

the ILLUMINATOR

PUBLISHED FOR THE EMPLOYEES OF APPALACHIAN POWER COMPANY • KENTUCKY POWER COMPANY • KINGSPORT POWER COMPANY • OF THE AMERICAN ELECTRIC POWER SYSTEM
Vol. XXVII, No. 11, August, 1976

Wholesale rate increase filed

Appalachian Power Company last month filed with the Federal Power Commission a request for an increase in its wholesale rates to Kingsport Power Company and Carolina Power & Light Company.

In its separate filings, Appalachian points out that the proposed new rates are designed to recover the increased cost of providing electric service to the two companies.

Appalachian is asking for an increase of \$4,787,903, based on 1975 actual revenues, from Kingsport Power. Appalachian provides all of the electricity which Kingsport Power's customers consume.

Appalachian provides, on a firm contract basis, a portion of the electricity which CP&L retails to its customers. It is asking for an increase amounting to \$1,653,347, based on 1975 actual revenues, from Carolina Power & Light Company.

In both cases Appalachian asked that the rate increases be made effective August 20.

BR archaeological survey under way

An archaeological survey has been started in the vicinity of the location of the two dams in Appalachian Power Company's proposed Blue Ridge Project in Grayson County, Virginia.

The survey, funded by Appalachian, is being carried out by Thunderbird Research Corporation of Front Royal, Va., which was selected by the Smithsonian Institution, and which will be carrying out the work under the direction of Smithsonian. The survey team is headed by Dr. William M. Gardner, an archaeologist from Catholic University, Washington, D. C.

In the present phase of the archaeological study, to be completed by September 6, the field party will survey the dam sites and a zone around each that will be used for access roads and other operations. They will also make some sample excavations.

The work is being done pursuant to a requirement which the United States Court of Appeals for the District of Columbia directed the Federal Power Commission to include in the Blue Ridge license. That court has stayed all construction work at the site pending disposition of North Carolina's appeal to the U. S. Supreme Court but has authorized the archaeological investigation to proceed.

Attention high school seniors

Applications for entering the 1977 AEP Educational Award competition will be available in all Personnel Departments after Labor Day. The deadline for returning them is October 8.

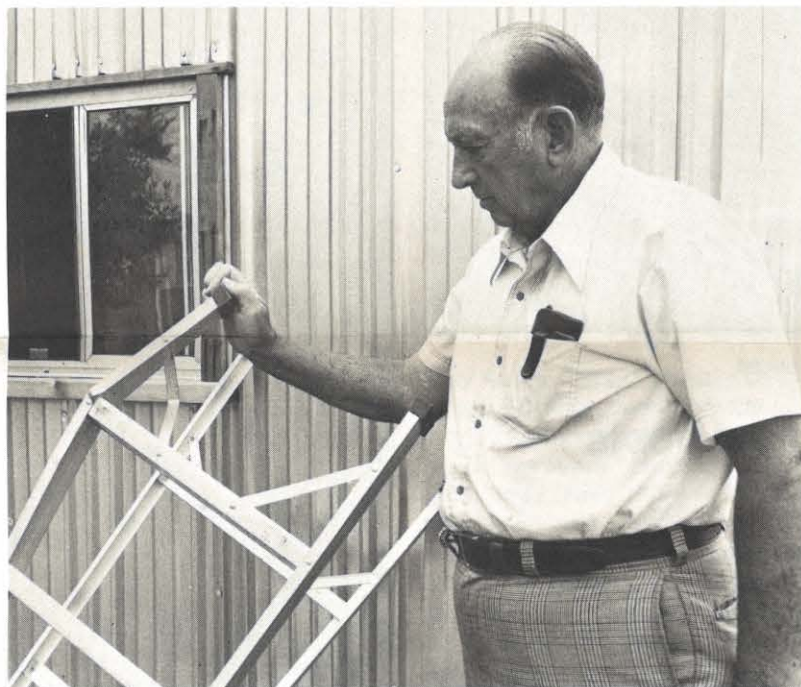
The competition is open to all employees' children entering college in the autumn of 1977.

Competing students will be

required to take the Scholastic Aptitude Tests on December 4. The company will pay all testing costs, but students must bear the expense of transportation to and from the test location.

A total of 32 awards of \$2,500 each, covering two years of study, were awarded in the 1976 competition.

Retiree uses company first aid training to save his own life



Retiree Thornton Jett sustained a compound fracture of his left ankle when this stepladder collapsed while he was standing on it.

"If I hadn't known how to stop the bleeding, that in itself would have scared me to death," says Thornton Jett, retired Roanoke stationman B, in describing the accident in which he used his first aid training to save his own life.

Thornton received a compound fracture of his left ankle when a stepladder on which he was standing collapsed.

"It's strange when I think of all the climbing I did as a lineman over the years and was never seriously injured and then have this happen while standing on the bottom bar of a stepladder. I didn't know you could fall so fast," he continues.

"When the ladder collapsed, I heard the bone pop — it sounded like someone cracking a stick. I knew it was serious as soon as I hit the ground. Before I even looked at my ankle, I called for my wife Elva, who was working nearby in the garden, to get the rescue squad here as soon as possible. The pain was almost unbearable.

When I pulled my sock and shoe

off to inspect the damage, there was a gash about three and one-half inches long across my ankle, and the large bone was lying out on top of the flesh. It was bleeding profusely, and I knew that had to be stopped before total shock set in and possible loss of life."

He adds, "Some of the people I used to work with would complain when they were required to sit in on the first aid training classes. I always enjoyed it, and I'm glad I took it seriously now because it came in mighty handy when I needed it.

I applied pressure to the large artery in the upper part of my leg and had the bleeding almost completely stopped when the rescue squad got there. They were somewhat amazed that I could keep calm and stay in command of the situation."

Thornton concludes, "The doctor in the operating room jokingly said it's not often he had an incision already made for him." The bone was set and pin inserted through the opening made by the jagged bone.

In Virginia

APCo granted \$13-million temporary rate increase

The Virginia State Corporation Commission last month granted Appalachian Power Company a \$13-million temporary rate increase to be effective August 1. The increase will be in the form of a 6.878 per cent surcharge on base rates.

A residential customer using 750 kilowatt-hours would have an increase of \$1.61 a month and a customer using 1000 kilowatt-hours would have an increase of \$2.02 monthly.

Appalachian had requested a \$14,296,000 increase in June, which was intended to bring the

company's earnings to the level approved by the SCC in May, 1975. In its annual review filed with the SCC earlier this year, Appalachian showed it had realized a rate of return of only 7.37 per cent in 1975.

John W. Vaughan, Appalachian executive vice president, said, "We appreciate the Commission acting so promptly and are gratified it recognizes our financial problems."

Appalachian will have to justify the surcharge later in a full rate hearing.

Governor Moore issues order relaxing West Virginia SO₂ standards

Governor Arch A. Moore, Jr., of West Virginia, last month issued an executive order which, in effect, forbids the West Virginia Air Pollution Control Commission from enforcing sulfur dioxide emission limits which go beyond what is necessary to meet the federal ambient air standards. He reportedly took the action to help protect West Virginia's coal economy.

His order came the day following a public hearing on the state's sulfur dioxide emission standards, at which more than 50 people presented testimony. All but two of the witnesses had supported the need for more lenient emission standards. Appearing were representatives from the state chamber of commerce, the West Virginia Retail Merchants Association, United Mine Workers, West Virginia Manufacturers Association, West Virginia Coal Association and coal operators.

Witness after witness pointed out that much of West Virginia's coal cannot be burned in West Virginia's power plants because it will not conform with present regulations or changes proposed by the APCC staff.

Testimony by AEP witnesses addressed itself to the economic effects of eliminating the use of a great deal of West Virginia coal.

Paul D. Martinka, senior vice president-fuel supply for the AEP Service Corporation, said, "Sulfur dioxide emission regulations such as West Virginia's Regulation X portend quite undesirable social and economic consequences for the State of West Virginia". He added that Regulation X as presently proposed would practically close to the utility coal market a large portion

of West Virginia's coal producing counties.

Martinka used a 12-county area in the northern part of the state, which has been producing about 24 per cent of all coal produced in West Virginia, to illustrate what he called the "economic havoc" which would be created by Regulation X. He estimated that the economic impact of Regulation X could result in the loss of about \$731.5-million in coal payrolls, production and services associated with that payroll and by loss of business and occupation taxes derived from sale of the coal.

E. Glenn Robinson, attorney for Appalachian and Ohio Power companies, told the Commission that the companies were as dedicated as anyone in wanting West Virginia to meet the "requirement that it attain and maintain the national ambient air quality standards".

He pointed out that the Commission has the legal right to modify Regulation X; and, along with attorneys for Monongahela Power Company, offered a modified Regulation X that would set standards on a plant-by-plant basis rate than a regional basis as Regulation X is now structured.

Using the Commission staff's own data as reference, Robinson said that only one air quality region in the northern Panhandle has any sulfur dioxide ambient air problem.

Robinson said that if Appalachian's and Ohio's six plants have to comply with the APCC staff's proposal, it would cost between \$9 and \$10 more per ton for conforming coal that it would for coal under the com-

(continued on page 3)



General Office Accounting employees and their spouses were honored with a dinner last month at the Roanoke-Salem Civic Center in recognition of the department working 4,000,000 consecutive manhours without a disabling injury. The climb toward the safety milestone

began September 3, 1964, and is continuing. Highlights of the evening included a safety talk by John W. Vaughan, Appalachian executive vice president, and viewing of the company's 50th anniversary movie, "We've Come A Long Way Together".

Cedar Coal strike tests court ruling

An illegal work stoppage that began last month at a Cedar Coal Company mine escalated into a test of a recent U. S. Supreme Court decision barring federal courts from enjoining certain sympathy strikes.

At press time, the strike had spread throughout West Virginia, spilled into neighboring Ohio and caused scattered mine closings in Kentucky, Maryland and Virginia. Most AEP mines in the East were affected and had lost an estimated 300,000 tons of production.

The Cedar Coal miners walked out after a dispute over an arbitration decision. A Federal District Court restraining order was issued against United Mine Workers Local 1759. The local was then found in contempt of court for violating the order and fined \$50,000 plus \$25,000 each day the strike continued after July 19 and until the order expired on July 27. The Federal Court of Appeals issued a new restraining order against the same local union on July 27; as of press time the union had not returned to work.



Nagel



Vassell

Nagel, Vassell take new posts

T. J. Nagel, senior executive vice president — system planning of the AEP Service Corporation, has been named assistant to the chairman, and Gregory S. Vassell has been appointed his successor as head of the System Planning Department.

Vassell, who had been vice president — system planning, was elected a senior vice president at the Service Corporation's board meeting on July 29.

Both promotions became ef-

fective August 1.

AEP Chairman W. S. White, Jr., in announcing the appointment of Nagel as his assistant, said that he would assist in a number of areas, principally in the long-range planning of the AEP System.

Nagel is an engineering graduate of Columbia University. Vassell holds a graduate degree in electric engineering from the Technical University of Berlin, as well as an MBA from New York University.

Work to begin on new AEP River Transportation headquarters

Construction is scheduled to begin this summer on the AEP System's new River Transportation headquarters on the Ohio River near Lakin, West Virginia. Permits from the Corps of Engineers, required before work could start, were received June 1.

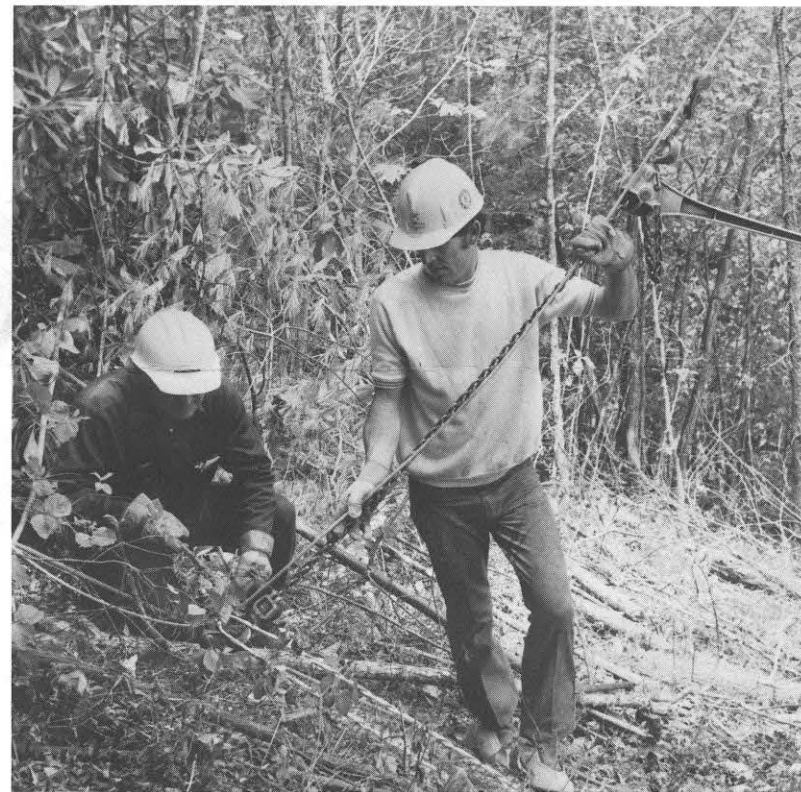
The new operations center will house all maintenance, repair and communications functions of the expanding river coal-delivery capability of the System. The division, now based at Cedar Grove, West Virginia, on the Kanawha River, is scheduled to move to Lakin when the work is completed, anticipated by next spring.

Approximately 40 persons are employed at Cedar Grove; the number will grow eventually to about 90 at Lakin, near Point Pleasant.

First contract to be awarded will be for the installation of river cells, required for docking. Then will come improvements to the access road, followed by construction of the combined office building and warehouse. The latter will house offices, storerooms, machine shop, repair shop and equipment for maintaining communications with AEP river tows. The project will also include a new drydock (200 by 90 feet) and a mobile crane. Two smaller drydocks will be moved by river from Cedar Grove.

The site extends 3,000 feet along the Ohio opposite Ohio Power Company's General James M. Gavin Plant.

The System's river fleet by next year is expected to comprise over 500 coal barges and 27 towboats.



"I'll always wear my hard hat now. This near-miss accident has made a firm believer out of me," says Barry Hicks, lineman C in Pulaski Division's Hillsville crew. After a pole had been set, a guy wire and chain which Hicks was holding in both his hands twisted when the wire was cut in two. When this occurred, the chain hoist handle struck him across the center top of the bill of his hard hat, causing a three-inch break. Demonstrating how the accident occurred are R. C. Jenkins, line foreman non-exempt (left), and Hicks.

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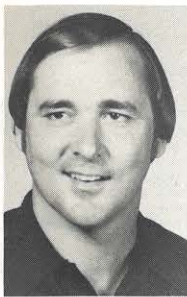
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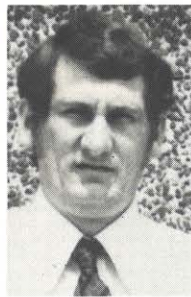


Employees of Lynchburg Division completed 500,000 consecutive manhours without a disabling injury on July 13. James B. White, division manager, used the occasion to award Robert G. Hooper, meterman A, an emblem in recognition of his 42 accident-free years of service. From left, M. A. Langford, line foreman NE; S. L. Drumheller, line foreman NE; D. L. Goodwin, line foreman NE; Hooper; W. D. Crews, personnel supervisor; White; F. O. Smith, station foreman NE; and F. E. Austin, line foreman NE.

MOVING UP



Monahan



Barbour



Francisco



Leonard

Daniel L. Monahan, former T&D instrument man, was promoted to survey party chief, General Office T&D Civil Engineering, Roanoke, effective July 1.

O. G. Barbour, Jr., former station operator A, was promoted to regional dispatcher, General Office Operations, Abingdon Dispatch Office, effective July 1.

Carl R. Francisco, former station maintenance man A, was promoted to electrical test specialist, General Office T&D Station, Charleston, effective June 1.

Oscar L. Leonard, former unit foreman, was promoted to assistant shift operating engineer at Philip Sporn Plant, effective July 1.

Larry C. Lieving, former equipment operator, was promoted to unit foreman at Philip Sporn Plant, effective July 1.

George R. Moody, former equipment operator, was promoted to unit foreman at Philip Sporn Plant, effective July 1.

John E. Werry, former master maintenance man, was promoted to maintenance foreman at Philip Sporn Plant, effective July 1.

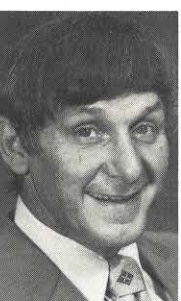
Earl G. Robertson, former computer operation supervisor, was promoted to data processing supervisor, General Office Accounting, Roanoke, effective July 1. He succeeds W. H. Combs, who retired August 1. Robertson attended the University of Virginia and is a graduate of National Radio Institute. He has also completed several IBM schools in accounting, wiring, programming and computer operations.



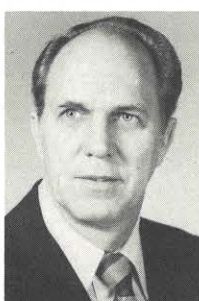
Lieving



Moody



Werry



Robertson



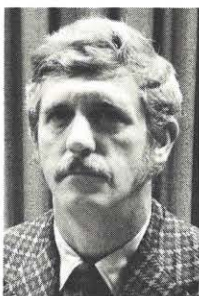
Shepard



Muncy



Cornette



Walls

Richard C. Shepard, former staff assistant — customer accounting, AEP — Canton, was promoted to area office accounting coordinator, General Office Accounting, Roanoke, effective April 1. He also supervises the Central Mail Receipts Section of GO Accounting. Shepard holds a BBA degree from Marshall University.

Robert E. Muncy, former working line foreman, was promoted to line foreman exempt, Ashland Division, effective July 1. He succeeds Liew Osborne, who elected early retirement. Muncy attended Ashland School of Commerce.

John T. Cornette, former serviceman, was promoted to working line foreman, Ashland Division, effective July 1. He succeeds R. E. Muncy. Cornette attended Ashland Vocational School.

Woody William Goins, former general mine foreman, Cedar Coal Company's Robin IV, was promoted to superintendent over Robin IV and Grace 2 and 3, effective July 1.

Robert Lee Grounds, former section foreman, Cedar Coal Company's Coal Fork 2, was promoted to general mine foreman, Coal Fork 2, effective July 1.

Eddie Wayne Foster, former section foreman, Cedar Coal Company's Robin IV, was promoted to general mine foreman, Robin IV, effective July 1.

James Edwin Walls, former stationman A, was promoted to station foreman exempt in the Logan area of Logan-Williamson Division, effective August 1. He succeeds Paul H. Adams, who retired.



Hoffman

Hoffman moves to Tennessee

McEwen, Tennessee, will be the new home of Edgar Ray Hoffman, who elected early retirement August 1 as a draftsman senior in Charleston. The Hoffmans are moving there to be closer to their daughter, who lives in Chattanooga.

Ray, a native of Prociou, West Virginia, holds an AA degree from Morris Harvey College. He began his career as a draftsman junior in 1946, after a three-year tour of duty with the Army during World War II. He has also held the position of lead draftsman.

Ray notes, "Drafting really hasn't changed much over the years except for the tools. When I started work, we were building a lot of rural lines. Now there is a lot of rebuilding and underground." He adds, "I always had good working relations with the company and have a lot of good feeling for it."

His number one priority is a vacation to visit his son and family in Denver, Colorado, as well as other parts of the western United States. When settled in their new home, Ray plans to do some gardening, fishing and to enjoy the warmer climate.

Hearing (con't. from pg.1)

pany proposal. Using this average cost differential, it would cost these six plants \$99,750,000 more for coal than would be necessary to meet the ambient standards.

At the hearing's conclusion, APCC Chairman Adonis Hunt, indicated the Commission would take all of the testimony under advisement and would attempt to draft a sulfur dioxide regulation as liberal as the federal law will permit.

The hearing record is to remain open for 30 days. After that time the Commission will begin its deliberations and make its recommendations, which must be approved by a West Virginia legislative committee before they can be put into effect.

AEP's first data processing supervisor elects early retirement

Walter H. Combs, data processing supervisor in General Office Accounting, Roanoke, elected early retirement August 1 after 41 years' service.

Walter began his career in 1935 as a groundman in Kentucky Power's Hazard Division. He held successive positions as payroll clerk, utility clerk and assistant local office manager before transferring to Ashland in 1955 as customer accounting supervisor. He moved to Appalachian Power at Roanoke in 1958 as the AEP System's first data processing supervisor. Since that time Appalachian has progressed through three generations of IBM electronic computers.

A native of Jackson, Kentucky, Walter holds an AB degree in mathematics from Berea College and an accounting degree from LaSalle University Extension. He also attended AEP's management training program at the University of Michigan.

Walter's activities have included serving as an American Red Cross first aid instructor, basket-



Combs

ball clinic director for the Kentucky High School Athletic Association, Hazard Division softball team, member of the Ashland City Recreation Commission and member of the Kiwanis Clubs in Hazard, Ashland and Roanoke.

Future plans include "a lot of little things, namely golfing, swimming, playing tennis, gardening, traveling and loafing".

Walter and his wife Nancy have three children, one of whom is an AEP educational award winner.

AEP SYSTEM BRIEFS

Westinghouse must stand trial for suit

A U. S. District Court ruling last month cleared the way for a trial of a suit filed by American Electric Power Company and four operating companies against Westinghouse Electric Corporation.

The court, after a prolonged pre-trial study, denied Westinghouse's motion for a summary judgment in its favor and said the manufacturer must stand trial. AEP's suit, filed in 1974, charges that the manufacturer's turbine-generator, installed in 1970 in Unit 1 at the Ohio Power Company's Mitchell Plant and sold as an 830,000-kilowatt machine, had failed to meet its operating specifications due to inadequate design and construction.

The suit also seeks at least \$75 million in damages and alleges that Westinghouse had failed to repair or replace the unit.

As a result of repeated failures, AEP determined several years ago that the unit was unsafe for continuous full load operation and in 1975 officially derated it to 690,000 kw.

The four operating companies participating in the suit are: Appalachian Power, Indiana & Michigan Electric, Kentucky Power and Ohio Power.

No date has been set for the trial.

MPCo requests emergency increase

Michigan Power Company last month requested approval of the Michigan Public Service Commission to apply a 55 per cent emergency surcharge to the electric bills of its retail customers.

The surcharge would take effect July 27, the date when Michigan Power will start paying higher wholesale rates to its sister AEP System company, Indiana & Michigan Electric Company, which supplies over 98 per cent of its power. I&M had been given approval to charge the higher wholesale rate by the Federal Power Commission, subject to refund after full review by the FPC.

ReCreation Land receives award

Ohio Power Company's popular ReCreation Land received another award last month, this time from the U. S. Department of the Interior.

The Department's "Outdoor Recreation Achievement Award" was presented to the company in recognition of "outstanding contributions to the preservation and enhancement of America's outdoor recreation heritage for present and future generations". The award is the highest recognition made by the Department of the Interior specifically for outdoor recreation achievement.

PEOPLE IN THE SPOTLIGHT

BECKLEY

Jack Miles, power engineer, was elected vice president of the new Beckley chapter, National Association of American Business Clubs.

Sandy Palen, residential advisor, won a blue ribbon for her Japanese iris-hoya leaf arrangement in the Raleigh County Garden Council show. She is a member of the Woodcliff Garden Club.

James A. Kirby, area T&D clerk, was named coach of the Beckley Babe Ruth 13-year-old All Stars, which will represent the city in the district tournament at South Charleston.

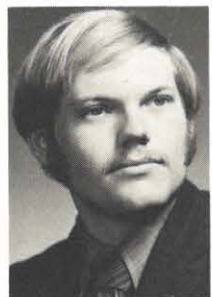
B. C. Thomas, Oak Hill area serviceman, teamed with William P. Tompkins to win third place in the White Oak Country Club member-guest invitational golf tournament. They finished the 36-hole competition 24 strokes under par and three strokes behind the first place winners.

Ronnie Dyke, son of R. E. Dyke, Oak Hill lineman A, was named "student member of the year" by the Beckley-Raleigh County YMCA. He will be a seventh grader at Beckley Junior High this fall.



James B. Beavers, Jr., displays his trophy and race car after winning first place for "best design, with no help" in Cub Scout Pack 165's Pinewood Derby, Flatwoods, Kentucky. He is the son of J. B. Beavers, Ashland customer services manager.

ASHLAND



Howard

Charles D. Howard, Jr., son of Charles D. Howard, general serviceman, was awarded a doctor of dental medicine degree from the University of Kentucky College of Dentistry. He will open

his practice in Grayson, Ky., in September.

Charlotte Schweitzer, wife of Bill Schweitzer, residential representative senior, was installed as president of Regional Nine and Ten of Vocational Home Economics Teachers.

O. C. Hall, executive assistant, was elected a director of the Ashland Rotary Club.



Jonita Taylor, who recently graduated from Raceland High School, was voted prom queen by students of the junior and senior classes. The daughter of Lucy Adkins, general accounting clerk junior in GO Accounting, Ashland, she will enter Morehead State University this fall.

BLUEFIELD

Oscar Adams, customer services manager, attended the Kiwanis international convention in San Diego, California, as a delegate from the Bluefield Kiwanis, which he serves as president.

Don Ferguson, husband of Lvonne Ferguson, customer accounts representative B, won first place in the pleasure class and second place in both the barrel racing and pole bending events at the Happy Valley Workers 4-H Club Horse Show. He was riding his quarter horse, Brandy. Their daughter, **Donna Ruth**, won second place in the western pleasure class, riding her appaloosa, Thunder Speckle Bird.

Mark Harmon, son of Jim Harmon, engineering supervisor, won third place in the championship flight in the second annual junior club championship held at Richwood Golf Club.

Janet McLaughlin, wife of R. K. McLaughlin, general serviceman, was installed as treasurer of the Delta Xi Chapter, Beta Sigma Phi Sorority, in Pineville.

Onsbie Yates, customer accounts supervisor G, was installed as vice president of the Grundy Rotary Club.

Terry Runion, son of R. A. Runion, Pineville area T&D clerk, was elected vice president of the Rockcastle Association Baptist Youth Fellowship.



Henly



Nash

Jane Henly, wife of Tom Henly, civil engineer, was installed as president of the Bluefield Lions Club Auxiliary. Tom was installed as first vice president of the Lions Club.

Betty Mae Nash, daughter of Wade L. Nash, meterman B, graduated with honors from the University of Tennessee with a bachelor of science degree in nursing. She has accepted a position at Roanoke Memorial Hospital, Roanoke, Virginia.

Dwight Meadows, Pineville general serviceman, was elected a commissioner of the Wyoming County Court.

Ken Roberts, Welch power engineer, was elected to a one-year term on the board of directors of the Welch Lions Club. He was also elected to a one-year term as adjutant by the Welch Chapter of the American Legion.



Martha Stepp, wife of Gene P. Stepp, engineer B in the Logan-Williamson Division, was first-place winner in competition sponsored by the Williamson Business and Professional Association. The competition, in which female employees of city businesses dressed in old-fashioned attire, was judged during the King Coal Festival. Photo courtesy **Williamson Daily News**.

LOGAN-WILLIAMSON

M. A. "Sonny" White, line and station supervisor, was installed as first vice president of the Logan Lions Club. **Howard J. Collins**, personnel supervisor, was elected to the board of directors.

Eugene E. King, retired Williamson area manager, was installed as a member of the board of directors of the Williamson Rotary Club.

Lorrayne Corea, T&D, was hostess for a tour of the company's Williamson area operation by Girl Scout Troop 2158 of South Williamson, Kentucky.

Mary E. Davis, Customer Services, was director and organist for the Bicentennial musical, "I Love America" presented at Logan's Little Theatre. She also serves in those positions with the Peach Creek Methodist Church choir. Others participating in the musical were **Debbie Bailey**, **Mary Randan** and **Walter E. Bevins**, Customer Services; **Howard J. Collins**, Personnel; and **Emma Jane Bird**, wife of Lawrence A. Bird, lineman A, and a former employee in Logan Engineering.

MARMET

Lisa Farrell, daughter of Robert L. Farrell, stores supervisor, received an award upon her graduation from East Bank Junior High School for having the highest scholastic average through grades 7, 8 and 9.

PULASKI

H. M. Jennings, right of way agent, was installed as vice president of the Dublin Lions Club and presented with a plaque in recognition of his outstanding service.

Everette Crawford, general foreman, was installed as athletic officer of Pulaski American Legion Post #7.

A. L. Graham, Jr., customer services supervisor, was named vice mayor of Pulaski by the town council.

Retiree **K. L. Buckland** is chairman of Agricultural Stabilization and Conservation Service. ASCS Week was recently observed in Pulaski County.

W. Walton Bennington, son of F. M. Bennington, residential representative, was elected "father of the year" by the Meadows of Dan Baptist Church. Another son, **F. Miller Bennington**, head football coach and teacher in the Franklin County school system, was selected by



R. D. Webster (left), assistant Roanoke Division manager and a Roanoke Valley Junior Achievement advisor, was presented a flower by Tim Webster, president of Eyco Company, as an expression of appreciation from JA members and members.

the graduating class as best around teacher in the school.

ROANOKE



West

Wood

Teresa West, daughter of He West, personnel assistant served won a citizenship award William Byrd Intermediate School for her good attitude and conduct.

James Curtiss Wood, son J. B. Wood, Stuart meter reader was presented a good citizens medal by the Stuart Elementary School in recognition of his acts and attitudes and as most outstanding citizen in graduation class.

J. C. Corbett, T&D clerk, was delegate to the district assembly of Jehovah's Witnesses held Greensboro, North Carolina.

Bobbiretta Jordan, daughter Loretha S. Jordan, stenographer is attending a summer engineering program sponsored General Electric at A&T University.

Gregg Givens, son of G. Givens, planner senior, and **D. Williams**, daughter of W. Williams, Jr., T&D clerk senior were among five Roanoke students selected for an educational tour. The trip, arranged the American Institute of Forestry Study, took the group to New York, Amsterdam, and several cities in Germany, including a tour of Olympic City and Dachau concentration camp.

James Crouch, Jr., manager the Seattle District for Pfl. Laboratories Division, Pfizer, Inc. has twice won the title of national district manager of the quarter. He is the son of Retiree Jarr Crouch.

KINGSPORT



Anderson

Ricky Anderson, son of Charlie Anderson, credit representative senior, was awarded a \$500 scholarship by Wallace M. Boyd, owner of Oakwood Markets. An AEP educational award winner in 1975, Ricky attended East Tennessee State University this past year as an accelerated student. Upon completion of his freshman year in college, he received his high school diploma from Ketrion High School. Ricky is majoring in industrial electronics.

Paul Miller, service clerk, was inducted into Kappa Mu Epsilon, a mathematics honor society at East Tennessee State University where he attends part time.

R. L. Tipton received an associate degree in management from Steed College.

Tom Wells, son of Earl Wells, stationman A, received a doctor of philosophy degree from the University of Alabama. He has accepted a position with the University of South Alabama.

Bennett McAlpine, residential advisor, was elected president of the Altrusa Club of Kingsport. **Joyce Parsons**, private secretary, was elected to the board of directors.



David Fugate, son of Emory Fugate, Kingsport engineering supervisor, has received the God and Country award in Scouting. A member of Troop 89 sponsored by the Old Kingsport Presbyterian Church, David worked for one year with his minister to earn the award. Some of his activities included attending church regularly, taping the services to take to shut-in members and discussing his religious beliefs with foreign exchange students.

ABINGDON

C. A. Burdette, Jr., Marion area supervisor, was elected to the board of directors of the Marion Kiwanis Club.

Jane Craig, daughter of Gordon Craig, residential representative senior, is studying German in Salzburg, Austria, this summer. An

AEP educational award winner, she will return to Wake Forest University this fall to continue work on a master's degree.

George Mitchell, husband of Marlene Mitchell, was elected second vice president of the Abingdon Civitan Club.

J. C. Hughes, administrative assistant, and **Clark Peck**, retired records supervisor, were installed as vice president and assistant secretary, respectively, of the Abingdon Rotary Club. **George Wood**, retired accounting supervisor, was named chairman of the classification committee and **Paul Kelsey**, customer services manager, was named to the membership development committee.



Poe

Mitchell

Fred Poe, retired Marion dealer sales representative, was elected president of the Marion Kiwanis Club. He is also active in the Smyth County Association for Retarded Children.

Jennifer Mitchell, daughter of Marlene Mitchell, Customer Services, was elected president of the FHA Club at Abingdon High School.

Toby Cook, wife of J. L. Cook, was elected secretary of the Abingdon Elementary School PTA.

Softball fever has hit the division, and the following employees are participating in the sport: Marion area — **Jim Nickols, Paul Sauls, Art Burdette, Bill Clapp, Dave Spencer, Darrell Lee, Barry Blevins and Jeff Blevins**. Abingdon area — **Gus Croft, Ron Harrison, Ennis Fullen, Jim Cumbow, Warren Lindsey, Paul Baker, Ronnie Gill, Fred Hicks, Archie Sparks, Tivis Wright, Al Scott, Bob Ferrell, Bill Meade, Con Breeding, Buddy Snodgrass, Jim Hill, John Moore, Jim Cook and Cliff Hawley**.

BIG SANDY



Holt

Scotty Joe Holt, three-year-old son of Joe E. Holt, junior maintenance man, was selected as "Little Mr. 4th of July" during the celebration at Louisa, Kentucky.

Kimberly Lynn Hensley, three-year-old daughter of Charles Ed-

ward Hensley, unit operator, was first runner-up in the "Little Miss 4th of July" contest at Louisa.



Blevins

Jobe

Diane Blevins, sister of Thomas F. Blevins, technician junior, received a \$750 scholarship from the Ohio Operating Engineers Education Fund for education in the field of medical technology at Morehead State University. She is an aide in the laboratory at Louisa Community Hospital.

Paul Jobe, brother of Billie J. Jobe, control technician, received a full scholarship at Ashland State Vocational-Technical School for 1976-77. A graduate of Louisa High School, Paul entered the school's post-secondary radio and television repair program in August, 1975 and expects to graduate in June, 1977.

PHILIP SPORN

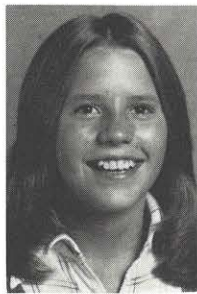


Hysell

Norman E. Hysell, maintenance man, received a 4.0 grade average on all of his subjects last semester at Parkersburg Community College.

Dick Tennant, regional assistant chief operator at Sporn Substation, and his niece Jamie Hoffman were winners of the first annual spring mixed doubles tennis tournament at New Haven.

GENERAL OFFICE



Biggs

Donna Biggs, daughter of E. R. Biggs, general stores supervisor, GO Purchasing, Roanoke, was elected captain of the junior varsity cheerleaders at Cave Spring High School.

A. L. Stebar, automotive transportation supervisor, GO General Services, Roanoke, was elected vice president of the Electric Utility Fleet Managers' Conference.

David Brammer, station clerk,

GO T&D Station, Roanoke, was a member of the First Baptist Church fastpitch softball team which won both the Roanoke County church fastpitch regular season championship and the Roanoke County church fastpitch tournament. He finished with a .529 batting average on a team that had a 13-1 record.

Jeff Janosko, son of A. D. Janosko, civil engineer senior, GO T&D Civil Engineering Section, Roanoke, was tapped as a vigil honor member of the Order of the Arrow and is currently vice chief of Chapters for the Tutelo Lodge. He has just completed work on the trail camp at Camp Powhatan and was a counselor in the nature and ecology center at Camp Ottarri this summer.



Stephen Eric Janosko, 15-year-old son of A. D. Janosko, civil engineer senior, General Office T&D Civil Engineering Section, Roanoke, received the Eagle Scout award during a recent court of honor for Troop 221, Cave Spring United Methodist Church. Steve, senior patrol leader of the troop, also holds the God and Country award, is a brotherhood member of the Order of the Arrow, is chairman of the ceremonial team for the Big Lick District, Tutelo Lodge, Order of the Arrow, and has received a historic trails medal. He worked this summer on the staff of Camp Powhatan, Hiwassee, Virginia.

HUNTINGTON



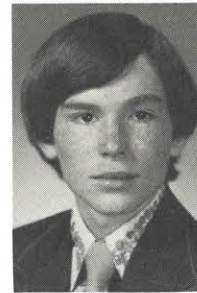
Long

Ridgeway

Barry L. Long, power sales engineer, was honored as "Jaycee of the year" by the Huntington Jaycees. Barry, who is club treasurer, played a great part in turning the chapter's money losses during the year into a victory when the whole chapter could have collapsed.

Sylvia Ridgeway, wife of Raymond Ridgeway, meter reader, graduated from Marshall University with a BA degree in English and language arts. She plans to pursue a master's degree in secondary education.

CHARLESTON



Hutcheson

Bruce Hutcheson, son of H. Hutcheson, customer service supervisor, was elected student body president of United Electronic Institute.

John Frazier, personnel supervisor, was appointed a member of the advisory committee to the Electrical Engineering Technology Department of the Virginia Institute of Technology.

Charles Minsker, son of W. Minsker, commercial representative, received a \$25 saving bond as first place winner in the Bicentennial essay contest sponsored by the Ohio Valley Kanawha Chapter of Sigma Del Chi, a professional journalism society.

Cal Carlini, division manager, was appointed a member of the board of directors of Junior Achievement of the Kanawha Valley, Inc.

Mrs. John G. Harrison, wife of the right of way agent, was honored upon the expiration of her term of office as a member of the Grand Council of the Women of the Moose.

Jack Smithers, Jr., son of Jack Smithers, meter reader, has returned home on leave after a two year assignment with the Air Force in Thailand.

Anna Cyphers, stenographer, and her husband **Randy** were elected to the board of directors of the American Cancer Society.

M. W. Scott, residential representative, was chairman of the 16th annual CB Radio Jamboree attended by 2,800 people. He is president of the Kanawha Valley CB Club.

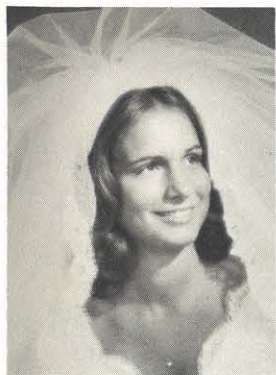
Ruth Payne was crowned queen of the prom at Marmet Junior High School. She lettered in track and volleyball and carried a 3.0 average during three years junior high. **Mary Payne** was named "most valuable athlete" of the year and lettered in track tennis and volleyball at Marmet Junior High. They are the daughters of Bill Payne, static foreman.



Payne, R.

Payne, M.

System couples united in summer wedding ceremonies



Spangler



Nixon



Chia



Parker



McDaniel



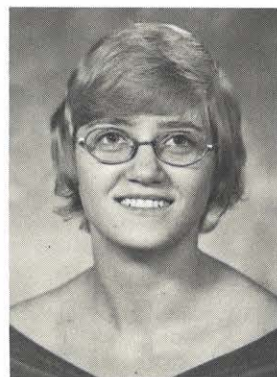
Conner



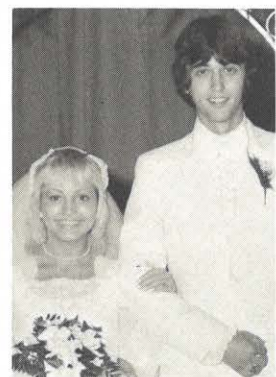
Vaughan



Collins



Lowery



Mullins



Taylor



Wright



Johnson



Foster

WEDDINGS

Marguerite Louise White, daughter of W. S. White, Jr., chairman of American Electric Power Company and president of Appalachian Power Company, to Pat W. Spangler, June 26.

Diana Lea Via, daughter of Darothy B. Via, Fieldale customer accounting representative A, Roanoke Division, to David Judson Nixon, July 3.

Teresa Kiew to **Adler K. Chia**, Hazard distribution engineer, May 30.

Pamela Kim Bryan, daughter of L. D. Bryan, Ashland administrative assistant, to Larry Alan Parker, June 6.

Laura Frances Bragg, daughter of Ralph H. Bragg, Madison area serviceman, Logan-Williamson Division, to David H. McDaniel, June 19.

Kathy Anderson to **Mark Stewart Conner**, son of Charles Conner, Charleston area serviceman, July 16.

Melissa Leigh Paitsel, daughter of Marion P. Paitsel, Roanoke right of way agent, to **Thomas Alton Vaughan**, son of John W. Vaughan, Appalachian Power executive vice president, July 24.

Ophelia Sims, daughter of Jacqueline Houston, Bluefield customer accounts representative B, to Earl Charles Collins, June 12.

Bea Ann Ham, daughter of W. C. Ham, Beckley auto repairman A, to **James Thomas Lowery**, son of J. R. Lowery, Beckley lineman A, June 19.

Valerie Tackett to **Jerry Roger Mullins, Jr.**, Pikeville draftsman, June 12.

Patricia Marie Cantley, daughter of Nathan P. Cantley, commercial representative, Logan-Williamson Division, to Lewis Dwight Taylor, June 12.

Sherry Lynn Day, Hazard junior clerk, to Alvin Wright, June 25.

Cynthia Jane Oxley to **Willard A. "Bert" Johnson**, son of W. A. Johnson, retired Bluefield area T&D clerk, June 12.

Charlotte Yates, clerk-typist, General Office Purchasing, Roanoke, to Philip E. Foster, June 26.

Janis Louise Russell to **James W. Johnson**, Central Machine Shop machinist, June 26.

Robin Lynn Warner to **Steven B. Stotts**, Central Machine Shop welder, June 19.

Pamela Jean Oxley to **Glen A. Withrow**, Central Machine Shop truck driver, June 26.

Andrea L. Robertson, Roanoke clerk-stenographer, to Robert J. Thompson, May 29.

Sue Ellen Norman to **Ricky Allen Atkins**, son of Richard C. Atkins, Madison meter serviceman A, Logan-Williamson Division, May 21.

Cynthia Starr Taylor, daughter of Emma B. Taylor, Pulaski stenographer, to Ronnie Stephen Lowe, June 4.

Phyllis Lynn Cutlip to **Thomas Arnold Baker**, son of Norvil A. "Tex" Baker, Charleston electrical engineer, June 5.



Burl and Lyda Lanthorne observed their golden wedding anniversary July 4. He was a shift supervisor at Logan Plant before electing early retirement in 1962. The Lanthornes have three children, nine grandchildren and four great-grandchildren.

Lackey named alumna of year



Lackey

Marilyn W. Lackey has been named alumna of the year for 1976 by Concord College. She is the daughter of Earle Wood, retired Bluefield residential and rural supervisor.

Lackey holds a BS degree in education with teaching fields in home economics and speech from Concord and an MS degree in family development from Virginia Polytechnic Institute and State University. She taught for three years in Mercer County schools, one year as a teaching assistant at VPI & SU, and has been on the faculty of Concord for 13 years. She is presently assistant professor of home economics.

Selected as an outstanding young woman in 1970, Lackey is a member of the American Home Economics Association, the Southern Council on Family Relations, Home Economists in Action and the Concord President's Club. A past president of the Mercer County Chapter, Concord College Alumni Association, she has been a member of the executive council for ten years and is currently first vice president of the Association.

Lackey has also been a member of the board of the West Virginia Home Economics Association for ten years and was recently installed as state advisor to the Association's college section chapters.

BABY PARADE

John E. Amos

Denise Michelle, daughter of **West M. Womack, Jr.**, utility man A, June 12.

Celia Lynnette, daughter of **Marvin C. Poindexter**, maintenance man A, June 22.

Kimberly Renae, daughter of **Gary R. Garretson**, coal equipment operator, July 15.

Beckley

Larry Dean, Jr., son of **Larry D. Lilly**, stationman B, July 1.

Big Sandy

Joshua David and Jason Douglas, twin sons of **John D. Wellman**, utility coal handler, June 26.

Bluefield

Gregory Harlan, son of **D. H. Hudson, Jr.**, stationman helper A, June 19.

Cabin Creek

Jonathan Todd, son of **Todd L. Ward**, junior maintenance man, July 1.

Central Machine

David Michael, son of **William D. Craft**, tool crib attendant, June 23.

Jessica Arin, daughter of **John A. Burks**, tool crib attendant, June 21.

Charleston

Janie Lynn, daughter of **Michael D. King**, Montgomery lineman B, June 26.

Hazard

Brandon Scott, son of **Larry Randall Stone**, technician, June 23.

Huntington

Aaron Matthew, son of **Stephen Giles**, laboratory helper, AEP Lab, June 18.

Kevin Jerome, son of **W. L. Jamison, Jr.**, Point Pleasant credit representative, June 19.

Ginger Nicole, daughter of **R. L. Sizemore**, meterman C, June 23.

Kanawha River

Travis W., son of **Dennis T. Young**, utility man A, June 26.

Roanoke

Karen Melissa, daughter of **T. W. Likens**, lineman A, June 9.

Carla Signi, daughter of **Carl Price, Jr.**, meter reader, July 12.

Philip Sporn

Dan Garland, III, son of **D. G. Edwards, II**, senior engineering technologist, July 3.



This bed shaped like a fire engine that Eugene King made for his grandson, Jonathan Van Meter, was so large that it had to be taken apart and hoisted through an upstairs window to get it into Jonathan's room.

Retiree Eugene King builds fire engine bed for grandson

Eugene King's chief interest since his retirement as Williamson area manager in the Logan-Williamson Division has been his grandson, Jonathan Van Meter.

Jonathan, who likes fire engines, now has a bed shaped like one, which Gene built in his home workshop. The bed is complete with movable wheels, steering wheel, hook and ladders, reflectors, license number and identification. It's even painted yellow just like the City of Williamson's new fire truck.

The most difficult part, according to Gene, was the lettering because it was so tedious.

By the time Jonathan becomes a teenager, Gene may have figured out a way to equip the bed with a motor. But as for now, his skill and ingenuity have given his grandson a means to indulge in endless hours of racing about the

streets of Williamson, quenching raging fires (in his imagination).

And that's what grandfathers are for, after all.

Martin leaves for Denmark



Christie Martin and her father, R. W. Martin, discuss final plans for her year's stay in Denmark as a Rotary Exchange student.

Christie Lynn Martin, 16-year-old daughter of Robert W. Martin, area supervisor at Oak Hill in the Beckley Division, left last month to spend a year in Denmark as a Rotary Exchange student, sponsored by the Oak Hill Rotary Club.

During her stay she will live with three host families, each for a three- to four-month period. Her first host family will be Mr. and Mrs. Helmer Jensen at Naestved on Sjaelland, about 40 miles south of Copenhagen. For the first two weeks, she learned a bit of Danish at Kaerhave before joining the host family.

Christie will attend school at Herlufsholm, Naestved, one of Denmark's oldest and best schools, a boarding school for boys with girls as day pupils. This term will be her senior year. Christie previously attended Collins High School.

After graduation, Christie plans to major in social work or law at West Virginia University.

Teenager says sewing is a way of expressing herself

"When you think about the cost of clothes today and just how expensive they've become, it gives you that much more satisfaction to be able to make some of your own things," says Leigh Anne Jones, 15-year-old daughter of E. T. Jones, Roanoke customer accounting supervisor.

"I look back now and think it's really strange that I have become involved with sewing. Both of my grandmothers do quite a bit of sewing, and I remember when they would take me to the fabric shops to pick out material for my dresses. I thought, 'what a waste of time and how boring' when they looked through the patterns and fabrics. It seemed like it took hours for them to pick out the material they wanted. Now, look at me! I go into the fabric shops and thoroughly enjoy looking for what I want."

Leigh Anne, who has been making many of her own clothes for the past five years, gives much of the credit for her sewing ability to her grandmothers. "The advice and help they gave me really got me started off on the right foot."

Although she started with the easier things, such as making clothes for her Barbie dolls, Leigh Anne has progressed to making almost anything in the clothes line that she puts her mind to. Her most recent accomplishment is the completion of fashionable dresses, western-type shirts and jackets and bathing suits.

"Recently I wore one of the jackets I had made to my neighbor's house. She told me she had to have one just like it and asked that I make it. It is very gratifying to make these things and have my friends like them well enough to buy them.

"There's a practical side, too," she adds. "When I pull out a shirt with a price tag of \$15 at a department store, it makes me appreciate sewing even more when I know that I can make it for about \$5. Another thing I like about making my own things is



Jones

that I can have about twice as many clothes for the same amount of money. Just prior to going to the beach last year I bought some material and made five bathing suits. Comparing prices in the stores, I might have bought two for the price of the material.

"Sewing," she says, "is a way of expressing myself. I feel it is important to work with your hands. It is a great feeling to take a piece of plain cloth and make something you can be proud of and get some use out of, too."

Leigh Anne concludes, "Sewing is my way of saying to my parents how wonderful I think they are. When I look around and see so many young people who feel their parents don't love them and get messed up on drugs, I realize how lucky I am to have the mother and father that I have. My sewing is a way of showing that I am trying to do something constructive."

Leigh Anne plans to complete her education and begin a career in what she says, hopefully, will be her own crafts shop.

Kise is contest finalist



Kise

Cathi Kise, daughter of Robert R. Kise, maintenance foreman at Big Sandy Plant, was named a Kentucky state finalist and received national honorable mention in the Earthwatch Scholarship Program.

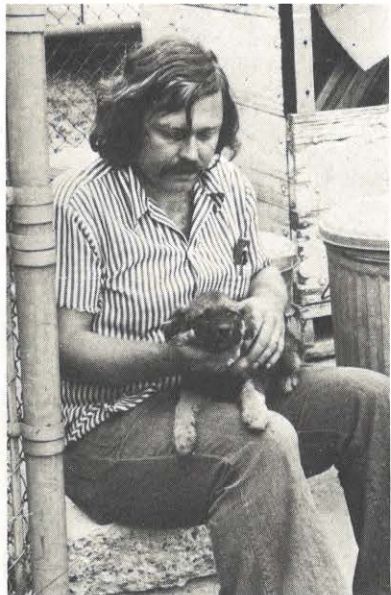
Cathi, a junior at Louisa High School, Louisa, Ky., entered the contest after reading a story in the **Ashland Daily Independent** telling that young people in the United States may win the opportunity to participate in projects of marine biology, archaeology and ecology in foreign countries such as Scotland, England or Iran.

Team members would be taught proper archaeological field methodology: de-turfing, site layout and gridding and excavation procedures. "I'd like to go to Scotland to participate in an archaeological expedition searching for various forms of flint," says Cathi. "I feel this would be a tremendous addition to my education."

Although Cathi will not be able to accept the offer, she hopes by winning such an opportunity that new doors will open for her as she pursues her education.



Appalachian Power Company's entry was judged the best float in the professional category in Roanoke's Bicentennial Parade on July 5. Riding the float was the Appalachian Chorus, made up of General Office and Roanoke Division employees, which sang patriotic songs. The Chorus, under the direction of Helen Honaker, stenographer in GO T&D Station, presented a concert at Yorktown Victory Center at the invitation of the Virginia Independence Bicentennial Commission, Yorktown, Virginia, recently.



Don Thompson, planner senior in Charleston Division's St. Albans office, found this German Shepherd puppy inside the fence at the city dump, barely able to stand. Don brought the puppy back to the office, where employees began feeding and taking care of him. They even built a dog house in the storage yard behind the office. The dog, which was dubbed "Dumpy", was given shots free of charge by a local veterinarian.

Service emblems awarded to veterans of our companies

									
P. H. Adams Station Foreman Logan-Williamson 40 Years	H. S. Trussell Planner Senior Logan-Williamson 40 Years	B. N. Kidd Area Serviceman Pulaski 40 Years	C. D. Ross Asst. to For. Con. & Ut. Supt. GO-Roanoke 35 Years	F. E. Varney Area Superintendent Logan-Williamson 35 Years	D. H. Caldwell Area T&D Clerk Charleston 35 Years	E. J. Humphrey Eng. Supervisor Ashland 35 Years	Adrian Combs Dist. Engineer Sr. Hazard 35 Years	B. K. Ewen Line Foreman Hazard 35 Years	P. L. Sowers Line Supervisor Pulaski 30 Years
									
P. F. Curry Station Supervisor Charleston 30 Years	L. C. Shaffer Line Foreman Charleston 30 Years	T. J. Hanley Res. Representative Logan-Williamson 30 Years	D. B. Smith Surveyor Pulaski 30 Years	G. G. Roseberry Stores Supervisor Pulaski 30 Years	E. L. Spencer Line Inspector Charleston 30 Years	J. P. Caines Serviceman Ashland 30 Years	C. H. Mann Lead Draftsman Beckley 30 Years	M. C. Dwornick Planner Senior Beckley 30 Years	Arnett Strong R/w Agent Hazard 30 Years
									
T. W. Abshire Meter Serviceman A Roanoke 30 Years	R. L. Cole Unit Foreman Philip Sporn 25 Years	W. H. King Inst. Maint. For. Philip Sporn 25 Years	W. R. Harris Plant Clerk Senior Philip Sporn 25 Years	D. A. Cadle Unit Foreman Philip Sporn 25 Years	O. L. Leonard Asst. Shift Op. Eng. Philip Sporn 25 Years	Virginia Renn Cust. Acctg. Supv. Logan-Williamson 25 Years	J. W. Overbey Serviceman Kingsport 25 Years	B. L. Saul Sta. Off. Supv. GO-Roanoke 25 Years	G. N. Patterson Garage Foreman Lynchburg 25 Years

Retiree Walter Venters' hobby "is for the birds"

Walter S. Venters, Ashland serviceman, elected early retirement August 1 "to give me time to do the things I always wanted to do".

He enjoys fishing and hunting but most of all taking care of "my favorite birds, the Martins," he continues. He has the reputation of being the best known builder of Martin birdhouses in eastern Kentucky. Walt has constructed many of the birdhouses for his own yard as well as for other bird enthusiasts in the region. His birdhouses are all-electric. By using thermostat controlled electric heating tapes, the central

Martin house is always ready for the birds whenever they arrive.

Walt began his career with Kentucky Power as a meter reader junior. He says, "I remember coming to work for the company in 1945. I finished reading the first meter book at 10:00 PM with a flashlight, because I had another big book to read the next day. And after the 'next day' I had to take off work for three days because I had worn improper shoes and had sore feet."

"I can remember when we would start work about daybreak and work until dark installing new services to rural homes. One man would go ahead of the crew and make arrangements at some farm house for dinner for the men. Somehow, these homes where we knew dinner would be waiting were always hooked up first thing in the morning."

A Kentucky Colonel, Walt is a member of the First United Methodist Church, Masonic Lodge No. 325 and is active in the Boy Scout program.

He and his wife Madelon plan to travel through the southern states but will maintain their home in Ashland.



Walter Venters inspects some of his all-electric Martin birdhouses.



Madden

Madden retires to new career

"My plans for retirement are all work," says Carl L. Madden, who was a meterman A in Hazard before electing early retirement July 1. "They include doing some field geology work and being a consultant in mining electricity."

Carl, who hails from Smithsboro, Kentucky, attended Berea College and earned an engineering degree through International Correspondence Schools. He joined Kentucky Power in 1947.

Carl enjoys hunting grouse during the winter and going freshwater and deep-sea fishing in the summer months, as well as gardening.

Five write for Operating Ideas

Five Appalachian Power employees contributed suggestions which were published in the July/August issue of **AEP Operating Ideas**.

D. W. Howell, electrical engineer in General Office T&D Meter, Roanoke, collaborated with F. W. Parrinello, a former employee in the department, on an article entitled "Accumulator Tests Magnetic Load Recorders". The accumulator, made in house for less than \$800, would have cost over \$20,000 if bought commercially.

Thomas Bloss, Huntington stationman A, wrote "Twine Cter Aids Splicing". His idea was also judged as one of the best operation improvement proposals received during the first quarter of the year.

G. F. Schwartz, now retired Huntington division superintendent, was the author of "Mo Help For Interrupting Lo Circuits".

Ted L. White, Bluefield electric engineer, described a "Simplified Procedure For Testing Capacitors".



For their contribution to **AEP Operating Ideas**, which was judged exceptional, F. W. Parrinello (left) and D. W. Howell (right) each were awarded \$150. Presenting the checks was E. C. Rankin, Appalachian T&D manager (center).

Companies honor employees with awards for long service



J. W. Taylor, Sr. Maint. Foreman Philip Sporn 25 Years Clayton Starcher Meterman A Charleston 25 Years D. R. Wallace Unit Foreman Philip Sporn 25 Years J. E. M. Scott Line Foreman NE Bluefield 25 Years J. C. Buckner Collector Pulaski 25 Years J. H. Ball Master Maint. Man Philip Sporn 25 Years M. H. Leonard Aux. Equip. Op. Glen Lyn 25 Years E. E. Brown Coal Eq. Operator Glen Lyn 20 Years E. S. Freeman Utility Foreman Glen Lyn 20 Years L. B. Heptinstall Sta. Maint. Man A GO-Roanoke 20 Years



Raymond Feltner Head Meter Clerk Hazard 20 Years R. W. Gillespie Area Serviceman Charleston 20 Years J. L. Dodson Tr. Civ. Draftsman GO-Roanoke 20 Years S. G. Landis Regional Dispatcher GO-Huntington 20 Years H. F. Sayre Regional Dispatcher GO-Huntington 20 Years R. C. House Chemist AEP-Huntington 20 Years J. T. Pauley General Serviceman Ashland 20 Years E. C. Thornton Equipment Operator Glen Lyn 20 Years C. D. Wiley Maintenance Man Glen Lyn 20 Years

SERVICE ANNIVERSARIES

Appalachian Power

John E. Amos
5 Years: **Maxwell E. Bales**, Maintenance Man A. **Frank E. Grover**, Equipment Operator. **Boyd C. Lively**, Maintenance Man A. **Eddie L. Manning**, Maintenance Man A. **Ernest L. Chapman**, Maintenance Man A. **Alvin W. Holley**, Head Custodian. **James A. Richmond**, Coal Equipment Operator. **S. Z. Parsons**, Performance Engineer.

Bluefield

15 Years: **Onsbie A. Yates**, Customer Accounts Supervisor G. 10 Years: **Wilbur R. McKinney**, Meter Reader. **R. Rex Stewart**, Line Foreman NE. 5 Years: **James D. Lamb**, Meter Reader. **Dwight M. Palmer**, Lineman B.

Charleston

10 Years: **L. C. Jennings**, Lineman A. 5 Years: **G. J. Pauley**, Meter Reader. **C. L. Witt**, Customer Accounts Representative C. **A. A. Brown**, T&D Clerk.

General Office

15 Years: **E. Q. Quarles**, Master Maintenance Man, Roanoke. 10 Years: **J. L. Rakes**, Right of Way Agent B, Pulaski. **D. E. Meadows**, Regional Dispatcher, Charleston. **Vickie L. King**, Payroll Clerk A, Roanoke. 5 Years: **D. L. Richardson**, Transmission Man B, Bluefield. **C. E. Martin, Jr.**, Control Wireman C, Charleston.

Huntington

5 Years: **G. A. Bailey**, Lineman C.

Logan-Williamson

10 Years: **Mary S. Randan**, Customer Accounts Representative B.

Lynchburg

10 Years: **H. A. Hughes, Jr.**, Lineman A. 5 Years: **Marjorie I. Holley**, Customer Accounts Representative C. **K. L. Banks**, Lineman C.

Pulaski

10 Years: **R. G. Musser**, Lineman A.

Roanoke

15 Years: **A. H. Jacobs**, Meter Reader. 10 Years: **R. L. Switzer**, Meter Serviceman C.

Philip Sporn

10 Years: **J. F. Hill**, Equipment Operator. 5 Years: **C. Y. Thompson**, Secretary Senior.

Cedar Coal

Chelyan

5 Years: **Laingston B. Johnson**, Assistant Mine Manager. **Charles D. Bowling**, Vice President. **Allen E. Tackett**, Transportation Foreman. **Everett M. Mann**, Stores Attendant.

Kentucky Power

Ashland

10 Years: **Samuel G. Wilson**, Lineman A.

Hazard

10 Years: **Thomas Stidham, Jr.**, Appliance Serviceman A.

Pikeville

5 Years: **Jackawayne Chaney**, General Record Clerk Senior-Commercial.

Kingsport Power

5 Years: **Marsha F. Starnes**, Cashier. **G. R. Chase**, Lineman B.



Cline Runyon

Cline, Runyon loaned to NAB

Allen D. Cline, Jr., has been named metro chairman and J. E. Runyon selected as metro director of the Huntington-Ashland-Ironton metro office of the National Alliance of Businessmen. Cline is General Office customer services manager and Runyon is area development director for Kentucky Power in Ashland.

NAB is concerned with a voluntary effort to provide jobs in the area for the disabled veterans, the disadvantaged and minority unemployed.

Cline and Runyon will head the group of volunteer businessmen "on loan" from their respective companies for a one-year period.



Gordon Chain (center), retired Huntington chief draftsman, displays his winning entry in a contest to design a Bicentennial flag for the City of Huntington. He is pictured with Huntington Mayor J. A. Caldwell (left) and City Manager Barry Evans. Gordon's design will be made into a flag for display at city hall. He was presented a \$25 Savings Bond for his efforts.

Ben Martin looks forward to retirement but will miss co-workers

Brinford "Ben" Martin, Charleston right of way agent, elected early retirement August 1 after 38 years' service.



Martin

He began his career in 1938 as a laborer and, after four years' military leave, returned to work as a field clerk. He advanced through the positions of clerk senior, senior distribution record clerk, T&D clerk senior and engineering aide before being promoted to right of way agent in 1968.

Ben says, "It is with mixed emotions that I leave. I am looking forward to the freedom and the change but I am also looking back over the last 38 years of my association with the company and I shall miss it."

He and his wife Eva, who retired from the telephone company, will spend most of their time at their summer home, "The Martin House" in Clay County. Ben keeps busy doing repair work and keeping his boats working and wants to build a workshop to insure plenty of room to pursue his hobbies and complete projects which have been postponed

until retirement.

Presently an elder in the Elk Hills Presbyterian Church, Ben has held every office in the church, including church school superintendent. As chairman of the pulpit seeking committee, he helped in the selection of a new minister. He has 28 years' perfect attendance at Sunday School. Once when Ben was hospitalized, members of his church held class in the hospital chapel so that Ben could attend.

Other plans include participation in the Thomas Jefferson Band Boosters and activities involving his son, Albert. Big plans are being made for hunting trips this fall, and Ben takes great pride in instructing Albert in the use of firearms, bow and arrow and safe hunting practices. Albert, who has done much more fishing than his dad, plans to give Ben a few lessons to help him catch some Elk River "big ones".

Ben adds, "I have no plans to do any extensive traveling. I want to spend the summer and fall up on the Elk and the rest of the time at 219 Viking Road. We do plan to take short trips, particularly to see the Cincinnati Reds and visit relatives and friends.

WELCOME NEW EMPLOYEES

Appalachian Power

Abingdon

Charles C. Boggs, meter reader, Clintwood. **Deborah A. Fraley**, senior engineering technologist.

John E. Amos

William H. Smith, utility man B. **Charles P. Tomlin** and **William R. Smith**, performance engineer. **Larry W. Cutlip**, utility man B, yard. **Michael A. Trawick**, **Glenn D. Bayes**, **Jackie Burdette, II**, **Steven F. Lewis**, **Robert N. Estep**, **Terrence L. Williams**, **David J. Callihan**, **Jeffery K. Spurlock**, **Glen H. Smith**, utility man B (temporary). **Charles P. Allen**, custodian. **Joseph E. Gregory**, control technician junior. **Donald E. King**, maintenance man C.

Beckley

Thomas H. Massey, clerk trainee. **Harold D. Reeves**, meter reader. **James E. Agee, II**, and **Jimmie L. Dunford**, clerk junior.

Central Machine Shop

Carol A. Raynes, clerk typist. **Zregory S. Minner**, **Rodney S. Scott** and **Randy L. McClanahan**, shipping and receiving clerk.

Charleston

Harold Wiseman, electrical engineer. **Eugene Brooks**, meter reader. **Emma Snodgrass**, clerk junior. **Constance McCoy**, auto repairman helper. **Greg Clark**, electrical engineer. **Brent Lockhart**, technician — Ash Research, Sales and Development Department.

General Office

James C. Fralin, Jr., work order cost clerk, Roanoke. **Dennis R. Jones** and **Robert E. Lawrence**, electrical engineer, Charleston. **Michael R. Dudding** and **Richard W. Pennix**, rodman, Roanoke. **Russell W. Stallings**, communications engineer, Bluefield. **Jeffrey A. Hutchinson** and **Mark W. Vinson**, electrical engineer, Roanoke. **Charles A. Rowe**, electrical engineer, Bluefield. **Jeffrey M. Whitehead**, **George B. Huff** and **Larry T. Dudley**, transmission man helper, Bluefield. **Larry K. Myrick**, transmission engineer, Bluefield.

Glen Lyn

Delford Lynn Morgan, utility man B.

Huntington

C. C. Hale, meter reader. **R. L. Robin-**

son, custodian. **Pamela J. Roush**, clerk-typist, Point Pleasant.

Logan-Williamson

June R. Browning, part-time clerk trainee, Madison. **David R. Stillwell**, electrical engineer, Logan.

Roanoke

Richard A. Painter, laborer (temporary). **Patsy H. Fout**, clerk-typist.

Philip Sporn

Connie S. Staats, **Donna M. Kay**, **E. Joann Goulart**, **Charles F. Hunter**, **Jo Ann Wernsing**, **Patricia L. Laudermilt**, **C. June Maxey**, **Randy L. Stanton**, **Katrina S. Batey**, **David A. Sayre**, **Victor R. Counts**, **Jeffrey W. Seaver** and **William E. Plantz**, utility man B. **James R. Holland**, chemist. **Donald L. Baker**, performance engineer.

Project 1301

Michael L. Hill, **John H. Ridgway, Jr.**, and **David K. Roach**, receiving/shipping inspector. **James A. Howard**, civil construction assistant.

Cedar Coal

Chelyan

Ernest F. Persinger, section foreman, Grace II. **Buddy R. Egnor**, section foreman, Coal Fork I. **Terry R. Wright**, stores clerk. **Patty Jo Gillespie**, junior clerk.

Kentucky Power

Ashland

James R. Sicard and **Larry Joe Pemberton**, distribution engineer. **Franklin D. Lawson**, auto repairman. **C. Becky Weaver**, junior clerk, GO Purchasing.

Big Sandy

Conrad C. Hoenig, Jr., **William E. Hamm**, **Robert Craig McNeil**, **Steven Charles Jackson**, **Joseph Anderson Roberts**, **Richard Saunders Gussler**, **Tyree Wayne Allen** and **Raymond Stephenson**, utility man B. **James E. Bradley**, **Gregory D. Prater**, **Mark S. Sampson**, **Terry G. Elliott** and **William G. George**, utility man B (temporary). **Thomas M. Matthews**, student engineer (temporary).

Kingsport Power

J. T. Bruner, Jr., meter reader.

Bill King will take it easy



King

William Mullen King, Pulaski lineman A, elected early retirement August 1 after 31 years' service.

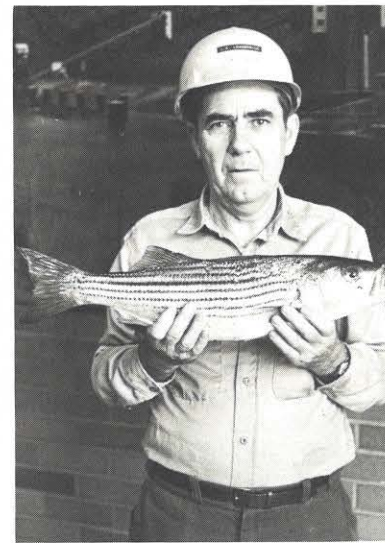
A native of Pulaski, Bill began his career in 1945 as a lineman B and worked as a lineman A and area serviceman before going on long-term disability leave in 1975.

Bill notes, "Everything used to be done the hard way by hand and now we have hydraulic equipment. Working conditions have certainly improved."

Looking toward the future, Bill says, "We would like to do some traveling whenever my wife and I are able. At the present time I am going to take it easy and do a little work around the house." A member of Pulaski's First United Methodist Church, he enjoys hunting and gardening.

The Kings have one child and twin grandchildren.

Loudermilk retires from Kanawha



Before his retirement, Elmer Loudermilk caught numerous fish like this on his lunch hour.

Julius Elmer Loudermilk, custodian at Kanawha River Plant, retired August 1.

A native of Cedar Grove, West Virginia, he began his career at the plant in 1953.

Elmer will continue to maintain his home at Kimberly, West Virginia, and plans to garden, fish and enjoy his grandchildren during retirement.

WE REMEMBER

Herman L. Morris, 69, retired Lynchburg meter reader, died July 3. A native of Charlotte County, Virginia, he began his career in 1938 as a laborer and retired September 1, 1971. Morris is survived by his widow Carrie, Route 2, Forest, Virginia; three sons and one daughter.



Morris

Forest Hodge, 83, retired mechanical maintenance mechanic A, Logan-Williamson Division, died June 26. A native of Ritchie County, West Virginia, he was employed in 1936 as a welder during the construction of Logan Plant and retired October 1, 1957. Hodge is survived by one son and five daughters.

Willa B. Tyree, 73, retired operations analyst B in General Office Operations, Roanoke, died June 30. A native of Marlinton, West Virginia, she began her career in 1933 as a PBX operator in Charleston and retired June 1, 1968. Tyree is survived by one sister.

Bertha Martin Hall, 70, retired Bluefield utility clerk senior, died July 5. A native of Bertha, West Virginia, she began her career in 1937 as a clerk at Princeton and retired April 1, 1963. Hall is survived by two brothers.

Robert G. Gilmore, 52, assistant chief mechanical construction,

Project 1301, died July 1 during open heart surgery. native of Stockport, Ohio, began his career in 1949 as maintenance man at Philip Sporn Plant. Gilmore is survived by his widow Billie, P. O. Box 51 New Haven, West Virginia, and one daughter.

Mary Liza Goodman, 79, retired maid in the Logan-Williamson Division, died July 3. A native of Salisbury, North Carolina, she began her career in 1944 and retired September 1, 1961. Goodman is survived by one daughter, two grandchildren and three great-grandchildren.

William S. Jones, 52, transmission inspector in General Office T&D Transmission, Bluefield, died of a heart attack July 26. A native of Greenville, South Carolina, he began his career in 1947 as a laborer in Roanoke. Jones is survived by his widow Marilyn, 331 Union Street, Bluefield, West Virginia; two sons and one daughter.



Hodge

Tyree

Hall

Jones

Ferris Justice looks forward to spending winters in Florida

"I have always enjoyed working for the company. The company gives every man an opportunity to advance if he is willing to work," says M. Ferris Justice, who was a master maintenance man at Philip Sporn Plant before electing early retirement August 1.

A native of Hartford, West Virginia, Ferris joined the plant in 1951 as a laborer and held successive positions as helper, junior maintenance man and maintenance man before being promoted to master maintenance man in 1968.

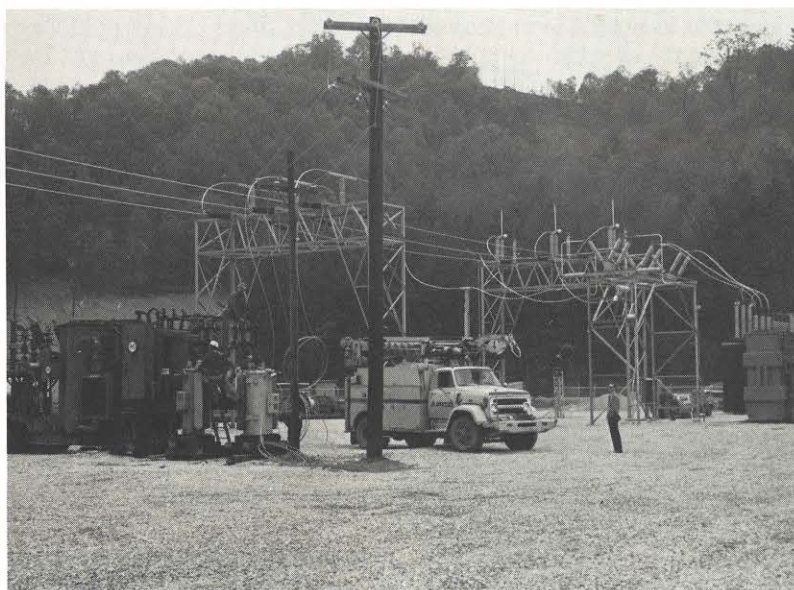
He says, "I intend to spend two or three months during the winter in Florida." Ferris enjoys camping, fishing, gardening and helping his neighbors with their electrical problems. Active in the Clifton United Methodist Church, he is a trustee, superintendent of Sunday School, vice-chairman of the administrative board, and a member of the council on

ministries and finance committee

Ferris and his wife Irene have two children and four grandchildren.



Justice



Finishing touches are given to the new 25 mva, 69 kv/34.5 kv Lovely Station prior to placing it in service. The new station, located at Lovely, Kentucky, in the Sprigg area of Logan-Williamson Division, was built to accommodate the rapidly expanding growth in Martin County, Kentucky, and lower Mingo and Wayne Counties, West Virginia. The station was built in conjunction with a general conversion of facilities in those areas to 34.5 kv.



Jim Smolder, background, and three of his sons, John, Chris and Bill, display some of the family's athletic trophies.

Basketball is a team effort in the Jim Smolder family

Jim Smolder's family consists of five boys, all basketball players, and one daughter, a cheerleader. Jim, engineer B in Charleston, has been coaching basketball since 1961 and has a 146 win-45 loss record.

Jim coaches the Kanawha Valley Catholic Grade School Basketball League, which includes boys through the eighth grade. All but his youngest son, 12-year-old John, have been on his team at one time or another during those 16 years, but John will be playing for him next year. Jim's teams have won seven tournament championships and were regular season champs for eight years.

Most prominent of his athletic sons is Mike, who made Catholic all-state and all-tournament in both basketball and baseball and made second team all-Kanawha

Valley in basketball. He now attends West Virginia State College. If his youngest son is as good an athlete as the others — and he probably will be — Jim might have to enlarge his house to make room for the collection of family trophies.

Daughter Debbie, 19, was a cheerleader at Charleston Catholic High School and has several swimming trophies to her credit.

Jim, quite an athlete himself, played football, basketball and baseball for Charleston Catholic High before graduating in 1952. He has played against the great All-American, Hot Rod Hundley.

He is still active at Charleston Catholic as official timekeeper for all home football and basketball games.

Whitewater rafting thrilling experience

"Randy and I are real water enthusiasts, but this had to be our most exciting and thrilling experience. It's just something you have to do yourself to know what kind of feeling you really have," says Anna Cyphers, Charleston secretarial-stenographer, about her first whitewater rafting trip.

It all began when Sue Pryce, Charleston personnel clerk senior and her husband Jim saw an article about whitewater rafting in the local newspaper. The Pryces talked the Cyphers and two other couples into going and, once the reservations were made and the money paid, there was no backing out.

Anna recalls, "We reported in at the Mountain River Tours office at Hico, West Virginia, at 7:30 AM and then drove to Hawk's Nest State Park. A bus picked up all the anxious people waiting in the parking lot, and we were given our life jackets and helmets."

Sue adds, "We had a rather scenic ride for about one hour to a place called Thurmond, where the raft trip began. On the way the guide entertained the passengers with tales of the old coal mining towns and Fayette County legends. We were also informed of the rules of the river. They made no bones about this. They simply stated the safety rules and said that absolutely no liquor or drugs were allowed. This is a very safety-oriented outfit."

Anna says, "Once aboard the rafts, we were all excited but a bit cautious and leery. We really had no idea of what was in store for



Preparing for their rafting trip down the New River are (l. to r.) Jim Pryce, Sue Pryce, Randy Cyphers and Anna Cyphers.

us. Our guide came on board and placed himself at the rear of our raft between his 10-foot oars. We just sort of went along for the ride at first, rowing as we were instructed to. During this time, we had a couple water battles with people in the other rafts."

She continues, "Then our guide calmly told us we were approaching the first rapid of the day. It would be a little one, he assured us, but we had to see for ourselves. This was going to be the test — whether or not we liked whitewater rapids. As we entered this first rapid, with the guide instructing us to row as hard as we could, an unbelievable amount of excitement overwhelmed us. There was such a terrific amount of water with such great force that it was just exhilarating. Once we made it through this rapid and saw how exciting it was and realized we had laughed all the way through it, we were sure the day was going to be a success."

Sue says, "During the course of our trip we went through rapids classified as Class I through V. Class V means there are waves five to seven feet high. All the rapids were named, such as the Upper Kenneys, the Middle Kenneys and the Lower Kenneys. By the time we went through these three rapids, we had gone only a quarter of a mile but had descended 34 feet. During this time the guide was calmly but firmly giving

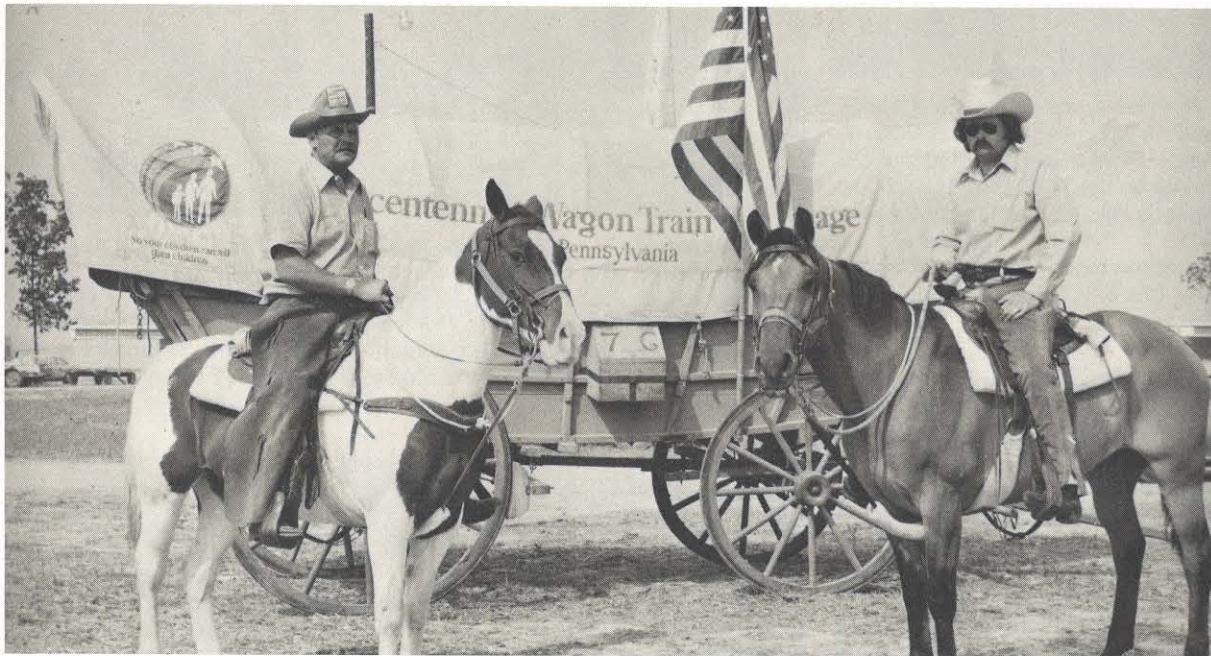
us instructions such as 'paddle with all you've got', 'dig in, dig in' 'keep your strokes short but really dig in'. When we heard those orders, we really gave it all we had.

"The best ride of all was up front in the raft," says Anna. "We took ourselves braced for the water but still it was a shock as to the amount that hit us each time we went through a rapid. The people riding up front always got drenched, but it was a refreshing feeling. It is a little hard to explain because just as soon as you finished going through a rapid, you longed for the next one and wished for it to be just a little bit bigger."

Altogether the trip was approximately 12 miles down the New River. For about the last half hour, the ten rafts on the trip that day were hooked up, train style, and were towed in by a small boat. This brought the group back to the Hawks Nest tram area, where they rode the tram back up to the lodge and picked up their cars.

Anna says, "We are planning a whitewater trip down the Gauley River this fall, which will start at Summersville Dam. Our guide terms the Gauley as 'treacherous'. Somehow we think we can handle it. If it provides us any more thrill or excitement than the New River did, then it will be worth it."

Sharps official Bicentennial Wagon Train outriders



R. C. Sharp, Galax meter serviceman (left), and his son Jimmy were official outriders for the Bicentennial Wagon Train on a segment of its trip through Virginia.

R. C. Sharp, meter serviceman A in the Galax area of Pulaski Division, and his son Jimmy were official outriders for the Bicentennial Wagon Train on a segment of its trip through Virginia. They met the Train at the Virginia-Tennessee line and escorted them on horseback from Bristol to Blacksburg. R. W. Dalton, Galax lineman A, rode with the Train from Marion to Ft. Chiswell.

Sharp noted that, "Out west they are called outriders, but here in Virginia we are called scouts."

This Wagon Train is the largest of seven that traveled across the United States in celebration of the Bicentennial. When it left Houston, Texas, on January 4, it consisted of between 40-60 wagons, 250 persons and a caravan of 125 support vehicles. Their destination was Valley

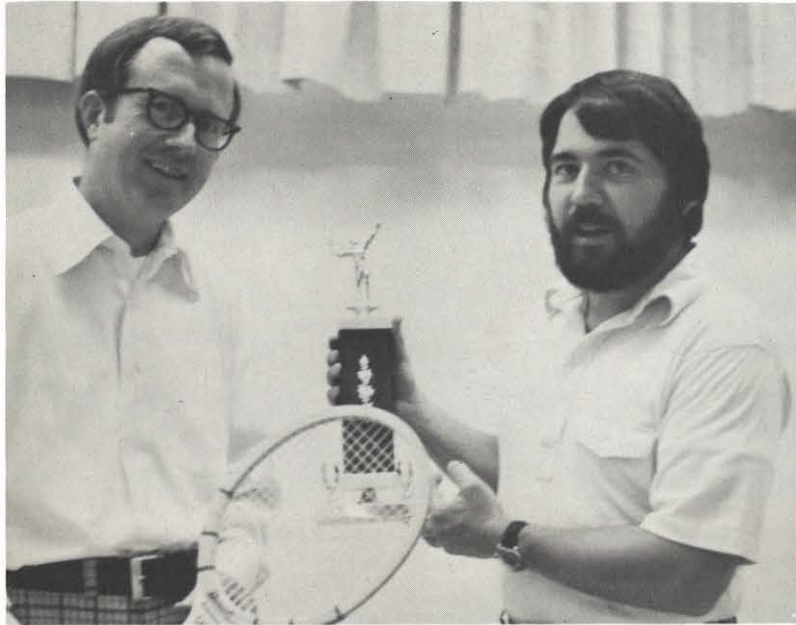
Forge, Pennsylvania, where wagons representing all 50 states converged July 4.

Wagonmaster Col. Nels Tobey said that on a good day they covered 20 miles. He added that 25 to 27 miles was a bit harder, but 30 miles very difficult. The train followed the historic Wilderness Road up the Shenandoah Valley.

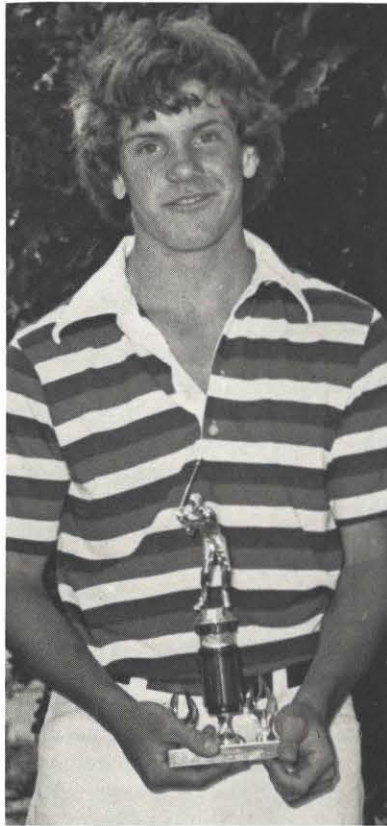


On hand to greet the Bicentennial Wagon Train and Virginia's official wagon as it passed through Abingdon were, l. to r., Don Landreth, engineer B and Scoutmaster of Troop #222; Mark Landreth, Jimmy Hughes, Rusty Johnson, Hugh Ferguson and Clyde Landreth.

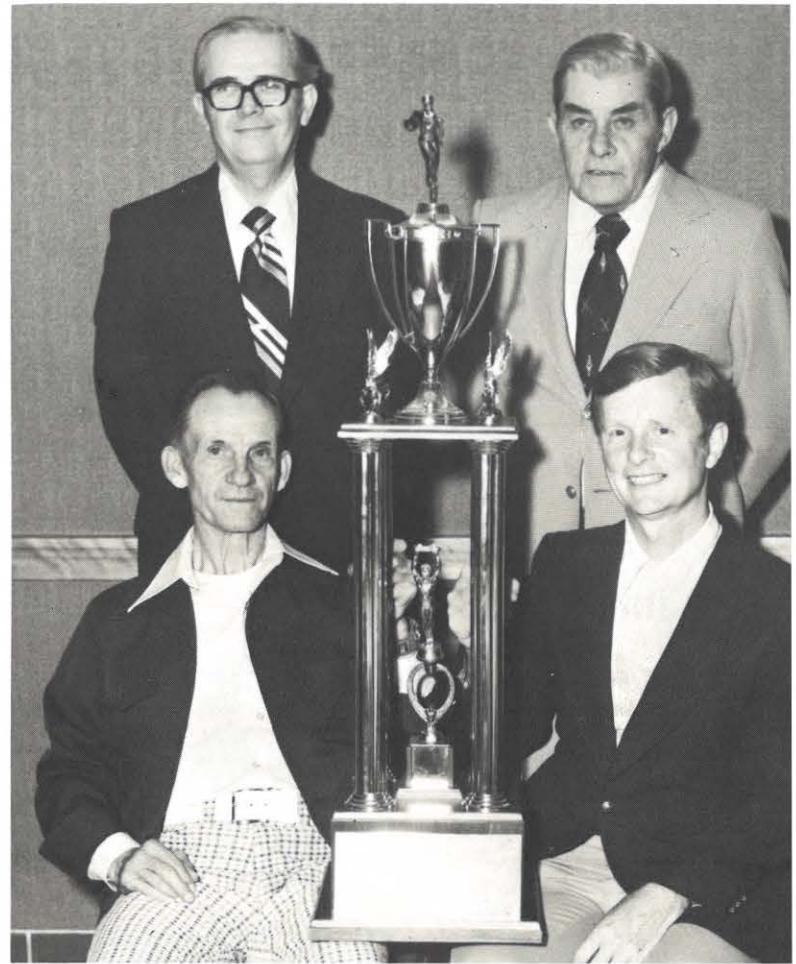
To the victors go the spoils



Gene Hylton, left, and Dave Baumgardner of General Office Accounting, won top honors in the first annual Appalachian Power Company tennis tournament held recently in Roanoke's Wasena Park. Eight men's doubles teams participated in the event, co-chaired by Wayne Sink and Larry Lynch, GO T&D Station. Second-place trophy went to Emmett Blackwell and Rudy Wooten, GO Personnel, and third-place to Donnie Robins, GO Accounting, and Larry Lynch, GO T&D Station.



Charles Sheffey, an Abingdon High School sophomore, posted an even par 73 to lead his golf team to the first Southwest District championship. The team fired a school record of 309. The son of R. A. Sheffey, Jr., Abingdon engineering supervisor, Charlie captured the medalist trophy by one stroke over a teammate.



The A. P. Co. Electricians proudly display the championship trophy they won for the 1975-76 season of the Bluefield Industrial Bowling League. Team members are (seated, l. to r.) Okey Glover, retired stationman A, and Clyde Welch, head T&D clerk. Standing, l. to r., Bill Wolfe, T&D clerk senior, and Bill Cooney, retired surveyor.



Twenty-eight persons participated in the annual Charleston Division employee golf tournament held at Big Bend Golf Course. Neil Stultz shot a 78 to take the big trophy and Paul Parsons and Eddie Stone each had 85 to tie for second place. Other winners included Leonard Bird, low putts; Barry Snodgrass, longest drive on #7; Marvin Dillard, closest to pin #13; Tex Baker, most putts; and Bill Weeks, high gross. Pictured are, from left, Stone, Baker, Bird, Stultz, Dillard, Weeks and Snodgrass.



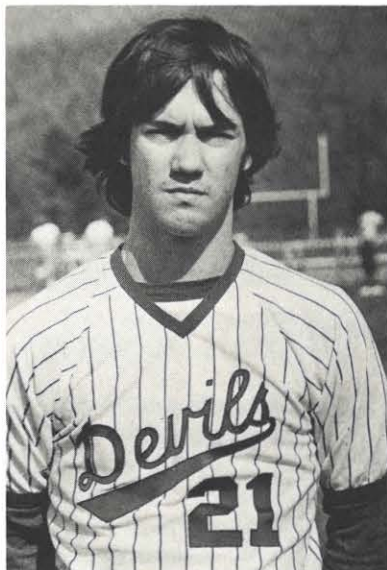
Chris Harris, son of Joseph H. Harris, performance technician at John E. Amos Plant, was selected an outfielder on the Tri-Valley Athletic Conference all-star baseball team. The 5'11", 140-lb. sophomore at Hurricane High led his school team in total hits and batting average (.408) this year.



Susan Caywood, GO Accounting; Sandra Collier, GO Customer Services and Gail Walker, GO General Services, received team trophies for a high handicap set of 2,534 during the recent bowling season. They bowl for Williams Drafting Company in the Viking Belles League, Roanoke. Sandra also won trophies for individual high scratch set (556) and for bowler of the month. She had the highest game during January. Left to right, Caywood, Collier and Walker.



Twenty-five Abingdon golfers participated in the 1976 Kilowatt Open held at Holston Valley Golf Course in Bristol, Tennessee. First place honors went to Don Linkous, left, while Bill Ferguson, center, won "closest to the pin" on 18. Buddy Snodgrass, right, was match coordinator. Winners in their respective flights were: Gordon Craig, Lewis Smythers, Bill Ferguson, Hunter Thayer, Paul Lethcoe, and a tie between Dave Spencer and Jim Nickols.



Steve "Hoss Fly" Kilgore pitched the Gate City Blue Devils to an 8-3 victory over Virginia High to capture the Southwest District baseball championship. The son of Carl Kilgore, Kingsport planner, he has a 6-0 record.



Winners of Bluefield Division's spring golf tournament held at Fincastle Country Club were, l. to r., Harold Cutlip, draftsman senior, first place; Duke Wright, administrative assistant, and Bob Simmons, stores supervisor, who tied for second and third place.



"The Breakers" team won the APCo Kilowatt Bowling League in Huntington for the 1975-76 season. Displaying their trophies are (l. to r.) Melvin Johnson, line foreman non-exempt; Margaret McComas, wife of T&D Clerk Senior T. J. McComas; W. T. Locke, station foreman; Doris Locke, wife of W. T. Locke; and Greg Bowles, son of Joyce George, customer account representative.



Members of the Chugalugs, which won the Power Keglers Bowling League championship, are (front row, l. to r.) Pete Nease, Bill Henley, Middle row, Bill Sheaff and Ron Hogan. Back row, Eddie Allie and Lonnie Moran.

Chugalugs roll over Accounting to win Power Keglers Bowling League

The Chugalugs emerged victorious in a roll-off with Accounting to determine the championship in Roanoke's Power Keglers Bowling League.

Trophies were awarded these members of the Chugalugs team: Ron Hogan, GO Accounting, captain; Eddie Allie, Roanoke Customer Services; Pete Nease, Roanoke T&D Engineering; Bill Henley, GO Operations; Lonnie Moran, GO T&D Distribution; and Bill Sheaff, GO T&D Meter.

The Accounting team was composed of Tom Barnett, captain; Roger Law; Jerry Saunders; Danny Sink; Owen Hawkins and Raymond Bright.

Individual trophies were awarded as follows: Ron Hogan, GO Accounting, bowler of the year; Bob Daniel, GO Accounting, high game (245 scratch, 271 handicap); Leonard Thomas, GO T&D Station, high set (623 scratch, 713 handicap).

High team set went to Accounting (2651 scratch) and the Splitters (3069 handicap).

New officers for the 1976-77 season are Leonard Thomas, GO T&D Station, president; Don Powell, GO General Services, vice president; and Roger Law, GO Accounting, secretary-treasurer.



T. S. Martin, station operator A, General Office Operations, Roanoke, was awarded \$25 as first prize winner in the third annual demolition derby sponsored by the Vinton Jaycees. Sam, who drove a 1965 Oldsmobile, also sold the remains of the car to the auto shredder after the derby was completed. J. F. Whitehead, regional dispatcher, General Office Operations, was pit crew chief. Pictured with the winning car are Whitehead, left, and Martin.

Karate is mind over matter, Amos men say

According to the dictionary, karate is "a Japanese system of self-defense without a weapon — literally, empty handed". But there's more to be found as one goes deeper into this ancient Oriental technique.

Just ask brown belt Marvin Poindexter, maintenance man A, or green belt Jim Mosely, utility operator B, at John E. Amos Plant. They know that karate is a combination of mental and physical processes that results in the control of mind over matter.

Marvin and Jim took up karate to keep in shape. And anyone watching karate classes would have to agree that this seems a good place to start.

"Seiken-Zuzi" the instructor shouts, and swiftly the student's right arm shoots forward for a fore fist punch. The lightning speed and agility displayed in methods of offensive control and defensive skill are amazing to a casual spectator. As Jim explains, "It's not how hard you can hit. It's how close you can miss that counts."

The first thing one must do in karate is close out the outside world and exercise the power of concentration. Proper utilization of the mind will allow one man to hold back 15 men who are all pushing against him. He sees beyond, and his inner power resources will enable him to break a heavy board or perhaps seven inches of concrete with a single blow.

Spectacular as the chops, blocks and kicks of a karate engagement may be, it is the Chi (or Ki), that inside energy that flows through the body at all times, wherein the mystery and mastery of self-control lies.

Karate students learn the Japanese names for all the basic movements as well as other related karate terminology. They learn respect for other people, which is carried out in the ancient tradition of bows and other signs of respect for the opponent and for those with higher belts.

The would-be student is carefully interrogated, for the instructor is very selective as to the motives of his students. Karate is not intended to make a bully out of a man but is rather a spiritual thing which should bring the peace and contentment that can come only through understanding, self-control and a feeling of being in complete harmony with the universe.

Jim, who has been involved in the sport for about a year and a half, has won several trophies. He spends quite a bit of time teaching his two-year-old son, B. J., who often goes with him to classes. Jim says the young ones will learn quickly and remember surprisingly well.

Jim has had the wind knocked out of him a few times and once, in a sudden death match in Ohio,



Jim Mosley, left, and Marvin Poindexter.

he was kicked in the face with both feet of his opponent, which almost broke his jaw and put him in the hospital. This type of injury is taken in stride and so far has not dampened Jim's enthusiasm for tournaments.

Marvin, who also has his share of trophies and participates in several other competitive sports, no longer enters many karate

tournaments. He goes for his black belt in October, and his eyes light up in recounting experiences, not of mortal combat but of self-introspection and personal, spiritual triumph. Marvin had six stitches taken in the knuckles of his right hand about a year ago when his hand came in contact with an opponent's front teeth. But he, like Jim, just chalks that up to experience.

Live Wires stay hot, capture Charleston bowling title



Making up the Live Wires team, which took top honors in the Charleston Bowling League, are (front row, l. to r.) Bonnie Jarrett and Harry Wilton. Back l. to r., Heavy Prowse, Jack Jarrett, Tom Craft and Bob Selbe.

The Live Wires, a team made up of Tom Craft (167 average), Bonnie Jarrett (145 average), Jack Jarrett (177 average), Heavy Prowse (144 average), Bob Selbe (164 average) and Harry Wilton (149 average), walked off with top honors in the Charleston Bowling League for the season just completed.

First-half winners, the Live Wires defeated the second-half winners, the Screw Balls, in a roll-off to become season champs with a score of 2940.

Trophy winners for the men

were: Jack Jarrett — high average (177.6); Bill Bostic — second high average (177.5) high game actual (279) and high game with handicap (295), high series actual (670) and Buc Petty — high game with handicap (751).

For the women, winners included: Elaine Braxton — high average (165), high game actual (243) and high game with handicap (271); Myra Dunlap — high series actual (550), and Linda Edens — high series with handicap (683).

Winifred McIntosh attends reception for Queen Elizabeth II



Winifred McIntosh poses in the dress she purchased especially to wear to the reception for Queen Elizabeth II.

"Queen Elizabeth II is a charming lady, young-looking even though she's 50," says Winifred McIntosh, who met the queen at a reception at the New York State Theatre in New York City's Lincoln Center. Mrs. McIntosh, the widow of Baxter McIntosh, former Lynchburg meter supervisor, was invited to be among the guests at the reception given by the British-American Societies, hosts for the event which capped the queen's six-hour visit in New York City last month.

Nickles plans to enjoy life



Nickles

Amos "Short Buckles" Nickles, Hazard serviceman A, elected early retirement July 1 after more than 31 years' service.

A native of Hindman, Kentucky, he attended Berea College and began his career in 1944 as the first full-time meter reader. He was promoted to serviceman the following year.

Amos plans to enjoy life and do what he wants to do without having a deadline to meet. He looks forward to catching up on his hunting and fishing and will be traveling to visit relatives in North Carolina, Wisconsin and Florida. He also plans to raise cattle and garden.

A charter member of the Big Branch Fellowship Chapel Church, he is Sunday School superintendent and treasurer. He and his wife Ethel have two children and two grandchildren.

Mrs. McIntosh, a first generation American, belongs to the St. David Society of the State of New York. Members of St. David and other groups which make up the British-American Societies are recent British transplants. Mrs. McIntosh's father came to the United States from Wales as a teenager.

When her invitation to attend the reception arrived, Mrs. McIntosh thought "what a great opportunity this would be" and made reservations to fly to New York.

She says, "I stayed at the airport until time to arrive at Lincoln Center. With all of the Democrats in town for the convention, I could not be guaranteed overnight lodging, so I planned to fly back right after the 4:00 PM reception. The queen was supposed to arrive at 4:45 PM but was held up in traffic. Usually at gatherings you don't feel the crowd is that moved, but the moment the queen walked in the door, you could sense a feeling of love in the air."

"She wore a beautiful pale green dress with matching turban, white gloves, white shoes and white bag. Of course, Prince Philip was his usual one step behind her. We stood behind ropes while the queen talked pleasantly with the people. Some of the women nodded, some gave a short curtsy and a few made sweeping curtsies, which looked silly in afternoon dresses."

She concludes, "I will have fond memories of a marvelous afternoon in New York with England's queen for many years to come."

Appalachian, Kentucky employees awarded China War Medal

Five AEP System employees were recently awarded the China War Memorial Medal by the Republic of China. They are: James E. Jones, Beckley division manager; Waldo S. La Fon, Kentucky Power executive vice



Admiring the China War Memorial Medal he recently received is James E. Jones, Beckley division manager.



Adams

Adams ends 40-year career

"I've worked for the company for 40 years; and, if I had it all to do over again, I'd do it," says Paul Hardy Adams, who was a station foreman in the Logan-Williamson Division before electing early retirement August 1.

Born in Whirlwind, West Virginia, Paul began his career as a laborer in 1936 and held successive positions as groundman, electrical helper, maintenance man helper A, maintenance man C, B and A, substation man A and stationman A before being promoted to station foreman in 1962.

Paul says, "My wife Quinnie and I plan to go to California by a northern route and return by the southern route. Then I'll spend much of my time fixing up around the house. I've got a lot of odds and ends that have been piling up. A little later on, I'd like to get into some kind of civic work. I also plan to do a lot of bowling, especially during the winter months."

Friends, customers benefit from Gilliam's blacksmith shop

By day, W. M. "Mack" Gilliam is a meter reader in the Gate City area of Abingdon Division. In the evenings he operates a 148-acre farm in Scott County with his father.

In addition to a beautiful home, the farm boasts a large barn, several outbuildings, two ponds, 28 head of cattle, nine horses and a 4,100-pound tobacco allotment. Mack even operates a blacksmith shop on the farm and is known as one of the two "professional blacksmiths" in the county.

"There's all kinds of work to do on the farm in the spring, summer and fall," declares Mack. "It's when the days turn cool and winter sets in that the evenings get long." During one such winter Mack started looking for something to help pass the time and turned to his blacksmith shop.

His first effort was a magazine rack made from 21 discarded horseshoes. The next was an

ashtray stand made from seven horseshoes and scrap iron. Soor he was turning out all kinds of objects. Old, discarded bed springs and plywood were made into small chests; scrap foam rubber and paneling were transformed into a pincushion rocker; and a discarded can, some small pebbles and scrap wood turned into a unique wishing well. For a friend who owns cattle, Mack fashioned a special pair of branding irons with handles made from the spokes of an old wagon wheel.

Several elderly customers on Mack's meter reading routes, as well as members of his family and friends, have been recipients of his handiwork. He sometimes fixes, at no charge, pieces of machinery or appliances for them.

Mack's friendliness and cooperative nature have won many friends for himself and for Appalachian.



Mack Gilliam displays some of the objects he created in his blacksmith shop.

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ADDRESS CORRECTION REQUESTED

The order for the medal was lost at the end of World War II and only recently found.

The Hump Pilots Association is composed of more than 2,500 air crew members and supporting personnel who were engaged in the war in the China-Burma-India Theatre of operation. A major portion of the flying provided the entire supplies for the American and Chinese Armies and Air Forces in China, the first time such a massive airlift was ever attempted. Over 900 aircraft were lost, making an aluminum trail across the "Hump", as the Himalaya Mountains were called. The terrible weather and rugged terrain posed as constant a danger as the Japanese fighters and bombers.