Knightly Grind, the student-run cafe. The cafe gives culinary arts students an opportunity to implement the skills they are taught during their culinary classes. The students sell coffee, tea and other drinks, as well as school merchandise like t-shirts. The profits are put back into the program to help provide materials and resources for the class and cafe. "Culinary is a lot of fun because we're always in the kitchen learning and being creative," Smith said. *photos by t. hopkins copy by a. bowles*



# LEARNING

*new* SKILLS

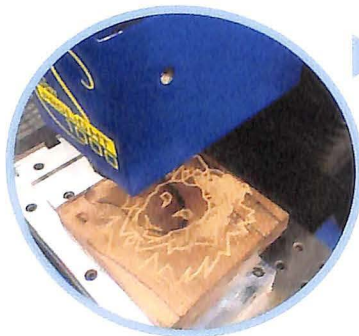
*Burton programs help students grow*



**At his keyboard**, junior Uzair Sheikh types during his computer information technology class. The program helped Sheikh develop basic computer network knowledge. "This program has given me more information on computers, which is important because I use them every day," Sheikh said.

**Completing his work**, junior Matthew Hinchy trouble shoots his program during class. This is Hinchy's second year in the computer information technology program. "This class is so different then my other classes," Hinchy said. "There is more time spent on completing independent work, instead of a teacher lecturing. I really enjoy that aspect of the classroom," Hinchy said.

*photos by i. cox copy by m. dinakin*



▶ "This is my milling project. It's a wood engraved design based on an x-y axis. It also required directional instructions on the cut of the design." *photo submitted*

**Lauren Hoffman (10)**

◀ "I was attaching the suspensions of a bug car for Automotive Technology. The suspensions allow the body and frame of the car to remain stable." *photo submitted*

**Sarah Alder (10)**



## *building the* FUTURE

*Automotive and engineering  
students get creative*



Engulfed in her work, senior Autumn Engle puts the finishing touches on her art project. "Inspiration is the driving force when I set out to create a new piece of art and the Burton program inspires me," Engle said. *photo submitted Behind their work table, junior Caroline Haggett and sophomore Aaron Sylvester prepare breakfast in culinary class. "I love cooking and working with my hands, so this program was a good fit for me. Meeting new people is the best aspect of Burton for me," Haggett said. design by m. dinakin photo by e. yanishak copy by m. dinakin*



## planning AHEAD



### *Building trades students practice their craft*

Junior Hayes Reger elected to take a building trades class at Burton. A typical day in a building trades class looks like traveling around the Burton campus and working on classrooms that need repairs. Reger enjoys that the class gave him different opportunities to build skills that are helpful in the real world. He plans to use this trade as a backup plan in the future, "I plan on using these skills for the rest of my life in home repair and maybe as a side hustle when I'm older," Reger said. *photo by e. yanishak copy by m. dinakin*

# BEYOND the CURTAIN

*Choir and drama students expand on their passions*

**T**heater and choir were not only classes, but a place where students could display their passion for the arts of voice and performance. Being nontraditional classes, they gave students a chance to grow close bonds, show their accomplishments to their fellow students on stage and follow their passions. "Theater class is just a fun and really accepting environment," freshman Claire Kelley said. The theater cast showed out in the VHSL One Act Competition on October 29th, where they won first place, while the choir students hosted their own performance at their winter concert on December 8. *design by k. horton*  
*copy by s. rearick*

**Preparing for their performance,** freshmen Eric Wiley, Maya Thompson and Claire Kelley listen intently to their theater teacher, Ms. Sarah Jane Ruppert. Ruppert spoke about the "High School Musical" production to her class in an unofficial rehearsal and lesson for their roles on and off the stage. "I think all of my students hold great potential and I'm excited for their futures," Ruppert said.



## raise your VOICE

**In front of the crowd,** the choir sings out during their first performance of the year on December 8. Among them was senior Joshua Bowman who was in his sixth year of choir. He stuck with it through all of middle and high school not only due to his love of singing, but because of the ability to be himself with his closest friends. Being a senior, Bowman got to sing at graduation as a part of a yearly tradition. *photo by a. giannini copy by s. rearick*





**Applauding** juniors Ava Giannini and Carolina Clemmer encourage their classmates. Applause was heard often in the class with every new game and act. **Cutting up paper,** freshmen Eric Wiley, Claire Kelley and Maya Thompson work on a project. It was common in Ms. Ruppert's class for activities promoting creativity to take precedence as a way to strengthen their acting skills. *photos by a. turner copy s. rearick*



getting into  
**CHARACTER**



Freshman Eric Wiley played Troy Bolton in the spring production of "High School Musical." "Theater feels like family and it's really nice to have that in a school environment," Wiley said. *photo by a. turner copy by s. rearick*

**Heureuse Manirakiza (11)**  
"I enjoy choir a lot because it's a good way to escape and Mr. Stump is a really nice teacher."



**Jackson Jennings (9)**  
"I like to sing and get a break from everyday schoolwork."



**Piper Walk (10)**  
"Choir helps us wake up since we're using our voices. I also love hearing everyone's voices come together and being with people that enjoy the same thing as me."  
*photos by t. hopkins copy by a. legault*

# IN TUNE

## and ON TIME

The Marching Knights not only performed during halftime at football games, but also competed at statewide competitions. At competitions, the band was scored in several different categories such as general effect, visual effect, music, percussion, and color guard. The marching band scored several first place rankings in their competition season, as well as scoring a superior ranking at the Celtic Classic. On October 29, the band traveled to William Byrd High School to compete in the Blue Ridge Festival of Bands. The team won Grand Champion along with other first place rankings in general effect, color guard and music. "The past two years when we won Grand Champion, the band would rush the field. We'll all get super excited and I like seeing everyone happy," junior Hailey Lipscomb said. Marching band also served as a family environment for many of its members, "Joining the marching band has completely changed my life. It gave me a new family and a home away from home," sophomore Kenneth Walters said.

*design by s. iademarco copy by s. manico and c. holton*

Saluting to the judges, junior Hailey Lipscomb prepares to compete at the Blue Ridge Festival of Bands. Lipscomb has been in band since sixth grade as a drum major and plays clarinet.

"Being drum major is a lot different than marching on the field. It has its own type of pressure because you have to try and keep all the band together," Lipscomb said. In step with the music, junior Caroline Haggett performs her routine. Haggett has been in band since eighth grade. "Competitions are the best. I love spending the day with my friends and getting to show off a show that we've worked very hard on," Haggett said. *photos by s. sweeney*



## A Season of Colors



Flags flowing, sophomore Samantha Byers marches across the field. Byers is a three year veteran of the color guard. After twelve years of performing in old uniforms, the band and color guard got new uniforms to compete in. "I enjoy the games and the sideline dances," Byers said. *photo by s. sweeney*



*Devor Perdue (12)*

"I've been in band for seven years and marching band for four. I play the saxophone. The friends are the best part. I met my best friend through band."



**Behind his drums**, sophomore Kenneth Walters keeps a beat. Walters has been a percussionist since his freshman year. "I manage the pit and I play all sorts of instruments such as the marimba, bells, xylophone, toms, five different types of cymbals, concert base drum and the triangle," Walters said.

**Marching to the beat**, sophomore Nafisah Izzat steps on the field in competition. "I really enjoy the people and experience and just the overall spirit of the marching band. I play the clarinet and I really love performing and sharing music in front of people," Izzat said. *photos*

*by s. sweeney*



## Leaving Their *Mark*

*Julian Holt (12)*

"I have been in band for seven years throughout middle and high school and I play the trumpet. Band has impacted my life through lasting friendships and challenging me mentally versus regular high school classes."



*Jack Purnell (12)*

"I've been in band for seven years now playing the baritone. I started in sixth grade at CSMS. Band has helped boost my self confidence and it has given me some great friends that have supported me for years." *photos by c. holton*







# BEYOND the BOUNDARIES

Football players worked with each other to improve during the season (page 62, 63). "We all trust that the person next to us is going to do the job that they are taught to do," junior Matthew Bradley said. Whether you were in the crowd cheering with your friends in the student section or practicing everyday to become even closer with your team, athletics brought the school together. "Everybody on the team is like one big family. The coaches act as role models for us," senior Ivan Millan Reyes said (page 68, 69). Many athletes pushed through adversities, such as injuries during the season, "My shoulder got messed up, but I wrestled the rest of the match," sophomore Davis Henritze said (page 74, 75). Athletics created friendships that expand beyond the field, "I go to my teammates for advice beyond lacrosse," sophomore Cassidy Egle said (page 64, 65). *photo by s. sweeney*

*copy by l. swanson s. manico*



► **Blocking his opponent,** junior Matthew Bradley plays left guard in the season opener against the Titans of Hidden Valley. "Our ability to come together and embody what Coach Leftwich was trying to get us to do really helped us achieve our goals," Bradley said.

# PUSHING *the* LIMITS

*The football team builds through challenges*

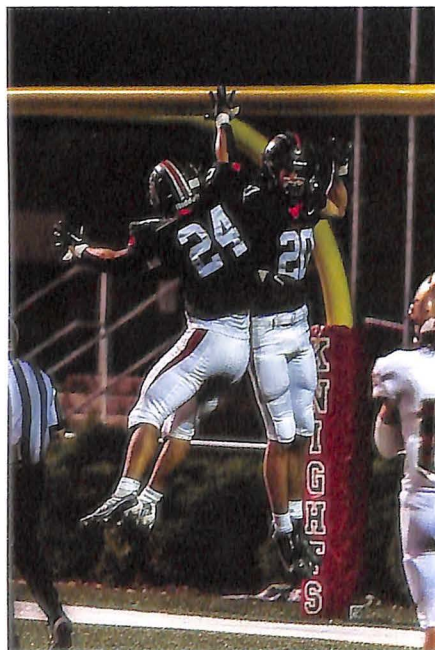
**Making a play**, junior Camerohn Parker carries the ball in an attempt to beat the Blue Demons of Christiansburg on October 28. Last season, the team had a new addition to the coaching staff, Nick Leftwich, "Coach Leftwich brought the team closer together and brought faith into our hard work to help the team triumph over challenges throughout the season," sophomore Drew Browning said. In addition to Coach Leftwich, new defensive back coach, Nick Wade, brought changes to the team, "He brings a lot of the energy and has just helped our team improve overall.

We still have bad days and tough games, like everyone does, but we have especially learned how to handle the tougher battles," Parker said. *design by s. manico*

*photo by s. sweeney copy by c. tribble and a. bowles*



## how *WE* celebrate



**Jumping in the air**, Owen Sweeney (11) and Caleb Grider (12) celebrate Sweeney's touchdown against the Cougars of Pulaski on September 24. The team came out on top with a score of 12-2. *copy by s. manico* **Holding the paint can up high**, football players and the student section celebrate their victory over Hidden Valley on August 26. "The paint can trophy is iconic for the Cave Spring vs. Hidden Valley football game because it has been around since the two schools split, and represents the winner of each year's game by the winning team keeping the trophy till the next year we play," senior Landon Altizer said. *copy by c. tribble and a. bowles* **Giving a speech**, Head Coach Leftwich congratulates his team on a 37-0 win over Hidden Valley. "Whether a win or a loss, it is always short lived because you have to get prepared for the next one. We enjoy the moment while we have it, but understand that once that night is over it's on to the next one. Grind never stops," Leftwich said. *photos by s. sweeney copy by l. swanson*



**In a close game,** junior Kameron Geraldts carries the ball up field. On September 24, the Knights won 12-2 over Pulaski High School. "I think the atmosphere on game days is a big part of what determines the outcome of the game. The attitude and energy of the players, coaches, and student section plays a huge role in our success," Geraldts said.



**Leading his team to victory,** junior Owen Sweeney dodges past his defender. "My teammates probably describe me as a Hail Mary player because of my ability to make big plays in big situations when we need them the most. It's all about coming in clutch when that's all you have left," Sweeney said. *photo by s. sweeney copy by c. trible and a. bowles*

## *a forever* **BOND**



**After the loss of her father,** senior cheerleader Graelyn Askew continues to carry on the legacy and impact Coach Chris Askew left on the students and staff. Graelyn spoke about the kind of person her dad was and the lives he impacted, "My dad was my biggest supporter, he was so incredibly proud of all his kids. He was someone that we could always count on and proved to be the same for many others in our community. He was a beloved dad, son, brother and so much more. To his students, he was said to be a prankster, always messing around and making people laugh. He dedicated 22 years to teaching and used that time to make school a fun environment. He was also a football coach. He was so hard on his players, but he was there for them when they needed him and loved the players as his own. There wasn't a second where he wasn't watching film or thinking about the next game, and the support from the players and coaches has meant the world to us," Askew said. *photo by s. sweeney copy by c. trible and a. bowles*

# STICKING

## with IT

*The lacrosse teams fight towards success*

**In anticipation**, junior captain Lillian Swanson readies for the whistle. On

March 13, the Knights faced off against the Bruins of Blacksburg, coming out on top with a score of 15-5. Swanson contributed four goals and four draw possessions.

"The draw is a crucial part of the game that comes with a lot of pressure. I always put 110% of my effort so my team can win possession," Swanson said. *photo by j. manico*

**On the circle**, junior Samantha Manico prepares for the draw. On March 9, the Knights faced off against Franklin County in the season opening scrimmage. The Knights won with a score of 20-0, with Manico contributing three goals. "Starting off with a win set a positive tone for the rest of the season," Manico said. *design and copy by s. manico photo by j. manico*



**With the ball**, senior Charles Gilroy looks for the feed. On March 13, the Knights defeated the Bruins of Blacksburg with a score of 19-2, with Gilroy contributing two goals and three assists. "Being friends on and off the field helps us trust each other and play better," Gilroy said. *photo by s. manico*

**High stepping**, sophomore Cassidy Egle dodges past a defender. Egle scored two goals against the Bruins. "I'm so excited to be with my team and win together," Egle said. *photo by j. manico*





**LAST** season make it **COUNT**



**Cradling the ball**, senior captain Christopher McBroom sets up a play. McBroom discussed his role as captain, "I think just being vocal to the younger guys and making sure we're not always in our heads and consistently trying to get better is what make us better as a team," McBroom said. **Pushing against his opponent**, senior Logan Turner competes for possession during the face off. "When you control the face off, you control possession so you can control the whole game," Turner said. *photos by s. manico*  
**Making a pass**, senior captain Morgan Allardi moves the ball. "It is sad with this being my last season, but I want to make the most out of it," Allardi said. *photo by j. manico*

**DEFEND** the **CASTLE**



"Being a goalie has an intense amount of pressure behind it, but the way you handle it is the most important part." *photo by j. manico*

**Anna Smith (9)**

"Being the last line of defense puts a lot of pressure on me, but I feel like a goalie is as strong as his defense. When the defense and goalies all have good chemistry, it takes some pressure off." *photo by s. manico*

**Hayes Reger (11)**



# REFUSE

## to LOSE

### *Volleyball and cross country seek new perspectives*

**T**he volleyball and cross country teams alike were full of young talent growing into new leadership roles. The volleyball program decided to focus on personal growth rather than the outcome of games. The girls showed leadership by showing up early to practice to help set up the net, supporting their teammates when they were down and keeping a positive attitude no matter what was going on in the game. "I showed leadership on the team by still coming out to practices and games when I was unable to play," sophomore Avery Bowles said. The cross country team put forth similar efforts, "We had over 30 people giving it 100% effort for more than six months. That's incredibly hard to find in a team, especially in a sport so competitive," junior Samuel Light said. *design by m.dinakin copy by s.crawford*



**Reaching above the net**, senior Jenna Sesler blocks a hit.

The Knights played the Titans of Hidden Valley on October 20. The Knights lost 0-3. Sesler was the top scoring hitter for the varsity team. She was a captain, leading the team as the starting outside hitter. **Leading the offense**, junior Helen Enyart throws the ball up to serve. "The team environment is the best part of volleyball. I have been playing with the same people since seventh grade and they have made my experience so much more enjoyable. Also getting to bond with JV and varsity makes all the time we spend practicing and preparing for our games worth it no matter the outcome, whether we win or lose," Enyart

said. *photos by k. leveraging copy by a. bowles*



**Setting up her serve**, senior Katherine Carroll prepares to hit the ball over the net. "You get in those hard times where you grow closer cause you win and lose together," Carroll said. *photo by k. leveraging*



**Pushing the pace**, senior Rose Boch shares her perspective on cross country after years on the team, "It's incredible, the team, how much we bond," Boch said. *photo by lifetouch*



**Getting ready to serve**, senior Jenna Sesler has played volleyball since sixth grade. Some of her best friendships were forged from the team, "Not to mention, the competitiveness of it," Sesler said. *photo by k. leveraging*

END  
of the  
LINE



**Sprinting towards the finish line**, sophomore Wyatt Hayden runs at the Knights Crossing Invitational on September 10, alongside junior Isaiah Swanson. The invitational brought teams from different states together compete at Green Hill Park in Salem. **Setting the pace**, junior Lauren Niday runs alongside her teammates junior Jordan Wetzel and junior Gabrielle Holohan. The team ran a 5000-meter race, "I think the team pushes me to do my best during the more difficult parts of the race. We encourage each other to go beyond our limit, so that drives me to be better," Niday said. *photos by lifetouch copy by m.dinakin*

"This is my first year as captain and what was incredibly significant to me was the drive and motivation of the team. It was ultimately the main factor in our success this season, with both the women's and men's team making it to states for the first time since 2018."

*Samuel Light 11*



## CAPTAIN CLOSE-UP

"This year the attitude has gotten so much better. I was captain during JV, but this is my first year as captain for varsity. My favorite part about volleyball is the connections I made, and I have become so close with all the girls."

*photos by k. leivering*

*Cacy Caldwell 12*



# RACING

## *the* CLOCK

*Swim and track teams race to improve their times*

**W**hen time is of the essence, you have to make the most of it. Always striving to beat their own times and shave off those few seconds, track and swim created a name for themselves out of a few minutes of tension. Relays were a different beast for these sports, combining single students' talents into one show of skill. No one athlete competed under the same conditions. Not in the same heat, or in the same event with long distance, sprints and all types of swimming styles. With some major wins, the womens' swim team got third in states, and the mens' 4x8 track team broke the school record by more than ten seconds. *design by l. swanson*

*copy by s. rearick*



**Almost at the finish line**, Jayla Cooper (9) sprints the last of her 55 meter sprint. Cooper found her stride on the indoor track team by running the shortest, quickest race in indoor track. "I love the motivation, and the team support. I love my team and all their effort, even in my first year," Cooper said. *photo by r. ihlenburg*



## ***BEYOND* the *BEST***

*Swim coaches win coach of the year award*

Coaches Kelsey Burton and Marley Stickney were awarded the Region 3D Swim Coach of the Year Award. The girls' swim team averaged above third place, with many swimmers holding first at every meet they appeared in. The team won two invitational meets and regionals, making the coaches a candidate for the regional award. "We work really hard at practices to make sure that all of our kids are getting the attention they deserve," Stickney said. *photo submitted*





**Leg outstretched**, senior Joseph Ihlenburg flies over the hurdles during the 55 meter hurdles. Ihlenburg state-qualified for long jump, 4x2 and 4x4. At states, Ihlenburg reached the distance of 27 feet, over four times his height. "With it being my last year, I savor every moment," Ihlenburg said. *photo by r. ihlenburg* **On her back**, senior Julia Parker competes in the 100 free. "Swim practices are hard, but we keep each other going, its a different kind of relationship," Parker said. **Coming up for air**, senior Ava Muzzy competes in her race. Muzzy placed first in the 500 free and 200 meter individual medley, breaking some of her sister's previous records. "It is a great feeling and an honor to have broken some of her records," Muzzy said. *photos submitted*



## TOGETHER for the WIN

### What it's like to break a record

"We own the finish line," junior Samuel Light said. After competing at states with juniors Isaiah Swanson, Ryan Connelly and Thomas Loschner, the school record went from eight minutes and 34 seconds to eight minutes and 26 seconds. "It had been a dream of mine for years," Swanson said. "It was states, and the last meet, so you have to finish the season off strong," Connelly said. It required a team effort to break the record, "The team worked really hard, and now we have a record to prove it," Loschner said. *photos by r. ihlenburg*



# BEYOND *the* GAME



## *Perseverance makes all the difference*

**I** couldn't walk, run, bend down. I couldn't tie my shoe," senior Caleb Grider said. Due to a spine malformation, the running back and middle linebacker went through two separate surgeries. The first surgery cut his sophomore season short when he was meant to be on the varsity team for the first time. With rods, screws and bone marrow put in to try and balance the spine, Grider had to take the entire season off. The following July, he got a second surgery. The surgery left him unable to play until the last three games of his junior year. "It was a long process, but I'm glad I did it," Grider said. Regarding his outlook on his recovery, "[It's about] having the motivation and

confidence to succeed," Grider said. Grider depended on his team, his family and his love for the sport to keep going through physical therapy and recovery. "It's just fun, I love football," Grider said. His love of the sport started from a young age. Grider has been playing football since first grade on both recreational and school teams. "He feels like a brother on the field. We've grown a bond that could only be achieved on the football field," teammate Tyler Poff (12) said. "Mentally it messes with you, you can't do what you love," Grider said, "but trying to keep a level head and focus on what you can control, and having your body heal... just have fun with it, and enjoy your teammates, because that's all you really can do." *photo by e.yanishak copy by s. rearick*



# IN THE SWING

## of THINGS

*Softball and baseball teams work towards a successful season*

With his arm drawn back, senior Jack Urgo looks to throw the ball. Urgo served as a leader for his team on and off the field. "I try to be a good role model for everyone on the team and make people perform better," Urgo said. *design by s. manico copy by s. manico*



## the last CHANCE

*Seniors share thoughts on their final season*



"We're trying to go out on a good note, and win that state championship. All the seniors are working hard, and putting in the best we can."

**Tyler Green (12)**



"It's kind of bittersweet because I know this is the best team we've had in a while, but also everything coming to an end is sad."

**Trey Ludy (12)**



"I want to go as far as we can, like regionals and states. This year is the closest the team has been."

**Chase Speller (12)**

*photos by k. brooks*



**Kicking up dirt**, junior Sofia Deleon makes a play from home plate. As the starting varsity catcher, Deleon reflected on her role, "A lot of leadership come with the position, like keeping everyone calm and directing them under pressure," Deleon said.



**Reaching from the base**, junior pitcher Sophia Peters catches the ball. "A pitcher-catcher bond is like a family bond, because you succeed and struggle together, but always believe in each other no matter what," Peters said.



**Eyes focused on the ball**, junior Michael Ray retrieves a ground ball at practice. "We have a good bond as a team, because we all grew up together. Our chemistry is very good, so we're comfortable playing together," Ray said.

# PRACTICE makes PERFECT

**With clipboard in hand**, Coach Ricky Lonker talks to his team. "I enjoy coaching the team, because I've been playing since I was five years old and the sport is something I have always enjoyed being around," Lonker said. Lonker has been coaching in Roanoke County for 14 years, starting in 2008. Coach Lonker focused on being there for his players on and off the field, "In order to make sure my boys are upholding the status of the team, I make sure to keep track of what they are putting on their social media," Lonker said.



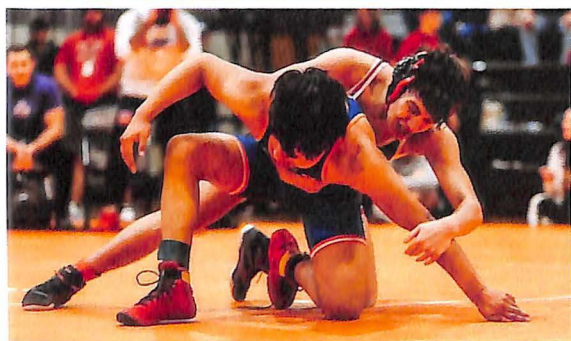
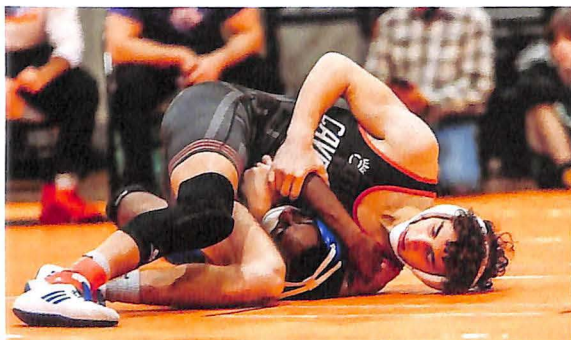
# PIN IT

## to WIN IT

### *The wrestling team expands their expectations*

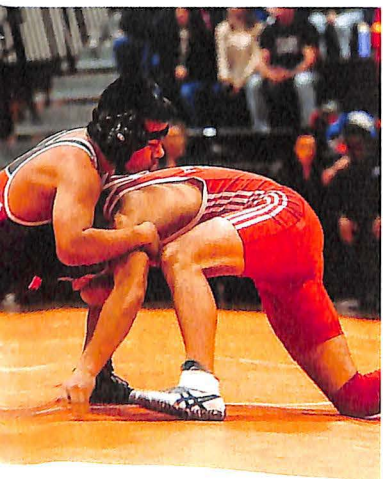
**Holding his own**, junior Braden Gromada competes at the Big Orange Tournament. "I love having the schedule of wrestling and how much conditioning we do because it keeps me on track and in shape. It also gives me the opportunity to stay healthy and conditioned for football season," Gromada said. **Committing until the end**, junior Caleb Terstegen competes until the period ends. "Wrestling takes a lot of commitment if you want to go far in the sport," Terstegen said. *design by k. horton photos by s. sweeney copy a.*

*bowles*



**Arms locked out**, freshman Nicholas Hoefner faces off against his opponent. On December 17 the team competed at the Big Orange Tournament. Together they scored 112 points. As a first year wrestler, Hoefner faced challenges when balancing school and a demanding sport. "Having to keep up with school work and the rigid schedule of wrestling was hard. It was essential for me to get my work done during school hours. Between two hours of practice after school and competitions on the weekends, it left little time for me outside of school to get work done," Hoefner said. **Grabbing his opponent**, freshman Brian Morales defends a shot on his legs. "Many of our competitions could last up to ten hours. Depending on the amount of teams competing, some competitions are longer than others but they all are very chaotic and intense," Morales said. *copy a bowles*





going **ALL** the **WAY**



**Sweeping his opponent's legs from underneath him,** sophomore Davis Henritze returns his opponent to the mat. Henritze was the region champion for his weight class and advanced to states. "In one match I grabbed the guys arm and threw him over me and he landed on his back. He forfeited because I dislocated his ribs," Henritze said.

**Dominating his opponent,** junior Preston Lonker places fourth in the state, winning four out of his six state matches. "Going out there and handling business in your own way, and showing them that it's not just what you learn, but how you wrestle," Lonker said.

*photos submitted copy by s.manico*

## GIRLS on the **MAT**

*Three female wrestlers compete at the girls' VHSL state championship*



"Wrestling is a mental game, especially as a woman in a male-dominated sport. Being able to handle that has carried me through the season."

**Alannah Vest (10)**



"Being a woman in wrestling makes me feel even more accomplished because I am the minority and still succeeding."

**Cecilia Alouf (9)**



"Intimidation and experience play major roles in wrestling because having a strong mental game can make all the difference."

**Mary Smith (10)**

*photos by t. hopkins copy by a. bowles*

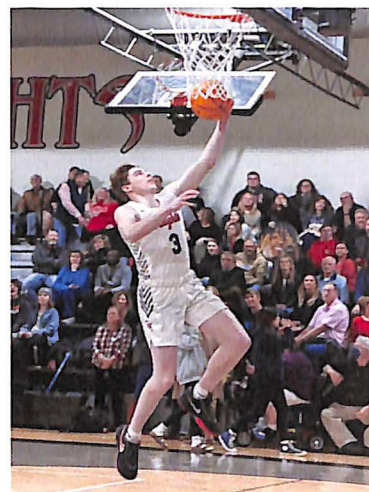
# SHOOTING

## for SUCCESS

*The basketball teams create a season to remember*

As the defending state champions, the boys' basketball team had big expectations leading up to the season. The girls' basketball team also had big expectations, with a new key player, Emma Jones. "We had a few tough losses, but we've learned. I have confidence in my team that we'll be good for playoffs," senior Graham Lilley said. Basketball was more than just a game for many athletes, "Basketball has helped me find a family in my team," senior Emma Jones said. Senior basketball players reminisced on their memories playing basketball. Some hope to leave a mark on the future of their team, "I would tell the underclassmen to not give up on yourself or the team," senior Ava Hibbs said. *design and copy by s.manico*

**Taking the ball down the court,** senior Graham Lilley sets up a play. On January 13, the Knights hosted the Titans of Hidden Valley. The Knights came out on top with a score of 75-52. "During warm-ups I get nervous because of the crowd. During the game I'm calm, because I have confidence in my team," Lilley said. *photo by b.tinsley*



**On the line,** senior shooting guard Emma Jones shoots a free throw. In the Christmas tournament hosted by the Knights, they defeated Floyd County in a close game. "During the game against Floyd, we came together as a team," Jones said. *photo by t.hopkins*

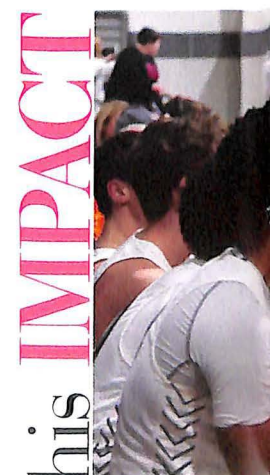
**Midair,** senior Stark Jones shoots a lay up. As a senior Jones is a leader on and off the court for his team. "I want the team to work together for the win," Jones said. *photo by b.tinsley copy by s.manico*



## basketball UPSTARTS



**Looking for a pass,** Carter Matthews (10) finds an opening. On December 15, the JV boys' basketball team faced off against the Blacksburg Bruins. "We had to face adversity at times. We learned a lot as a team between the first game and the last," Matthews said. **In anticipation,** Landon Bishop (10) prepares to receive a pass. "This season has been amazing. It has been great to be with friends and family and get to go through the season together," Bishop said. *photos by k.levering copy by s.manico*





# beyond the COURT

*Basketball players discuss how basketball has impacted them outside of the game*

*copy by s. manico*



"Basketball teaches me that hard work pays off and makes me into the person I am. It gives me a stronger bond with my friends."

**Vernal Holbrook (9)**

*photo by k. leveraging*



"It keeps me dedicated to something and helps gain leadership skills and friendships."

**Kameron Tinsley (11)**

*photo by b. tinsley*



"Basketball keeps your schedule busy so staying on track for school is a priority. Coaches also expect the best from you in the classroom so staying dedicated becomes second nature."

**Abby Smith (12)**



"[Basketball] is a big team atmosphere, it builds a lot of family and character. It also helps me with time management, balance my studies and practicing."

**Rachael Anderson (12)**



"Helping out the younger kids on the team helps me be kinder to the kids at my church."

**Richard Bryant (12)**

*photos by t. hopkins*



**Playing his part**, sophomore Rian Patel hands out water during a time out. As the team manager, Patel plays a key role. "It means a lot to me that I got this opportunity," Patel said. Although his impact isn't on the court, he's just as important to the team. "They make me feel like I'm actually on the team and that were teammates,"

Patel said. *photo by d. browng copy by s. manico*

# REACH *to the* BEYOND

*The cheer team pushes themselves on the mat and on the field*

“**L**et’s roll!” As the competition cheer team took the mat, they kept this slogan in mind. It was inspired by their Las Vegas casino theme. To incorporate their theme into their routine, they had poker chips as signs, their opening music contains the line “let’s go for that jackpot” and during their dance, sophomore Hannah Conner mimicked dealing cards. Their slogan carried them through to regionals, where senior captain Taylor Cox won the 2022 Cheerleader of the Year award. To earn this title, everyone on the regional-winning team votes for the person on their team who they think lifts the team up and is the person their team members go to when they need help. “This title means a lot to be because I am happy to know I am that teammate to all of them,” Cox said. “Taylor was the face of our team, the one who had all the ideas and was always lifting us up,” sophomore Emery Weld said. *design by s. manico copy by s.crawford*

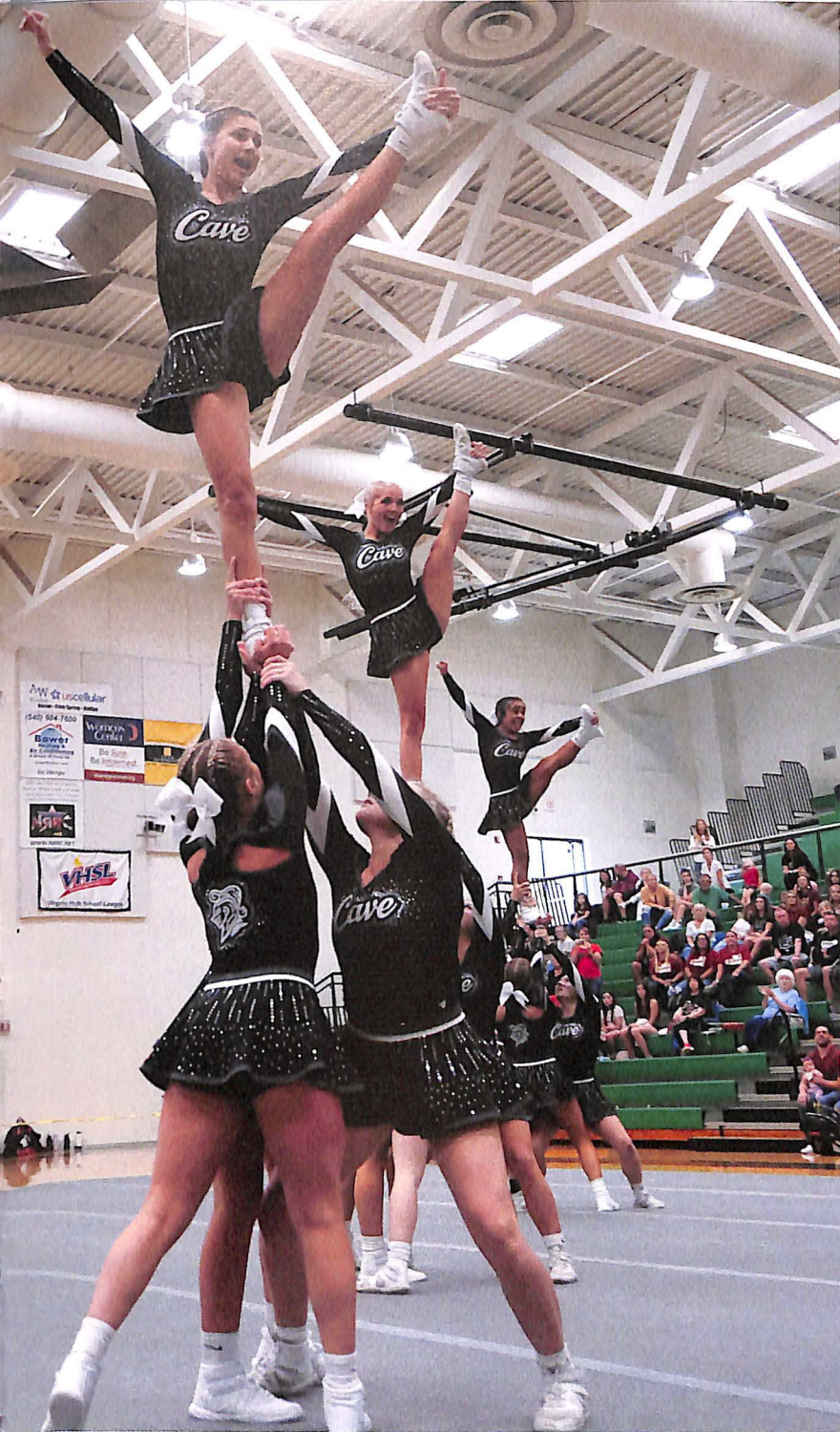
*In the air*, sophomore Emery Weld pulls a heel stretch. On October 28, the cheer team won their ninth consecutive regional championship title. Their routine scored 268 points in the second round of the regional competition. Although the team did not finish the season with a state win, they have not given up. “We want the win next year more than anything, just to show we have what it takes,” Weld said.



## *from the* SIDELINE



*Caught in the spirit of the game*, sophomore Berkley Tew smiles at the top of a stunt. On October 20, the JV team cheered at the football game against the Patriots of Patrick Henry. As a JV sideline cheerleader, Tew was a flyer, performing stunts throughout the game. “Joining cheer gave me a family,” Tew said. *With rally towel in hand*, junior Eliza Dmochowski cheers alongside teammate Daniela Dinsmore (11). *photos by s. sweeney copy by s. manico*



Waving to the crowd, senior Karley Gaylor prepares to start her routine. "My favorite part of cheer is the bond that we all have, that we create throughout the season," Gaylor said.



Cheering for the crowd, junior Amalia Midkiff holds up a sign for the audience. "We got the flu during states week, and had lots of injuries we had to overcome this season," Midkiff said. Midair, senior Amber Mullins throws her running tumbling pass alongside sophomore Raegan Shively. Mullins competed at states with a broken hand, "I knew if I hurt my hand in the beginning of the routine it would've ruined the rest of the team," Mullins said.

photos by lifetouch copy by s. manico



## beyond *THE BOW* defying stereotypes



Sophomore cheerleader Isabella Durica could be found not only on the sidelines with the cheer team, but also playing the French horn with the concert band. She has been in band for six years. "I believe people stereotype cheerleaders as being not as smart as others, petty and don't do anything but stand on the sideline," Durica said. She enjoyed being able to change stereotypes others have for both band and cheer, "People think I am a band nerd and just don't look like one because I do cheer," Durica said. To change these stereotypes, Durica tried to connect her teams and get them to change their perspectives on each other.

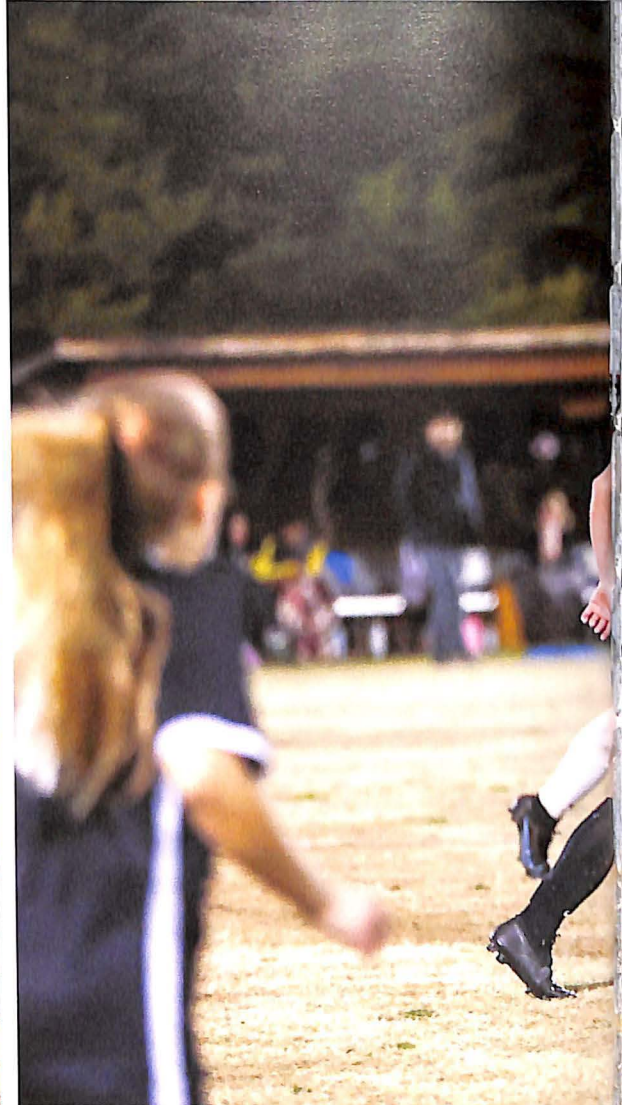
photo by s. sweeney copy by s. crawford

# KICKING

## it up a NOTCH

*Soccer takes the field*

**Reaching towards the ball** senior Jane Beheler competes for the ball. Beheler made the most out of her last season as a senior, "I try to enjoy and soak up every moment. I'll always hold these memories close to my heart," Beheler said.



**Looking up field** sophomore James Kupidlovsky gets past a defender. "The best part of being on the field is playing with all the people I love and I look up to," Kupidlovsky said.



## GOING for GOAL.

*What feeling do you get when you score a goal?*



"It's like a crazy rush of adrenaline and energy, and then you get this rush to want to try and score more goals."

**Carter Smith (12)**





**Looking up** senior Neena Whitaker takes the ball up the field during the first game of the season against Glenvar. The Knights defeated the Glenvar Highlanders 4-1. "The atmosphere of our team after this game was just so good. I can't wait for the rest of this season," Whitaker said. **Legs outstretched** junior Wyatt Smith dribbles the ball down the field. "Soccer has helped me build relationships with my team by establishing a routine and a common interest," Smith said. *design by m. dinakin photos by a. hayden copy by s. manico, l. swanson and a. legault*

"I get an overwhelming feeling of excitement, not only for myself but for my team. We get so excited and it makes us have even more fire to win our game."

**Eary Calliswell (12)**



"I feel tremendous satisfaction knowing that I just made a play that is relatively rare in the world of soccer."

**Samuel Huerber (11)**

# STAYING IN *THE NET*

"Being the last line of defense causes an adrenaline rush feeling. It's either you stop the ball or you feel like you let your team down when the ball goes in the back of the net."

**Aiden Likens (11)**



"The best part about being a goalie is that it involves passion and dedication.

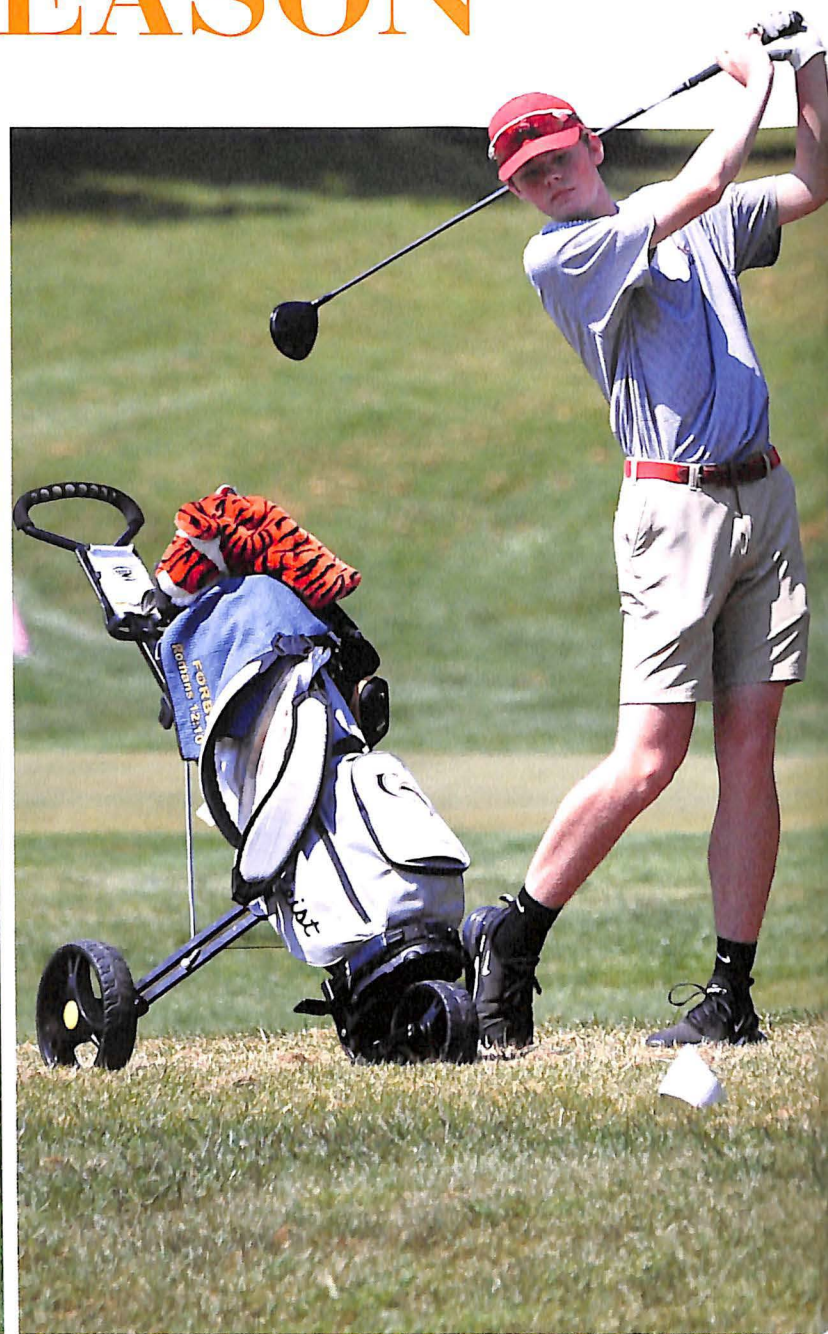
It's a lot of pressure to have the perfect decisiveness and leadership, but the feeling of saving goals makes it worth it."

**Caitlyn Berman (12)**

# SWINGING

## into SEASON

*Golf and tennis take charge*



**Holding his own**, freshman Damien Carreon shares his favorite memory from this season. "Competing to make it to states was a standout memory for me this year. I have been playing golf for a long time but this year was definitely one of my favorites," Carreon said. **Swinging through his final season**, senior Andrew Harder explains why this season was different than his past seasons, "I have been playing golf my whole life but my senior year was especially important." Harder said. *photos by lifetouch*



## PLAYING the COURSE



**Shooting the distance**, junior Nate Faulkner plays in the district championship at Roanoke Country Club. He won out the district by shooting a 66. "When I play golf, I visualize myself holding the trophy, as I sink another 30 footer for eagle," Faulkner said.





# game set MATCH

*What is a challenge about tennis that others wouldn't think of?*

**Starting off his freshman year season,** Ethan Jones takes a big swing. "I loved being able to support my teammates at states, the atmosphere was great." Jones said. **Serving up the ball,** freshman Tanner Hopkins plays in a singles match against freshman Dhairya Patel. "I enjoy the friendships I make while on the team. It's more of a friend group than a team to me," Hopkins said. *design by s. iademarco photo by d. browning copy by a. bowles*



"It's a one-on-one sport, so it's much more focused on your lone ability than your entire team's performance."  
**Jonathan Bowman (12)**



"It's probably the teamwork, and coordination, like when we do doubles."  
**Ayush Pinnamaraju (9)**



"I think that one of the biggest challenges in tennis is that you need to have the mental strength to play at a high level for almost 2 or 3 hours."  
**Javier Millan Reyes (12)**



"When you come up against that skill you can't seem to get, but the coaches are there for you."  
**Anish Suryapeta (9)**  
*photos by d. browning*



**Viewing his shot,** senior Owen Bright plays in a golf tournament at Hunting Hills Country Club. He went to the VHSL 3A state championship and placed third. "It was such a good feeling to be there and place so high because I haven't made it to states for the past three years," Bright said.  
*photos by lifetouch copy by s. crawford*

# COMPETITION

## BEYOND THE CASTLE

### *Athletes seek competition outside of school*

**T**ravel sports and other athletics that take place outside of school gave students new opportunities to excel in a different environment. Sophomore Precilia Kinsley described the benefits of her sport, "As a billiard player, I get opportunities to visit beautiful new places and meet so many interesting people as well as make money as a teenager. Most people my age have a job they do after school, in restaurants or grocery stores, but I can make money doing the thing I'm passionate about," Kinsley said. Playing at a higher level through travel sports has allowed student-athletes to improve their skills. Senior Tyler Green explained the benefits, "You get to play against better players and more versatile teams," Green said. *design by*

*l.swanson, copy by l. swanson*



**In deep focus** sophomore Precilia Kinsley lines up her shot.

Kinsley's hard work provides her with many opportunities. "My favorite part of pool is the challenge of it. Most people think it's not hard because it doesn't involve a lot of physical activity, which is partly true, but the mental challenge behind it is extremely hard,"

Kinsley said. *photo submitted copy by l. swanson* **Stretching up tall on**

**center stage** junior Erin Schallon dances in "The Nutcracker." "Ballet has been a way for me to tell a story without using my voice by opening new means of communication. It has been a dream come true to be able to perform in front of thousands of people, showcasing something I am very passionate about,"

Schallon said. *photo submitted copy by l. swanson*

## *Worth the Travel*

*Travel sports give athletes opportunities beyond school*

### **Spencer Trivett (9)**

"Travel lacrosse is a lot different than school lacrosse. There is better competition"



### **Avry Bowles (10)**

"Travel volleyball gives me opportunities because we get to travel a lot more and this means there's a lot more exposure to college coaches."





**At the top of the lift** senior Benjamin Kelley competes in a weightlifting competition. "My favorite thing about weightlifting is the mindset of progressively getting better at something. It's a way for me to have my time alone and get away from other people," Kelley said. *photo submitted copy by s. crawford* **On the ice**, freshman Graham Kuehl skates across the rink. Kuehl played for the Railyard Dawgs U16 team. He also had the opportunity to play in Sweden and Germany with the USA team over the summer. "My favorite part is the team aspect," Kuehl said. *photo submitted copy by l. swanson*



**Laine Bennett (11)**

"My favorite part of travel softball is creating many new friendships I wouldn't make in school."



**Tyler Green (12)**

"Travel is different than school because we get to travel to more places and play better competition." *photos submitted*



# BEYOND *the* COURT





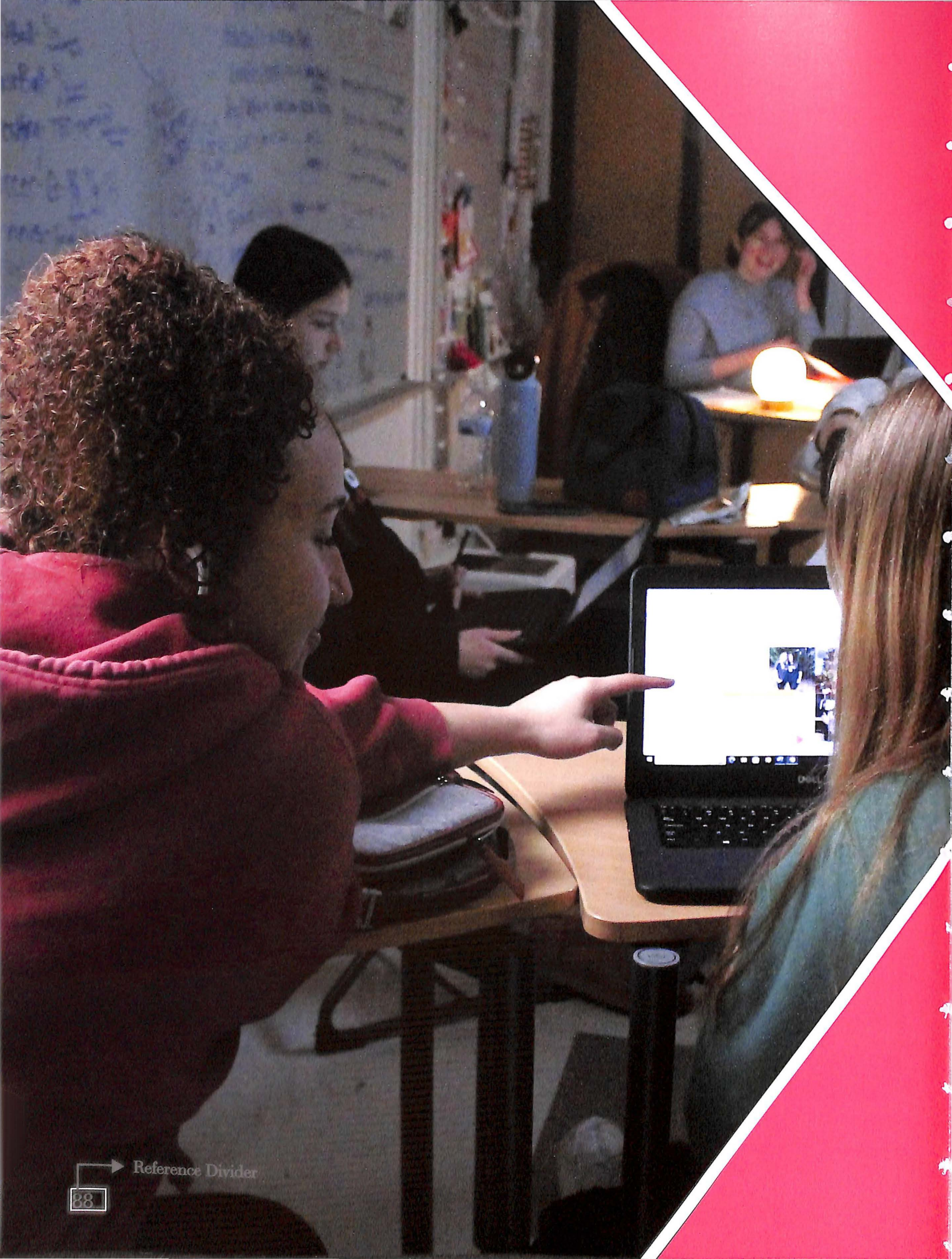
## *Finding inspiration beyond the game*



“**B**asketball motivates me to accept challenges that I go through in life. It inspires me to work harder because I know people are looking up to me,” senior Jasean Robinson said. Basketball provided Robinson with an outlet that was hard to find in other places. Robinson has been playing basketball for six years and has loved being able to grow up with the sport. He learned many life lessons and cultivated strong bonds and relationships through basketball. Robinson struggled with different methods to stay motivated in the past, but being a part of the Knights basketball family helped him conquer this. “One of my favorite ways of staying motivated is by watching NBA players play and by waking up and being dedicated each and every day,” Robinson said, “Sometimes Kameron Tinsley [11] and I go out and shoot

hoops which is fun and helps keep us motivated too.”

Robinson learned how to be independent and take care of himself at a younger age than most students. He started living on his own in October of 2022. Being responsible for himself helped him realize that school is extremely important and he needed to be able to manage his time wisely. Robinson was able to watch film and do schoolwork on his own, but his team was always there to give him a boost, “The basketball coaches here at the Castle do a great job of giving players positive feedback after games and practices,” Robinson said. Robinson also found that an important part of the program was being more than just a team. “We’re a family. We give each other encouragement and always communicate inside and outside of school,” Robinson said. *photo by b. tinsley copy by a. legault*



# BEYOND the FACES

**E**ach page of the yearbook was carefully constructed in the photojournalism class. Juniors India Cox and Adelaine Legault went over the design of a spread together, making sure each portion fits perfectly into place. "The yearbook leaves a mark later in your life, to look at how you've grown, that's what it's there for. I really enjoy being a part of that process. It's so much different than just looking at the pages," Cox said. The student body is made up of all different kinds of students, teachers, teams and friendships. In the yearbook they are recognized in and out of the classroom, at all different kinds of events and in different lights. "Through yearbook, I stay more involved with what's going on throughout the school," junior Sarah Crawford said. With a range of goals, dreams and experiences, students showed off their kindness, their favorite classes and hopes for the future in the yearbook. *design by l. swanson copy by s. rearick*

▶ **Looking over a spread,** junior Adelaine LeGault collaborates with junior India Cox to help finish a spread in photojournalism class. "I enjoy being able to talk to people during interviews and it's a good way to get involved in every aspect of our school," LeGault said. *photo by a. yanishak*

**Hayleanah Nicole Adams** "It's not that deep."; Sideline Football Cheer (9-12), Sideline Basketball Cheer (9-12), Competition Cheer (9-12), Varsity Soccer (11-12), JV Soccer (10), NEHS (12), Help Save the Next Girl (9-10), Young Life (9-10), Cheer State Champion (11)

**Tahane Ali**

**Morgan Allardi** "I need iced coffee."; Lacrosse (9-12)

**Haider Almusawi** "They say cheaters never win, but I just graduated."



**Landon Altizer** Varsity Football (9-12), JV Football (9), Varsity Baseball (10), JV Baseball (9), FCA (12), Varsity Football Team Captain (11-12), Leadership Council (9-10)

**Rachael Anderson** "I am ready to face any challenges that might be foolish enough to face me." - Dwight; Varsity Basketball (9-12), Concert/Symphonic Band (9), DECA (12), FBLA (12), Varsity Basketball Team Captain (11-12), Varsity Basketball Honorable Mention (11)

**Graelyn Harlee Askew** "This one's for you dad, Roll Tide"; Sideline Football Cheer (9-12), Sideline Basketball Cheer (9-12), Competition Cheer (9-12), Help Save the Next Girl (9-12) Cheer State Champion (11), Cheer State Runner Up (9-10)

**Alexandra Avery**



**Ayden Babich** "I'm the best there is. I wake up in the morning and I pee excellence." -Ricky Bobby; Varsity Football (11-12), JV Football (9-10), JV Baseball (9), Outdoor Track (11-12), FBLA, (12), Varsity Football Team Captain (12)

**Daniel Bahnken**

**Jacob Baier**

**Danielle Barbour** "I waited years to say coach's daughter out! Never mind, I guess."

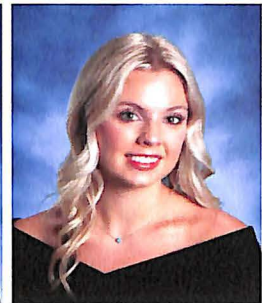


**Staylie Barley**

**Kirsten Barnett** "It's your senior quote, just put something stupid." -Mrs. Shawn; Indoor Track (11), Outdoor Track (10-11), National English Honor Society (11-12), Key Club (11)

**Amelia Beamer** "Thank goodness graduation was planned in advance, my calendar fills up."; Beta Club (12), DECA (10-12)

**Jane Beheler**



**Sarah Bell** "Speak your mind, even if your voice shakes." -Ruth Bader Ginsburg; Tennis (9), Marching Band (10-11), Jazz Band (11), Concert/Symphonic Band (9-11), TRI-M (11), Rho Kappa (11)

**Alexis Bennett** "Everything was done last minute including this quote."; Varsity Basketball (12), Varsity Softball (11-12), JV Softball (9-10)

**Riley Black** "They say cheaters never win, but I just graduated."; Lacrosse (9-12)

**Holden Blanton** "They claim you never know what you got 'til it's gone, I know I got it, I don't know what y'all on." -Kanye West; Varsity Soccer (9-12), BETA (12), NEHS (11-12), SCA (9-12), Rho Kappa (11-12), Spanish Honor Society (10-12)



**Meredith Block** "It takes great courage to see the world, in all it's tainted glory, and still to love it." -Oscar Wilde; BETA (12), NEHS (11-12), Key Club (11-12), Knightly News/Journalism (10), Spanish Club (11-12), Spanish Club PR Officer, NEHS PR Officer

**Rose Boch** "Dance until it rains and then keep dancing" -RKS & Tay; Cross Country (9, 11-12), Indoor & Outdoor Track (9, 11-12), Marching Band (9-10), Concert & Symph. Band (9-11), TRI-M (9-11), BETA (12), Key Club (11-12), Span. Club (11-12), Mu Alpha Theta (11-12)

**Isabella Bonhotel** "I'm not even a real blonde." -Me all 4 years of high school; Sideline Football Cheer (12), DECA (12)

**Rowan Boone** "It does not do to dwell on dreams and forget to live." -Albus Dumbledore; JV Soccer (9-10), Varsity Soccer (11-12), Beta Club (12), FCCLA (11-12), Key Club (12), Spanish Honor Society (11-12)





**Jonathan Bowman** Tennis (9-12)

**Joshua Bowman**

**Owen Thomas Bright** "We all make decisions. But in the end, our decisions make us." -Tiger Woods; Golf (9-12), Tennis (11-12), DECA (9-11), FCA (9-12), Golf Team Captain (11-12), Tennis Captain (12)

**Kenzie Brooks** "Life is like a box of chocolates. You never know if you're gonna graduate."



**Bays Bryant** "I tried to pay attention, but attention paid me." -Lil Wayne; Varsity Basketball (11-12), JV Basketball (9), Varsity Baseball (9-11), National Art Honor Society (12), FCA (10-12)

**Sarah Butler** "It is my destiny!"; Academic Team (11-12), Beta Club (12), Debate Team (12), National English Honor Society (11-12), Spanish Club (11-12), National Spanish Honor Society (11-12)

**Cacy Caldwell**

**Marc Caldwell**



**La'Daja Calloway** "High school was easy. It was like riding a bike. Except the bike was on fire and the ground was on fire and everything was on fire because it wasn't easy."

**Zachary Cannady** "Enjoy it while you can, it doesn't last forever."

**Katherine Carroll** "If you don't know where you want to go, then it doesn't matter which path you take." -Walt Disney; V. Volleyball (10-12), JV Volleyball (9), V. Basketball (9-12), Tennis (11-12), JV Softball (9-10), BETA (12), Key Club (10-12), Rho Kappa (11-12)

**Auri Chandler** "The greatest thing about graduating is leaving."



**Matthew Chapman** "I've looked 25 since I was 15."; Varsity Soccer (9-12), BETA (12), NEHS (11-12), National Latin Honor Society (11), SCA (9-12), Rho Kappa (11), Class President (9-12), NEHS Historian (12), NEHS PR Team Member (11), Varsity Soccer Team Captain (11)

**Carlie Coleman** "Everybody falls down. Getting back up is how you learn to walk." -Bambi; Beta Club (12), FBPA (11-12)

**Grace Comstock**

**Campbell Hearp Cooper** "Some people are so judgmental, I can tell just by looking at them."; Beta Club (12), National English Honor Society (12), FCA (12), FCCLA (11), Help Save the Next Girl (9, 11), Key Club (12), Young Life (9, 11-12)

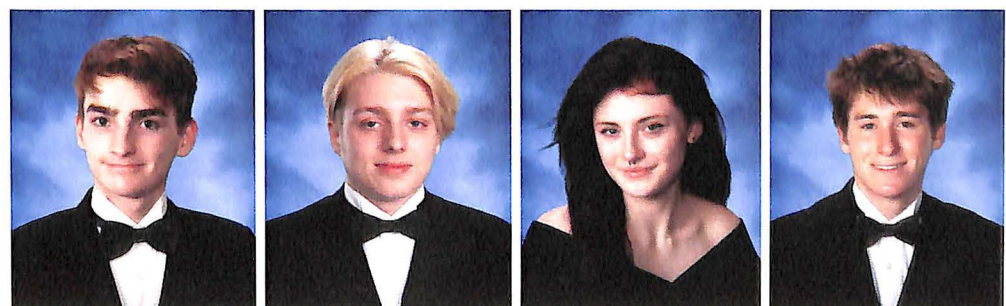


**Carson Cooper**

**Taylor Cox** "Rollin' out #knightsletsroll!"; Sideline Football Cheer (9-12) Sideline Basketball Cheer (9-12), Competition Cheer (9-12), Cheerleading Team Captain (12)

**Jaythan Crockett**

**Althea Danz** "Everything that happens is from now on." -Bon Iver; Swimming (9-12), National English Honor Society (11-12), Eco Club (11-12)



**Jake Darnell** "Choose a life. Choose a job. Choose a career. Choose a family. Choose life. But why would I want to do a thing like that?"

**Ian Deweese** "Doing it your own way, not having to go exactly by the book to be successful."; Varsity Football (10)

**Aidyn Dowling** "I met Dolly Parton in Tennessee."; Vocal Ensemble (10, 12)

**Robert Draper**

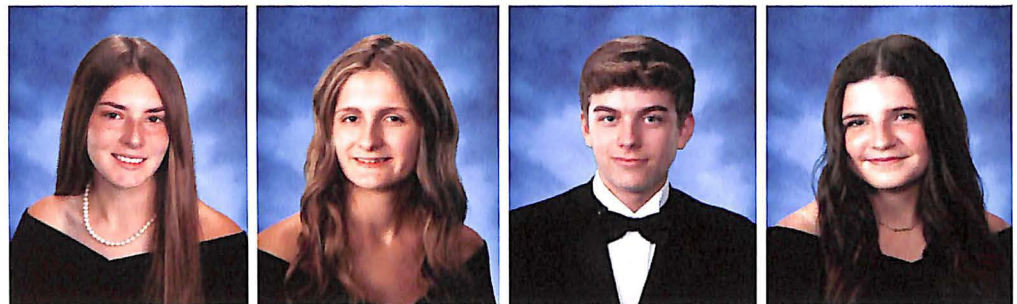
**Bryce Duncan**  
**Maggie Dunstan**  
**Daeshawn Easley** "I will leave tomorrow's problems to tomorrow's me."  
**Jackson Egle**



**Autumn Engle** "Do I get bonus points if I act like I care?" -Dr. Gregory House (House M.D.); Beta Club (12), Scholastic Art and Writing Awards: Silver Key Award  
**Coeburn Enyart** "Live vicariously through yourself."; JV Basketball (9-10), Varsity Basketball (11-12)  
**Ian Era**  
**Trevor Ermel** "Please do not put anything dumb for your senior quote." -Kendra Ermel; Varsity Soccer (9-12), DECA (9-12), FBLA (12), Key Club (12)



**Emma Falatic** "I wish there was a way to know you're in the good old days before you've actually left them." -Andy Bernard; Cross Country (9-12), Varsity Basketball (9-12), JV Basketball (9), Outdoor Track (9-12), DECA (9, 12)  
**Lindsey Farmer**  
**Aaron Ferguson**  
**Brooklyn Ferguson** "Who knew life would move this fast" -Kanye West; Beta Club (12), DECA (12), FBLA (11-12), Rho Kappa (11-12), National Spanish Honor Society (11-12), Mu Alpha Theta (11-12)



**Canaan Fetzer** "Well, it's a cup with dirt in it. I call it 'cup of dirt.' You should move on now."; Swimming (12), Varsity Soccer (10-12), Beta Club (12), NEHS (11-12), Rho Kappa (11-12), Spanish Honor Society (10-11), SAC (9-12)  
**Maggie Fields** "Goodnight."; Sideline Football Cheer (9-12), Sideline Basketball Cheer (9-12), Competition Cheer (9-12)  
**Sarah Fimbel**  
**William Fink**



**Margaret Forest** "We're almost there and nowhere near it. All that matters is we're going."  
 -Lorelai Gilmore  
**Rielly Fralin** "This is my playhouse you're all just living in it" -Zuri Ross; Academic Team (11), Beta Club (12), Latin Club (11), National Latin Honor Society (11-12), Rho Kappa (11-12), Consul of Latin Club  
**D'era Freeman**  
**Sophia Fueglein** "4'11" with a 6'2" attitude."; Sideline Football Cheer (10-11), Sideline Basketball Cheer (10-11), Varsity Soccer (11-12), Lacrosse (9), Help Save the Next Girl (9), Key Club (11-12), JV Sideline Football Cheer Captain (10)



**Juliana Gabrielson** "It's drip or drown and baby I can swim."; Academic Team (11-12), Debate Team (9-12), National English Honor Society (11-12), Key Club (11-12), Rho Kappa (11-12), Spanish Club (11-12), National Spanish Honor Society (11-12)  
**Lindan Galvan** "A wise man once said, 'We are the music-makers, and we are the dreamers of dreams.'" -Willy Wonka; Outdoor Track (9), Beta Club (12), Spanish Club (11-12), National Spanish Honor Society (12)  
**Melody Garcia-Vega** "A wise man once said, 'We are the music-makers, and we are the dreamers of dreams.'" -Willy Wonka; Outdoor Track (9); Beta Club (12), Spanish Club (11-12), National Spanish Honor Society (12)  
**Karley Gaylor**





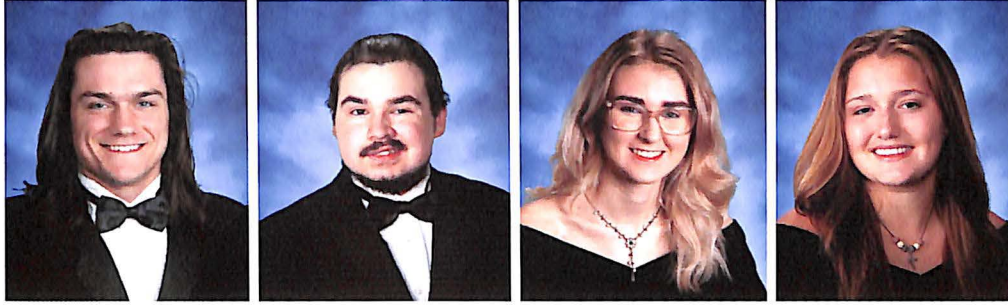


**Christopher Gentiuomo** "Two wrongs don't make a right, but three lefts do." -AG; DECA (12), Key Club (12)

**Joseph Gilley**

**Chas Gilroy** "The older you do get the more rules they try to get you to follow, you just gotta keep livin' L-I-V-I-N.'" -Matthew McConaughey; Lacrosse (9-12)

**Tyler Green** "There may be people who have more talent than you, but there's no excuse for anyone to work harder than you do." -Derek Jeter; Varsity Baseball (11-12), JV Baseball (9-10), Beta Club (12), DECA (12)



**Caleb Grider** "I'm just here so I won't get fined." -Marshawn Lynch; Varsity Football (10-12), JV Football (9), JV Basketball (9), Outdoor Track (11-12), Varsity Football Team Captain (12)

**Evan Marshall Gullede** "You can never make the same mistake twice because the second time you make it, it's not a mistake. It's a choice." -Steven Denn

**Anna Gwinn** "My soul is painted like the wings of butterflies, Fairy tales of yesterday will grow but never die, I can fly, my friends." -Freddie Mercury; JV Basketball (9), National Art Honor Society (12), NEHS (12), Rho Kappa (11-12), Mu Alpha Theta (11-12)

**Susan Hanson** "I don't have a life because I'm learning how to save yours.;" JV Lax (9-10), V. Tennis (12), BCAT Arts (9-10), FCA, Knight Life (9-11), HSTNG (10-12), Key, Academic, BCAT EMT, NEHS, NSHS, Span, Latin (11-12), BETA, Buddies, FCCLA, EMT Teaching Asst. (12)



**Martin G Hanson III** "With every day gone by I feel the tiniest bit more sleep deprived.;" Varsity Soccer (11-12), JV Soccer (9-10)

**Andrew Harder** "Work hard, you will succeed.;" Golf (9-12), Golf Team Captain (12)

**Maisey Harlow** "Thank you Quizlet"; Beta Club (12), DECA (11-12), Eco Club (11-12), Key Club (11)

**Efcy Harvey** "Life goes on, believe it."



**Madison Haynes** "It never hurts to keep looking for sunshine." -Eeyore; JV Softball (9-10), Beta Club (12), Rho Kappa (11-12), Spanish Club (11-12), National Spanish Honor Society (10-12), Mu Alpha Theta (11-12)

**Michael Hays** "Can I take a nap now.;" JV Soccer (9-10), Varsity Soccer (11-12)

**Owen Heck**

**Michael Heffron** "There is a special distinction between contemplation and hesitation, the former is born of wisdom, the latter is born of fear. Action is born by overcoming your fears.;" Cross Country (9), Swimming (9), Choir (9-10), Robotics (12)



**Tyler Henesy** "It was all a dream." -Christopher Wallace

**Aaron Henion** "Why pass your exams when you can pass away." -Min Yoongi; Swimming (9-12), Tennis (9-10), Latin Club (11)

**Alex Henion** "The possibility of all those possibilities being possible if just another possibility that can possibly happen." -Mark Lee; Cross Country (11), Indoor Track (10-11), Tennis (9-11), Latin Club (11)

**Morgan Hennen** "You can't always get what you want" -The Rolling Stones; Swimming (9-12), Beta Club (12), National English Honor Society (11-12), Eco Club (11-12), Rho Kappa (11-12), NEHS (10-12), Mu Alpha Theta (11-12), Mu Alpha Theta President



**Claire Henritze** "The only time I set the bar low is for limbo" -Michael Scott; Swimming (9-11), Varsity Soccer (9-11), Beta Club (12), NEHS (12), FBLA (11), French Club (11-12), Key Club (10), SCA (9-12), Class Vice President (9-12)

**Denalie Juliet Hernandez** "I know you're proud of me from above Thanita. Did this for both of us love you forever and always my precious angel. <3"

**Aubrey Hertzberg** "When I die, I would like the people I did group projects with to lower me into my grave so they can let me down one last time.;" XC (10-11), JV Volleyball (9), Indoor & Outdoor Track (9-12), FCA (12), BETA Club (12), FBLA (9, 12), State Champion 4x200

**Mikayla Heslep** "Be the bigger person.' I can't, I'm only 4' 11.;" DECA (11), Key Club (11)

**Ava Hibbs** "#YOLO:)" ; Varsity Basketball (9-12)

**Amarria Hicklin** "Why is a raven like a writing desk? A high school was full of wonder, mystery, and danger. Some say, to survive it, you need to be as mad as a hatter. Which, luckily, I am." -Mad Hatter, 'Alice In Wonderland'

**Aidan Hiner**

**Danielle Holland** JV Basketball (9), Varsity Basketball (10-12)

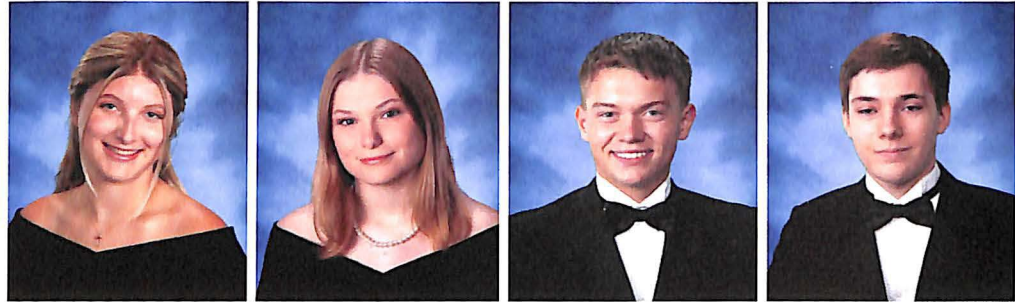


**Jillian Holt** "Groovy baby :)"; Swimming (9-12), Varsity Soccer (11-12), JV Soccer (9-10), Marching Band (9-12), Jazz Band (10), Concert/Symphonic Band (9-12), TRI-M (9-12), Beta Club (12), FCCLA (9)

**Kara Hopkins**

**Peyton Horsley** "There may be people who have more talent than you, but there's no excuse for anyone to work harder than you do." -Derek Jeter; Varsity Baseball (10-12), JV Baseball (9), DECA (12), FCA (12)

**Parker Houk**



**Jeremy Hudson** "I'm like a dead fish because I rise to the top."; Swimming (12), Concert/Symphonic Band (9-12), Academic Team (11-12), Robotics (9-12)

**Alex Hunter** "I got kicked out of Hogwarts for using black magic."

**Joseph Ihlenburg** "The shots you don't make, you miss all of them."; Varsity Basketball (11), JV Basketball (9-10) Indoor Track (12), Outdoor Track (9-12), FCA (9-12)

**Carter Jeffords** "A day without laughter is a day wasted."; Varsity Football (11-12), JV Football (10), Lacrosse (11-12)



**Emma Jones** "I can do all things through Christ who gives me strength." -Philippians 4:13; Varsity Basketball (9-12), FCA (9-12)

**Lexi Jones** "Why do we fall? So we can learn to pick ourselves up." -Thomas Wayne; Tennis (12), Beta Club (12), National English Honor Society (12), Key Club (12), Spanish Club (12)

**Stark Jones** "Lil Durk is better."; Varsity Football (10), Varsity Basketball (9-12)

**Emi Kadolph** "In a world where you can be anything, be kind."; Academic Team (11-12), Beta Club (12), Help Save the Next Girl (10), Pre-Med Club (9-10)

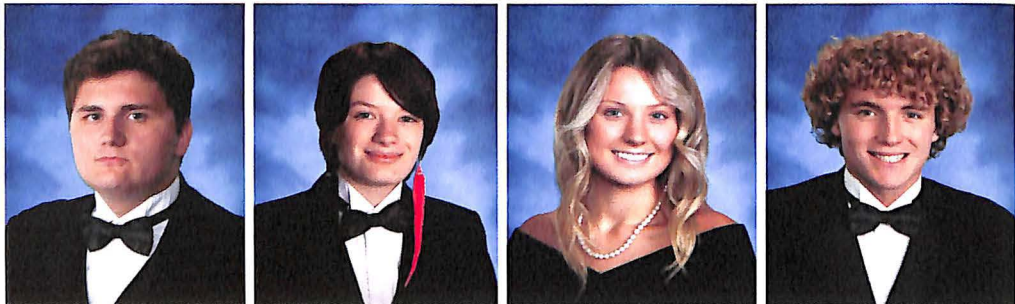


**Benjamin Kelley**

**Felix Kelly** "Reality is an illusion, the universe is a hologram, buy gold, BYE!" -Bill Cipher; Choir (9-12), Knight Notes (11-12), Out Club (9-11)

**Sarah Kidwell** "Celsius got me through high school."; Lacrosse (9-11), DECA (12), Key Club (11-12)

**Benjamin Kingery** "A man with no sauce is lost, but the same man can be lost in the sauce."; JV Baseball (9-10), Varsity Baseball (11-12)



**Watson Koeppel** "Open a Roth IRA."; Swimming (12)

**Olivia Lagueux** "Reasons why I'm never getting married. Judges 4:21"; Choir (9-10), Debate Team (11-12), DECA (11-12), Drama (9), National English Honor Society (11-12), Eco Club (11-12), Help Save the Next Girl (9-12), Key Club (11-12)

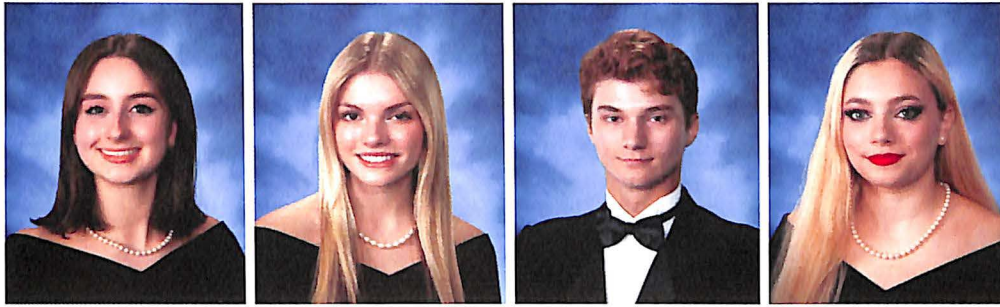
**Grace Landesmann** "N/A"

**Harley Larracas** "In the beginning the universe was created. This had made many people very angry and has been widely regarded as a bad move." -The Restaurant at the End of the Universe by Douglas Adams





**Elise LeGault** "Yeah, I still go here."; Sideline Football Cheer (9), Sideline Basketball Cheer (9), Jazz Band (9-10), French Club (11-12), SCA (11)  
**Cole Lester** "Enjoy the little things in life like blowing bubbles."; Varsity Football (9, 12), JV Football (9), Lacrosse (9-12)  
**Joshua Levering** "I really waited 12 years for a handshake and a piece of paper."  
**Graham Lilley** "Call me whatever you want, just make sure to put State Champ in front of it."; Varsity Basketball (10-12), JV Basketball (9), Lacrosse (9-12), DECA (12)



**Ashley Linsenman** "We go Jim."; Choir (9, 11-12), Knight Notes (11)  
**Anna Long**  
**Trey Ludy**  
**Isabella Lutz** "I would rather adjust my life to your absence, than adjust my boundaries to accommodate your disrespect." -Anonymous



**Andrew MacGregor** "BEWARE, I have my sassy pants on today." -Sign in Ms. Price's room  
**Cameron Main** "If her name isn't 'bag' then don't chase her." -Hoodville; JV Baseball (9-10), Varsity Baseball (11-12)  
**Sarah Massengill** "Sometimes crying or laughing are the only options left and laughing feels better right now."; Lacrosse (9-12), Key Club (11-12)  
**Jackson F. Matthews** "It's pronounced Fountain, not Fountain."; Swimming (9-12), Varsity Soccer (11-12), JV Soccer (9-10), Jazz Band (9, 12), Concert/Symphonic Band (10-12), Beta Club (12), Latin Club (11), Latin Club President, All-District Band



**Gracyn Matze** "I think I'm cool. That's all that matters." -Tyler, the Creator  
**Christopher McBroom** "My real life is more enticing than the lies I could think of" -Drake; Lacrosse (9-12), DECA (12), FBLA (12)  
**Steven McKabney** "If I suddenly decided to stop going into work... a business big enough to be listed on the NASDAQ goes belly up. It ceases to exist, without me." -Walter White; Beta Club (12), FBLA (12), National Spanish Honor Society (11-12)  
**Ivan Millan Reyes** "I'm 5'3. God had to nerf me somehow."; XC (9-10), Indoor & Outdoor Track (11-12), JV Soccer (9-10), BETA (12), DECA (12), NEHS (11-12), Rho Kappa (12), Span. Club (11-12), Span. Honor Society (12), Span. Club President (12), PR Officer Spanish Club (11)



**Javier Millan Reyes** "I feel like I'm too busy writing history to read it." -Kayne West; Tennis (9-12), National English Honor Society (12), Rho Kappa (12), Spanish Club (11-12), National Spanish Honor Society (12)  
**Lilly Milota** "I'm flat broke." -Betelgeuse; Art Club (11), Choir (9), Robotics (12), Robotics PR Manager (12)  
**Bryson Mitchem** "I did not get suspended. I went on a fishing trip."; Varsity Football (10), JV Football (9-10), Varsity Soccer (9)  
**Priya Mittal** "You'd think I'd be wearing more than pajama pants after being in the closet for so long."; French Club (11-12), National French Honor Society (11-12), Eco Club (11), Key Club (11-12)



**Valerie Morettini** "Cheaters never win, but I just graduated."; Sideline Football Cheer (10-11), Outdoor Track (9), FBLA (12), Eco Club (9), Key Club (9)  
**Amber Mullins**  
**Alexandra Mutter** "Never grow up." -Taylor Swift; Sideline Football Cheer (9-11), Sideline Basketball Cheer (9-11), Competition Cheer (9-10), Beta Club (12), FBLA (11-12), Help Save the Next Girl (9), National Spanish Honor Society (10), Mu Alpha Theta (11-12)  
**Ava Muzzy** "Oxygen is overrated."; Swimming (9-12), Beta Club (12), Rho Kappa (11-12), 3A Record Holder, School Record Holder, 4x State Champion

**Kylan Nash**  
**Isabella Noland** "I'm heartbroken so let me dance." -Snooki  
**Julia Parker** "Let's see how far  $y=mx+b$  takes me."; JV Volleyball (9-10), Swimming (9-12), Beta Club (12), FCCLA (12), Help Save the Next Girl (11-12), Key Club (12), National Latin Honor Society (11-12), Buddies Club (12), Mu Alpha Theta (11-12), HSTNG (11-12)  
**Evan Patterson**



**Lane Pendleton**  
**Devin Perdue**  
**Trevor Poff** "I'm not gonna win in life sitting in a classroom."; JV Soccer (9)  
**Tyler Poff** "When in doubt blame the dog."; Varsity Football (9-12), JV Football (9), Outdoor Track (12)



**Taylor Polfelt** "Heard."; Swimming (9)  
**Samuel Pollard**  
**Anna Kate Noelle Pratt** Lacrosse (9-12), Key Club (11-12), Lacrosse Team Captain (11-12)  
**Gary Proctor**



**Jack Purnell** "Long live the fedora man!"; Indoor Track (12), Outdoor Track (11-12), Marching Band (9-12), Concert/Symphonic Band (9-10, 12), Tri-M (9), FCA (11-12)  
**Jason Quam** "When in doubt, go flat out."  
**Gabriella Ramirez** "Started from the bottom, now we're here." -Drake; Key Club (11)  
**Jashly Ramos Checo** "The past can hurt, but the way I see it, you can either run from it or learn from it." -The Lion King; Yearbook (11)



**Riley Reynolds**  
**Thomas Rhodes** "Just print more money."; Swimming (12), Jazz Band (12), Concert/Symphonic Band (9-12), Tri-M, Academic Team (9-12), Beta Club (12), Latin Club (11), National Latin Honor Society (11), Robotics (12), Rho Kappa (11)  
**Jonathan Richardson** "Dream on but don't imagine they'll all come true" -Billy Joel; Tennis (12), JV Baseball (9)  
**Lacey Richardson** "Life's a climb, but the view is great." -Hannah Montana: The Movie; JV Basketball (9), BETA (12), DECA (10-12), FBLA (12), FCA (12), FCCLA (9, 11), Rho Kappa (11-12), Spanish Honor Society (10-12), Mu Alpha Theta (11-12), SCA Class Rep (12)

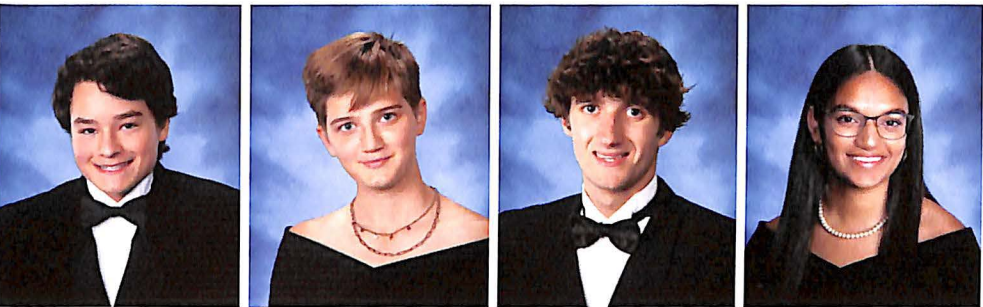


**Summit Roberts**  
**Ainsley Robertson** "Watch me whip \*whips\*"; Varsity Basketball (10-11), JV Basketball (9), Varsity Soccer (10-12), JV Soccer (9), Beta Club (12), National English Honor Society (12), Key Club (9, 12), Governor's School (9-12)  
**Samuel Robertson** "I cannot Live, Laugh, Love in these conditions."; Swimming (9-12), Beta Club (12), National English Honor Society (12), Latin Club (11), National Latin Honor Society (11)  
**JaSean Robinson**





**Annaliese Roragen**  
**Emma Roshioru** "Life's most persistent and urgent question is, 'What are you doing for others?'" -MLK; Beta Club (12), Debate Team (9-12), DECA (11), NEHS (11-12), Rho Kappa (12), SAC (9-12), SEAC (9-12), CSHS Buddies (12), CSHS Buddies Founder  
**Ryan Roshioru** "You've got a friend in me." -Toy Story; CSHS Buddies (12), CSHS Buddies Founding Member  
**Maribel Saade** "Welcome to the real world it sucks you're gonna love it." - Monica Geller, 'Friends'; Beta Club (12), NEHS (11-12), French Club (10-12), National French Honor Society (11-12), Key Club (10-12), Rho Kappa (11-12), French Club President (12)



**Edward Sanders** "Why do it now, when you can do it later."  
**Ayris Sauer** "The safe and cultural method of eating crackers in bed is to wear a diver's suit instead of pajamas." -Basil Wolverton; Color Guard (12), Academic Team (9-10), Beta Club (11-12), Help Save the Next Girl (10)  
**Dylan Saunders**  
**Reva Sawh** "I don't like to lose, but this school's an L.;" Tennis (10-12), Beta Club (12), National English Honor Society (12), Eco Club (11), Help Save the Next Girl (11), Spanish Club (11-12), National Spanish Honor Society (11-12)



**Sophia Schumaecker** "The more I read, the more I acquire, the more certain I am that I know nothing." -Voltaire; Indoor Track (9-10), Academic Team (9-12), BETA12, Debate Team (9), NEHS (11-12), Rho Kappa (11-12), Spanish Club (11-12), Academic Team Co-Captain (11-12)  
**Jenson Selvia** "No cap and gown I didn't go to class, I'd rather die before I come in last." -Playboy Carti  
**Jenna Elizabeth Sesler** "Long story short, I survived." -Taylor Swift; Varsity Volleyball (11-12), JV Volleyball (9-10), DECA (11-12), Help Save the Next Girl (11), Varsity Volleyball Team Captain (12)  
**Sydney Sexton** "You gotta live laugh love life y'all.;" Beta Club (12), National English Honor Society (12), Eco Club (11-12), Key Club (11-12), Rho Kappa (11-12), Span Club (11-12), NEHS (10-12), Mu Alpha Theta (12), Eco Club President (12), Key Club President (12)



**Mason Sheehy** "What do now?;" -Charlie Kelly; Beta Club (12), DECA (10-11), National English Honor Society (12), Mu Alpha Theta (11-12)  
**Alayna Shelton**  
**Dorothy Shepherd** "Be better than the person you were yesterday."  
**Jacob Shorter** "Long live the goons.;" Cross Country (11-12), Indoor Track (12), Outdoor Track (12)



**William Sloane** "Me and the depot guy are not related.;" JV Football (9), Golf (12), Lacrosse (9-10, 12), DECA (12)  
**Abby Smith** "You guys, I'm like really smart, you don't even know." -Kelly Kapoor; Varsity Basketball (9-12), BETA (12), DECA (9-11), FBLA (11-12), FCCLA (11), Rho Kappa (11-12), National Spanish Honor Society (10-12), Mu Alpha Theta (11-12)  
**Carly Smith** Choir (9, 11-12)  
**Carter Dule Smith** "Perspective"; Varsity Soccer (10-12), JV Soccer (9), Beta Club (12), National English Honor Society (11-12), National Latin Honor Society (11), SCA (9-12), Rho Kappa (11-12), SCA Treasurer



**Sydney Smith** "Books! And cleverness! There are more important things- friendship and bravery." -Hermione Granger; Varsity Softball (9-12), Beta Club (12), NEHS (12), FCCLA (9-12), Key Club (12), National Spanish Honor Society (10-12)  
**Chase Speller** "I live my life like my truck- just roll with it.;" Varsity Football (10), Varsity Baseball (10-12), FCA (12), Baseball Team Captain  
**Nathan Sprouse**  
**Amelia Spurlock** "This is going to be just like senior year, but funner." -Elle Woods, Lacrosse (9-11), Beta Club (12), DECA (11-12), Help Save the Next Girl (9), Key Club (10-12), School Social Media President (12), Key Club President (12)

**Stefan Staley**

**Erin Sullivan** "Slay"; Beta Club (12), Choir (9-12), Debate Team (9-10), Knight Notes (11-12), Spanish Club (11-12), National Spanish Honor Society (11-12), Choir Student Director  
**Eric Svec** "In class my friends call me Bobbles."  
**Laura Tanner** Choir (11-12), FBLA (11-12), Latin Club (11)



**Divya Tennant** "All you need is love." -The Beatles; Academic Team (10), Beta Club (12), FBLA (11-12), Rho Kappa (11), Spanish Club (11-12), National Spanish Honor Society (11), Student Leadership Team (11-12), Spanish Club President

**Emily Thacker**

**Fiona Thurston** "Sometimes when I close my eyes, I can't see." -Barbra Jean  
**Tristyn Tofano** "Getting shoulder surgery was less painful than high school."; Varsity Softball (9-12), Beta Club (12), Help Save the Next Girl (9-12), Key Club (12), National Spanish Honor Society (11-12), Help Save the Next Girl Vice President (11-12)



**Saniya Tolliver** "Taking the easy way out isn't always the answer. Diamonds are made with pressure"; Indoor Track (9-11), Outdoor Track (9-11), DECA (12), Track Team Captain, 4x200m State Champion

**Lyndsey Tran** "In this life, you either crank that Soulja Boy or it cranks you."; Swimming (9, 11), Beta Club (12), Key Club (12), Spanish Club (11-12), Rho Kappa (11-12), Mu Alpha Theta (11-12)

**Walker Tull** "Not misbehaving, just not acting right." -Hank Williams Jr.; Varsity Football (11), Golf (12), Lacrosse (9-12)

**Logan Turner** "I owe my diploma to Mathway"; Golf (12), Wrestling (9-10), Lacrosse (9-12)



**Sarah Turner** "It's hard to soar with the eagles when you're surrounded by turkeys." -Adam Sandler

**Sydney Uherick** "I have no idea what I'm doing, but I know I'm doing it really well."; Varsity Softball (10), JV Softball (9-10), Beta Club (12), FCCLA (11-12), French Club (10-12), Help Save the Next Girl (9-12), Key Club (12)

**Jack Urgo** "If you ain't cheating you ain't trying"; JV Basketball (9-10), Varsity Basketball (11-12), JV Baseball (9-10)

**Ella Vance** "I want adventure in the great wide somewhere!" -Belle; Swimming (12), Academic Team (11-12), BETA (12), Choir (9-12), Debate Team (9-12), NEHS (11-12), Key Club (10-12), Rho Kappa (11-12), National Spanish Honor Society (10-12)



**Jenna Van Jaarsveld** "Thank you to my immigration lawyer, I wouldn't be here without you."; Beta Club (12), National English Honor Society (12), Eco Club (11-12), Rho Kappa (12), Eco Club President

**Colton Venaas**

**Jackson H. Vest** "Alright, your turn Isaac."; Mu Alpha Theta (11-12), Mu Alpha Theta Treasurer  
**Aiden Vigue** "I like my women how I like my coffee.. I don't like coffee."



**Kaitlyn Vitolo** "I am under no obligation to make sense to you." -Queen of Hearts, 'Alice in Wonderland'

**Antonio Vrljic** "Use your gas pedal to move forward, and we're not talking about cars."

**Claire Wei** "All warfare is based." -The Art of War by Karl Marx; Academic Team (9-10), Beta Club (12), Debate Team (9-12), National English Honor Society (11-12), Governor's School (9-12)

**Lindler Wessinger** "Tell me that I can't, but I know that I could."; Outdoor Track (9-10)





**Olivia Wheeling**  
**Neena Whitaker** "Hannah Montana said nobody's perfect but here I am."; Varsity Soccer (9-12)  
**Jenna Williams** "There are far, far better things ahead than anything we leave behind." -C.S. Lewis; Swimming (9-12), National English Honor Society (11-12), National Latin Honor Society (11-12), Rho Kappa (12), Chess Team (11), Chess Team President and Founder  
**Taylor Williams**



**Zane Williams**  
**William Windel**  
**Charles Winesett**  
**Thomas Wright** "Whatever you do enjoy it to the fullest, that's the secret to life." -Iskander



**Penelope Young** "My free trial just ended"; Swimming (9-12), Beta Club (12), Eco Club (11-12), Mu Alpha Theta (11-12)  
**Riley Young** "I never put off till tomorrow what I can do the day after." - Oscar Wilde; Tennis (10-12), JV Softball (9), FCCLA (11-12)  
**Oscar Zhang** "Bruh moment"; DECA (11), National Spanish Honor Society (11)

Qasim Al'Ghuri  
Rayhanah Alsaady  
Ava Amos  
Curtis Anderson  
Evelyn Anderson  
Brooke Appleyard  
Isabelle Arbaugh



Samuel Austin  
Xiomara Ayala-Quiroz  
Jashad Baker  
Borna Bakhit  
Abby Beamer  
Laine Bennett  
Kathryn Berry



Rose Berry  
Georgia Bills  
Ella Bishop  
Finnegan Boccieri  
Thomas Boehling  
Evelyn Bolling  
Matthew Bradley



Cole Brunelli  
Owen Brydges  
Magnolia Burden  
Ava Byers  
Kaitlyn Cannady  
Angela Catral  
Isabella Cavicchio



Aurianna Chandler  
Debra Charles  
Aeden Christie  
Carolina Clemmer  
Sarah Cleveland  
Adam Cochran  
Yarian Colon



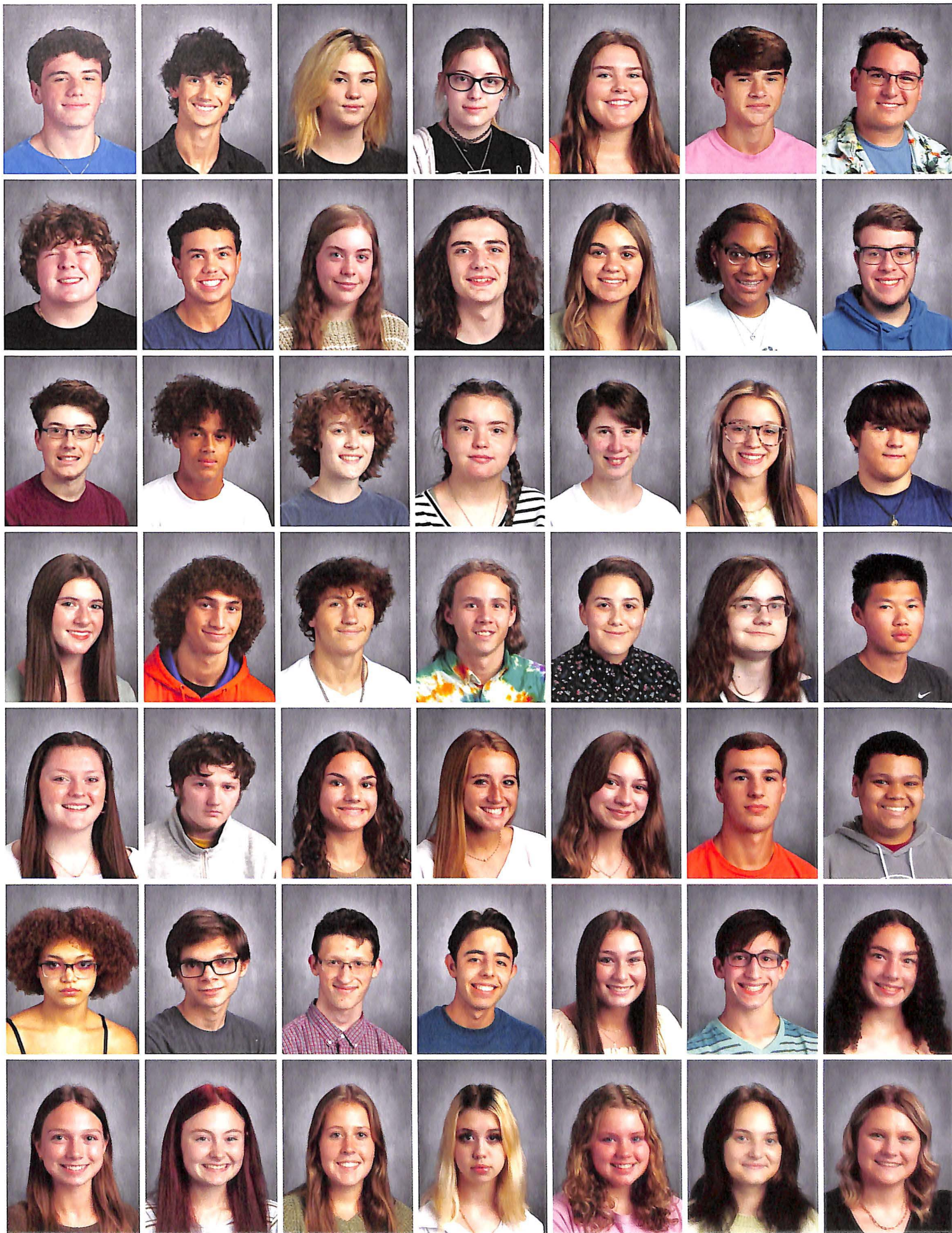
Ryan Connelly  
Kyle Cook  
Kaleigh Copper  
Sarah Corbin  
Zharick Cortes-Caldas  
India Cox  
Sarah Crawford



Christopher Darnell  
Liam Deavers  
Sofia Deleon  
Benjamin Dellinger  
Ryson Del'Vecchio  
Daniela Dinsmore  
Eliza Dmochowski







Jayson Doolan  
William Drake  
Savannah Drewery  
Victoria Edwards  
Helen Enyart  
Drew Ermel  
Christian Estrada

Jacob Fariss  
Nate Faulkner  
Emily Furrow  
John Gagnon  
Beatriz Garcia  
Neveah Gardner  
John Garlow

Elliott George  
Kameron Gerald  
Ava Giannini  
Aila-Rynn Graham  
Ali Graham  
Catrena Graham  
Gareth Graham

Elise Grieme  
Braden Gromada  
Ronald Gromada  
Steven Grubb  
Cameron Haggett  
Tyler Hamlet  
Daniel Han

Mayzie Hanson  
William Harding  
Mackenzie Harris  
Abigail Harrison  
Sydney Hassall  
Mason Hazelwood  
Terrance Henderson

Kylie Henson  
Perry Hill  
Matthew Hinchey  
Samuel Hoefner  
Kaitlyn Holbrook  
Jared Hollins  
Gabrielle Holohan

Kate Horton  
Emma Howell  
Siena Iademarco  
Skyler Ingle  
Marley Jackson  
Lilly Jayne  
Kamryn Jones

Olivia Jones  
David Jordan  
Mitchell Keller  
Lindsey Killinger  
Bryan King  
Gabriel Kirk  
Kennedy Lange



Cedric-Nigel Larracas  
Davynique Lawes  
Adelaine LeGault  
Tania Lexima  
Samuel Light  
Aiden Likens  
Hailey Lipscomb



Rhianna Loftland  
Preston Lonker  
Thomas Loschner  
Robert Loveless  
Jason Lutjohann-Copp  
Samantha Manico  
Heureuse Manirakiza



Bethany Mardian  
Dillon Marlowe  
Ella Martin  
Lauren Mather  
Sara Mattox  
Sophia Mays  
Tyler McCarthy



William McClellan  
Madison McCutcheon  
Tyler McGhee  
Jacob McKinney  
Delaney McLaughlin  
Mark McLaughlin  
Abigail McNamara



## position of the year



"I started working here in 2021. I cook, clean, serve and cashier. I love working at Cave."



"I started working here in 1999. I am a librarian, media specialist and I help teach Latin classes. I went to school here and I really enjoyed it."



"I started working here in 2021. I am a health/PE teacher and head football coach. I like where our football team is going and the students here are very enjoyable."



Emma Meadows  
 Nuela Mebratu  
 Marly Metro  
 Amalia Midkiff  
 Sophie Mills  
 Cassandra Monjaraz  
 Adrienne Morris

Elise Moseley  
 Cameron Moyer  
 Eden Mullins  
 Anna Murphy  
 Sage Myers  
 Weston Nichols  
 Lauren Niday

Brandon Noell  
 Julio Ortiz-Rivera  
 Dominick Ostrander  
 Abel Pace  
 Madison Palmer  
 Camerohn Parker  
 Charlie Parker

Nicky Patel  
 Madalynn Peters  
 Sophia Peters  
 Ryan Poe  
 Ny'Xavier Preston  
 Andrew Quakenbush  
 Sebastian Radu

Sanjana Rajesh  
 Carson Ray  
 Michael Ray  
 Sydney Rearick  
 Diya Reddy  
 Hayes Reger  
 Aydin Richardson



"I started working here around 2015. I am a technology education teacher. It's a wonderful position. Great staff, great administration. Would not want to be any place else."



"I started working here in March 2018. I take care of every single athlete here at Cave Spring. Whether it's physically or if they just need someone to talk to, my door is always open."



"I started working here in 2014. I am the school nurse. I just love working at Cave Spring."

Arabella Riddle  
Delilah Rodriguez  
Ezequiel Romero  
Anton Sanders  
Brianna Schaad  
Erin Schallon  
Chase Schillinger



Christopher Scott  
Ryan Scott  
Madilynn Seale  
Johan Serrano-Murillo  
Emma Sexton  
Jordyn Shaywitz  
Uzair Sheikh



Kendall Shepherd  
Raegan Shively  
Elizabeth Simkins  
Kathryn Simmerson  
Victor Skaff  
Mackenzie Smallwood  
Connor Smigielski



Avery Smillie  
Sage Smith  
Wyatt Smith  
Peyton Stepka  
Zoe Struzinsky  
Christina Su  
Isaiah Swanson



Lillian Swanson  
Owen Sweeney  
Nathaniel Sykes  
Kirstin Taylor  
Caleb Terstegen  
Heidi Thompson  
Leah Thompson



Reece Tibey  
Kameron Tinsley  
Jayden Tolson  
Owen Tozier  
Victoria Treibley  
Kendra Turner  
Rodneasha Valentine



Eamon Vaughan  
Hannah Vitolo  
Robert Votta  
Jace Walters  
Paige Walters  
Liam Wampler  
Deshawn Washington

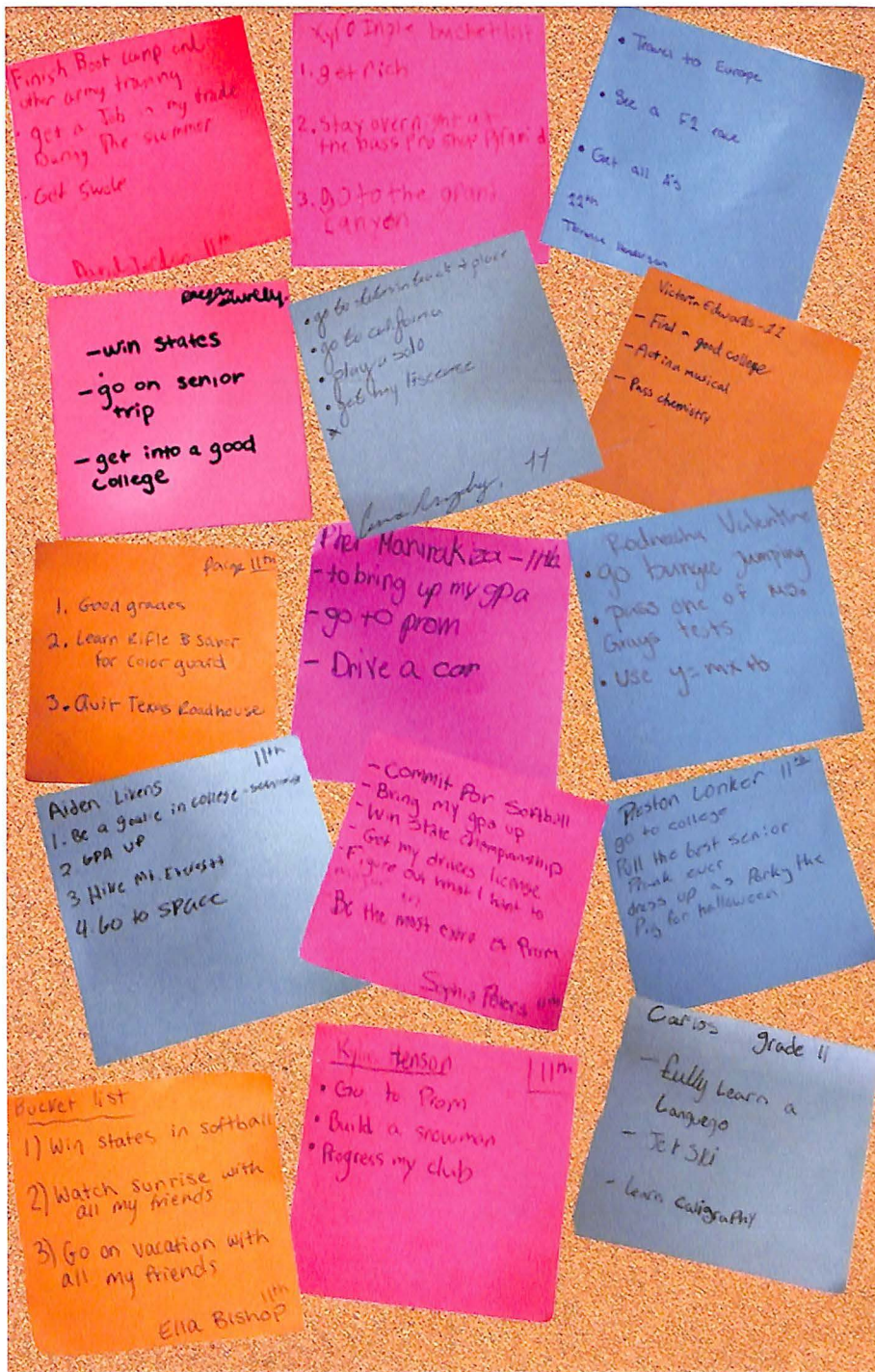




Cierra Webb  
Abigail Wescott  
Jordan Wetzel  
Colton White  
Lukas White  
Elle Williams  
Bailey Wilson

Abigail Wissinger  
Michael Witt  
Rossi Wolfe  
Tyler Wright  
Emma Yanishak  
Makenna Yopp  
Austin Zhang

**BUCKET LIST** Students share their goals



# Class to Class



**Wiping down a table**, Malachi Lee cleans up after a successful cooking lab in culinary class. "Right now we are making pumpkin rolls. We will be selling them once we get the hang of cooking them," Lee said.

**Malachi Lee, 10**



**In wood shop**, Rio Rupert shows off his jack-o-lantern that he made. When asked about how he feels about the class, Rupert said, "It's great, it saves my day!"

**Rio Rupert, 10**



**On his computer**, William Drake designs 3D models in Computer-Aided Design. When asked why he took the class, Drake said, "It's fun and it pertains to what I want to do after I graduate."

**William Drake, 11**



**Lifting weights** Preston Lonker trains in Strength and Conditioning class. "We train until we get big and strong. I like this class because I'm able to go to school, lift weights and clear my head," Lonker said.

**Preston Lonker, 11**

Aidyn Alexander  
Ayat Al'Ghuri  
Sarah Allder  
Colton Allran



William Amos  
Logan Angell  
Aweel Anyuon  
Breana Arthur



Isabella Arthur  
Alex Arzuaga  
Vanessa Austin  
Aurora Averill



Aaron Avery  
Sharmila Balaji  
Blake Balzer  
Karly Bardales



Helen Barrow  
Lilah Beamer  
Lea Belcher  
Elyssa Benson



Elijah Bills  
Landon Bishop  
Scott Blankenship  
Sean Bonsu



Jonathan Booker  
Syriah Bousquet  
Abigail Bradberry  
Bentley Brandetsas





Benjamin Bravo  
Rowan Breeding  
Anna Brinkley  
Andrew Browning  
Samantha Byers  
Kathryn Caldwell  
Joseph Carnes



Faith Cassell  
Erick Catron  
Jada Cauley  
Mischaela Charles  
Isabella Christensen  
Isaac Christley  
Charles Clemons



Sophie Coates  
Gabriella Cochran  
Kaidin Colburn  
Madison Coleman  
Hannah Conner  
Addison Cook  
Trenton Cook



Tyler Cooper  
Carter Cornett  
Jacob Crain  
Abigail Crawford  
Gisele Crouse  
Jacob Cunningham  
Julie Danco



Ava D'Arensborg  
Drake Davis  
Amelia de Coligny  
Maxine del' Castillo  
Mya Del'Vecchio  
Lynasia Dickerson  
Colton Difloure



Moyosoluwa Dinakin  
Ava Distefano  
Aubrie Dodson  
William Dowdy  
Sofia Downie  
Holly Draper  
Ethan Duffey



Euan-Lance Dumukmat  
Mayson Duncan  
Bailey Duran  
Isabella Durica  
Iris Dyer  
Rosa Parks Ebacha  
Cassidy Egle



Austin Engle  
King-Solomon Evans  
Charlotte Fetzter  
Austin Finnigan  
Benjamin Fradette  
Liam French  
Jack Frost



Ian Fuentes  
Alanna Gentner  
Alea Gentner  
Connor George  
Bayleigh Golden  
Gabrielle Gonzalez  
Logan Graham



Cade Gregory  
Antonio Grogans  
Angela Guillen Obregon  
Brittany Hagee  
Jolee Hairston  
Mateo Hanson  
Parker Harman



Brookelyn Hartman  
Rachel Hartman  
Benjamin Harvard  
Rahah Hassan  
Wyatt Hayden  
Martin Hays  
Davis Henritze



Christian Hernandez  
Ayden Hirsbrunner  
Kyra Hoffman  
Lauren Hoffman  
Alaisa Holland  
Ellyott Holland  
Kayla Holt



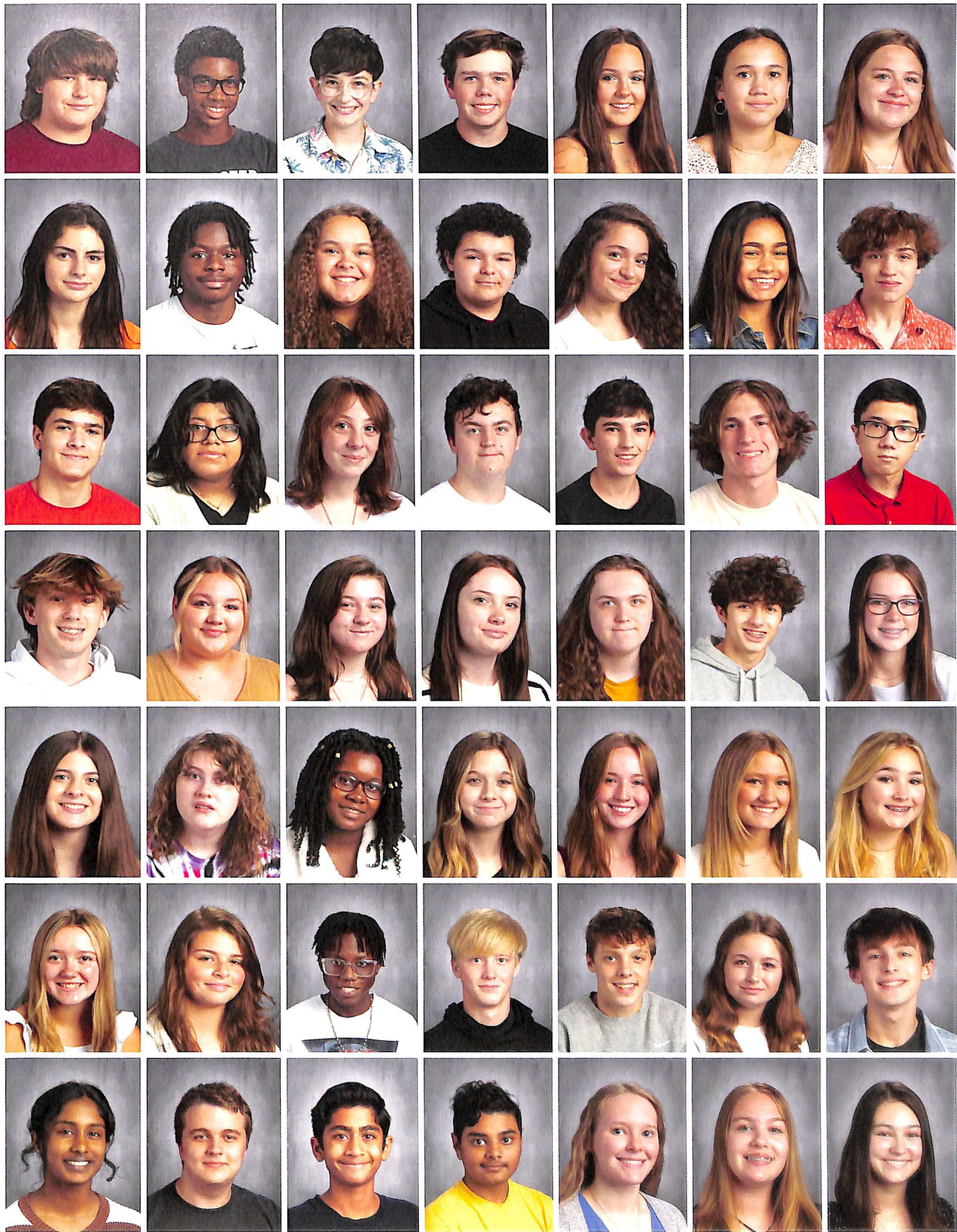
Max Holthouser  
Claire Holton  
Ripley Hunter  
Mia Hylton  
Nafisah Izzat  
Naisha Jain  
Jackson Janney



Ethan Kelly  
Mitchell Kennedy  
Mason Kesler  
Straton Kidder  
Precilia Kinsley  
Nathan Lawton  
Karla Lazo







Joseph Lee  
 Malachi Lee  
 Brynn Leigh  
 Landyn Leonard  
 Kayleigh Levering  
 Ella Light  
 Aubree Likens

Ava Livingston  
 Joseph Logan  
 Makayla Long  
 Mikah Long  
 Lamis Mahayni  
 Brooke Majors  
 Benton Manning

Daniel Mannon  
 Jacqueline Mar-Hernandez  
 Anna Martin  
 Draven Martin  
 Toby Massengill  
 Carter Matthews  
 Tyler Matthews

Garrett Mattox  
 Jenna Mayberry  
 Presley McClellan  
 Allie McGuire  
 David Michaux  
 Adam Midkiff  
 Mackenzie Miller

Jaycee Mills  
 Madison Mills  
 Jamira Mletseni  
 Rachelle Moran  
 Braedyn Morgan  
 Rylen Mullins  
 Lily Nash

Lauren Newbold  
 Jordan Newman  
 Traveon Nielsen  
 Cameron Noell  
 Evan Ondrus  
 Emelia Ostrander  
 Gavin Overstreet

Anvita Panchumarthy  
 Bryan Parker  
 Rian Patel  
 Tirth Patel  
 Laine Pennylegion  
 Heather Perdue  
 Marcelyn Phlipot

Alana Price  
 Michael Price  
 Nicholas Rainsbury  
 Kaitlyn Raker  
 Haleigh Ratcliffe  
 Ella Ratliff  
 Avery Remines



Nick Renick  
 Eric Resendiz  
 Kensington Reynolds  
 Nathan Rhodes  
 William Richardson  
 Julian Rodriguez  
 Harley Rose



Rio Rupert  
 Austin Rutrough  
 Mario Saade  
 Levin Santhosh  
 Sanjay Sawh  
 Ella Sciuolo  
 Christopher Sekinger



Stella Sganga  
 Neal Shah  
 Dylan Shaver  
 Sabre Shepherd  
 Parker Shields  
 Austin Shinault  
 Maggie Simmons



Owen Sinozich  
 Austin Sizemore  
 Lindsay Slawson  
 Olivia Sloan  
 Peyton Sloane  
 Symelia Smart  
 Delaney Smith



Ethan Smith  
 Mary Smith  
 Briggs Smithson  
 Scott Sowder  
 Stephen St. Clair  
 Jackson Steffen  
 William Stevens



Noah Svirsky  
 Aaron Sylvester  
 Russell Tanner  
 Brandon Taylor  
 Berkley Tew  
 Gabriel Toryak  
 Carlyn Tribble





Anna Turner  
Skylar Uherick  
William Underwood  
Shanyu Vadapalli



Alannah Vest  
Piper Walk  
Kenneth Walters  
Thomas Wasily



Emery Weld  
Tristan Welly  
Kendall West  
Everett Wheeling



Kylie White  
Michael Wilborne  
Jaden Williams  
Logan Williams



Connor Wilson  
Emma Wohlford  
Rhett Womack  
Justin Woolfolk



Keane Wright  
Noah Wright  
Kaleigh Wynne  
Leo Xiao



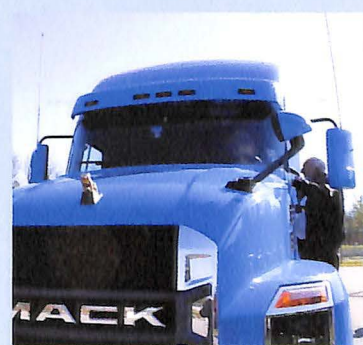
McKenna Yearsley  
Emily Zoljargal

# Sharing is Caring



"We are selling bracelets to support one of our Knights who is currently undergoing cancer treatments. So all of the money we raise is going towards helping that person pay for their treatments and supporting them as they recover. There is no fixed price for the bracelets, it's any donation we will accept."

Mrs. Amy Bolen



Driver's education classes participated in the Sharing the Road program on November 21 and 22. The program's goal was to teach Americans of all ages life-saving information on how to safely share the road with large commercial vehicles. *design and copy by c. holton and h. draper photos by t. hopkins*

Abigale Adkins  
Hayden Allen  
Cecilia Alouf  
Jesse Amos  
Mitchell Anderson  
Grayson Athey  
Jesse Baffoe-Bonnie



Logan Baker  
Nicole Baker  
Hunter Barham  
Reagan Basel  
Parker Basham  
Trinity Bates  
Temuun Bayarmunkh



Dario Bermo  
Layla Bien-Aime  
Cole Binner  
Brooklyn Blankenship  
Joshua Blankenship  
Madeline Blanton  
Jenna Block



Jada Bobbitt  
Colin Boccieri  
Margaret Bolling  
Bronwyn Boone  
Jason Boswell  
Marina Botrous  
Jima Bousquet



Abel Braaten  
Katelynn Bratcher Davis  
Kyrstin Bratcher Davis  
Liam Breen  
Vivianna Brooks  
Nathan Bulla  
Neal Bulla



Alyssa Cacciatore  
Jaden Cahoon  
Damien Carreon  
Alexa Carter  
Grace Caudill  
Kevin Chogjinjalav  
Josilynn Cole



Ryder Compton  
Jayla Cooper  
Luciana Covati  
Brandon Cronise  
Grace Crowe  
Kaylin Dalton  
Jack Daly





Addison Daniels  
Jahmia Davidson  
Morgan Davis  
Mearah Deavers  
Sidney DeFeo  
Elena D'Elcicio  
Samantha Dellinger



Isabella DeMello  
Sunday Dhane  
Andrew Dinsmore  
Sarah Donaldson  
Dylan Dooley  
Hassane Doucoure  
Tyler Dulaney



Hallie Dunstan  
Jayden Eanes  
Autumn Eckles  
Kian Ermel  
Joseph Farwell  
Lucas File  
Brayden Floyd



Avery Fralin  
Reagan French  
Amelie Gagnon  
DaMarion Garcia  
Saleen Garcia  
Kaden Gaylor  
Kristian Gaylor



Charles Gilmer  
Destiny Goins  
Isabella Greco  
Michael Green  
Lauren Grieme  
Delia Griffin  
Jiachen Guo



Riley Guzo  
Bryce Hagee  
Asher Hale  
Stephen Hale  
Kami Hallet  
Layla Halsey  
Dylan Haman



Aiden Hamilton  
Charlotte Harris  
Tyler Harrison  
Caleb Hartson  
Francyn Harvey  
Brooke Havens  
Dominic Hawley

# Faculty Day-to-Day



"My job is to work with students and staff on PBIS which is our positive behavior intervention support system. So when we talk about living like a Knight and we promote respectable, responsible and safe, I do a lot of that behind the scenes work with our team. This is a new school for me. I really love the atmosphere here at Cave Spring High School."

**Mrs. Abby Barnes, Dean of Students**



"My daily routine is mopping floors, checking bathrooms, filling up paper towels and toilet paper, cleaning lunchrooms, stuff like that. I've worked here for five years and just like being here and being around all of the kids."

**Mr. Mike, School Custodian**

*design and copy by h. draper and c. holton  
photos by t. hopkins*

John Heck  
Roselin Hernandez-Gomez  
Josiah Hill  
Tamia Hill



Aubri Hodges  
Cooper Hodson  
Nicholas Hoefner  
Vernal Holbrook



Macy Holthouser  
Tanner Hopkins  
Kaleb Humerickhouse  
Quashawn Hunt



Chase Hunter  
Muneeb Ilyas  
Riley James  
Cameron Jarczyński



Sean Jenkins  
Jackson Jennings  
Kevante John  
Aniyah Johnson



Ethan Jones  
Noah Jones  
Aiden Jones-Thomas  
Caitlyn Karnes



Claire Kelley  
Kobey Kerzner  
Dessa Kesler  
Abbie Kidd





Grace Kilty  
Madison Kingery  
Sullivan Knight  
Ece Konca  
Graham Kuehl  
James Kupidlovsky  
Langston Lamour



Anna Landesmann  
Kylie Lanter  
Alexander Laughlin  
Faith Lawhorn  
Oliver Layell  
Lilith Leach  
Robert Legault



Ashton Letts  
Madilynn Lewis  
Jackson Libassi  
Alli Likens  
Garrett Lonker  
Elizabeth Loschner  
Christopher Lothes



Elizabeth Loveless  
Timber Lucius  
Seldin Lugonjic  
Justin Lutz  
Riley Mabe  
Estella Mahgerefteh  
Kierra Martinez



Landon Mathews  
Casi Matthews  
Chloe Mays  
Gavin McMahon  
Aman Mengistu  
Makenzie Metko  
Megan Miles



Gabrielle Miller  
Skyler Mitchell  
Brian Morales  
Ahtziry Morales-Lopez  
Jack Morgan  
Erin Morris  
Ainsley Moseley



Anushka Mukherjee  
Jack Mulkey  
Nathanial Nuncy  
James Murphy  
Elisha Myers  
Hannah Myers  
Muhammad Naveed

Annaleigh Nehring  
 Nicholas Nehring  
 Katelynn Newcomb  
 Cyrille Obimo  
 Danica Ogle  
 Gretchen Orr  
 Andrea Osorio Rivas



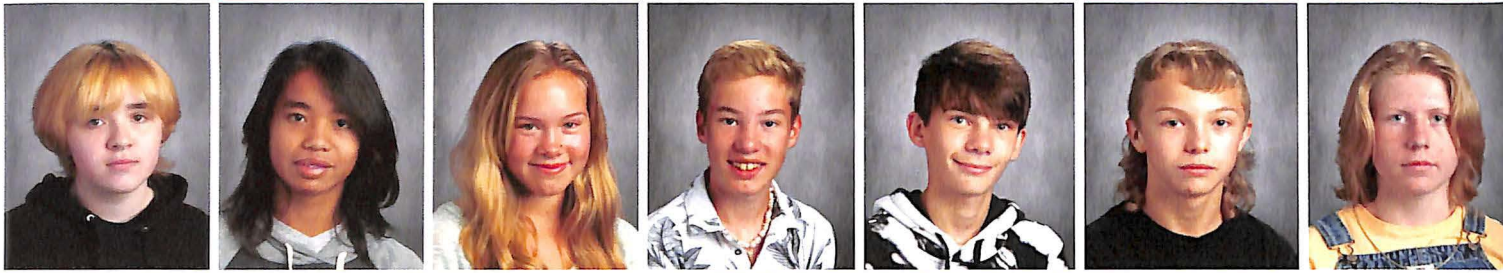
Jesse Pace  
 Meharjot Padda  
 Dhairya Patel  
 Sarthakkumar Patel  
 Jarrett Pellanda  
 Alaina Pendry  
 William Phillips



Jeanne-Eugenie Picard  
 Noah Pickelsimer  
 Ayush Pinnamaraju  
 Meora Plyler  
 Alexander Poe  
 Abby Poff  
 Rylan Poff



Mason Ponting  
 Ethan Pontiveros  
 Emeth Powell  
 Austin Price  
 Keaton Prokopchak  
 Justin Quam  
 Mason Razvillas



Josera Redman  
 Alijah Reeves  
 Cooper Reger  
 Ayden Reynolds  
 Ethan Richards  
 Skyler Royalty Anderson  
 Jesus-Son Rubes



Keirstin Salisbury  
 Gabriel Santos  
 Kyler Sauer  
 Sarah Schallon  
 Geoffrey Schumaecker  
 Rishika Sethumadhavan  
 McKenna Shaver



Madalyn Shively  
 Samantha Simkins  
 Alpinveer Singh  
 Samantha Slocum  
 Anna Smith  
 Sheldon Smith  
 Wilson Smith







Soi'rel Soney  
Andrew Sprouse  
Avery Spurlock  
Kayla Steeves  
Colten Stepka  
Anish Suryapeta  
Raine Sydnor



Jillian Sylvester-Johnson  
Raiden Tarvin  
Joshua Terstegen  
Jayden Thomas  
Landon Thompson  
Maya Thompson  
Ryan Tibey



Dorsa Torkiyan  
Spencer Trivett  
Emily Tull  
Shawn Turner  
Rodneem Valentine  
Amelia Vannoy  
Eva Velkoff



Dhyana Vithalani  
Emma Vitolo  
Brock Ward  
Estella Watkins  
Sophie Weddle  
Addison Wheat  
Jordan Wheeler



Scarlet Whisnant  
Tzion Whitaker  
Chase Whited  
Wendel Wilborne  
Eric Wiley  
Claire Williams  
Sophia Willis



Kaylee Wisler  
Camden Wilson  
Debrah Wilson  
Jonathan Wilson  
West Wingate  
Mary Wissinger  
Andrew Workman



Gavin Young  
Lillian Young

**Kevin Anderson** Instructional Assistant  
**Chris Askew** 1977-2022; BA, Emory & Henry College; Health/Physical Education 9 & 10; Varsity Football  
**Katie Bills** BA, Brigham Young University; BS, Western Governors University; DB Geometry  
**Amy Bolen** BA, Liberty University; MS, Virginia Tech; Spanish III, IV & AP; Spanish Club, Spanish Honor Society



**Jamie Borgman** BS, Virginia Tech; Instructional Assistant  
**Robert Brigham** BS, Allegheny College; MEd, Edinboro University; College Algebra, Algebra II, Computer Math  
**Brandy Browning** BS, Radford University; English 9 & 10; Junior Class Co-Sponsor  
**Kaitlin Brubaker** BS, Radford University; MS, Radford University; AP/DE English 11, CB English 11; Senior Class Sponsor



**Laine Brummell** BA & MAED, Virginia Tech; Adv. English 9, Photojournalism I-IV; Accolade  
**Sarah Burnett** BS, University of Wisconsin Eau Claire; MAED, Virginia Tech; Adv. Earth Science & Earth Science; Eco Club, Freshman Class Sponsor  
**Kelsey Burton** BS, Liberty University; VA/US History, AP US History; Head Coach Swim/Dive; Beta Club, Senior Class Sponsor  
**Kristen Canipe** BS, Liberty University; Marketing Exploration, Marketing, Strategic Marketing, Entrepreneurship, Sports & Entertainment Marketing; DECA



**Sara Cann** AS, Thomas Nelson Community College; BS & MAED, Virginia Tech; AP Biology, Biology  
**Allison Clark**  
**Ann Cranwell** BS, Radford University; World Geography; Help Save the Next Girl, Buddies Club  
**Haley Deeds** BS, Roanoke College; M.Ed, American College of Education; Principal



**Kimberly Emory** BS, Roanoke College; M. Ed, Radford University; DB Geometry, AFDA, Computer Programming  
**Jacob Gruse** BS, Concord College; Economics & Personal Finance, Principles of Business, Leadership; Head Coach Varsity Boys' Basketball; FCA, FBLA  
**Kristen Gruse** BA, The University of North Carolina at Chapel Hill; School Testing Coordinator; FCA  
**Alaina Guerry** BA, Sweet Briar College; MA, University of North Carolina at Greensboro; MA, Hollins University; World History I, VA/US History, VA/US Government



**Terena Hale** BS, Longwood University; MSEd, Virginia Tech; Culinary Arts, Teachers for Tomorrow, Adulting 101; FCCLA, Knightly Grind  
**Jon Hartness** BS, Virginia Tech; Athletic Director  
**Jamie Hays** Career Center  
**Wesley Holdren** BA & MED, Virginia Tech; English 9 & 10



**Anna Hollins** Guidance Secretary  
**Mark Hough** BA, Radford University; Earth Science; Tennis, FCA  
**Valeh Houshiar** BA, Visual Arts; Instructional Assistant  
**Anne Houston** BA, Longwood University; MA, Hollins University; Biology, Anatomy; Key Club





West Hubbard BA, Hampden-Sydney College; MA, University of North Carolina at Charlotte; MAT, Hollins University; Psychology/Sociology, AP Psychology, DE VA/US History  
 Ethan Humphries BS, Roanoke College; MED, Liberty University; School Counselor  
 Michelle Hunter RN, Fanshawe College; School Nurse  
 Nicholas Iademarco BA & MEd, George Mason University; World History II, Adv. World History II; Golf



Marley James BS, Radford University; MS, Texas A&M University; Health and Physical Education 9 & 10; Swimming & Diving, CSMS Cheer  
 Rebekah Johnson BA, Virginia Tech; French I-IV, AP; French Club  
 Patrick Kemp BA, Virginia Tech; Algebra I DB, Computer Math  
 Karly Knight BS, Liberty University; Geometry; JV Softball; Help Save the Next Girl



Carly Lee BS Longwood University; MED, Mary Baldwin; Biology  
 Nick Leftwich BA, UVA-Wise; Health & PE 9, Strength Training; Head Coach Football  
 Amy Leonard BS, East Tennessee State University; MAT, College of Charleston; MEd, UVA; English 11, AFDA; Help Save the Next Girl  
 Katie Lineback BA, Radford University; Biology, World Geography; Competition & Sideline Cheer



Ricky Lonker BA, Emory & Henry; Art, Computer Graphics, Digital Photography; Baseball, Football  
 Tommy Maguire BS, Radford University; Health I & II, Driver Education, First Aid; Cross Country & Track/Field  
 Doreen Malcolm BSBA, Youngstown State University; Administrative Assistant  
 Sheryl Martino



Elizabeth Mayer BA, Salem College; English 12; Debate, NEHS  
 Megan McDonagh BS, Radford University; MS, Capella University; English 11  
 Tori Meador BA, Roanoke College; Instructional Assistant, FAACTS  
 Lisa Miko BA, Radford University; Instructional Assistant, FAACTS



Freeman Nester BS, Concord University; Algebra 1, Algebra 1 DB  
 Courtney Noell Instructional Assistant  
 Cathy Parker BS, S.U.N.Y Fredonia; MS, Radford University; Special Education Coordinator  
 Charles Parker BS, Virginia Intermont College; MS, Radford University; Assistant Principal



Amy Perkins BA, Lynchburg College; Nutrition and Wellness, Child Development, Adulting 101, FCCLA  
 Ryan Poff BA, Radford University; World Geography, Adv. World History I; Football  
 Kelly Prim  
 Brian Quakenbush BA, East Tennessee State University; MAEd, Virginia Tech; Concert & Symphonic Band, Jazz Band; Marching Band, Pep Band; Tri-M Music Honor Society

Chrystal Shawn BA, James Madison University; MAT, Hollins University; AP/DE English 12, Journalism; NEHS  
 Kelly Shilling BA, Quinnipiac University; MAT, Quinnipiac University; Adv. Algebra II, AP/Dual Calculus AB, AP/Dual Calculus BC; Mu Alpha Theta Math Honor Society  
 Cheryl Shupe BS, Roanoke College; Ecology  
 Colleen Sisinni BS, Monmouth University; MS, Nova Southeastern University; AP Statistics, Algebra I & II; Mu Alpha Theta



William Slawson BS, University of Central Florida; MA, Hollins University; Personal Finance & Economics, Accounting, Cyber Security; FBLA  
 Paul Soucie BS & MEd, University of Nebraska at Lincoln; Engineering, Architecture, Design & Fabrication, Electronics, Digital Photography, Video Production; Archery  
 Edward Spruell BA, Elon University; MA, Hollins University; MEd, Radford University; Latin I, II, & III  
 Dolores Stevens BA, Metropolitan State College of Denver; MA, University of Northern Colorado; English 9, Applied Developmental Reading



Bradley Stump BA, Bluefield College; MAT, Liberty University; Mixed Choir, Chorale, Vocal Ensemble; Knight Knotes, Knights of Harmony  
 John Swartz BS, Roanoke College; Health/PE/Driver's Ed. 10, Advanced Phys. Ed.; Girls' Basketball  
 Lesley Swartz AAS, VWCC; BBA, Roanoke College; MEd, Liberty University  
 Margaret Taylor BS, Roanoke College; MEd, Virginia Tech; AP/DE Chemistry, Adv. Chemistry; SCA



James Tiffany BS, Plymouth State University New Hampshire; MA, Mary Baldwin; FAACTS  
 Hannah Triplet BS, Old Dominion University; MA, Liberty University; Algebra I, Geometry; Freshman Class Sponsor  
 Brittany Turner BS, Southern Wesleyan; MAT, Mary Baldwin; FAACTS; Buddies Club  
 Deidre Turner SUNY Oneonta; BA, Fordham University; MAED, Radford University; Earth Science



Matt Vass School Resource Officer  
 Darlene Walstrum BA, Hollins University; MS, Radford; Precalculus, Adv. Geometry, Geometry  
 Lydia Washington  
 Sarah Weber



Gabriella Weston BSBA, American University; Bookkeeper; Buddies Club  
 Krishna Whited BA, James Madison University; MAT, Hollins University; Spanish II & III  
 Penny Williams BS, Virginia Tech; MEd, Virginia Tech; School Counseling Coordinator & Counselor  
 Kim Wilson BS, Roanoke College; MS, Louisiana Tech University; Biology, Ecology; Junior Class Sponsor



# MAKING

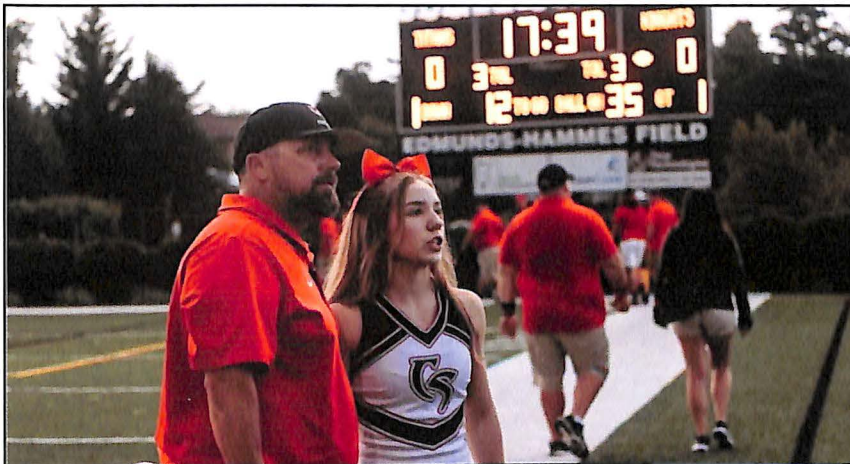
# IT WORK



In her new role as an instructional technology resource teacher (ITRT), Mrs. Julie Wright loves that she gets to work with students, teachers, counselors and administration. She works with all things technology, troubleshooting, ActivPanels and software. Wright enjoys that it is fast-paced job and that she never does the same thing in a day. She can often be found in classrooms, teaching students and teachers alike how to use different software like Webex, Canva, Microsoft Office and Adobe. "My

personality is one that gets bored really easily. With this job, I'm able to go from one thing to a completely different thing constantly, which brings me energy and life," Wright said. Wright feels as though this job brought out her strengths. One of her favorite things about her new role is that she gets to help people out all the time. She loves being able to assist teachers that are stressed and need some guidance getting things done that are overwhelming them.

*copy by a. legault photo by t. hopkins*



# FOOTBALL

## RECORD: 6-5

Hidden Valley	37-0
Northside	30-0
Glenvar	3-10
Alleghany	34-7
Pulaski	12-2
William Byrd	0-35
Patrick Henry	34-28
Salem	7-42
Christiansburg	14-24
Blacksburg	41-10
Bassett	28-34



**Front Row:** Carter Jeffords, Jackson Matthews, Deshawn Johnson, Tyler Poff, Caleb Grider, Landon Altizer, Ayden Babich, Jaythan Crockett and Cole Lester. **Second Row:** Amaurien Tolliver, Michael Ray, Owen Sweeney, Camerohn Parker, Preston Lonker, Ronald Gromada, Matthew Bradley, Braden Gromada, Reece Tibey, Mason Hazelwood, Kameron Gerald and Rhett Womack. **Third Row:** Ethan Richards, William Amos, Joseph Lee, Colton Difloure, Martin Hays, Carter Matthews, Nathan Rhodes, Jackson Steffen, Andrew Browning, Briggs Smithson, Evan Ondrus, Thomas Wasily, Julian Rodriguez and Oliver Layell. **Fourth Row:** Kevante John, Shawn Turner, Camden Wilson, West Wingate, James Murphy, Hunter Wasily, Tyler Harrison, Sheldon Smith, Joseph Farwell, Garrett Lonker, Cooper Hodson, Seldin Lugonjic, Joshua Blankenship and Brock Ward. **Back Row:** Coach James Murphy, Coach Chris Askew, Coach Tim Roberts, Coach Ricky Lonker, Coach Nick Leftwich, Coach Jeff Leftwich, Coach Ryan Poff, Coach Landon Dermott and Athletic Trainer Danielle Powers.

# MARCHING BAND & COLOR GUARD

## RECORD

### LYNCHBURG CLASSIC

Visual	1st
General Effects	1st
Color Guard	1st
Music	1st
Band	1st

### CELTIC CLASSIC

General Effect	1st
Color Guard	1st
Percussion	2nd
Band	3rd

### BLUE RIDGE FESTIVAL

Marching	1st
General Effects	1st
Percussion	2nd
Color Guard	1st
Music	1st

### DRUMS ALONG THE BLUE RIDGE

Color Guard	2nd
Visual	2nd
GE Music	2nd
Music	3rd
Percussion	4th



**Drum Majors:** Hailey Lipscomb and Devin Perdue. **Saxophones:** Elijah Bills, Andrew Sprouse, Tyler Cooper, Katelyn Hinchy, Jack McNeil, Jesse Pace and King-Solomon Evans. **Clarinets:** Jared Hollins, Nathan Sprouse, Quinn Schillen, Austin Price and Nafisah Izzat. **Trumpets:** Jillian Holt, Santiago Rodriguez, Aadesh Mital, Saharsh Vadapalli, Julie Danco, Aaron Walters, Mary Smith, Sarah Schallon, Elizabeth Hutchens and Nate Sykes. **Mellophones:** Robert Loveless and Aidyn Alexander. **Flutes:** Cameron Hagggett, Brianna Schaad, Syriah Bousquet, Christian Hernandez and Georgia Bills. **Pit and Percussion:** Dominick Ostrander, Nathan Bulla, Evelyn Anderson, Malachi Lee, Noah Pickelsimer, Brandon Latchman, Josh Ebacha, Gage Allran, Matthew Young, Diago Rodriguez, Alejandro Rodriguez, Kenneth Walters and Parker Lankford. **Low Brass:** Jack Purnell, William Drake, Chase Hunter, Daniel Han, Andrew Quakenbush, Noah Svirsky, Jordan Newman, Shanyu Vadapalli, Christian Estrada and Connor George. **Color Guard:** Paige Walters, Ayden Sauer, Adrienne Morris, Rose Berry, Gabby Overstreet, Heather Perdue, Luciana Covati, Claire Holton, Samantha Byers, Ella Ratliff and Alana Price.

# GOLF



**Front Row:** Mason Henritze, Rio Rupert, Nate Faulkner, Walker Tull, William Sloane and Tristan Black. **Middle Row:** Coach Andy Henritze, Kendall West, Owen Bright, Andrew Harder, Damien Carreon, Thomas Boehling, Lindsay Slawson and Coach Earl Henritze. **Back Row:** Coach Nicholas Iademarco, Benjamin Fradette, Grayson Athey, Ethan Jones, Logan Turner, Drake Davis and Coach James Kasza.

## RECORD

Patrick Henry	322
Salem	309
Christiansburg	313
Cave Spring	316

# CROSS COUNTRY



**Front Row:** Lauren Hoffman, Rose Boch, Peyton Sloane, Elise Grieme, Delaney Smith, Sarah Allder and Jordan Wetzel. **Middle Row:** Marley Jackson, Elise Moseley, Emma Falatic, Parker Bell, Asher Hale, Noah Wright, Chase Whited, Lauren Niday, Gabrielle Holohan and Lauren Mather. **Back Row:** Brandon Cronise, Jacob Shorter, Thomas Loschner, Mitchell Keller, Lukas White, Isaiah Swanson, Cade Gregory, Samuel Light, Ryan Connelly, Cole Binner, Benjamin Bravo and Robert Legault.

## RECORD

GIRLS	
Bengal Clash	3rd
Knights Crossing	25th & 13th
Alleghany	11th & 4th
Eastern Montgomery	3rd
Salem	1st
Milestate	16th
Metro	4th
Region D	3rd
State 3A Championship	12th
BOYS	
Bengal Clash	3rd & 1st
Knights Crossing	19th & 11th
Alleghany	2nd & 2nd
Eastern Montgomery	5th & 2nd
Salem	2nd & 4th
Milestate	4th
Metro	2nd
Region D	3rd
State 3A Championship	8th

# VARSITY SIDELINE CHEER



**Front Row:** Haylie Adams, Karley Gaylor and Taylor Cox. **Middle Row:** Amalia Midkiff, Isabella Bonhotel, Amber Mullins, Maggie Fields, Graelyn Askew, Catrena Graham and Brooke Majors. **Back Row:** McKenna Poe, Taylor Foster, Hannah Conner, Eliza Dmochowski, Raegan Shively, Daniela Dinsmore, Hannah Vitolo and Sarah Cleveland.

# JV SIDELINE CHEER



**Front Row:** Berkley Tew, Ava Livingston, Emery Weld and Isabella Durica. **Back Row:** Kami Hallet, Gabrielle Miller, Alijah Reeves, Alaina Pendry and Isabella Greco.



# COMPETITION CHEER



**Front Row:** Graelyn Askew, Amber Mullins, Haylie Adams, Maggie Fields, Karley Gaylor and Taylor Cox. **Back Row:** Amalia Midkiff, Kami Hallet, Alijah Reeves, Isabella Durica, McKenna Poe, Brooke Majors, Gabrielle Miller, Hannah Conner, Raegan Shively, Berkley Tew, Ava Livingston, Emery Weld, Alaina Pendry and Catrena Graham.

## RECORD

<b>Northside</b>	<b>1st</b>
<b>Broadway</b>	
<b>Invitational</b>	<b>1st</b>
<b>Pulaski Cougar</b>	
<b>Classic</b>	<b>2nd</b>
<b>Brentsville Spirit</b>	
<b>Explosion</b>	<b>1st</b>
<b>Regionals</b>	<b>1st</b>
<b>States</b>	<b>3rd</b>

# VARSITY VOLLEYBALL



**Front Row:** Katherine Carroll, Peyton Stepka, Ava Amos, Kensington Reynolds, Elle Williams and Abigail McNamara. **Back Row:** Cacy Caldwell, Madilynn Seale, Helen Enyart, Avery Bowles and Isabella Cavicchio.

## RECORD: 8-14

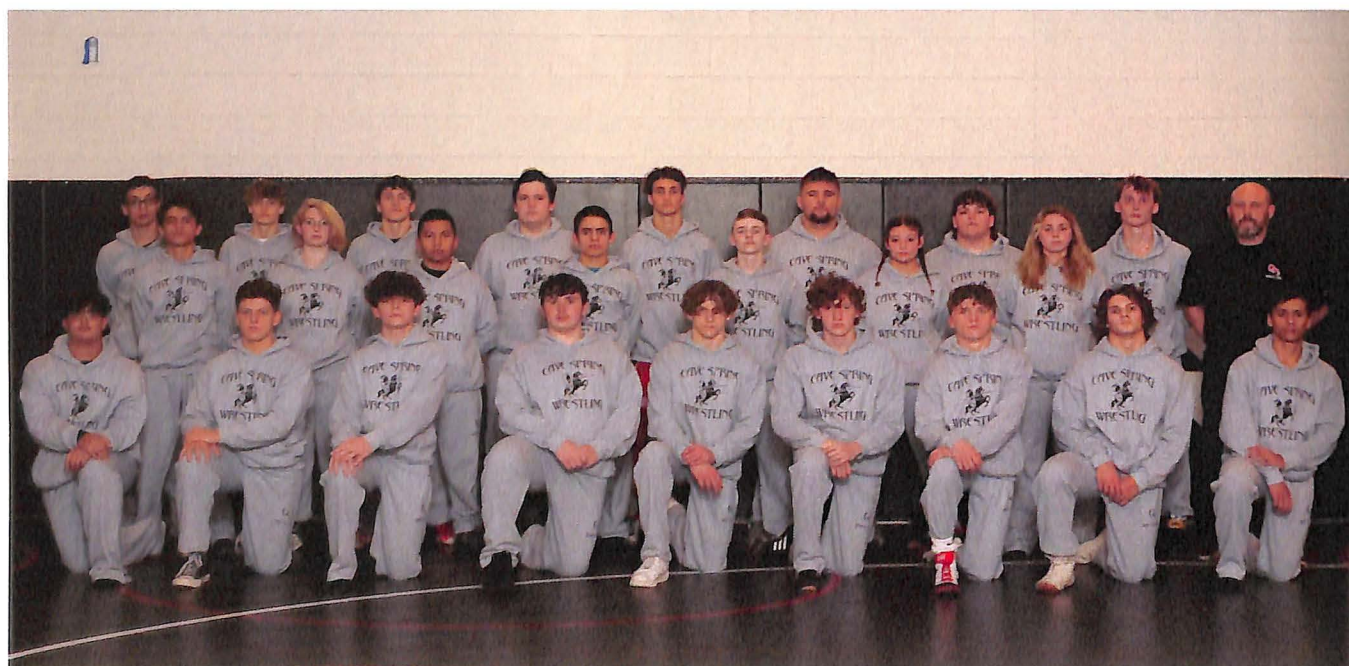
<b>Northside</b>	<b>3-0</b>
<b>William Byrd</b>	<b>0-3</b>
<b>Radford</b>	<b>1-3</b>
<b>Lord Botetourt</b>	<b>1-3</b>
<b>Blacksburg</b>	<b>0-3</b>
<b>Northside</b>	<b>3-1</b>
<b>Christiansburg</b>	<b>0-3</b>
<b>Patrick Henry</b>	<b>0-3</b>
<b>Radford</b>	<b>3-1</b>
<b>Salem</b>	<b>3-0</b>
<b>Pulaski</b>	<b>3-0</b>
<b>Hidden Valley</b>	<b>0-3</b>
<b>Lord Botetourt</b>	<b>1-3</b>
<b>Blacksburg</b>	<b>0-3</b>
<b>Christiansburg</b>	<b>1-3</b>
<b>William Byrd</b>	<b>1-3</b>
<b>Patrick Henry</b>	<b>0-3</b>
<b>Salem</b>	<b>3-0</b>
<b>Pulaski</b>	<b>3-1</b>
<b>Hidden Valley</b>	<b>0-3</b>
<b>William Byrd</b>	<b>3-0</b>
<b>Tunstall</b>	<b>0-3</b>

# JV VOLLEYBALL



**Front Row:** Ripley Hunter, Abigail Bradberry, Jayden Eanes, Karly Bardales and Caitlyn Karnes. **Back Row:** Amelia Vannoy, Mackenzie Miller, Maggie Simmons, Macy Holthouser, Ella Light, Madalyn Shively and Hannah Myers.

# WRESTLING



**Front Row:** Julian Rodriguez, West Wingate, Gabriel Kirk, Jason Boswell, Kalek Wagner, Isaac Christley, Joshua Blankenship, Davis Henritze and Joshua Terstegen. **Middle Row:** Nathaniel Muncy, Mary Smith, Brian Morales, Nicholas Hoefner, Jonathan Wilson, Cecilia Alouf, Alannah Vest and Coach Mike Noell. **Back Row:** Caleb Terstegen, Zachary Cannady, Ronald Gromada, Liam Deavers, Braden Gromada, Preston Lonker, Hunter Wasily and Brandon Noell.

# VARSITY BOYS' BASKETBALL



**Front Row:** Camerohn Parker, Graham Lilley, Richard Bryant and Jasean Robinson. **Middle Row:** Rian Patel, Coach Bill Turner, Coach Bert Sparks, Coach Jacob Gruse, Coach Greg Mackey, Coach Charlie Urgo and Coach Robert Stoots. **Back Row:** Deshawn Washington, Stark Jones, Ethan Jones, Kameron Tinsley, Dylan Saunders, Carter Cornett, Andrew Enyart and Charlie Parker.

## RECORD 23-6

William Byrd	62-24
William Byrd	61-55
Northside	38-57
Blacksburg	77-36
Independence	70-59
Christiansburg	66-19
St. Albans	64-53
Broadway	60-45
Jefferson Forest	66-39
Patrick Henry	61-63
Salem	55-43
Spotswood	55-45
Pulaski	84-36
Hidden Valley	75-52
Northside	64-72
Blacksburg	59-32
Christiansburg	81-41
Patrick Henry	41-69
Salem	65-36
Pulaski	67-35
Liberty Christian	70-45
Hidden Valley	74-51
Blacksburg	52-32
Patrick Henry	62-71
Bassett	77-49
Tunstall	70-58
Northside	65-60
Staunton	58-30
Northside	52-58

# JV BOYS' BASKETBALL



**Front Row:** Toby Massengill, Riley James and Christopher Lothes. **Middle Row:** Shawn Turner, Landon Bishop, Vernal Holbrook, Kaleb Humerickhouse and William Underwood. **Back Row:** Mitchell Kennedy, Jack Mulkey, Hassane Doucoure, Daniel Mannon, Carter Matthews and Coach Charlie Urgo.

## RECORD 4-10

William Byrd	37-41
William Byrd	41-35
Northside	33-65
Blacksburg	48-57
Christiansburg	29-41
Broadway	50-51
Jefferson Forest	52-50
Patrick Henry	25-34
Salem	42-58
Pulaski	37-53
Hidden Valley	60-46
Northside	39-52
Blacksburg	50-56
Christiansburg	40-38
Patrick Henry	35-45
Salem	58-59
Pulaski	49-35
Hidden Valley	30-45

# VARSITY GIRLS' BASKETBALL

## RECORD 17-8

William Byrd	49-26
Lord Botetourt	45-52
William Byrd	67-41
Lord Botetourt	66-61
Blacksburg	54-45
Christiansburg	60-47
E.C. Glass	71-52
Floyd County	60-48
Staunton River	63-36
Patrick Henry	39-53
Salem	57-37
Floyd County	55-47
Pulaski	21-56
Northside	70-48
Hidden Valley	65-22
Northside	66-46
Blacksburg	66-46
Christiansburg	60-42
Patrick Henry	45-70
Salem	45-54
Pulaski	43-76
Hidden Valley	68-37
Patrick Henry	45-50



Front Row: Danielle Holland, Abby Smith and Katherine Carroll. Middle Row: Coach Millie, Alexis Bennett, Sophie Mills, Ava Hibbs, Olivia Jones and Manager Monica Paige. Back Row: Coach John Swartz, Emma Jones, Rachael Anderson, Madison Coleman and Coach Jessica Ficarro.

# JV GIRLS' BASKETBALL

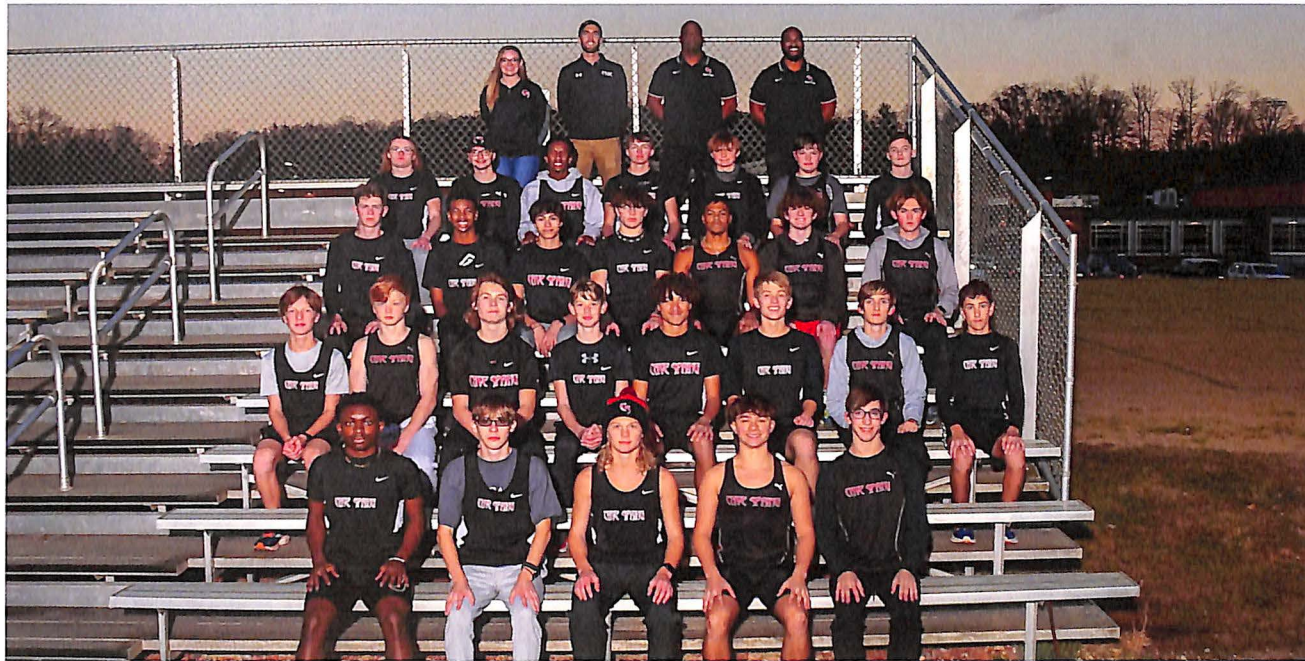
## RECORD 5-14

William Byrd	28-59
Lord Botetourt	18-38
William Byrd	13-47
Lord Botetourt	28-47
Blacksburg	16-49
Christiansburg	24-46
Staunton River	37-22
Salem	17-53
Patrick Henry	25-34
Pulaski	15-51
Northside	24-31
Hidden Valley	42-24
Northside	36-17
Blacksburg	25-42
Christiansburg	22-34
Patrick Henry	33-27
Salem	13-49
Pulaski	20-55
Hidden Valley	34-25



Front Row: Kaleigh Wynne, Kaitlyn Raker, Mia Hylton, Brenen Bayer, Karly Bardales and Rachel Hartman. Back Row: Coach Kim, Ainsley Moseley, Ashlyn Braaten, Maggie Simmons and Remi Lewis.

# BOYS' TRACK AND FIELD



**Front Row:** Benjamin Evans, Jacob Shorter, Noah Wright, Ivan Millan Reyes and Jared Hollins. **Second Row:** Robert Legault, Benjamin Harvard, Parker Harman, Brandon Cronise, James Murphy, Mitchell Keller, Thomas Loschner and Chase Whited. **Third Row:** Jack Purnell, Malachi Lee, Mario Saade, Jackson Steffen, Joseph Ihlenburg, Skyler Royalty'Anderson and Samuel Light. **Back Row:** Logan Angell, Lukas White, Isaiah Swanson, Connor George, Cade Gregory, Elisha Myers and Brock Ward.

# GIRLS' TRACK AND FIELD



**Front Row:** Jordan Wetzel, Sydney Rearick, Aubrey Hertzberg, Grace Comstock, Ava Distefano and Sophia Fueglein. **Second Row:** Delaney Smith, Moyosoluwa Dinakin, Peyton Sloane, Elena D'Elicio, Jayla Cooper, Rose Boch and Samantha Manico. **Third Row:** Lillian Swanson, Kate Horton, Elise Grieme, Isabella Cavicchio, Lauren Mather, Anna Murphy and Siena Iademarco. **Back Row:** Ranah Hassan, Lauren Niday, Gabrielle Holohan, Julie Danco, Hailey Lipscomb, Ella Light and Beatriz Garcia.

# SWIM AND DIVE

## RECORD

### Christiansburg Invitational

Women: 1st

Men: 13th

### All Timesland Invitational

Women: 1st

Men: 5th

### Regionals:

Women: 1st

Men: 3rd

### States

Women: 3rd

Men: 18th



**Front Row:** Ella Vance, Alayna Shelton, Julia Parker, Ava Muzzy, Samuel Robertson, Jenna Williams, Morgan Hennen, Penelope Young, Jillian Holt **Second Row:** Delaney McLaughlin, Zoey Lusk, Thomas Rhodes, Claire Henritze, Jeremy Hudson, Althea Danz, Jackson Matthews, Heidi Thompson, Elizabeth Simkins, Samantha Simkins **Third Row:** Lamis Mahayni, Sophie Coates, Ella Sciullo, Lilah Beamer, Robert Votta, Sebastian Radu, Aurora Averill, Mackenzie Miller, McKenna Yearsley, Lindsay Slawson, Matthew Young **Back Row:** Lauren Grieme, Emma Vitolo, Morgan Davis, Isabella Durica, Nathan Rhodes, Ellyott Holland, Colton Allran, Emma Wohlford, Mearah Deavers, Jillian Sylvester-Johnson, Maya Thompson

# BOYS' TENNIS



**Front Row:** Owen Bright, Anish Suryapeta, Rian Patel, Alpinveer Singh and Dhairya Patel. **Middle Row:** Coach Mark Hough, Carter Kuyper, Javier Millan Reyes, Tanner Hopkins, Brady Kuyper and Coach Sean Hunter. **Back Row:** Ayush Pinnamaraju, Jonathan Bowman and Tirth Patel.

# BOYS' LACROSSE



**Front Row:** Hayes Reger, Cooper Reger and Benjamin Kelley. **Second Row:** Spencer Trivett, Jackson Libassi, Christopher Mcbroom, Carter Jeffords, Graham Lilley, Walker Tull, Samuel Pollard, Graham Kuehl and Aiden Musclemen. **Third Row:** Coach Matt Hogan, Miles Holland, Keaton Prokopchak, Cayden Moorehead, Riley Black, Blake Balzer, Charles Gilroy, Tristan Welly, Jacob Hanson, Jesse Amos, Gabe Averal and Coach Rick Kelley. **Back Row:** Coach Ben Roberts, Coach Charles Gilroy, Cooper Hodson, Mitchell Anderson, Christopher Scott, Charles Winesett, Briggs Smithson, Benjamin Fradette, Logan Turner, Kaden Tune, Dylan Haman, Ryder Compton and Coach Luke Kelley.

# GIRLS' LACROSSE



**Front Row:** Anna Kate Pratt, Eliza Wagner, Lillian Swanson, Kaitlyn Holbrook, Cassidy Egle and Gabrielle Miller. **Middle Row:** Coach Elizabeth Carr, Scarlet Whisnant, Charlotte Harris, Samantha Manico, Bethany Mardian, Morgan Allardi and Coach Lilly O'Brien. **Back Row:** Coach Meredith Ball, Sarah Massengill, Emma Sexton, Helen Enyart, Elise Moseley, Anna Smith, Lily Nash and Coach Tim Pratt.

# BOYS' VARSITY SOCCER



**Front Row:** James Kupidlovsky, Micheal, Hayes, Finnegan Boccieri, Wyatt Smith, Samuel Hoefner, Canaan Fetzer, Noah Wright and Ethan Pontiveros. **Middle Row:** Holden Blanton, Alexander Poe, Dillon Marlowe, Elliot Boehling, Wyatt Hayden, Drew Ermel, Tyler Wright, Wilson Smith and Matthew Chapman. **Third Row:** Martin Hanson, Carter Smith, Johan Serrano-Murillo, Aiden Likens, Jackson Matthews, Avery Smillie and Trevor Ermel. **Back Row:** Coach Durmontt, Coach Owens, Coach Caleb, Coach Hunter and Coach Mackenzie.

# BOYS' JV SOCCER



**Front Row:** Kian Ermel, Carlos Aguilar, Alex Juarez, Benjamin Bravo, Peyton Price, Kevante John, Mateo Hanson, Colin Boccieri and Toby Massengill. **Back Row:** Coach Caleb, Benjamin Harvard, Adam Midkiff, Skyler Royalty'Anderson, Connor George, Oliver Layell, Nate Lawton, Jackson Janney, Jesse Pace, Sanjay Sawh and Coach Hunter.



# GIRLS' VARSITY SOCCER



**Front Row:** Debora Charles, Jillian Holt, Adelaine Legault, Emily Thacker, Ainsley Robertson, Anna Brinkley, Alli Likens, Grace Kielty and Xiomara Ayala-Quiroz. **Back Row:** Mackenzie Harris, Eliza Dmochowski, Jane Beheler, Cacy Caldwell, Neena Whitaker, Gabrielle Holohan, Riley Guzo, Lacey Richardson, Addison Daniels and Claire Henritze

# GIRLS' JV SOCCER



**Front Row:** Debora Charles, Gabby Carnivali, Kaleigh Wynne, Naomi Fetzer, Charlotte Wright, Rory Basil, Sarah Alder and Xiomara Ayala-Quiroz. **Back Row:** Dessa Kesler, Abigail Tozier, Rachel Holohan, Mead Pennylegion, Rylan Poff, Karly Bardales, Madison Kingery and Amelia Stoner.

# VARSITY SOFTBALL



**Front Row:** Kennedy Lange, Magnolia Burden, Tristyn Tofano, Laine Bennett and Sofia Deleon. **Middle Row:** Coach Nick Sharp, Assistant Coach Sierra Cox, Abigail Harrison, Caitlyn Karnes, Alexis Bennett, Abigail Bradberry, Ella Bishop and Coach Scott Sharp. **Back Row:** Coach Issac Peters, Sydney Smith, Riley Young, Sophia Peters, Madilynn Seale and Coach Scott Hodges.

# JV SOFTBALL



**Front Row:** Skylar Uherick, Jayden Eanes, Kendall West, Abby Poff and Alijah Reeves. **Middle Row:** Coach Rachel Riley, Hannah Daniels, Autumn Eckles, Alyssa Cacciatore, Rachel Hartman and Coach Ed Kilbane. **Back Row:** Coach Sarah Earls, Danica Ogle, Madison Steffen, Josilynn Cole and Coach Katie Mullins.

# VARSITY BASEBALL



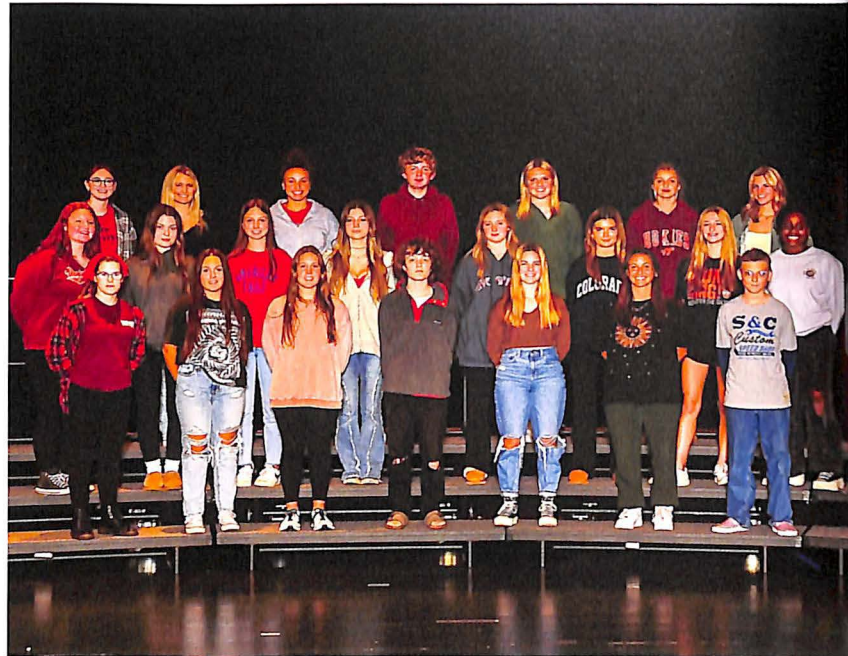
**Front Row:** Adam Cochran, Benjamin Kingery, Cameron Main, Kyle Cook, Owen Sweeney, Michael Witt, Peyton Horsley, Michael Ray and Trey Ludy. **Back Row:** John Chick, Gary Proctor, Victor Skaff, Jacob Mckinney, Jack Urgo, Chase Speller, Tyler Green, Owen Tozier and Mason Hazelwood.

# ACADEMIC TEAM



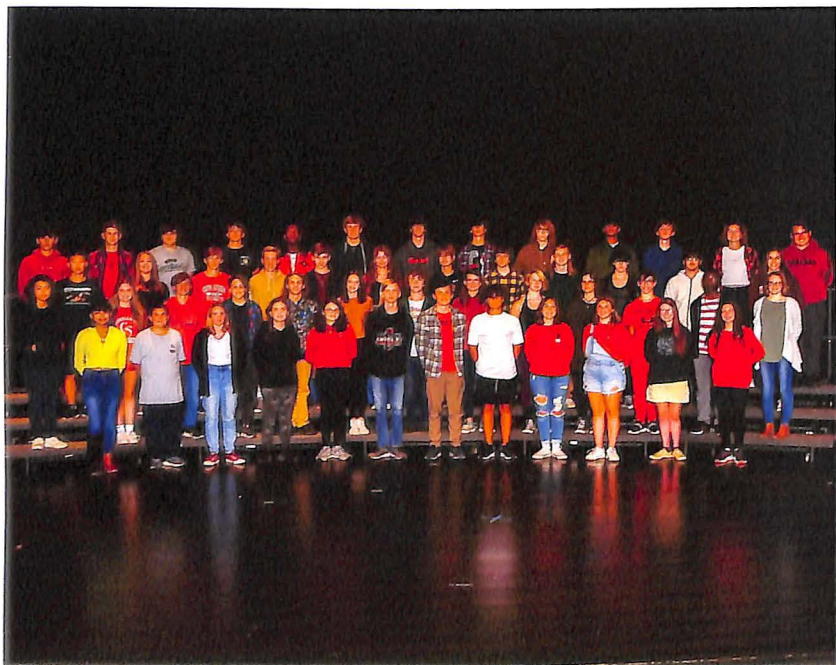
**Front Row:** Heidi Thompson, Sanjana Rajesh and Caroline Haggett. **Middle Row:** Ella Vance, Susan Hanson, Juliana Gabrielson, Sarah Butler, Jeanne-Eugenie Picard and Carson Ray. **Back Row:** Emily Kadolph, Jeremy Hudson, Thomas Rhodes, Mayzie Hanson and Sophia Schumaecker.

# ACCOLADE



**Front Row:** Sydney Rearick, Kayleigh Levering, Siena Iademarco, Ava Giannini, Adelaine LeGault, Samantha Manico and Tanner Hopkins. **Middle Row:** Claire Holton, Carlyn Tribble, Kate Horton, Mary Brooks, Lillian Swanson, Bethany Mardian, Holly Draper and Moyosoluwa Dinakin. **Back Row:** Adviser Laine Brummell, Rylee Mullins, India Cox, Sullivan Knight, Sarah Crawford, Avery Bowles and Emma Sexton.

# BAND - CONCERT



**Front Row :** Sofia Downie, Noah Pickelsimer, Chase Hunter, Kaylin Dalton, Georgia Bills, Kenneth Walters, Elijah Bills, Mateo Hanson, Brianna Schaad, Jillian Holt, Syriah Bousquet and Sarah Schallon. **Second Row:** Anna Murphy, Isabella Durica, Tyler Cooper, Caroline Haggett, Steven Grubb, Samantha Simkins, Noah Svirsky, Aidyn Alexander, Mary Smith, Gisele Crouse, Jared Hollins, King-Solomon Evans and Laine Pennylegion. **Third Row:** Daniel Han, Heather Perdue, Thomas Loschner, Austin Price, Ryan Scott, Julie Danco, Jesse Pace, Russell Tanner, Robert Loveless, Timber Lucius, Christian Hernandez and Isabella Cavicchio. **Back Row:** Santiago Rodriguez, Jack Purnell, Jeremy Hudson, Connor George, Isaiah Swanson, Jackson Matthews, Andrew Quakenbush, William Drake, Thomas Rhodes, Shanyu Vadapalli, Nathaniel Sykes, Hailey Lipscomb and Christian Estrada.

# BAND - JAZZ



**Front Row:** Robert Legault, Evelyn Anderson, Kensington Reynolds and Cavan Robertson. **Back Row:** Thomas Loschner, Samuel Light, Andrew Quakenbush, Ian Era and Ella Light.

# BUDDIES CLUB



**Front Row:** Alexa Carter, Cecilia Alouf, Mary Wissinger and Madilynn Lewis. **Second Row:** Adviser Lisa Miko, Adviser Gabriella Weston, Avery Spurlock, Sophie Weddle, Sydney Smith, Emily Tull and Bailey Duran. **Back Row:** Ryan Roshioru, Megan Miles, Susan Hanson, Ainsley Moseley, Emma Roshioru and Adviser Brittany Turner.

# CHESS CLUB



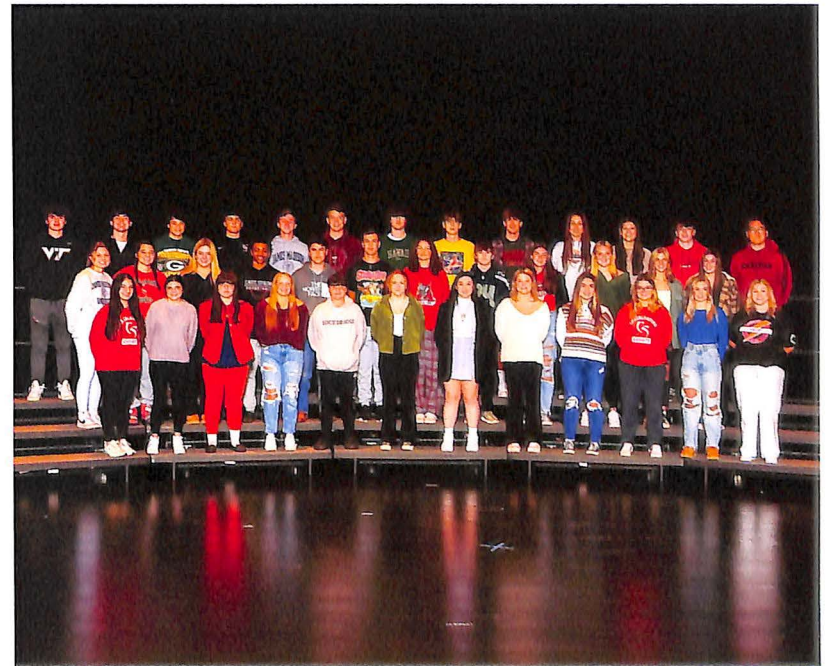
**Front Row:** Adviser William Slawson. **Back Row:** Reagan Basel and Tyler Hamlet.

# CHORALE



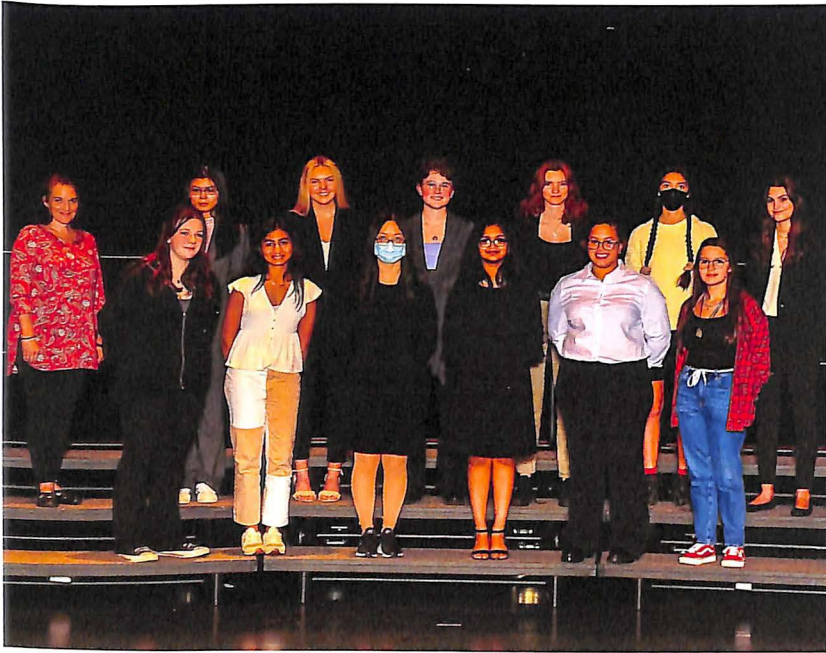
**Front Row:** Erin Sullivan and Isabella Christensen. **Middle Row:** Lilith Leach, Luciana Covati and Ashley Linsenman. **Back Row:** Carly Smith, Aiden Jones-Thomas, Ryan Poe and Riley Reynolds.

# DECA



**Front Row:** Amalia Midkiff, Brooklyn Ferguson, Kathryn Berry, Ella Bishop, Kian Ermel, Maisey Harlow, Carolina Clemmer, Kamryn Jones, Karly Bardales, Maggie Fields, Amelia Beamer and Adviser Kristen Canipe. **Middle Row:** Sarah Kidwell, Lacey Richardson, Amelia Spurlock, Camerohn Parker, Christopher Gentiluomo, Mason Hazelwood, Sophia Peters, Carson Cooper, Emma Falatic, Sarah Crawford, Emma Sexton and Kaitlyn Holbrook. **Back Row:** Tyler Green, Christopher Mcbroom, Edward Sanders, Richard Bryant, Trevor Ermel, Peyton Horsley, Chase Schillinger, Dylan Haman, Charles Winesett, Jenna Sesler, Rachael Anderson, Graham Lilley and Christian Estrada.

# DEBATE TEAM



**Front Row:** Iris Dyer, Diya Reddy, Claire Wei, Sanjana Rajesh, Kyrstin Bratcher Davis and Alana Price. **Back Row:** Adviser Elizabeth Mayer, Christina Su, Emma Roshioru, Sarah Butler, Juliana Gabrielson, Jeanne-Eugenie Picard and Ella Vance.

# ECO CLUB



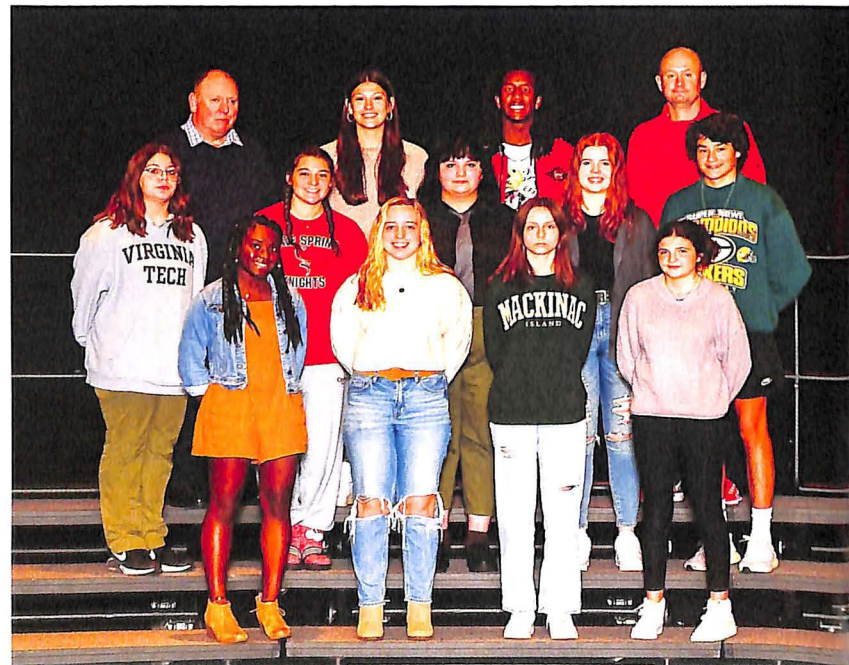
**Front Row:** Mikayla Heslep, Nafisah Izzat, Sydney Sexton, Moyosoluwa Dinakin, Sydney Hassall and Jenna Van Jaarsveld. **Middle Row:** Gisele Crouse, Anvita Panchumarthy, Samuel Light, Kendall Shepherd, Isabella Cavicchio, Finnegan Boccieri and Aidyn Alexander. **Back Row:** Elise Grieme, Thomas Loschner, Isaiah Swanson, Owen Brydges, Hailey Lipscomb and Julie Danco.

# EDUCATORS RISING



**Front Row:** Annaliese Roragen and Steven Grubb. **Back Row:** Adviser Terena Hale, Madilynn Seale and Sydney Smith.

# FUTURE BUSINESS LEADERS OF AMERICA



**Front Row:** Aubrey Hertzberg, Abby Smith, Laura Tanner and Brooklyn Ferguson. **Middle Row:** Makenzie Metko, Lacey Richardson, Sage Smith, Carlie Coleman and Edward Sanders. **Back Row:** Adviser William Slawson, Rachael Anderson, Isaiah Swanson and Adviser Jacob Gruse.

## FELLOWSHIP OF CHRISTIAN ATHLETES



**Front Row:** Adviser Mark Hough, Reagan Basel, Asher Hale, Mackenzie Harris, James Kupidlovsky, Lacey Richardson, Samantha Simkins, Owen Bright, Elizabeth Simkins, Aubrey Hertzberg, Helen Barrow and Jordan Wetzel. **Middle Row:** Graham Lilley, Riley James, Graham Kuehl, Carson Cooper, Cooper Reger, Mario Saade, Jack Purnell, Cooper Hodson, Ethan Richards, Sarah Massengill, Shawn Turner, Tyler Harrison, Christopher Lothes and Adviser Kristen Gruse. **Back Row:** Adviser Jacob Gruse, Oliver Layell, Richard Bryant, Charlie Parker, Peyton Horsley, Daniel Mannon, Dylan Saunders, Carter Cornett, Briggs Smithson, Ethan Jones, Deshawn Washington, Joseph Ihlenburg and Lukas White.

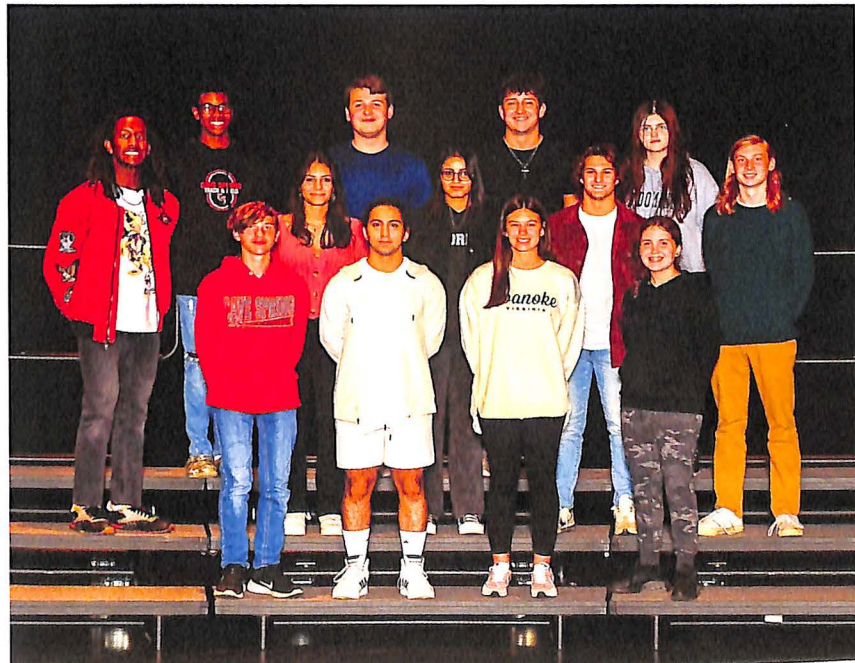
## FCCLA

FAMILY, CAREER AND COMMUNITY LEADERS OF AMERICA



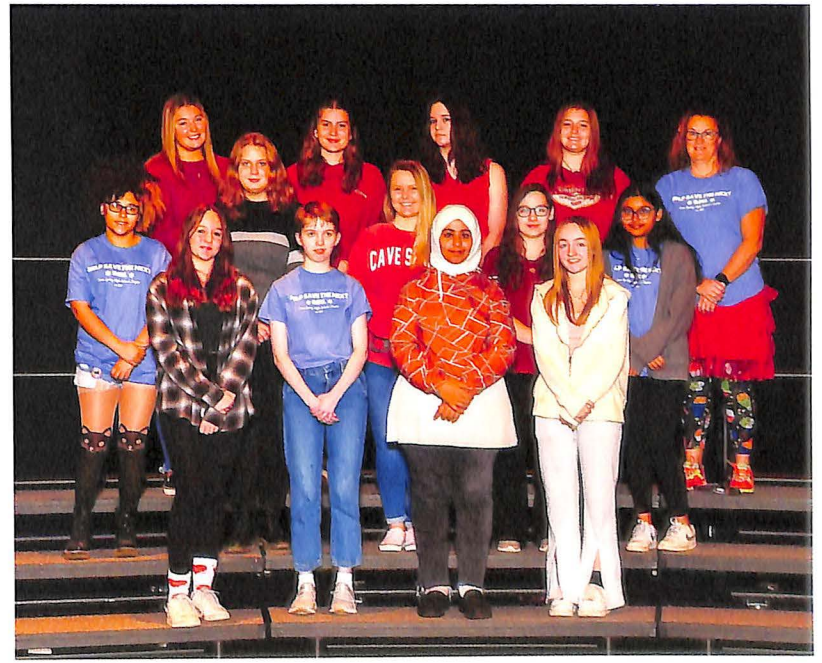
**Front Row:** Adviser Terena Hale, Gabriella Cochran, Sarah Cleveland, Aubri Hodges, Grace Kielty, Grace Caudill, Dhyana Vithalani and Adviser Amy Perkins. **Second Row:** Autumn Eckles, Rowan Boone, Abigail Harrison, Makenna Yopp, Kylie White, Nuela Mebratu, Ayat Al'Ghuri, Alexis Cook, Jayden Eanes, Jordyn Shaywitz, Skylar Uherick, Ella Bishop and Caitlyn Karnes. **Third Row:** Chloe Mays, Madison Palmer, Abby Beamer, Riley Guzo, Kennedy Lange, Amelia Vannoy, Beatriz Garcia, Sydney Smith, Elle Williams, Addison Daniels, Katelynne Bratcher Davis and Josera Redman. **Back Row:** Megan Miles, Camerohn Parker, Jennah Mayberry, Susan Hanson, Rossi Wolfe, Sheldon Smith, Charlie Parker, Sarah Crawford, Seldin Lugonjic, Madilynn Seale, Brooke Appleyard, Parker Basham and Zoey Lusk.

## FRENCH CLUB



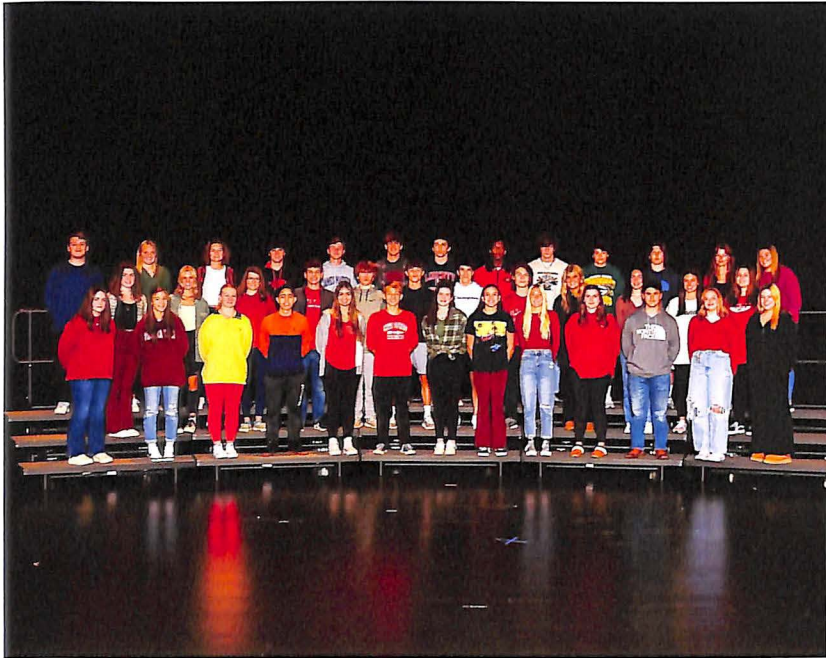
**Front Row:** Tyler Cooper, Borna Bakht, Laine Bennett and Kaylin Dalton. **Middle Row:** Isaiah Swanson, Maribel Saade, Ayat Al'Ghuri, Davis Henritze and Robert Loveless. **Back Row:** Malachi Lee, William McClellan, Avery Smillie and Megan Miles.

## HELP SAVE THE NEXT GIRL



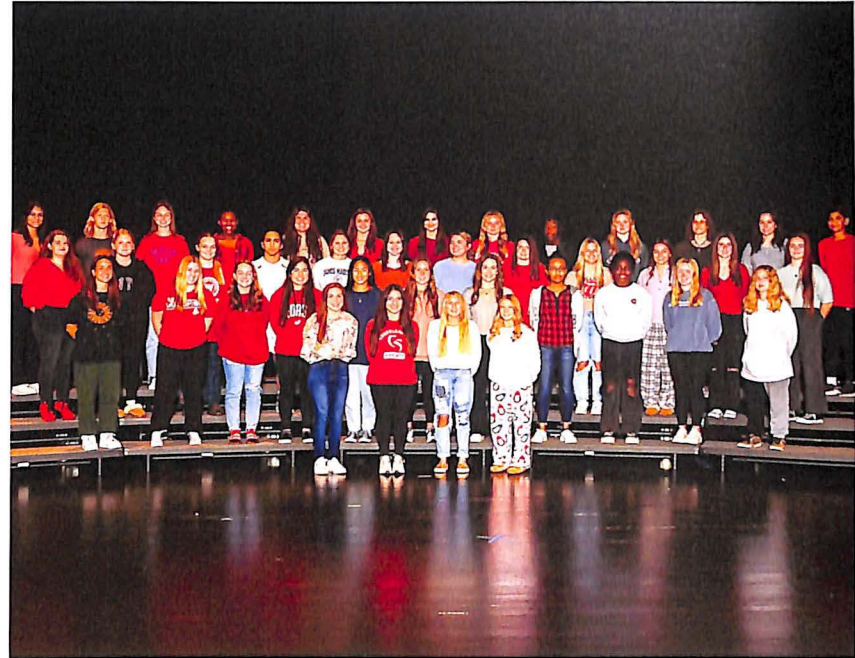
**Front Row:** Raine Sydnor, Parker Shields, Ranah Hassan and Skylar Uherick. **Middle Row:** Aniyah Johnson, Samantha Slocum, Adviser Karly Knight, Reagan Basel and Anushka Mukherjee. **Back Row:** Julia Parker, Tristyn Tofano, Mearah Deavers, Susan Hanson and Adviser Amy Leonard.

# KEY CLUB



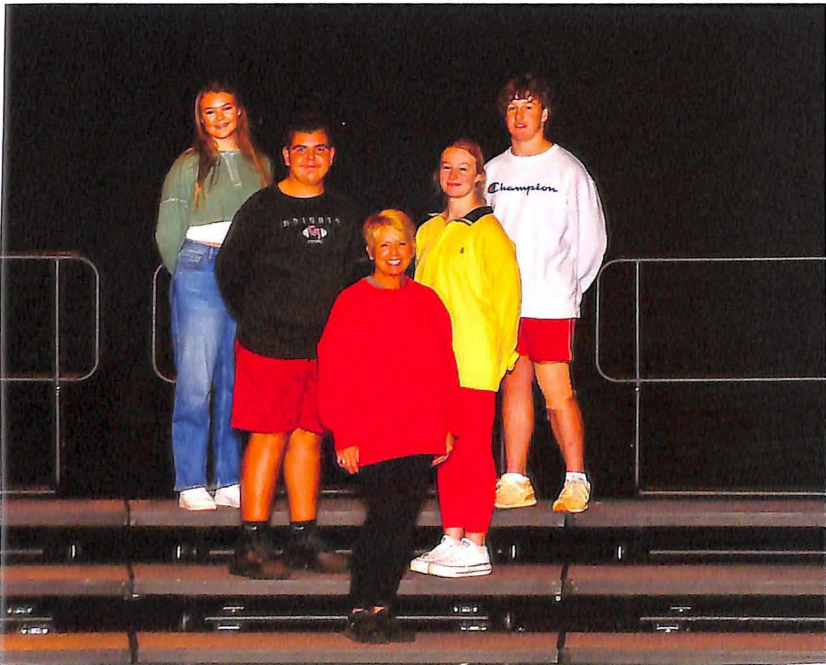
**Front Row:** Kendall Shepherd, Isabella Cavicchio, Sydney Smith, Samuel Hoefner, Beatriz Garcia, Mitchell Keller, Ainsley Moseley, Ella Light, Lauren Niday, Tristyn Tofano, Christopher Gentiluomo, Magnolia Burden and Amelia Spurlock. **Middle Row:** Elise Moseley, Emma Sexton, Aidyn Alexander, Robert Votta, Wyatt Smith, Drew Ermel, Sebastian Radu, Parker Harman, Campbell Cooper, Gabrielle Holohan, Laine Bennett and Susan Hanson. **Back Row:** William McClellan, Sarah Crawford, Hailey Lipscomb, Owen Tozier, Trevor Ermel, Charles Winesett, Ayden Babich, Isaiah Swanson, Owen Brydges, Edward Sanders, Matthew Bradley, Julie Danco and Julia Parker.

# KEY CLUB



**Front Row:** Alexis Jones, Amalia Midkiff, Jordan Wetzal and Sophia Fueglein. **Second Row:** Samantha Manico, Rachel Hartman, Helen Barrow, Katherine Carroll, Rose Boch, Siena Iademarco, Sydney Sexton, Nuela Mebratu, Moyosoluwa Dinakin, Lauren Newbold and Sarah Allder. **Third Row:** Adrienne Morris, Jordyn Shaywitz, Sydney Uherick, Borna Bakhit, Sarah Kidwell, Erin Schallon, Anna Kate Pratt, Delaney McLaughlin, Rowan Boone, Alexandra Mutter, Elise Grieme and Meredith Block. **Back Row:** Maribel Saade, Noah Wright, Kate Horton, Debora Charles, Sarah Massengill, Avery Spurlock, Ella Vance, Sophie Weddle, Tania Lexima, Lillian Swanson, Gisele Crouse, Elle Williams and Rian Patel.

# KNIGHTLY GRIND



**Front Row:** Adviser Terena Hale. **Middle Row:** Seldin Lugonjic and Sydney Smith. **Back Row:** Madilynn Seale and Sheldon Smith.

# KNIGHTLY NEWS



**Front Row:** Reagan Basel and Marina Botrous. **Middle Row:** Alana Price, Aubrey Hertzberg and Mary Wissinger. **Back Row:** Jacob Shorter, Lukas White, Langston Lamour and Lauren Niday.



## KNIGHT NOTES/KNIGHTS OF HARMONY



**Front Row:** Lilith Leach, Kyrstin Bratcher Davis, Laine Pennylegion and Kathryn Simmerson. **Middle Row:** Lynasia Dickerson, Aaron Avery and Piper Walk. **Back Row:** Aiden Jones-Thomas, Cameron Jarczynski, Ryan Poe and William Richardson.

## MIXED CHOIR



**Front Row:** Emma Meadows, Trinity Bates, Kathryn Simmerson, Kierra Martinez, Erin Morris and Kyrstin Bratcher Davis. **Middle Row:** Brooke Havens, Parker Shields, Lynasia Dickerson, Ranah Hassan, Aaron Avery, Piper Walk, Madison McCutcheon and Reagan French. **Back Row:** Grace Crowe, Jackson Jennings, Jolee Hairston, Joshua Bowman, Michael Heffron, Kaylee Wilsher and Kyler Sauer.

## MU ALPHA THETA



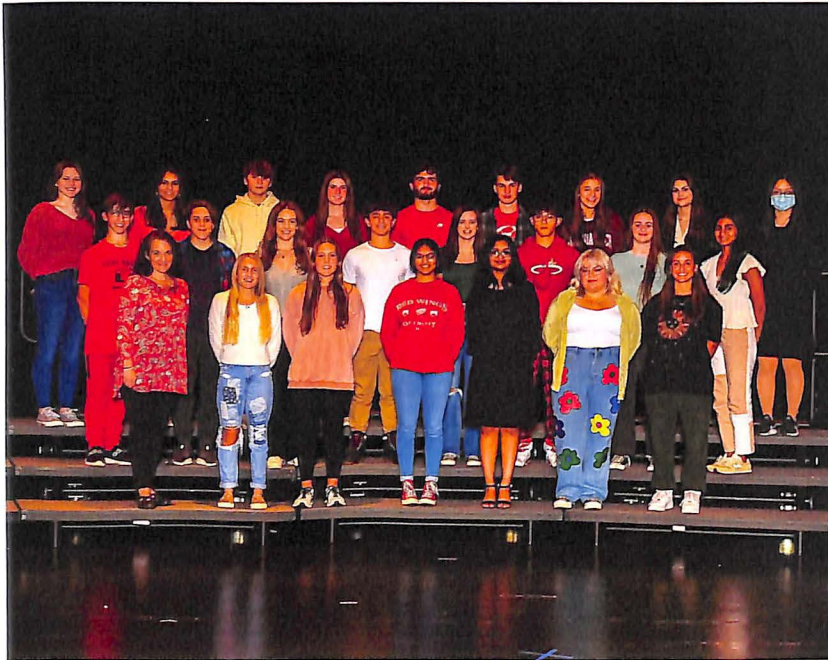
**Front Row:** Jordan Wetzel, Abigail Wissinger, Rose Boch, Katherine Carroll, Brooklyn Ferguson and Lyndsey Tran. **Second Row:** Samantha Manico, Alexandra Mutter, Reva Sawh, Anna Gwinn, Jared Hollins, Elizabeth Simkins, Adrienne Morris, Elle Williams, Abby Smith, Sydney Uherick and Rose Berry. **Third Row:** Erin Schallon, Maribel Saade, Kendall Shepherd, Morgan Hennen, Isabella Cavicchio, Magnolia Burden, Madison Haynes, Lacey Richardson, Lillian Swanson, Elise Grieme, Siena Iademarco and Delaney McLaughlin. **Back Row:** Ella Vance, Kate Horton, Mitchell Keller, Matthew Bradley, Julia Parker, Owen Tozier, Avery Smillie, Isaiah Swanson, Adam Cochran, Holden Blanton, Jenna Williams, Hailey Lipscomb, Gabrielle Holohan and Christina Su.

## NATIONAL ENGLISH HONOR SOCIETY



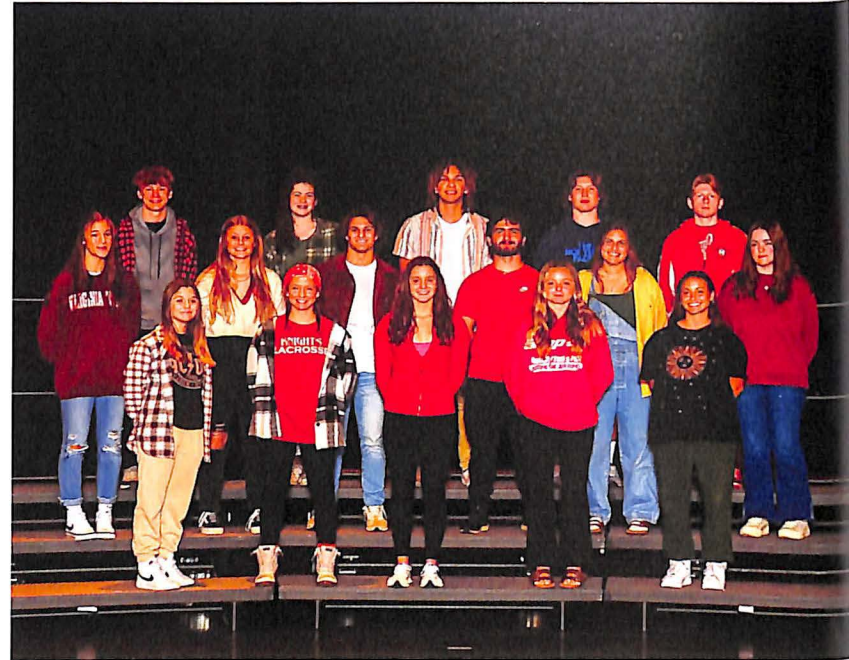
**Front Row:** Adviser Chrystal Shawn, Elle Williams, Lillian Swanson, Christina Su, Sydney Smith, Magnolia Burden and Kendall Shepherd. **Middle Row:** Samuel Hoefner, Campbell Cooper, Hailey Lipscomb, Thomas Loschner, Matthew Bradley, Juliana Gabrielson, Samuel Light, India Cox, Helen Enyart and Kate Horton. **Back Row:** Susan Hanson, Emma Roshioru, Brooke Appleyard, Isaiah Swanson, Carter Smith, Owen Brydges, Holden Blanton, Owen Tozier, Sophia Schumaecker, Mayzie Hanson and Sarah Butler.

## NATIONAL ENGLISH HONOR SOCIETY



**Front Row:** Adviser Elizabeth Mayer, Jordan Wetzell, Siena Iademarco, Reva Sawh, Sanjana Rajesh, Jenna Van Jaarsveld and Samantha Manico. **Middle Row:** Jared Hollins, Caroline Haggett, Sydney Sexton, Ivan Millan Reyes, Elizabeth Simkins, Javier Millan Reyes, Meredith Block and Diya Reddy. **Back Row:** Erin Schallon, Maribel Saade, Mason Sheehy, Elise Grieme, Matthew Chapman, Finnegan Bocchieri, Isabella Cavicchio, Ella Vance and Claire Wei.

## STUDENT COUNCIL ASSOCIATION



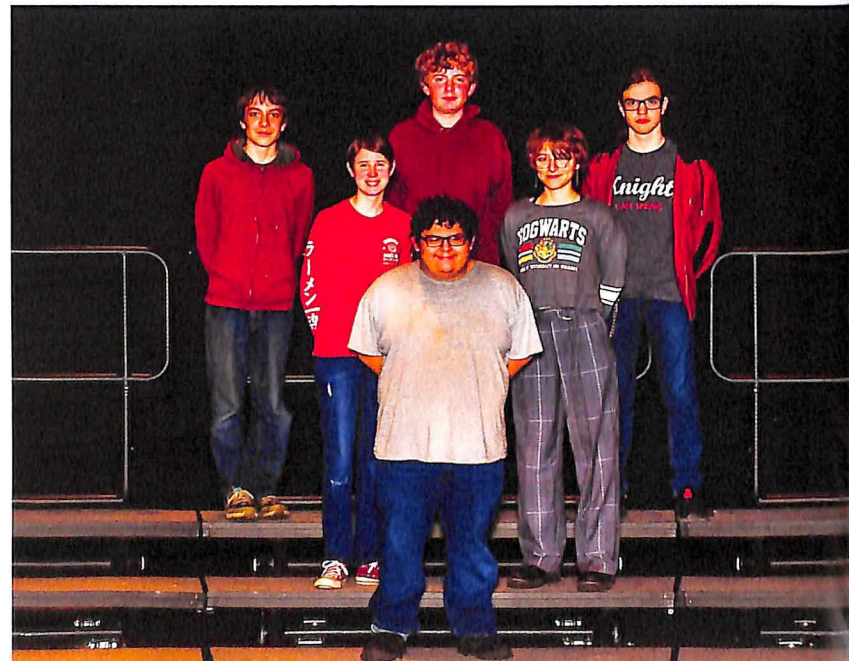
**Front Row:** Rachelle Moran, Charlotte Fetzer, Avery Spurlock, Sophie Weddle and Samantha Manico. **Middle Row:** Isabella Cavicchio, Danica Ogle, Davis Henritze, Matthew Chapman, Claire Henritze and Kendall Shepherd. **Back Row:** Wyatt Hayden, Ainsley Moseley, Carter Smith, Matthew Bradley and Mason Razvillas.

## RHO KAPPA



**Front Row:** Katherine Carroll, Abby Smith and Lyndsey Tran. **Middle Row:** Sydney Sexton, Lacey Richardson, Ella Vance and Maribel Saade. **Back Row:** Juliana Gabrielson, Thomas Rhodes, Jackson Matthews, Holden Blanton and Matthew Chapman.

## ROBOTICS



**Front Row:** Ezequiel Romero. **Middle Row:** Ali Graham and Lilly Milota. **Back Row:** William Phillips, Sullivan Knight and Michael Heffron.

## NATIONAL SPANISH HONOR SOCIETY



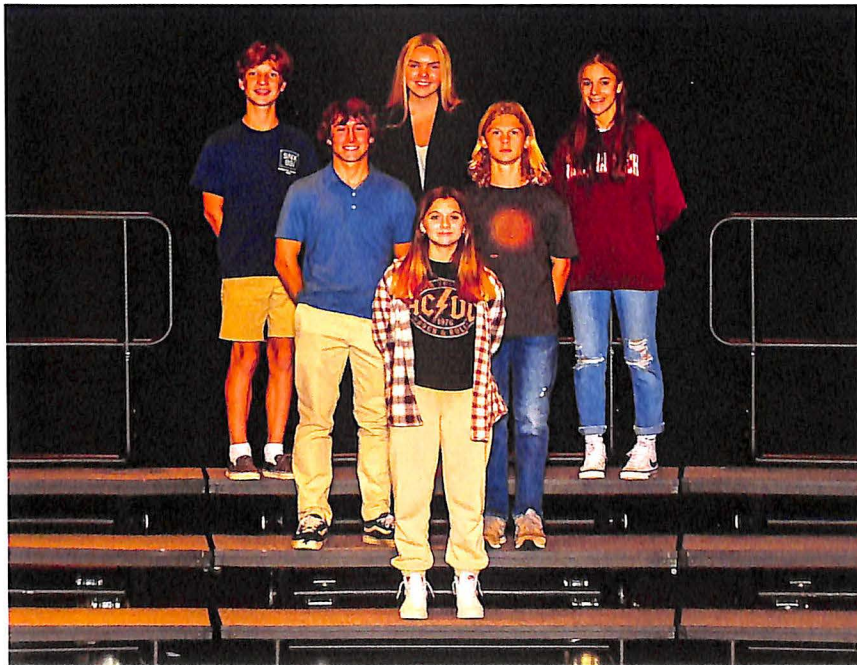
**Front Row:** Brooklyn Ferguson, Samantha Manico, Kathryn Simmerson, Reva Sawh, Abby Smith, Melody Garcia-Vega and Jordan Wetzel. **Middle Row:** Siena Iademarco, Elizabeth Simkins, Elle Williams, Elise Grieme, Kate Horton, Lacey Richardson, Erin Schallon and Jared Hollins. **Back Row:** Ella Vance, Mitchell Keller, Juliana Gabrielson, Edward Sanders, Adam Cochran, Mayzie Hanson, India Cox, Sarah Butler and Susan Hanson.

## SPANISH CLUB



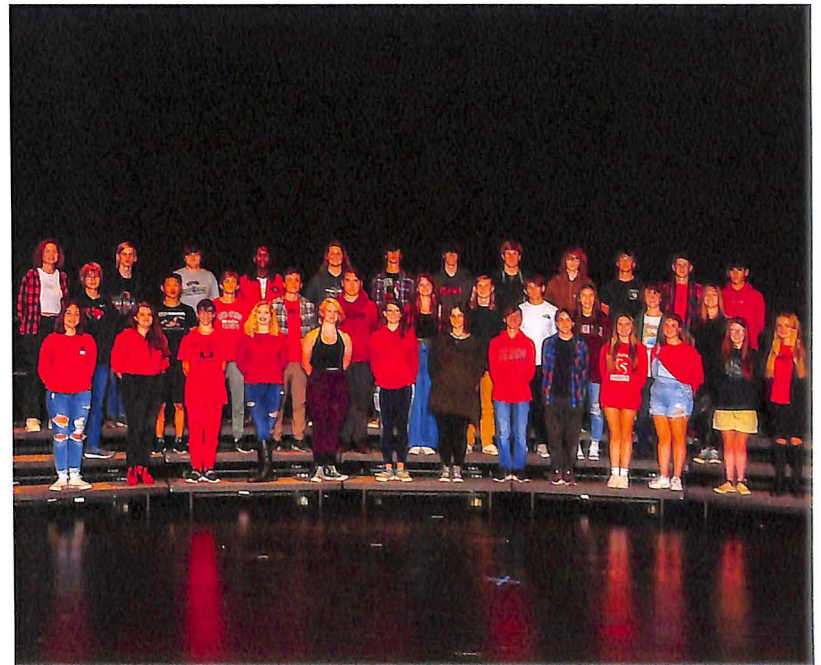
**Front Row:** Sharmila Balaji, Nafisah Izzat, Samantha Manico, Erin Sullivan, Ella Bishop, Meredith Block and Javier Millan Reyes. **Middle Row:** Melody Garcia-Vega, Moyosoluwa Dinakin, Ivan Millan Reyes, Elle Williams, Jared Hollins and Reva Sawh. **Back Row:** Kaitlyn Holbrook, Susan Hanson, Juliana Gabrielson, Mayzie Hanson, India Cox, Sarah Butler and Ryan Scott.

## STUDENT ADVISORY COMMITTEE



**Front Row:** Rachelle Moran. **Middle Row:** Canaan Fetzer and Noah Wright. **Back Row:** Robert Legault, Emma Roshioru and Isabella Cavicchio.

## TRI-M (MUSIC HONOR SOCIETY)



**Front Row:** Brianna Schaad, Adrienne Morris, Jared Hollins, Evelyn Anderson, Mary Smith, Aidyn Alexander, Gisele Crouse, Tyler Cooper, Caroline Haggett, Isabella Durica, Jillian Holt, Syriah Bousquet and Paige Walters. **Middle Row:** Jesse Pace, Daniel Han, Thomas Loschner, Elijah Bills, Christian Estrada, Julie Danco, Robert Loveless, Samuel Light, Isabella Cavicchio, Noah Svirsky and Heather Perdue. **Back Row:** Hailey Lipscomb, Kenneth Walters, Jeremy Hudson, Isaiah Swanson, Jordan Newman, William Drake, Andrew Quakenbush, Jackson Matthews, Thomas Rhodes, Connor George, Jack Purnell and Santiago Rodriguez.

# VOCAL ENSEMBLE



**Front Row:** Piper Walk, Paige Walters and Erin Sullivan. **Middle Row:** Laura Tanner and Ella Vance. **Back Row:** Riley Reynolds, Hannah Kelly and Iris Dyer.

## HEAD *to* HEAD

*What's the difference between debate team and academic team?*

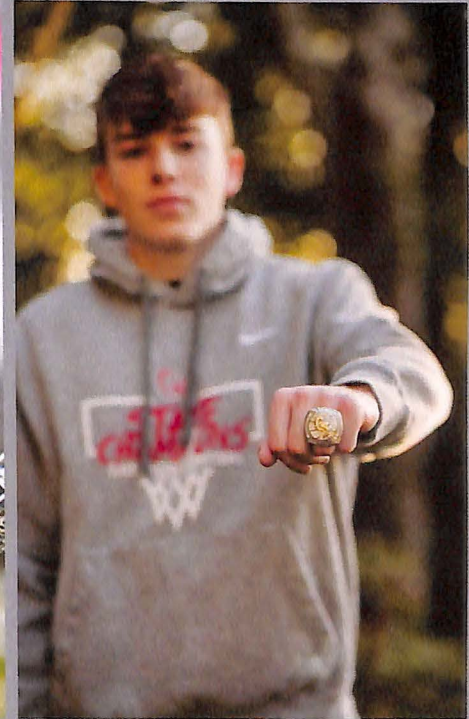


► **Jeanne-Eugenie Picard (9)**, a member of both debate team and academic team, explains what makes each club unique, “Both clubs have really enjoyable competitions and really cool people who all share the same interests. Debate can be a lot more stressful because of the work you have to do to prepare, but it’s also more fun when it pays off,” Picard said, “Academic team is more team-oriented, so it’s not as much individual stress. It’s important to do your best in both, and both are really fun and useful. They’ve both made me a lot more confident, patient and goal-oriented. They have also been improving the quality and speed with which I can come up with verbal answers and replies and will help with future job opportunities.” Both teams had winning seasons, with debate winning their championship on January 21 and academic team winning their championship on January 29. Academic team finished their season at states on February 25 where they placed third. *photo by t. hopkins copy by c. trible*

# Graham Lilley

**We are so blessed that you are part of our family. It is exciting to see the young man that you've become (driven, funny, passionate, kind-hearted, loyal). We can't wait to see what God has in store for you. We love you: Dad, Mom, Addison & Davis**

**"Be strong and courageous. Do not be afraid; do not be discouraged, for the Lord your God will be with you wherever you go." (Joshua 1:9)**





### Efcy Esperas Harvey

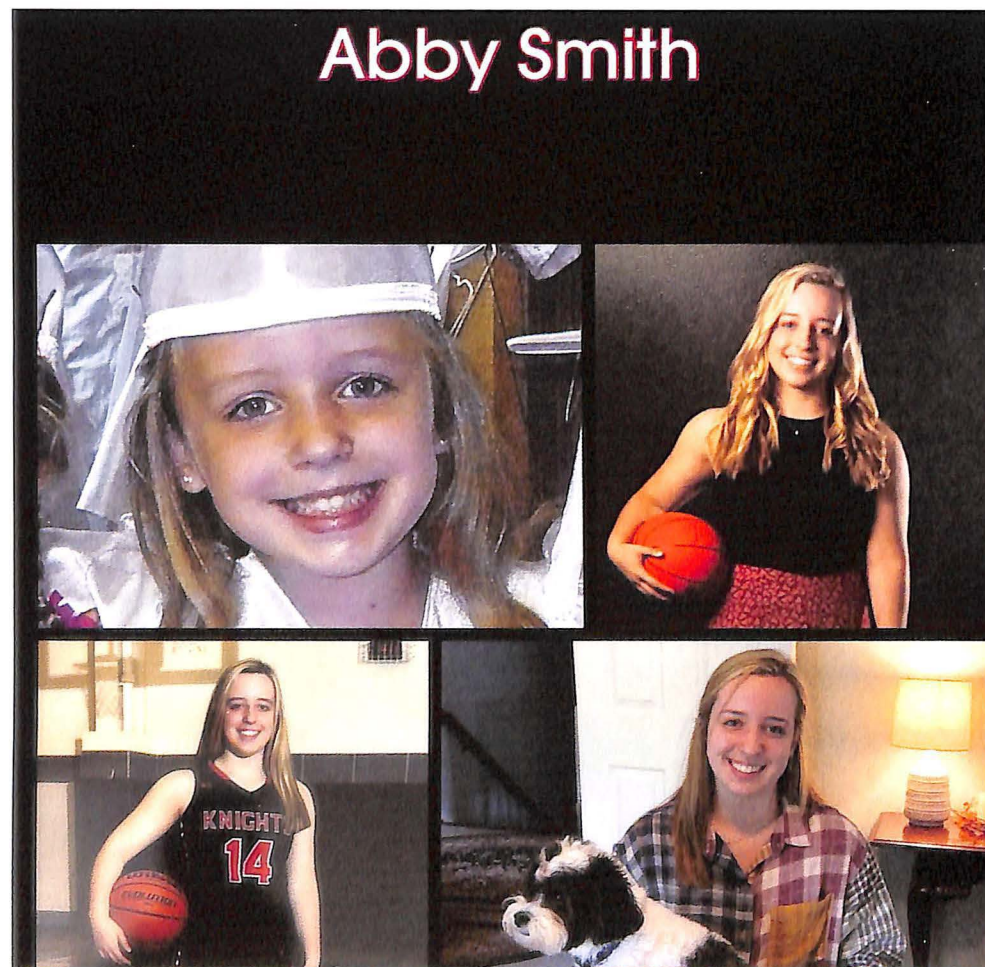
CONGRATS, Kuya! Be proud of how far you've come and keep the faith that you can do more but don't forget to enjoy life's adventures!  
Love, Dad, Mom and Francyn

### Erin Sullivan

We love you so much and we are very proud of you!  
Can't wait to see what the future has in store for you!  
Love,  
Mom, Dad and Katie



### Abby Smith

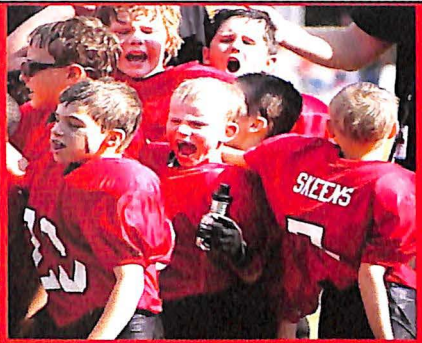
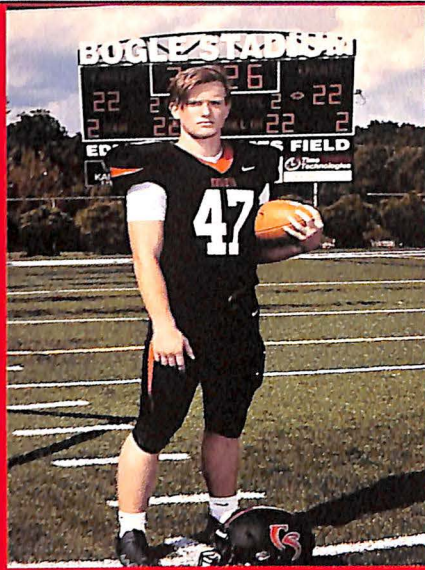


Congratulations! I can't believe how fast time has flown. You have been an angel from day one and have brought so much love and laughter to our family. We are so extremely proud of you and all you have accomplished. You have an amazing future ahead of you.  
We love you so much,  
Mom (David) and Dad

# Sarah Anne Kidwell



*To our daughter, Sarah Anne, we are amazed by all you've accomplished so far and proud of all the hard work you put into everything you do. You deserve everything you desire and we can't wait to witness all you accomplish in your next chapter. Congratulations!  
We love you! Mom, Dad and Richard*



## Tyler Poff

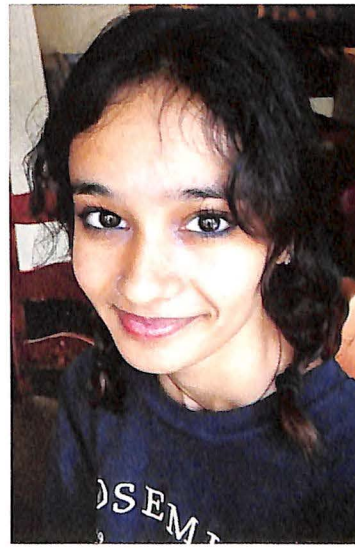
*Senior Year ~ Wow how time has flown!!!*

*We are so proud of the young man you've become & are excited to see what your future holds and the man you'll grow to be. Some of our wishes for you are that you never take a moment for granted, you make the most of any situation-learn from mistakes & celebrate successes-while always staying humble, kind, and true to yourself!*

*We Love You beyond words & are here for you always!*

*Love (your biggest fans)*

*Mom, Dad, & Rylan*



## Priya Mittal

Dear Priya, we are so very proud of you and all you have accomplished. You have worked so hard and you deserve all the success in the world. It has been quite the ride but you managed to navigate all those unprecedented challenges. You're a tough, no-nonsense, yet kind and compassionate young woman and you have a bright future. We all wish you the very best in your next adventures.

With all our love,

Mummy, Papa, Aadesh, and Anisha



## Charlie Winesett

Congratulations!  
We are so proud of you!

Be Bold, Be Courageous, Be  
Your Best.

Always keep that hunger and  
never take life for granted.

Nothing is impossible.

"You have brains in your head.  
You have feet in your shoes.  
You can steer yourself any  
direction you choose. Oh, the  
places you'll go."

We love you - Mom, Dad &  
Sam

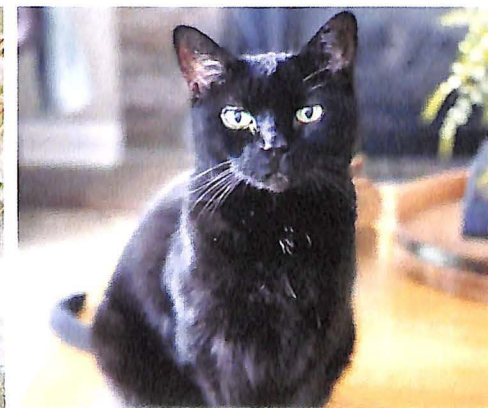
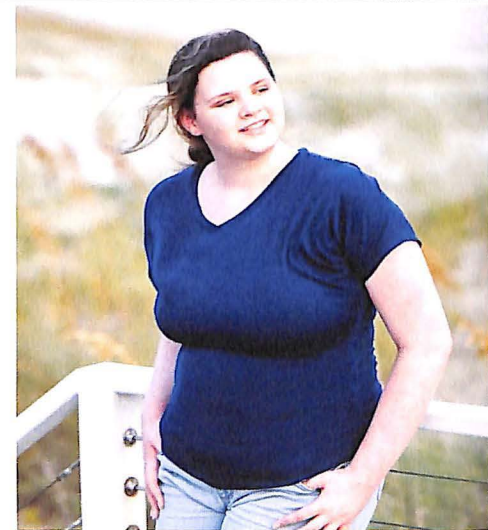


## Emi Kadolph

Behind you, all your memories,  
Before you, all your dreams,  
Around you, all who love you,  
Within you, all you need.

We're so proud of you and  
can't wait to see what you do  
with the next chapter of your life!

Love, Mom, Dad, Lauren, Grace,  
Simon, Jasper & Pepper







## Amelia Blair Spurlock

We've watched in amazement as you've grown into the person you are today and we're watching with great anticipation to see what you become. With your talent and determination, the sky's the limit!

So now it's time for something new and as your biggest fans, we can't wait to see what the future holds.

We love you so much and could not be more proud of you! Keep being sweet, stay fierce and most importantly, stay you. Always look for the Lord direction and your path will be clear. We support and love you always!

Many are the plans in the mind of a man, but it is the purpose of the Lord that will stand.

Proverbs 19:21



## Cane Fetzer

You continue to amaze us with your kind heart and ingenuity. We are so proud of you and can't wait to see the journey the Lord takes you on. You are God's handiwork, created in Christ Jesus to do good works, which God prepared in advance for you to do.

Ephesians 2:10

We love you, Mom, Dad, Liberty, Charly, Naomi and Duke



## Jillian Victoria Holt

Your high school years may have been full of challenges and trying times living through a pandemic, but you handled every moment with bravery and strength. Small but mighty, as you have always been, Jill! Continue to be true to yourself and you can achieve anything you want! We're so incredibly proud of you and know you will do amazing things in your life!

We love you!!

Mom, Dad, and Lucas

## Maggie Forest



*Congratulations, Maggie!*

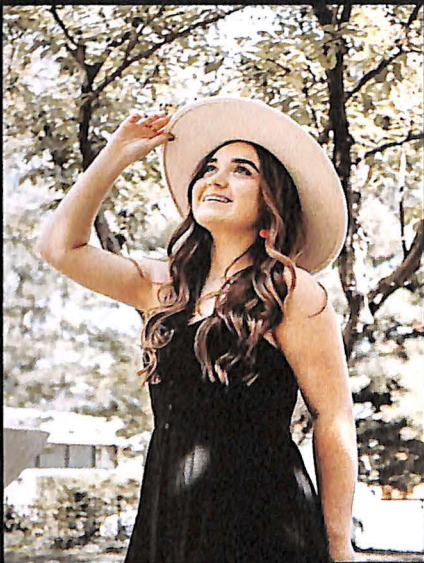
*We are so proud of you! Can't wait to see what the future holds! Love, Mom, Dad, et al.*

*"We're almost there & nowhere near it. All that matters is that we're going!" - Lorelai Gilmore*

# Owen Bright



Congratulations, Owen! We are so proud of and love you so much. Your hard work and dedication has paid off!  
Love,  
Dad, Leslie, Ella & Charlie



## Mikayla Heslep

Our sweet Mikayla,  
We are so proud of the young woman you have become. You have navigated through many obstacles that have made you a strong, courageous, and independent woman. You can achieve whatever you want in life...all you must do is believe that you can! We believe in you!  
Love, Mom and Daddy J



## Fiona R. Thurston

Fiona, we are so incredibly proud of you! You are the most wonderful daughter & big sister! You do everything, from helping with your three brothers & Feebe, to helping corral chickens, the dogs, going to school, & continuing your apprenticeship at the Western Virginia Water Authority. Everyone who meets you always says how fantastic you are. I've always said that God knew what He was doing when He gave you to me first. Also, dad says, "Stay frosty".

## Anna

Congratulations on finishing your Senior Year. We are so proud of you Anna and cannot wait to see what life brings you as an adult.

You make us both so proud of you. You have every opportunity to change the world.

We love you more than you could ever imagine.

Mom  
Dad

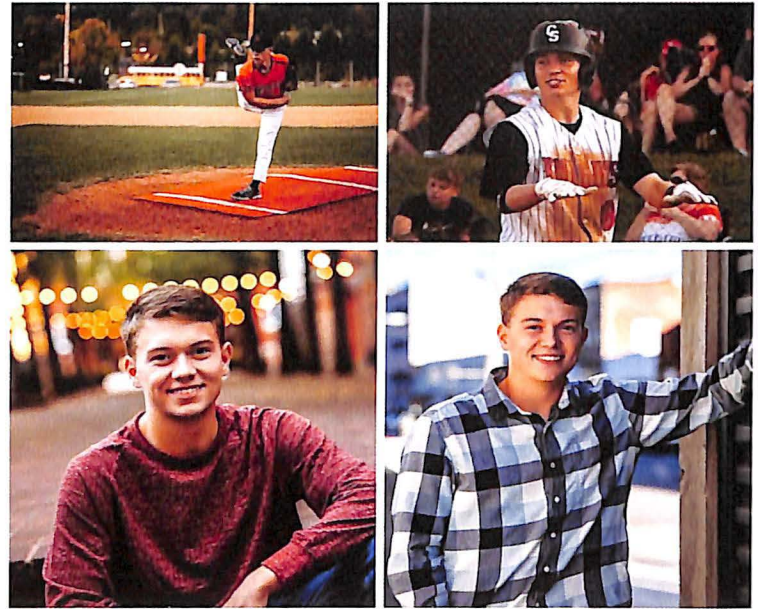


## Peyton Horsley

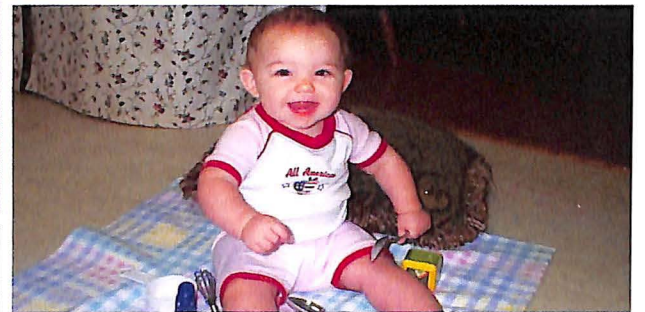
Congratulations to you!

We are so proud of the young man you have become. We are excited to see what the future has in store for you!

Love always,  
Mom & Dad



## Julia Paige Parker



Julia,

We are so proud of the young woman you have become. Your future is wide open and we know you will be able to do anything you set your mind to. You are amazing.

Love, Mom, Dad, and Jack

# Carson Michael Cooper



*Carson, we are so proud of you! Always remember you are braver than you believe, stronger than you seem, smarter than you think, and loved more than you know.*

*Love you, Mom, Richie, and Bryce xoxo*

# Jenna Sesler

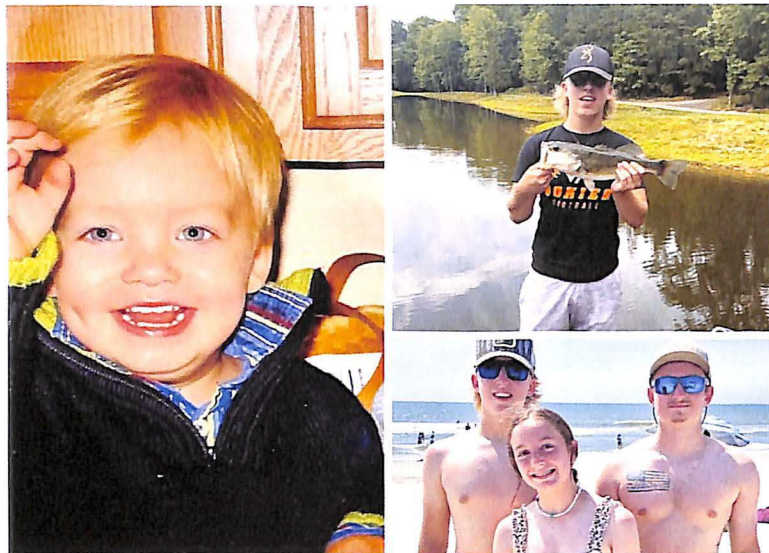
We are so proud of you and cannot wait to see what the future holds. Follow your dreams and enjoy every minute! Love you always, Mom & Dad



# Tyler Green

Congratulations on your Graduation! You were the baby we prayed for and we are so proud of all you have become. We look forward to all the adventures the world has in store for you.

We love you! Mom, Dad, and Alvin



## Bryson Mitchem

Congratulations, Bryson. We are proud of you! It's time to follow your dreams. Now go out and "light" up the world with your smile, kindness, and determination to succeed.

The future is yours.

Love,  
Dad, Mom, Tyler, and Emery

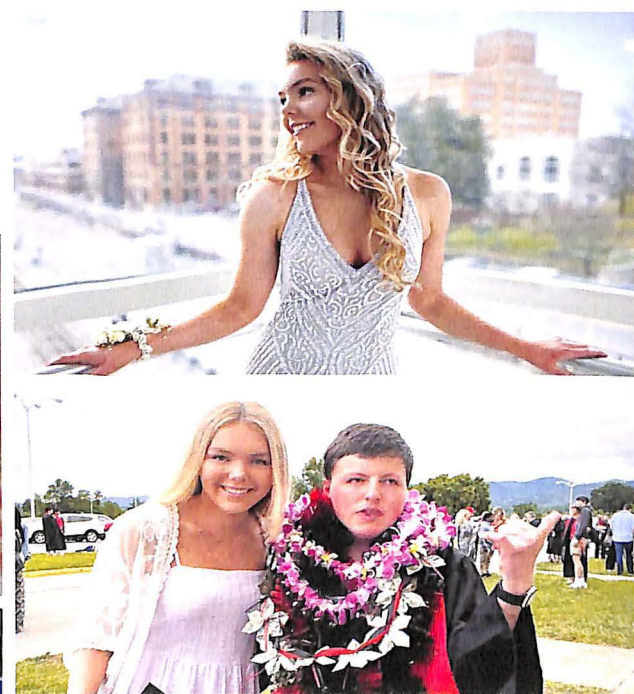
## Ella Vance

*We love you and are incredibly proud of you! Keep following your heart & your dreams and surround yourself with people who love you almost as much as we do.*

*Love, Mom & Dad*



## Emma Roshioru



We are so proud of all of your accomplishments. You have stayed true to yourself and followed your passions.

Keep fighting for the causes which drive you.

Congratulations! We love you so much,  
Mom, Dad and Ryan

# Cameron Main



*Congratulations! Your hard work and perseverance has paid off. Continue to work hard, stay dedicated, and dream big. Look to God in all you do. God shall continue to bless and protect you! We are so proud of you and look forward to what your future brings! Way to go Hollywood!*

# Claire Elizabeth Henritze

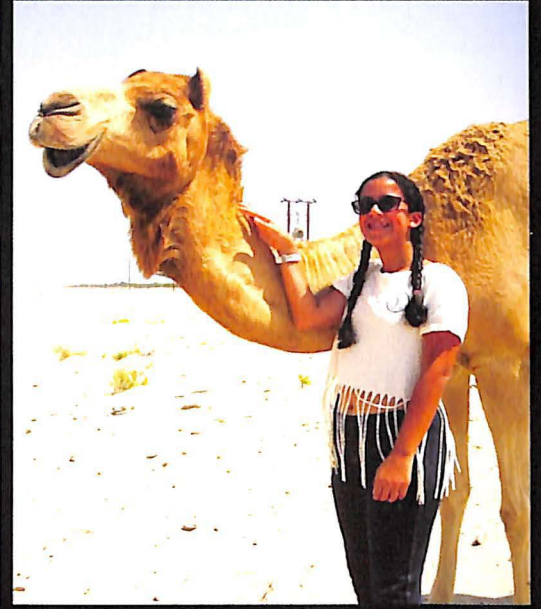
We are all so proud of you Claire Bear!  
Love, Mom, Dad, Nick, Will, Davis, Mason  
and Caroline



# Sydney Sexton

I am so proud of the amazing person  
you have become.  
Go make a difference in our world! Show everyone the  
beautiful, intelligent, caring, and fun-loving person that I  
love so very much. I can't wait to see all the amazing  
things you do!  
Always remember ... I love you most!  
Love, Mommy

# Divya Tennant



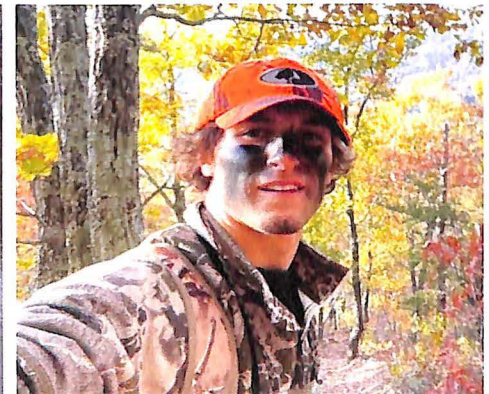
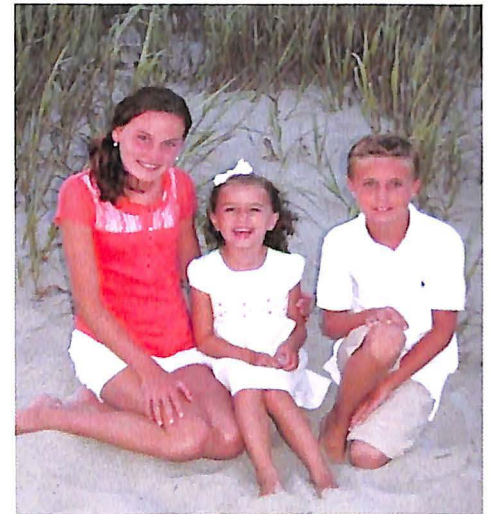
Congratulations to our wonderful, smart, and beautiful Divya. It has been a joy watching you grow from our wide-eyed baby in Arizona to a kid traveling the world, and now as a teenager in your major accomplishments in the Blue Ridge Mountains of Virginia. We can't wait to see what comes next. We will always support you as you reach for your dreams.  
Love, Mommy, Daddy and Maya.



## WALKER TULL

Watching you grow into the adventurous, smart, funny, caring, hard working young man you are has been one of life's greatest gifts. I am forever proud of you, bubby.

Go do great things!  
Love Always -  
Mom, Olivia and Emily







*the first pumpkin has been  
picked from the patch...*

*xioxió*



# Trevor Ermel

Congratulations!

We are so proud of you! We cannot wait to see what your future holds!

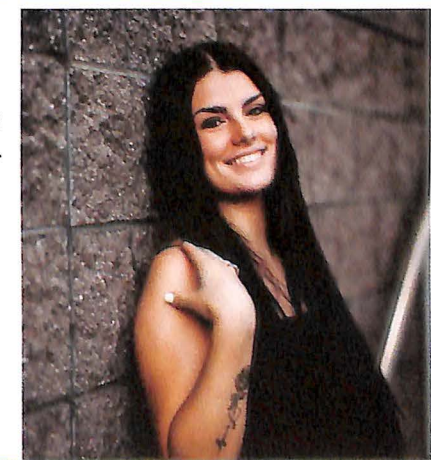
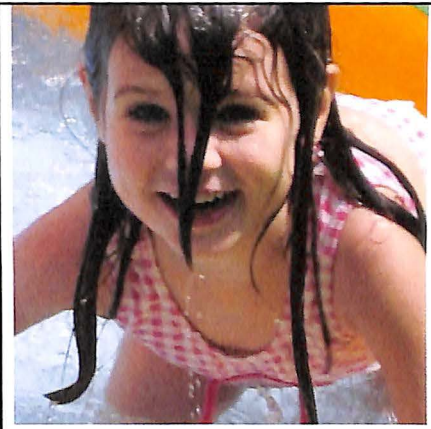
Love,  
Mom, Dad, Drew, Kian & Dylan



# Sophie Fueglein



*Congratulations! You are beautiful, strong, determined and smart. I look forward to seeing the amazing things you will achieve. I love you with all my heart. Love, Mom.*



## Ava Schae Hibbs

From a little, smiling, full of energy girl, to a young, beautiful woman ready to go mark her place in this world. We are so proud of all your hard work and can't wait to see what your future holds. We love so much, Mom, Dad, and Justin

# Katherine Elizabeth Carroll



*Congratulations Katie! We are so proud of you and what you have accomplished! We can't wait to see what God has in store for you! Love, Mom, Dad, and Will*

# Alayna Shelton

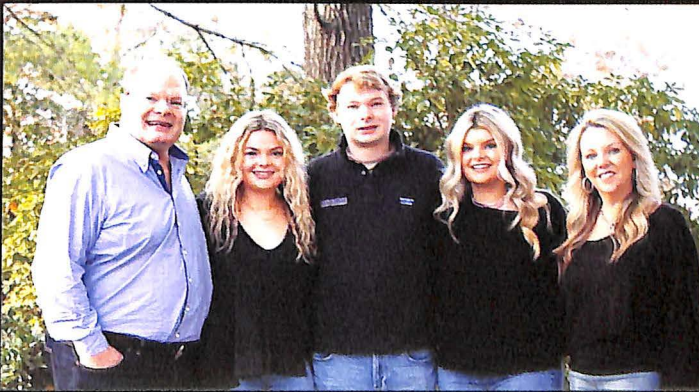
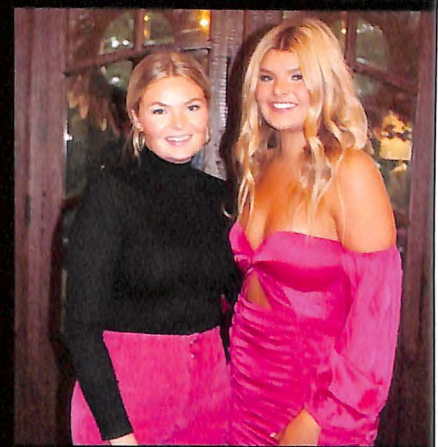
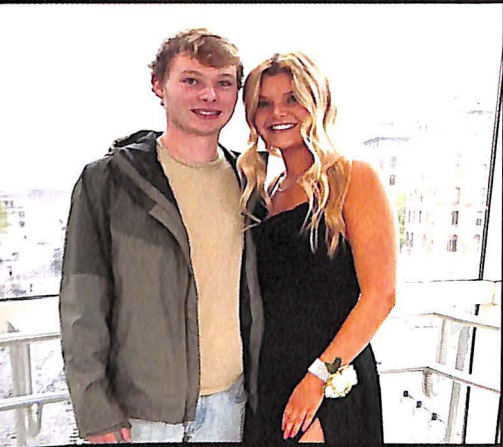


What a joy it has been to watch you grow! Beautiful on the inside and out, you're a daughter & sister we are proud to call ours. Your strength & resilience is something to be admired - your Daddy and Papa would be so proud!  
We love you always - Mama, Jason, Bianca, and Danika



**Campbell Hearp Cooper**

*Campbell,*  
 The Lord blessed us with a daughter/sister who is so easy to be proud of. Our family was made complete with you. You are funny, happy, super quirky, love to laugh, fun-loving, crack us up, have a style of your own, and are the best breakfast eater around. Your infectious smile, positive attitude, bright outlook on life, and your "off the wall" sense of humor brings so much joy to those around you. Simply put, you are an effervescent person. No matter where God's path leads you, it will be a fun and colorful one and undoubtedly, you will do life well. We love you every ounce of you Cam!  
 Love, Daddy, Mama, Abigail, Briggs



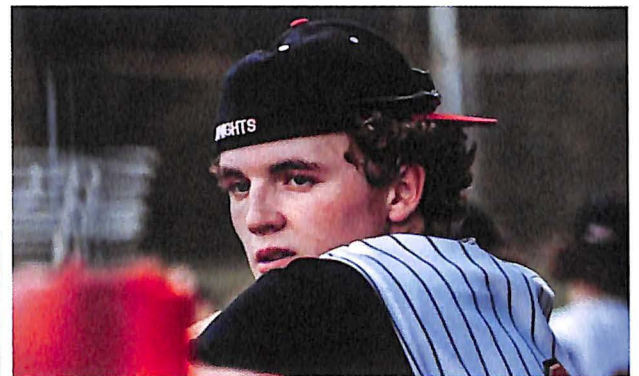
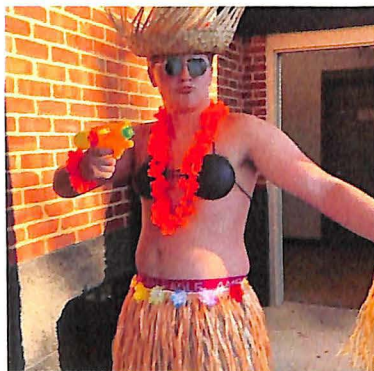
# Madison Haynes

Congratulations! We are so proud of you! You have grown into a brilliant, beautiful, and caring young woman. We hope all of your hard work and achievements open the door to a future filled with happiness and success!

All Our Love,  
Mom and Dad



# Ben-Jammin



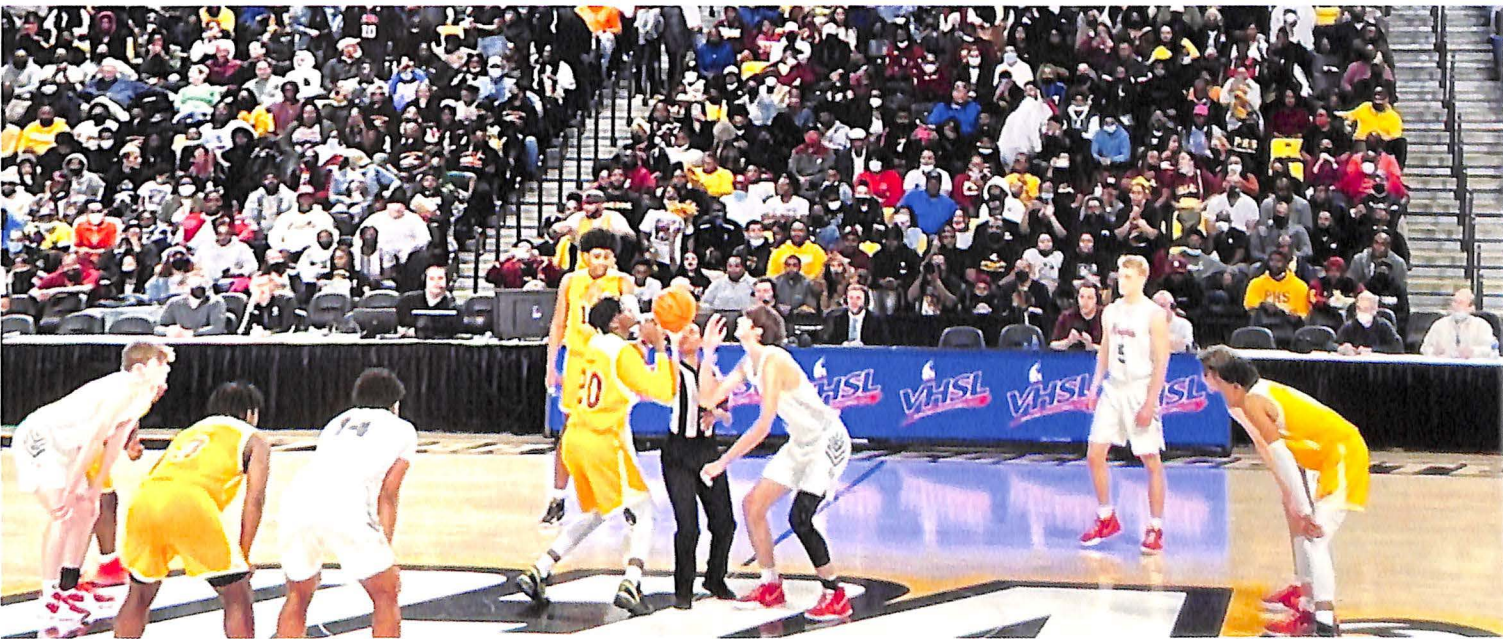
To an amazing young man. Our sides are constantly hurting from all the laughter you bring into our lives. We hope you have everything you want in life and then some. We love you  
Mom and Madison

Dylan Lee Saunders

As this chapter of life closes and another one begins, cherish the memories and friendships you have made. Move forward, exploring the new experiences your college career has waiting for you. We are very proud of you.

Congratulations!!

Love, Dad, Mom, Collin, and Kara



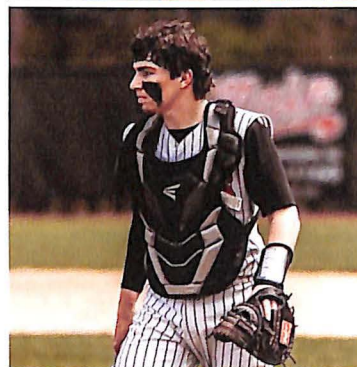
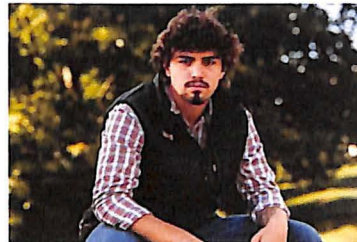
## Jack Richardson

May life continue to fill you with wonder and joy.  
Congratulations! We are so proud of you!!  
Love, Mom, Dad, Anna Beth and Lola Grace



## Jack Urgo

We are so proud of you!! Keep following your dreams!!  
We will ALWAYS be here for you!! Love, Mom, Dad,  
Charlie and Sam



## Alexandra Mutter

There are not enough words to describe how proud we are of the wonderful woman you have become. We know that you will do amazing things where ever life takes you.

Love, Mom & Dad







## Rowan Boone

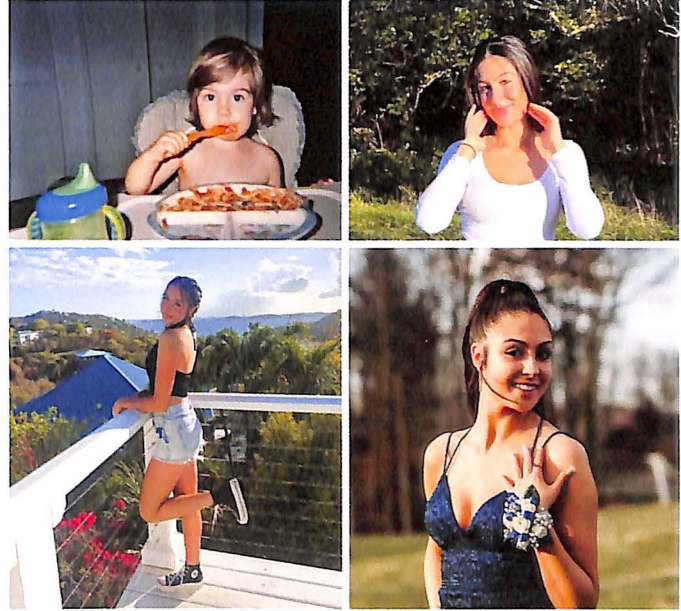
"And though she be but little, she is fierce"  
William Shakespeare

Rowan, we are immensely proud of you. You are honest, kind, loyal, intelligent, determined, diligent, beautiful, and indeed you are fierce! Stay true to yourself and when the seas of life get rough remember you are anchored deeply in love, both here and above.

Love and Congratulations,  
Mom, Dad, Bronwyn, Finlay, and Sammy

## Jane Beheler

We are so blessed to have you as a daughter, watching you grow up and become your own person. We love you so much! - mom and dad



## Christopher Robert McBroom

*Your family is so very proud of you!*



## Alexis "Lexi" Bennett

We are so proud of you and the beautiful, smart, kind, and talented woman you have become. Your hard work and dedication has paid off and you have accomplished so much already. We can't wait to see what the future holds for you! Keep reaching for the stars and never give up!  
Love,  
Mom and Dad





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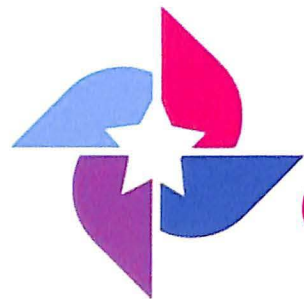
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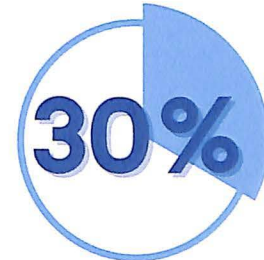


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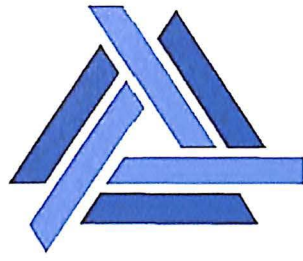
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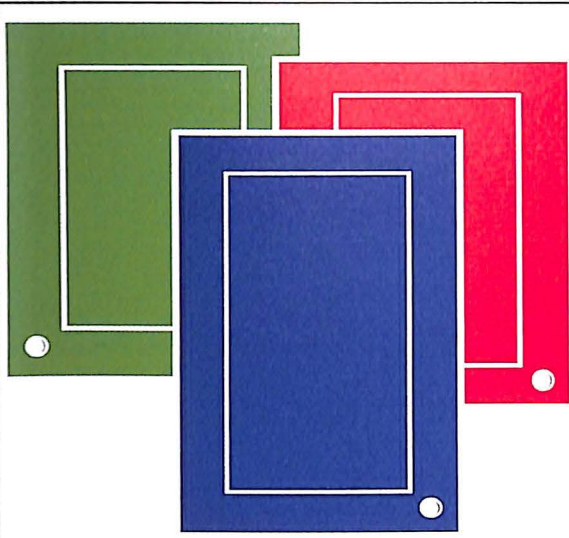
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# *WE* **WENT BEYOND**

*We went above and beyond the expected, the standard and the boundaries. Going beyond the district, our student performers showed off and broke stereotypes within their peer groups. We wrestled with difficulties and moved beyond school sports. We reached excellence and beyond, with athletics helping students face adversity. This is the time to find what lies beyond the words and pages of this book.*





**From the sunroof**, senior Emma Roshioru waves to the crowd in her homecoming parade vehicle. Voted as the Knight, Roshioru took on the position of a role model for her peers, which included duties such as the parade on October 14. *photo by a. hayden copy by s. crawford* **At the three point line**, senior Dylan Saunders shoots the ball in their game against Hidden Valley High School. The Knights pulled off a 73-52 win. *photo by t. hopkins copy by s. crawford* **Chanting "Knights beat em,"** the Cave Spring marching band takes the stands at every Friday night football game. "I enjoy the marching band, because it is always a good environment and everyone is always so supportive of each other," junior Hailey Lipscomb said. *photo by s. sweeney copy by s. crawford*

# BEYOND

## the BOOK

*How a yearbook gets made*

### ASSEMBLY:

Volume 67 of ACCOLADE was printed by Herff Jones Inc. in Edwardsville, Kansas. The theme was "BEYOND." The inspiration for the theme was to reach beyond normal expectations into the exceptional. The 24 students in the yearbook class produced the 184-page book using eDesign. The binding was Smyth sewn and squarebacked. The four-color custom-embossed litho cover was printed on Permocote base material. UV gloss coating and anti-scuff matte lamination were applied. The school-designed endsheets were printed on Carrara stock. The paper stock was 100# matte paper of a 9 x 12 format. The fonts belonged to Urbano and Bodoni families. HJ representative was Olivia Nicholson, and the customer service adviser was Deb Rock. Portraits, team and club photos were by Lifetouch.

### SPECIAL THANKS:

**Olivia Nicholson:** You're the best yearbook rep on the planet and no one can tell me otherwise. Thank you for sticking with us through yet another excellent year. You're the greatest and we could not have done this without you!

**Deb Rock:** Thank you for dealing with all our cover re-submissions and sending us reminders of deadlines. You're the glue that holds the process together!

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**India, Emma, Sydney and Bethany:** Our wonderful content editors- you're the best! Thank you for stepping up to the plate and being excellent leaders this year.

**Our Staff:** Thank you for your hard work taking photos, getting interviews, designing spreads, writing captions, chasing down team records, coming up with headlines and doing ALL the things needed to make a yearbook happen. You're the greatest!



photos by l brummell | hopkins and e yanishak





