



GETTING A KICK
OUT OF KARATE

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THE ILLUMINATOR

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Cover

Brent Bias, Huntington station mechanic A, holds third degree black belts in Ko Sutemi Seiei Kan and International Ryo Ku Kai Japanese styles of karate and Central Tae Kwon Do Association Korean style. A story about his 10-year interest in the sport is on pages 16-17 of this issue.

Savings plan unit values

Date	Fixed Income Fund		Equity Fund		AEP Stock Fund	
	VPU	UCPD	VPU	UCPD	VPU	UCPD
1/31/82	\$1.4280	.7003	\$1.7011	.5879	\$1.1597	.8623
2/28/82	1.4398	.6945	1.6219	.6166	1.1831	.8452
3/31/82	1.4538	.6879	1.6159	.6189	1.2016	.8322

VPU — value per unit
 UCPD — units credited per dollar

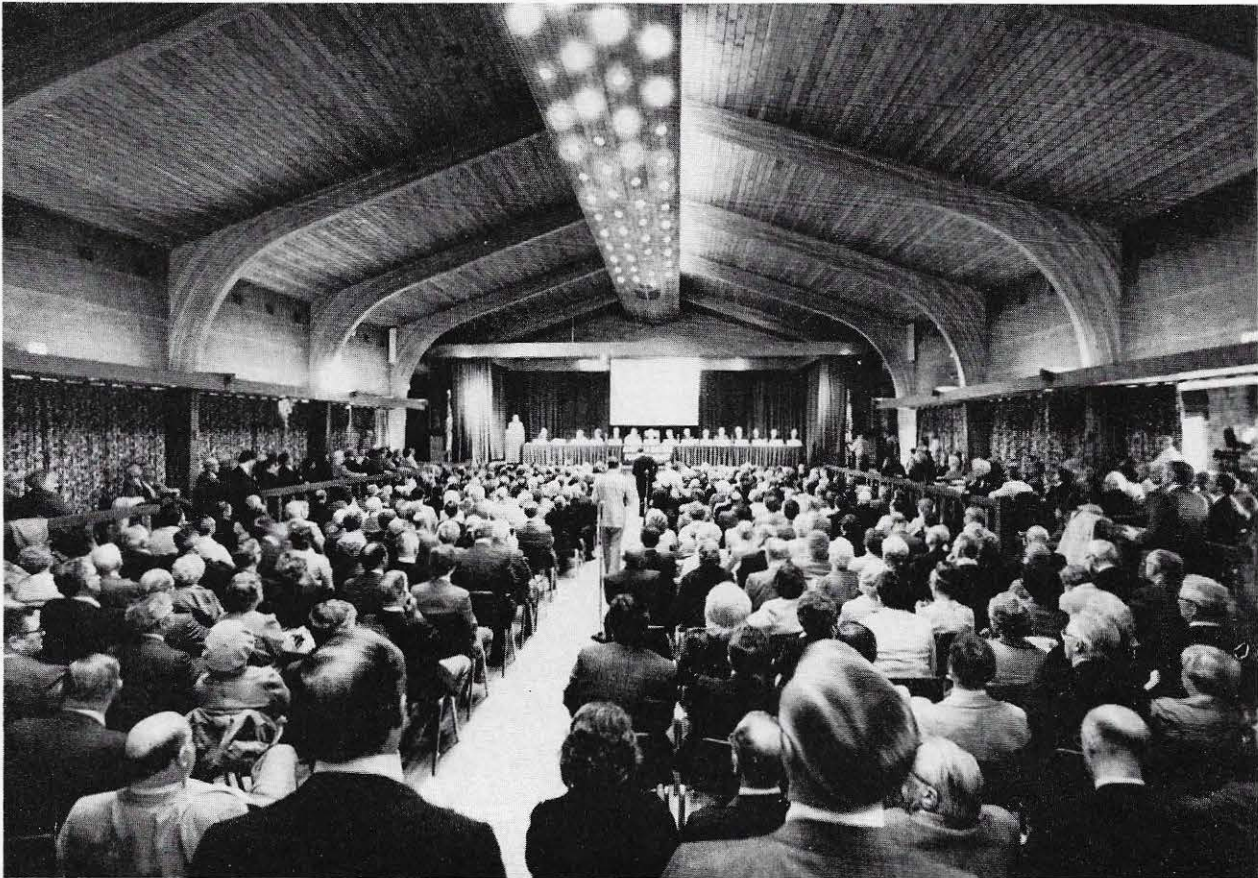
HOW TO READ THE ABOVE CHART: The first column lists the days on which unit values are figured; the second shows the market price or value of each unit on that day; and the third indicates how many units you could have bought for \$1 on that day. For example, if the market value or "value per unit" of the Equity Fund were 50¢ on the valuation date (last day of each month), then "units credited per dollar" would be 2.000. This also holds true for the AEP Stock Fund and the Fixed Income Fund.

The variable interest rate for April on the Fixed Income Fund is 12.48%. All monies placed in this fund during March and April will be credited with an interest rate of 12.48% during the month of April. □

The inside story

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Shareowners told about programs to improve financial performance



A view of the crowd at the AEP annual meeting in Wheeling, West Virginia.

800 attend annual meeting

An overflow crowd estimated at 800 attended American Electric Power Company's 75th annual meeting April 28 at Wilson Lodge, Oglebay Park, Wheeling, West Virginia.

It was, by far, the largest audience for an annual meeting in AEP history, exceeding the previous record of 580, set in Canton in 1977, by more than 200.

Approximately 100 persons viewed the proceedings on closed-circuit television in rooms adjacent to the meeting auditorium. The use of TV was a first for the company.

One shareowner singled out for recognition by Chairman W.S. White, Jr. was Mrs. Irene Molden, of Garrettsville, Ohio. She is the widow of H.T. (Hap) Molden, who worked for the AEP System for 43 of its 75 years, including periods with Wheeling Electric Company, Ohio Power Company and Indiana & Michigan Electric Company. "By introducing her," White said, "I am paying tribute to all of the people who made this System what it is today — and to their spouses, who supported them."

A feature of the meeting was the premiere showing of AEP's new 75th anniversary film, "Interconnections." Showings of the movie to System employees are being planned. □

Shareowners of American Electric Power Company last month were told that management is carrying out two programs aimed at improving financial performance while maintaining engineering and technological leadership.

W.S. White, Jr., chairman, outlined the programs at the 75th annual shareowners' meeting at Oglebay Park, Wheeling, West Virginia, on April 28.

He told the shareowners that, while "the technical and operating expertise of the AEP System is generally well acknowledged," there is "a concern that we have been unable to translate these fundamentals into superior financial performance."

To meet that specific concern, White said the company is carrying out a program:

(1) To minimize construction with the objective of keeping net external fi-

nancing requirements below five percent of total capitalization;

(2) To improve further the efficiency of operations and control of operating and maintenance expenses;

(3) To improve financial fundamentals and maximize cash flow; and

(4) To seek timely and adequate rate relief even more aggressively and to urge adoption of rate-making concepts that are more in keeping with reality.

White said that, while the "financial health of the AEP System has undeniably improved since the mid-1970s," there is a need to continue to improve earnings at a rate faster than dividend growth, a job he described as "difficult but not impossible."

The changes in rate-making concepts constitute the second program being pursued, White said. Among the changes:

1. A cash return on construction work in progress.
2. Full normalization of tax-book timing differences.
3. Reduction in regulatory lag.
4. A test year based on realistic costs which can be expected to prevail in the future.
5. Returns on equity keyed to prevailing costs of capital.

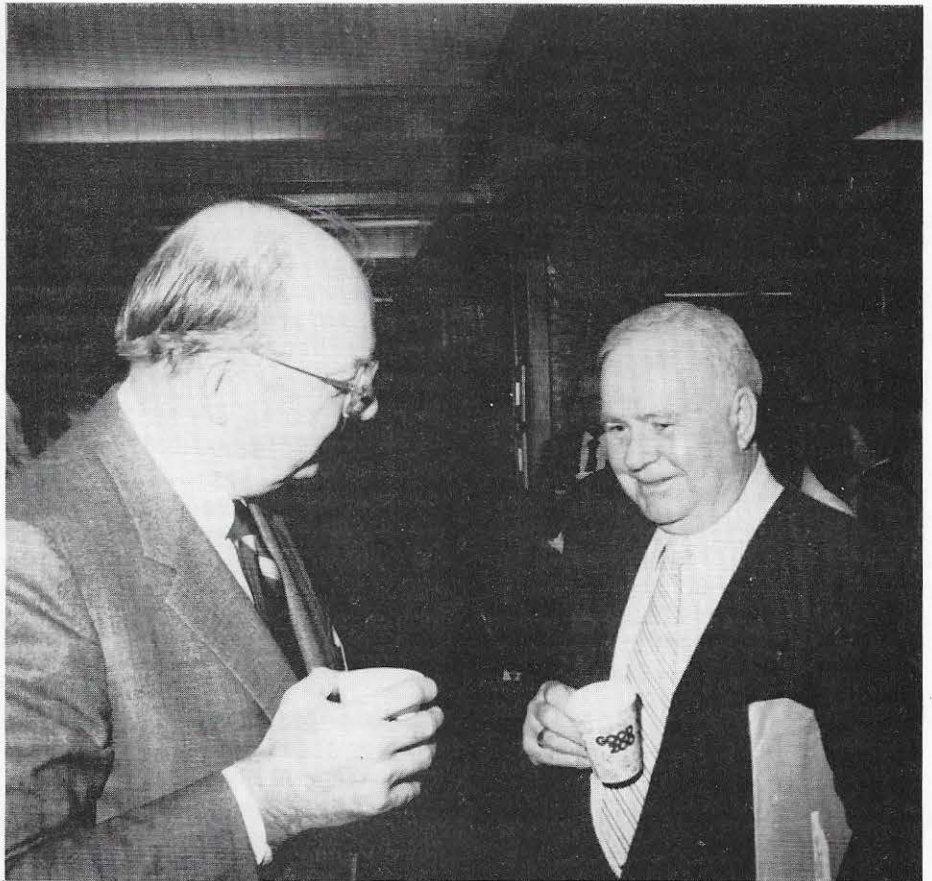
He said the company has had "mixed success" to date in carrying out the second program, but added that there "are promising signs" which indicate that progress is being made on this program.

White said the company is "in a good position to weather the uncertainties that surround us and gradually to enhance our financial performance to the point it will not take second place to our record in engineering and operations."

On other matters, White said:

- The AEP System is in good shape to meet future electric energy needs, with adequate reserves today and enough generating capacity under construction to provide adequate, reliable supplies of electricity at least through the decade of the 1980s.

In this connection, it was noted that 13 generating units totaling 14-million kilowatts, including two units under construction, have been completed since 1970 and will represent 60 percent of the System's power supply by 1986.



Appalachian Power President John W. Vaughan, left, talks with an AEP shareowner at the annual meeting.

"That is AEP's firm foundation for the future," White asserted.

- AEP's coal-fired power plants had an average availability of 80.1 percent in 1981, in contrast to the industry average of 70 percent. The System's four 1.3-million-kw generating units — largest in the world — had an average availability of 86.8 percent.

- Unrealistic changes in environmental regulations could produce severe problems. As an example, he pointed to the Mitchell "acid rain" bill in the U.S. Senate which could mean an investment of \$7 billion for the AEP System, annual operating costs of \$2 billion and an average increase of 63.3% in customers' rates.

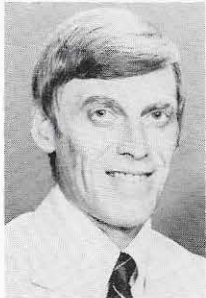
- Diversification by electric utilities such as AEP "may allow us to employ more fully our existing assets and to achieve some benefit." Such opportunities might include mining and transporting of coal for others and the marketing of the company's engineering, design and operating experience. However, the company will not become a conglomerate, he added, because "our business is the electric utility business" and "we need to con-

centrate our efforts in doing the best job we can as utility people."

AEP shareowners approved a company proposal to increase the authorized number of common stock from 175- to 200-million, but overwhelmingly defeated three resolutions introduced by stockholders.

The shareowners also reelected 14 company directors. One director, William W. Boeschstein, president and chief executive officer of Owens-Corning Fiberglas Corporation of Toledo, did not stand for reelection. He had announced, earlier in the year, that he would step down from the AEP board due to the press of business. □

Lovegrove takes public affairs post in Kentucky



C. Richard Lovegrove, public information supervisor in Appalachian's GO Public Affairs Department, Roanoke, has been promoted to public affairs director of Kentucky Power Company, Ashland,

effective April 16. He succeeds Marshall Julien, who has been named public affairs director of Columbus & Southern Ohio Electric Company.

Lovegrove graduated from Washington and Lee University with a bachelor of arts degree in journalism and attended the AEP Management Program at the University of Michigan Graduate School of Business Administration. He joined Appalachian in 1953 as a feature writer and was assistant editor and editor of *The Illuminator* before being promoted to public information supervisor in 1964. □

APCo requests \$88-million increase in W. Va.

Appalachian Power Company on April 8 filed a request with the Public Service Commission of West Virginia for an \$88-million rate increase.

This increase in rates will average 14.2 percent above the rates currently in effect. The cost to an average West Virginia residential customer using 750 kilowatt-hours of electricity will increase by \$6.35 a month.

John W. Vaughan, president of Appalachian, noted that this was the company's first filing for a general rate increase in West Virginia since July 1980.

The company asked that the increase become effective on May 10, 1982,

but the Commission has suspended the effective date until February 5, 1983, to permit the necessary review and public hearing.

Vaughan stated that the last filing was based on the company's operating costs in the calendar year 1979 and that the new request is based on the company's anticipated operating costs for the year beginning October 1, 1982.

"This means it has been 21 months since we last filed for a general rate increase and it will be several additional months before we receive this requested rate relief," Vaughan said.

In commenting on the increase request, Vaughan noted that virtually everything the company requires in the operation of its business continues to increase in cost. In particular, he cited the cost of complying with the new environmental regulations, higher labor costs, and persistently high interest rates. He also noted that some of the revenues are required to comply with provisions of the 1981 federal tax legislation.

Vaughan said, "The company continues to add new customers and customer usage continues to increase, which means new facilities have to be built. Even though the level of construction has decreased significantly since Mountaineer Plant at New Haven, W. Va., was completed, Appalachian's construction budget for 1982 is about \$125-million and will remain in that range for the next several years."

Vaughan pointed out that even though the company continues a record of superior operating performance, its financial condition has not yet shown adequate improvement. "We have not been able to earn the return which the West Virginia Public Service Commission granted in our last general rate increase, and the company's security ratings have not shown significant improvement in the past six years. This impairs our ability to raise funds in the money market at more reasonable interest rates and this, in turn, adversely impacts the cost of electric service," he said.

Commenting on the high interest rates of borrowed funds, Vaughan re-

ported that the company, in March, sold \$25-million in preferred stock at a cost to the company of 15.7 percent. In April, he added, the company sold some \$60-million of first mortgage bonds which carried an interest rate of 16.25 percent.

He said most of the funds received from these security sales will be used for the refunding of debt incurred in earlier years. These borrowings, which are maturing and have to be repaid, carried interest rates of 11 percent and 3-3/4 percent.

Vaughan said the company's filing also included a proposal to simplify several rate schedules; movement toward the elimination of declining block rates; and, for the first time, mandatory time-of-day rates for the company's largest industrial customers. □

APCO seeks \$14.4 million increase in Va.

Appalachian Power Company on April 30 filed with the Virginia State Corporation Commission a request for an increase in rates of \$14.4-million annually, effective June 1. The increase will average 3.25 percent above the rates currently in effect.

While the increase will vary among classes of customers, the cost to the average Virginia residential customer using 1,000 kwh per month will rise by \$2.23.

In announcing the rate request, John W. Vaughan, president of Appalachian, said, "This modest increase is essential if Appalachian is to have an opportunity to achieve the earnings level found reasonable by the State Corporation Commission in the company's last general rate case."

Concurrent with this request, the company submitted the financial data to the Commission as required for their annual financial operating review.

Vaughan pointed out that the company's 1981 earnings fell short of the level authorized by the Commission primarily because of inflation. "While we received some rate relief during 1981, we did not receive an amount sufficient to offset higher costs incurred in providing electric service," he explained. "Moreover, our costs of providing this service continue to increase."

He said that this request is being made under the Commission's Financial Operating Review procedure and as a result is significantly less than the company would have sought had it filed a general rate case.

Appalachian continues its efforts to

control expenses and to operate efficiently, he added.

"Our generating plant availability consistently exceeds the national average, and it improved significantly last year," Vaughan said. "In addition, our efficiency in generating electricity has been among the best in the nation for several years, and we maintained that level of efficiency during 1981.

"This level of efficiency means lower generating costs and thus lower rates for Appalachian's customers. Even with the proposed increase, our rates will generally remain well below those charged by other electric companies in this section of the country." □

von Schack leaves APCo

Wesley W. von Schack, vice president - administration for Appalachian Power, left the company April 30 to accept the position of vice president - finance for Central Vermont Public Service Company.

von Schack had been assistant vice president - finance for the AEP Service Corporation before being elected to the APCo post in 1979. □

AEP develops three-level range of load forecasts

An average annual load growth of 3.1 percent over the next 10 years was forecast last month for the AEP System. Just a year earlier the predicted rate had been 3.8 percent.

The 3.1 percent figure for anticipated internal energy requirements (i.e., those essentially of retail customers) represents the median of a three-level range of forecasts developed by the AEP Service Corporation's System Planning Department. The range was developed, Chairman W.S. White, Jr. explained, "because of the persistent

economic uncertainty and the wide divergence in the results of prominent econometric studies about future development of the economy."

The 3.1 percent growth in internal energy demand, as well as a 3.5 percent average annual growth rate in winter peak internal demand, is predicated on the assumption of moderate economic growth over the next 10 years.

By comparison, an "optimistic" economic projection visualizes annual

growth rates of 4.3 percent in internal energy requirements and 4.4 percent in winter peak internal demand. On the other hand, a "pessimistic" projection calls for growth rates of 2.2 percent and 2.8 percent, respectively.

"The wide divergence between the forecasts... indicates the degree of uncertainty we face in this regard today," White said.

Forecasts for average annual growth for the AEP System's eight operating companies follow:

	Average Annual Growth Rate (%) Next 10 Years					
	Internal Energy Requirements			Winter Peak Internal Demand		
	High	Med.	Low	High	Med.	Low
Appalachian Power Company	4.7	3.7	2.7	4.1	3.5	2.8
Columbus and Southern Ohio Electric Company	4.8	3.4	2.3	4.1	3.1	2.3
Indiana & Michigan Electric Company	3.5	2.2	1.4	3.6	2.5	1.9
Kentucky Power Company	6.2	4.9	3.6	6.9	5.8	4.8
Kingsport Power Company	4.4	3.2	2.1	—	—	—
Michigan Power Company	5.2	3.6	2.7	—	—	—
Ohio Power Company	3.8	2.7	1.9	4.7	3.7	3.1
Wheeling Electric Company	4.1	2.8	1.7	—	—	—
AMERICAN ELECTRIC POWER SYSTEM	4.3	3.1	2.2	4.4	3.5	2.8

Formation of AEP Energy Services approved

The Securities and Exchange Commission on April 21 approved the formation of AEP Energy Services, Inc. as a subsidiary of American Electric Power Company.

The new company will sell to non-affiliated companies, on a profit-making basis, a number of services now provided by the AEP Service Corporation, on a non-profit basis, to the companies on the AEP System.

The services to be marketed, as outlined in the SEC proposal, would include:

- Expertise in such areas as strategic planning, organization, policy matters and other management services.
- Technical expertise in such areas as design, engineering, construction supervision, planning and procedures, system planning and operational planning.
- Operating expertise in such areas as the operation and maintenance of power plants, transmission and distribution lines and stations, and communication facilities.
- Training expertise
- Technical and procedural resources.

W. S. White, Jr., chairman of AEP and its subsidiaries, said that the System's expertise, particularly in engineering and design, was a highly valuable asset that had been responsible for many major advances in electric utility industry technology through the years. □

1 Riverside Plaza "topped out"

What a difference a year makes.

In just about that amount of time, AEP's 1 Riverside Plaza headquarters building in Columbus has evolved from a 5.3-acre tract of land to 32 stories of structural steel. To observe the "topping out" of the building,

Chairman W. S. White, Jr., President Richard E. Disbrow and Vice Chairman John E. Dolan painted their names on the final beam before it was raised into place on the top floor in a brief ceremony on April 16.

The eight-sided building — estimated to cost in excess of \$80 million — will have 760,000 square feet of space, with parking for 1,000 cars. The structure is designed to provide maximum energy savings in its electric heating and cooling systems. The design emphasizes window placements and glass glazing to add to the building's energy efficiency. The building will have a masonry exterior to harmonize with other structures in the area.

The building will be AEP's fifth headquarters. The company began in 1906 in New York on Rector Street in lower Manhattan, moving to 30 Church Street shortly thereafter. In 1960, the office was moved to 2 Broadway in New York. Present temporary headquarters are in the Borden Building at 180 East Broad Street, Columbus.

* * *

A contract to construct 1 Riverside Plaza's 1,000-car, \$5 million parking garage was recently awarded to the Setterlin Company of Columbus by Turner Construction Company, general contractor.

Work was begun in April, and the garage is expected to be completed in about a year. Part of the facility will be below ground, with the roof available for a parkline landscaping. □

PSC okays fuel factor increase

The Public Service Commission of West Virginia has granted Appalachian Power Company a fuel expense recovery of 188.838¢/Mbtu for the period April 1 through September 30, 1982.

The average residential customer using 750 kilowatt-hours per month will experience an increase of 44¢. □

Sport fishery study underway in Smith Mt. Lake

A research project to investigate the sport fishery in Smith Mountain Lake is being funded as a cooperative effort between Appalachian Power Company and the Virginia Commission of Game and Inland Fisheries. The project, begun last month, is being carried out by the Department of Fisheries and Wildlife Sciences of VPI&SU at Blacksburg.

The focal points of the research effort, according to Joe Plunk, manager of hydro generation for Appalachian, will be to determine the causes and possible remedies for the decrease in black and striped bass in Smith Mountain Lake in recent years.

David Whitehurst, supervisory fish biologist of the Commission of Game and Inland Fisheries, said the study will take four years, three to collect data and a fourth to analyze the information obtained. "A study of this duration is necessary to observe seasonal trends and patterns which may vary from year to year," he explained.

The study will examine, among other factors, the impact of fewer nutrients in the lake; the impact, if any, of a new 100 megawatt electric generation turbine/pump unit at the dam; and the effect of changing relationships between predatory fish and their prey.

The study is being conducted by Dr. John J. Ney, associate professor of fisheries science, and Garland B. Pardue, leader of the Virginia Cooperative Fisheries Research Unit, both of VPI&SU. Whitehurst is project officer for the Commission of Game and Inland Fisheries.

This project is a continuation of the efforts of Appalachian, as operator of the hydro-electric project, and the Commission to maintain a high quality fishery in the Smith Mountain project, Whitehurst said. □

APCo requests delay in effective date of Brumley permit

Appalachian Power Company on March 29 asked the Federal Energy Regulatory Commission to delay the effective date of a preliminary permit for the Brumley Gap, Va. pumped-storage hydroelectric project feasibility study until all legal appeals are completed.

Appalachian cited the March 26 commission order extending the period for further consideration of the application for a rehearing and pointed out the company "cannot responsibly make a commitment to the expenses necessary to study the site until the uncertainty surrounding the validity of the preliminary permit has been eliminated."

In seeking the stay or suspension of the effective date, the company noted that the rehearing was ordered in one instance on a petition by intervenors who are seeking to have the issuance of the permit rescinded.

Appalachian's petition noted that "intervenors have stated that they intend to seek appellate review of the commission's order."

In view of this public notice by the intervenors, Appalachian petitioned the commission to stay the effective date "during the consideration of the rehearing petitions by the commission, during the period within which the intervenors have a right to appeal and during the appellate review, if any."

Appalachian's petition said the commission "recognized the extensiveness and complexity of the studies necessary to evaluate the site.

"...The extent of the studies is evidenced by the commission granting APCo a preliminary permit for the maximum allowable period — 36 months. APCo continues to believe it must have the full 36-month period to study the site before it can make an informed judgment as to the feasibility of the site and to prepare an application for license if the site proves feasible."

In view of the uncertainty still surrounding the permit, the Appalachian petition continued, the company would effectively be denied the full period allowed under the permit.

The action is the latest in a protracted proceeding stretching over almost four and a half years.

On January 25, the Federal Energy Regulatory Commission issued the preliminary permit to Appalachian, effective January 1, 1982.

On February 12, U.S. Senator John W. Warner (R. Va.) and Representative William C. Wampler (R. Va.) wrote to W. S. White, Jr., chairman of the board and chief executive officer of American Electric Power Company, Inc., parent of Appalachian Power, asking that Appalachian "consider the purchase of surplus generating capacity from the VEPCo pumped storage facility in Bath County, Virginia as an alternative to the near-term construction of the Brumley Gap project."

On March 16, White responded. He noted the request "to reexplore the feasibility of an ownership interest in VEPCo's Bath County pumped storage project" and pledged that "we will reconsider the matter fully, thoroughly and in good faith, and that we will keep you advised as our investigation proceeds."

John W. Vaughan, president of Appalachian Power Co., pointed out that while the reconsideration of Bath County is underway, it is also essential that the Brumley Gap project activities continue at the best possible pace. He emphasized that Appalachian's interest in the Brumley Gap project has been and continues to be in terms of exploring a pumped-storage-type installation at that location as one of several alternatives to meeting requirements for electric power and energy in future years. Vaughan added that only after completion of its in-depth evaluation of the technical, economic, and environmental feasibility of the Brumley Gap Project and a wide range of other alternatives — and only if Brumley Gap is found to be superior — would Appalachian apply to the Federal Energy Regulatory Commission for a license to construct the project.

Vaughan emphasized Appalachian does not now know whether a pumped-storage project at Brumley Gap would be technically feasible, what would be its optimum size, or how much it would cost. And, he added, it is not now known whether such a project will turn out to be the most appropriate way of meeting future requirements for electric power and energy. It is clear, Vaughan continued, that the only way to find out is to undertake a comprehensive, in-depth evaluation, such as that contemplated under the preliminary permit granted to Appalachian by FERC.

"We believe," Vaughan said, "that only through evaluations such as the one contemplated in this instance, can we make sure that in the years ahead our customers will continue to receive reliable and adequate electric service at the lowest possible cost. We believe they deserve no less." □

Water release will aid bass spawning

For the 20th consecutive year, Appalachian Power Company and the Virginia Commission of Game and Inland Fisheries are cooperating in a program to entice striped bass to make their spring spawning run up the Roanoke River.

The program, which has enjoyed success in the past few years, started April 19 when Appalachian began maintaining a regulated flow of water from its Leesville Dam. The regulated flow encourages striped bass from Kerr Reservoir to make their spawning run up the Roanoke River rather than the Dan River. The greater length of the Roanoke provides a better chance for spawning success, biologists believe.

The water release will be continued for approximately 45 days and flows will be regulated to maintain a minimum water elevation of 7.5 feet at Brookneal. □

Tom French is flying high



Tom French, Jr.

Tom French, Jr., engineering technologist in GO T&D Communications, Bluefield, saw the fulfillment of a lifelong dream on February 23 when he received his private pilot's license.

Tom says, "After graduating from high school, I joined the U. S. Air Force, hoping I'd get into flying. I was put into communications instead.

"Two years ago I read in the newspaper that Southwest Virginia Community College was offering a 10-week class in private pilot ground school. I had given up on becoming a pilot, but I thought the ground school would be interesting so I enrolled.

"Two months later my wife and I were at the airport, and a student pilot I know and his instructor came over and started talking to us. The next thing I knew the instructor had my wife and me in the plane and I was taking a lesson. That's how it all started."

Tom reports that in order to get a private pilot's license, the Federal Aeronautics Administration requires

20 hours solo, 20 hours dual instruction, both written and oral examinations, and a check ride with an FAA representative. "I had several instructors, but my favorite was Todd Anders with the Appalachian Flying Service at Mercer County Airport.

"One of the highlights of your lessons is when the instructor lets you solo for the first time. As you taxi down to the end of the runway, your knees shake, your hands sweat, and you have a stomach full of butterflies. You wonder if you can really do it.

"You line the plane up on the end of the runway, then look back at the hangar area and wonder how many people are watching you. It seems as if all the activity at the airport stops.

"You say to yourself, 'I know I can do it'; push the throttle all the way in, and down the runway you go. In just a few seconds the plane lifts off and you are flying. All the fear and anxiety leave you, and you make your three takeoffs and landings, which are required for your first solo. After taxiing back up

to the ramp area and parking the plane, several people come out to congratulate you. As the instructor performs the traditional act of cutting your shirt tail off, you feel about 20 feet tall," Tom confesses.

He plans to get his instrument and commercial rating in the near future, "but for right now I'm just going to relax and enjoy flying."

When Tom took the written test at the FAA offices in Charleston, West Virginia, after many hours of study, his grade of 100 caused quite a stir. "I learned later this was very rare," he says modestly.

Tom concludes, "Most anyone can learn to fly, but it takes a lot of determination and work. It's nothing like you've ever experienced before. That evening at home, after I got my private pilot's license, I thought back over my experience in learning to fly. Was it worth it...the expense, time, study and sweat? Was it really worth it? You bet it was!"

A Different Kind Of Hunting



Three Indian hunters inched slowly to the top of the low ridge separating their campsite from the stream below. Carefully looking down, they spotted their prey, a young doe crossing the small clearing, moving cautiously toward the water.

The doe looked warily around before making her way to the stream. Satisfied she was safe, she stepped to the edge, lowered her head, and began drinking.

Meanwhile, one of the hunters quietly moved from the ridge, through the dense woods, and approached the doe from behind and to the left. She continued drinking as the hunter inched through the bushes until finally, still hidden, he could almost touch her.

Slowly, he moved around the last bush, carefully staying out of the deer's line of sight. He raised his wooden shaft tipped with a sharpened stone point and lunged at the doe with all his strength. The point of his spear pierced the doe's chest cavity through the soft flesh behind her left shoulder.

She was mortally wounded. The doe struggled forward, breaking the wooden shaft of the hunter's spear and dislodging the sharpened stone point. She turned to her right and ran. As she did, the spear point fell into the nearby underbrush.

The doe staggered for a half-dozen steps and fell.

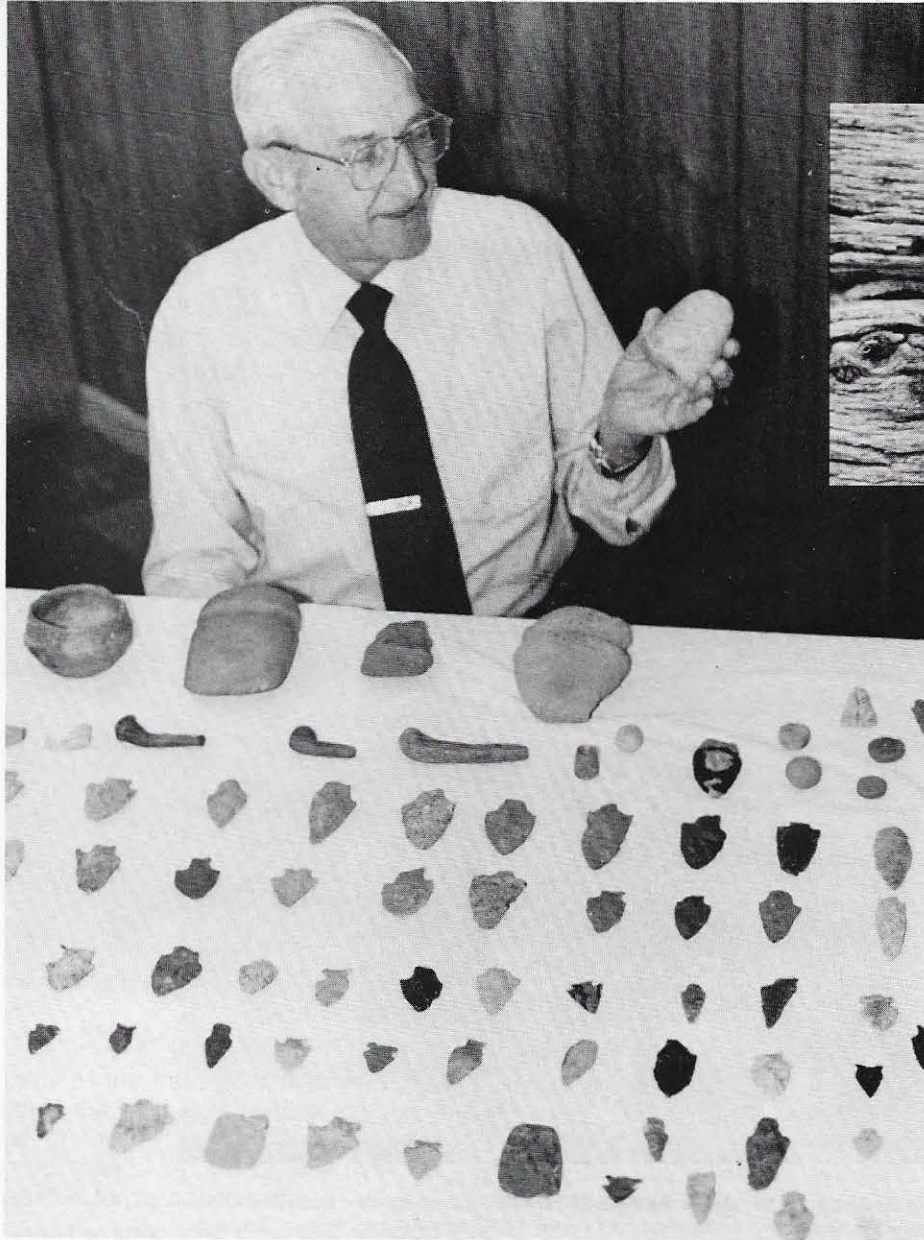
It was another successful kill for the hunting party. The doe became part of the food for the hunters' village. But the kill came at a high cost. Replacing the lost spear point would require several days' work. . .

. . . Perhaps a thousand years have passed since that group of Early Woodland Indians conducted their hunt. The land has been settled, and the area now is part of a farm in western Virginia, near the community of Lebanon.

Today, it's another kind of hunting ground for Glenn Settle and members of his family.

Slowly, Glenn walks down row after row of freshly plowed ground. Occasionally, he pauses to pick up and examine a long pointed stone. It's a finely crafted spear point. An archaeologist later will tell him that it comes from the Early Woodland period.

Glenn, his wife Ruth, and two of their children, Carla and David, have ex-



Glenn Settle

plored many square miles over the last few years in search of Indian artifacts. For their efforts, they have several boxes of projectile points, skinning knives, pottery shards, smoothed round "game stone" — more than 5,000 artifacts in all.

Glenn, who is office supervisor in Abingdon, first became interested in collecting artifacts in 1962 after seeing a small collection belonging to his brother-in-law. Since then, he and his family have trudged probably thousands of miles in parts of Virginia and Ohio — through fields, along stream banks, and into caves.

"The best places to look usually are near water," Glenn explained. "Of course, that's where many villages were, and the Indian hunters always



could count on game coming to convenient drinking spots."

Large deposits of artifacts are very rare, Glenn says.

"I once found about 50 artifacts within a couple hundred feet. It was probably the site of a village or hunting camp. But usually, it takes a lot of walking and a lot of looking to find each piece. Sometimes, you spend all day and don't come up with a single find."

Glenn and his family found most of their artifacts within about 25 miles of their home. But except for a large skinning knife, very few of the items in the collection have come from their 45-acre property.

"We've found it's good to explore fields that have just been plowed. I have several friends who have farms who let us come on their property to look. I have a few 'hot spots' I always like to look in once they've been plowed."

But, he adds, there aren't so many plowed fields as there used to be.

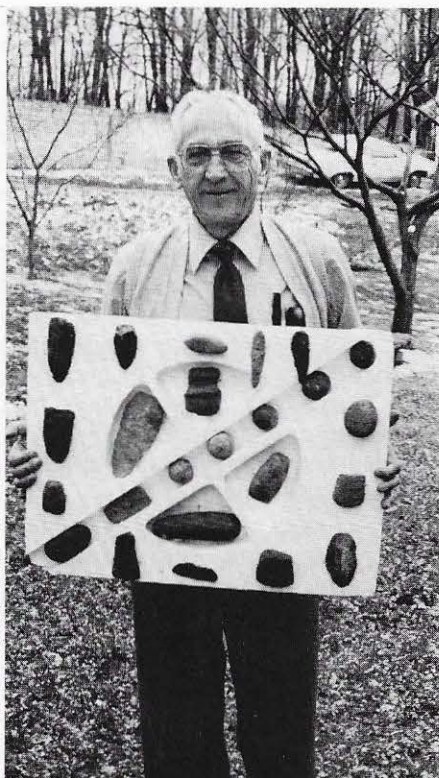
"A lot of farmers are using chemicals to kill the weeds, and they plant without plowing nowadays. I guess it's a real productive farming method, but it's no good for a guy like me. You need the earth to be turned to bring the artifacts to the surface."

Eventually, Glenn plans to put his collection on public display.

"My sister gave me an old log cabin that's on her property on Clinch Mountain, about three miles from here. After I retire, I'm going to move it over here and fill it with primitive antiques and displays of the artifacts. But that's some time off."

Meanwhile, Glenn plans to add to the collection.

"I still know of a few hot spots," he says secretively. "I'm going to see what else they have to offer." □



Invitational Bowling Tourney attracts largest crowd ever



Members of the winning men's team, Abingdon #1, are: kneeling, l. to r., Gus Croft, customer accounts supervisor, and V.T. Carr, records supervisor. Back row, l. to r., Harold Counts, T&D clerk A; Larry Brown, surveyor; and Al Scott, electrical engineer senior.

Three hundred five bowlers on 61 teams — the largest in the history of the Roanoke Invitational Bowling Tournament — spent most of the day March 27 knocking down pins. When it was all over, Abingdon #1 and Sporn Plant's Plain Nuts emerged with team honors.

Teams from almost all of Appalachian's divisions, plants and General Office departments, as well as a squad from Ashland, Kentucky, bowled in a split session. The Abingdon team took men's honors with 3086 pins, while the Plain Nuts rolled 3033 to lead the women. There were 44 men's and 17 women's teams.

Henry's Angels, Roanoke; Gutter Sweepers, Lynchburg; Wildcats, Roanoke; Pick-ups, Roanoke; Southern Appalachian Strippers, Julian Mine and Roanoke; Under Dogs, Bluefield; and Live Wires, Roanoke, trailed Ab-

ingdon in the men's standings, finishing in the money.

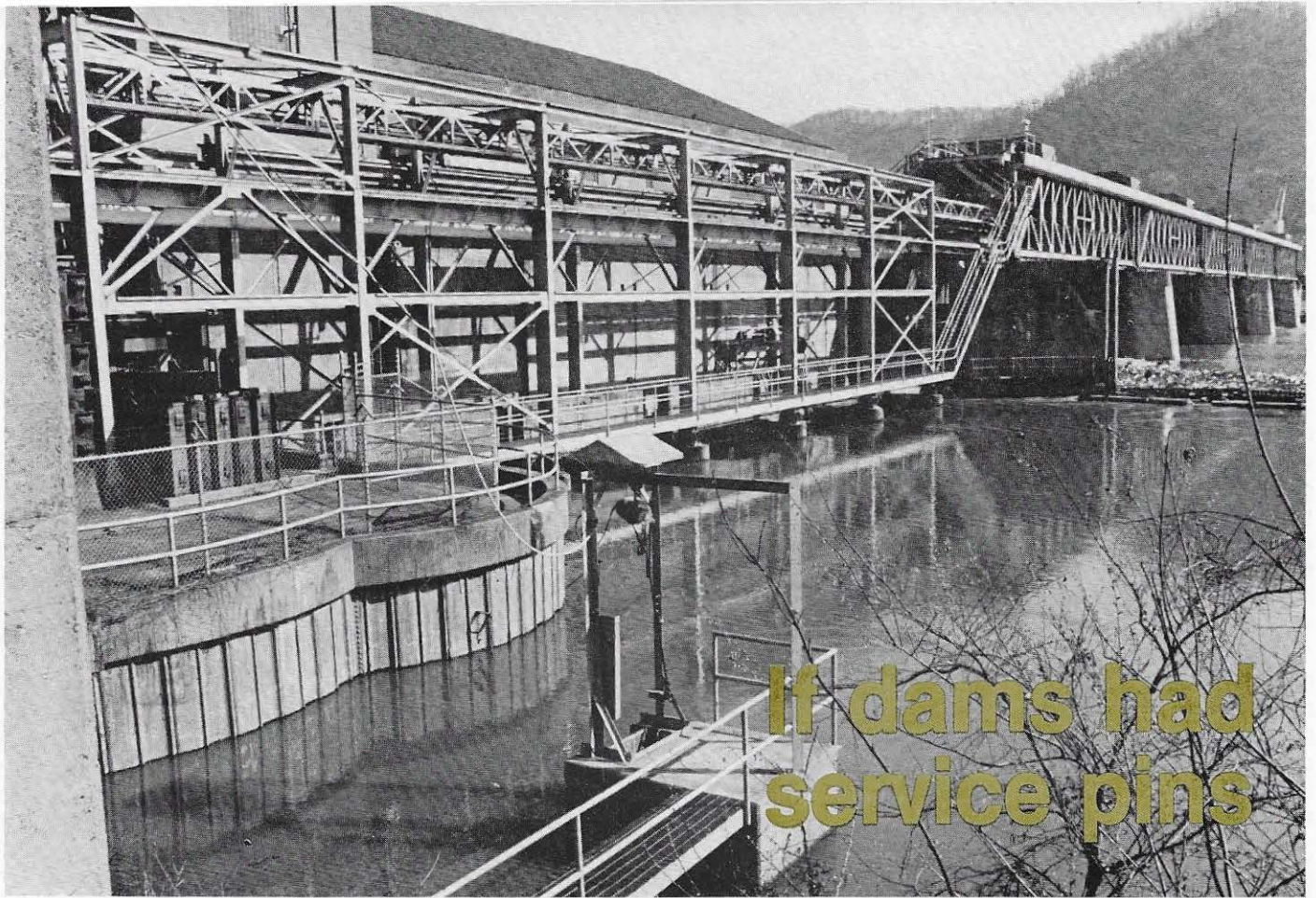
Finishing second through fifth among the women were Bluefield Alley Cats; Live Wires, Roanoke; The Loose Connections, Roanoke; and Frame-ups, Roanoke.

Lynn DeLong of the Lucky Five, Roanoke, rolled high scratch game of 216 for the women, while Dawn Dodson, Bluefield Alley Cats, had high scratch and handicap sets of 538 and 670. Betty Russell of the Plain Nuts had high handicap game of 265, while Judy Hunter of the Plain Nuts had a 654 for the second best set.

Individual honors among the men went to: Randy Kessler, Roanoke, high scratch game of 247; retiree Tom Barnett of Roanoke, high handicap game of 275; Larry Brown of Abingdon, high scratch set of 623; and John

Pauley of Julian Mine, high handicap set of 696.

The annual tournament is employee sponsored, prepared and manned. Bobby Saul, GO T&D Station office supervisor, was coordinator of the men's division, assisted by Dave Barger, GO T&D engineering technologist. Coordinators of the women's division were Ruth Santopolo, junior buyer, GO Purchasing, and Donna Williams, stenographer, GO Environmental Affairs. □



The forebay at Marmet Hydro, showing the Corps of Engineers' emergency bulkhead.

(Part 1 of a series)

Think of the Kanawha River between Kanawha Falls and Winfield as a series of three ponds and you have a good mental image of the river, at least in terms of navigation.

Since the late 1930's, the big river has been harnessed by three lock and dam facilities — London, Marmet, and Winfield. The structures were built, obviously, for navigation, and that is still their main purpose. But integrated into these structures are small hydroelectric plants owned and operated by Kanawha Valley Power Company, a wholly-owned subsidiary of Appalachian Power.

London, Marmet, and Winfield hydros have been generating power dependably for over four decades. "The units and the equipment have been very dependable over the years," said Jack E. Jarrett, hydro plant supervisor of Kanawha Valley Power. "What is not dependable is the flow of the river. These hydros are pure run-of-river. We generate from what the river gives us."

Last year was not a good year for hydro anywhere in this part of the country, due to the extreme drought. In 1981, the three Kanawha Valley hy-

dro generated 231.6-million kilowatt-hours. This amounted to only .8 per cent of the company's total kilowatt-hours from steam and water.

BUT — the output of the hydros is very inexpensive. And, as a result, it is very valuable in these times of rising fuel costs.

From the juncture of the New and Gauley rivers, which form the Kanawha, to its mouth at the Ohio River, the Kanawha River is 97 miles long. Throughout its history the river has been a means of commerce. In 1875, for example, provisions were made to provide a dependable six-foot-deep navigable channel from its mouth to a point 90 miles upriver by building 10 lock and dam structures. These were completed in 1898.

But a deeper channel became desirable as well as fewer locks. Congress passed the River and Harbor Act of 1930, authorizing the replacement of the four upper locks and dams by two facilities of higher lift to create a channel depth of nine feet. These two lock and dam facilities became London and Marmet. The locks are on one end of the dam, and the hydro plants, licensed by FERC, are on the opposite end. The lock facilities, as well as the

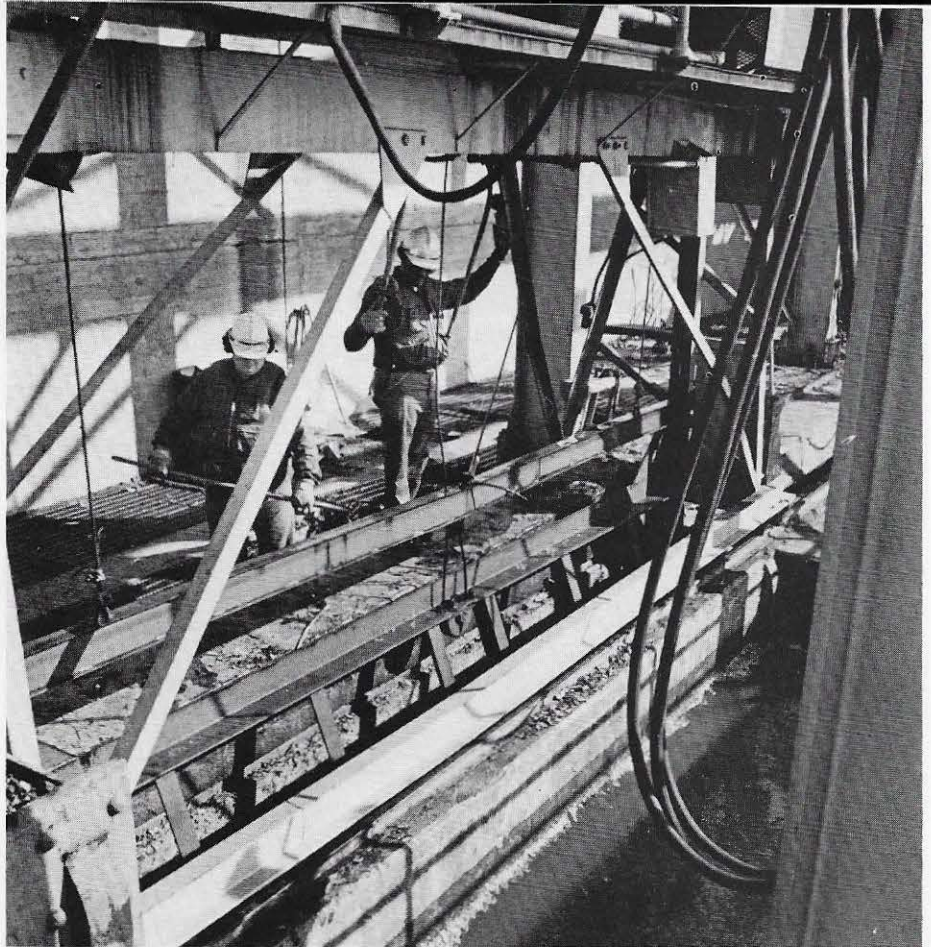
hydro plants, are nearly identical. Each has a maximum capability of 16,000 kilowatts and became operational in December 1935.

Winfield hydro came on line in January 1938 and has a maximum capability of 19,000 kw. It is rated higher than London and Marmet because it has a 26-foot head compared to a 23-foot head. (Head is the difference in elevation of the water above and below the dam.) Winfield is located 31 miles from the mouth of the Kanawha; Marmet is 35.7 miles upriver from Winfield; and London is 15.2 miles upriver from Marmet.

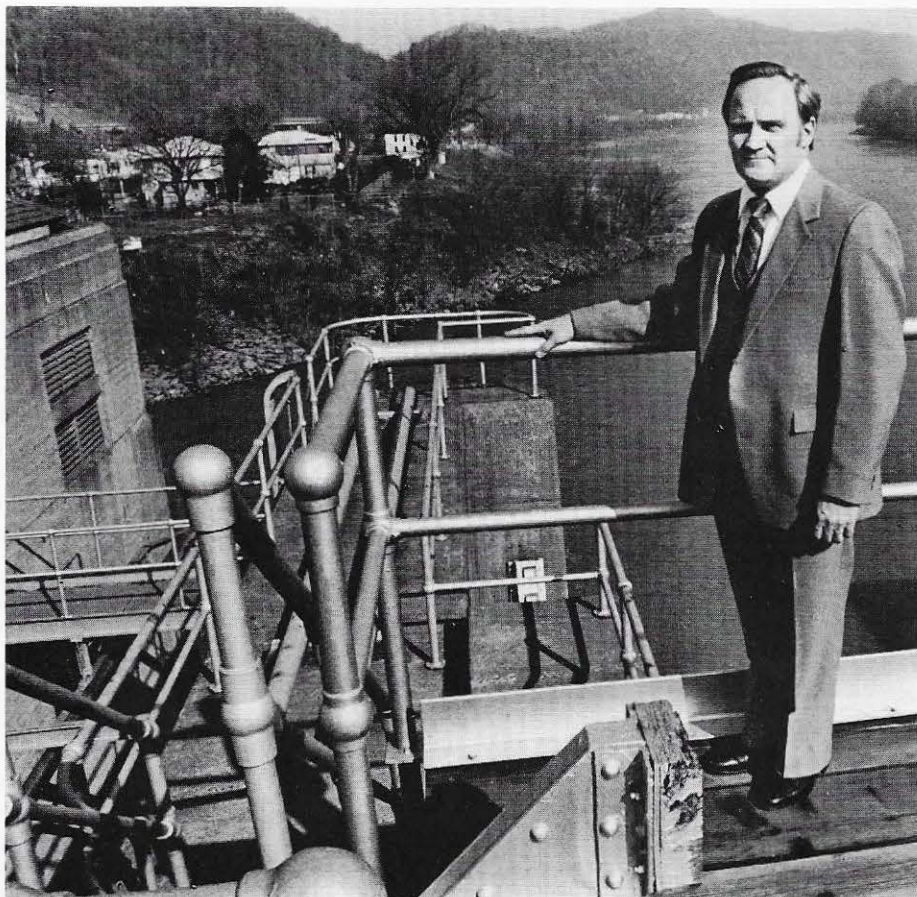
The architecture and style of the three hydros can best be described as spartan. The term "functional" has also been used to describe them. They are devoid of ornamentation and decoration.

The late Philip Sporn, AEP president, outlined the approach of the company when it designed the hydros. "... Unless extreme care was exercised in the planning and construction of the (power houses), the cost of the power would exceed that obtainable from equivalent steam generating stations. "In essence, this reduced itself to a determination to keep everything

down to the simplest arrangement; a simple layout, a small construction organization and a minimum of unproductive refinement. Very little was included that could not definitely pay its way," Sporn wrote in the February 1937 issue of "Power Plant Engineering." At that time Sporn was vice president and chief engineer of AEP. Heating and ventilation were a byproduct of the operation of the alternators. Conventional windows were eliminated, and daylight illumination was obtained from the sun through glass bricks. Showers and toilet facilities had to be added later. Power production in the most economical manner possible was the overriding theme. Also, the units were designed to be automatic, that is, not requiring manual control. It was envisioned to have only a one-shift maintenance person. Each hydro plant now has two personnel during the day shift to check the equipment while in operation. A roving crew of repair and maintenance men service all three plants. Jarrett notes that visitors to the hydros comment on the excellent condi-



Carl Reveal (left), hydro utility operator B, and Norman Caldwell, hydro utility operator, at Marmet Hydro trash rakes.



Jack Jarrett is hydro plant supervisor of Kanawha Valley Power, which operates the London, Marmet and Winfield hydros.

tion of the concrete in the structures. This is no accident. Extreme care and attention to detail was taken regarding the mixture, temperature, and pouring of the concrete. All surfaces were cured for 14 days by continuous spraying. It was felt that tight specifications had to be observed since the Kanawha Valley is subject to cycles of severe freezing and thawing, which can crack concrete.

All three hydros have three units each. Aside from that basic fact, the facilities contained several innovative engineering approaches when they were built.

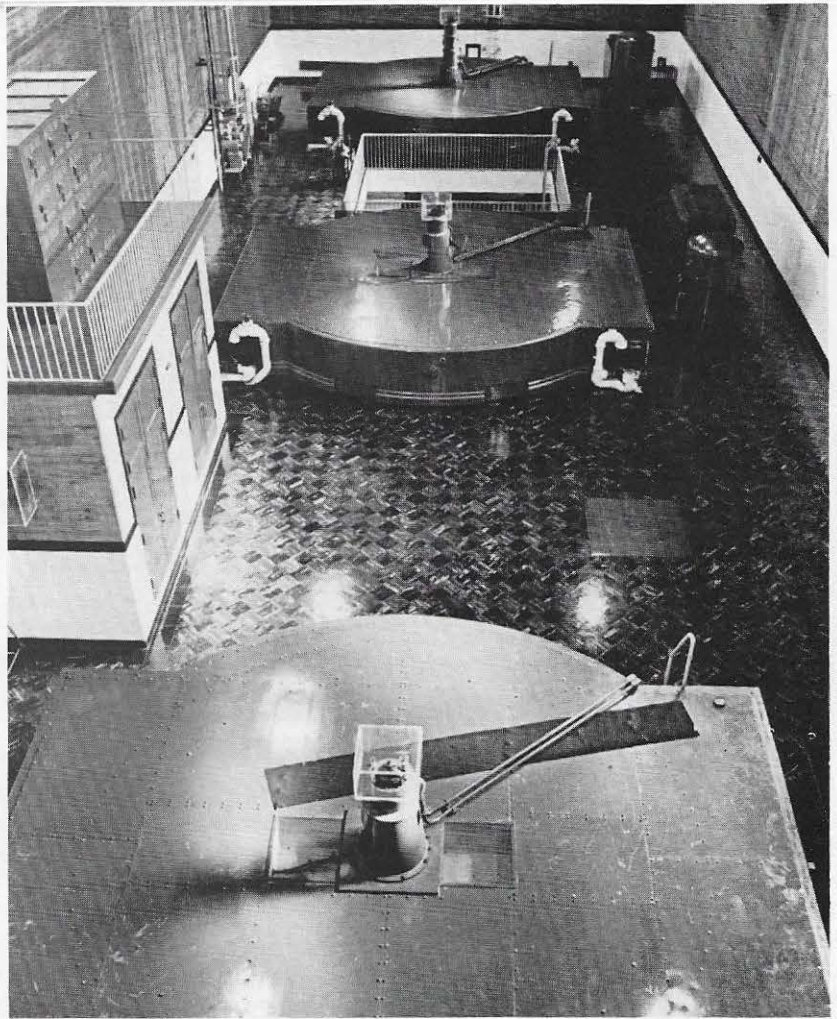
The installation of automatically adjustable blade runners on one of the turbines at Marmet was experimental and aroused a good deal of interest because only model size units had been tested before this first installation. This design, in which the vanes adjust their angle to obtain maximum efficiency under various conditions of head and load, proved highly successful. As a result this design was installed in all three Winfield units. A replacement was made on the #2 unit at London from the original fix blade runner to the adjustable blade runner.

Whereas the tops of the generators

extend above the floor at Marmet and London, the turbine shafts were shortened eight inches at Winfield. The generator tops are flush with the floor level because of the three feet difference in the head. All that extends above the floor on the generators at Winfield are the oil head cabinets. This lends an even more deserted air to Winfield.

Also, Winfield featured pull-in synchronization in which the machines were brought into synchronization with the system without the application of any field current. In February 1940 "Power Plant Engineering" commented that several of the features at Winfield "make this station perhaps the most modern hydroelectric plant in the world."

Though simple and unadorned in appearance, London, Marmet, and Winfield embodied sophisticated engineering planning that has served them well over the years. □

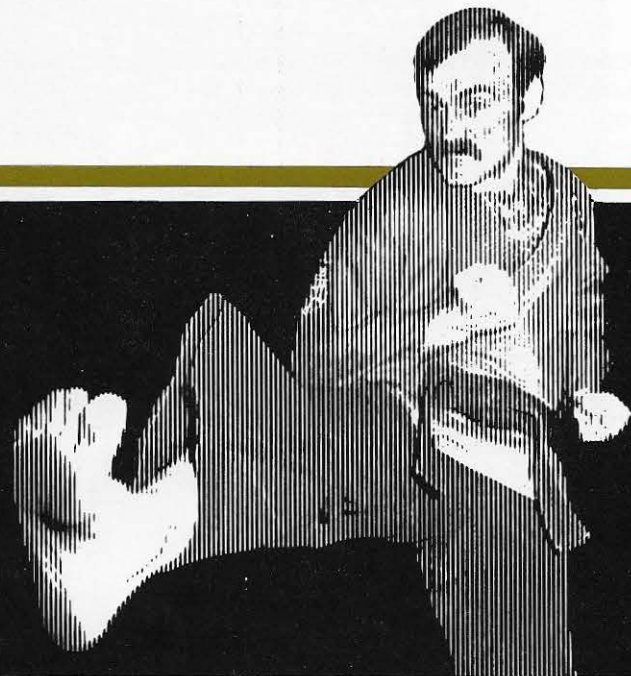


The generator floor at Marmet Hydro.

Paul Lloyd (right), hydro utility operator, and James Stamper, hydro utility operator B, at the London turbine.



Ko Sutemi Seiei Kan



"All my life I wanted to get into karate but was afraid it would cost a lot. Then ten years ago a friend of mine enrolled his little boy in a karate class in Charleston. He wanted to join, too, so he could do something with his son. He didn't want to go by himself so I went with him. He quit a month later, but I really liked it and stayed with it," says Huntington Station Mechanic Brent Bias.

Today Brent holds third degree black belts in Ko Sutemi Seiei Kan and International Ryo Ku Kai Japanese styles of karate and Central Tae Kwon Do Association, Korean style. He notes, "I got a black belt in two-and-a-half years. Normally it takes three or four, but it depends on the individual and how much time you spend with it.

"When I started, most everyone was attending one class a week. There were three different classes available in the Kanawha Valley, however, and I attended all three every week."

Brent is still attending three classes a week, only now as an instructor rather than student. "We have 150 members in our Southern West Virginia Karate Club. We have three two-hour classes a week, one in Milton, one in Hurricane and another in Cross Lanes.

"I enjoy the exercise part of it and the sparring more than anything. Right now I am retired from competition because I have such a big club it takes all my time to teach. I am usually one of two arbitrators who run the tournaments and settle all the arguments be-

tween the black belts and the referees and see that everything runs smoothly, plus coach my students at the same time.

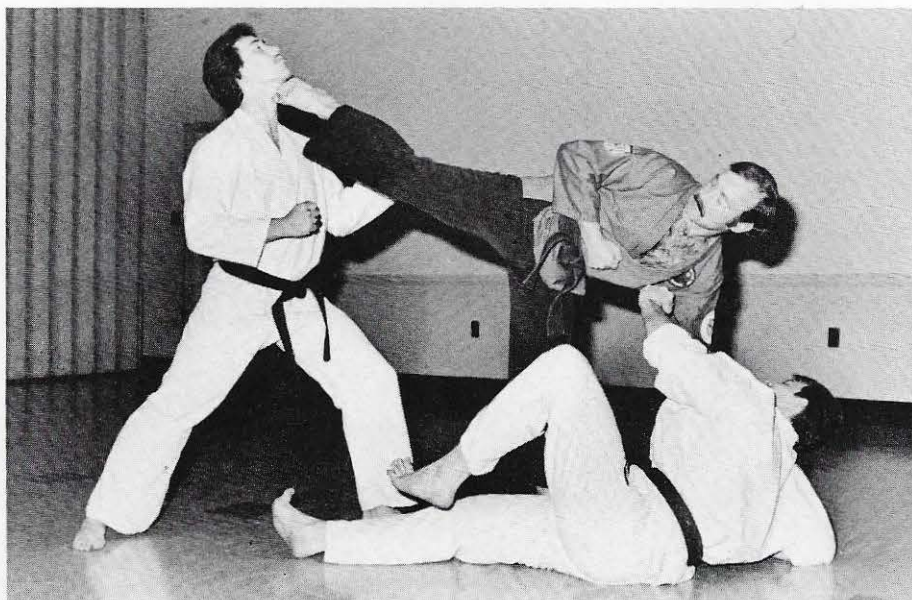
"Our organization is very tournament-oriented. We go to tournaments all the time because we like for our students to see that what we teach them is effective against other students. Our organization has gone into the West Virginia AAU, and Ko Sutemi Seiei Kan probably has more members on the karate team than any other organization."

Brent adds, "My grand master is the head coach of the U. S. karate team.

Jim Cottrell, my partner, and I have gotten into AAU pretty heavy, and we go to all their events. I am a life member of the national AAU Karate Committee.

"Right now I can't say for sure, but it looks like I will be traveling with the U.S. karate team official delegation to Taipei, Taiwan, the site of the W.O.K.A. world championship this summer. We will be stopping by Japan before or after the event to study some with our organization there. One of my students, Keith Asbure, has won a spot on the U.S. team.

In a demonstration of street fighting techniques, Brent Bias uses a side kick to Benny Varney and a punch to Kelly Harbour.



"Last summer," Brent reports, "we took seven competitors from the Southern West Virginia Karate Club to the national individual championships in Boston. We brought back five national places and an All-American.

"This is the first year we took a team from West Virginia to the national team championships in Chicago, and we didn't expect to do much. But the Kata team took a third place bronze medal and the women's fighting team took a second place silver medal. Since this was the first time they had ever competed, we are expecting a lot out of them next year."

Brent notes, "Ko Sutemi Seiei Kan organization has a plaque with our insignia on it, just for our organization competition. Whenever we go to tournaments, the instructor who has the most winners takes the plaque home with him. We have ten or twelve tournaments a year, and I had the plaque at my house all but a month and a half in 1981 so my club usually does pretty good."

Although Brent has both male and female students and several different age groups, he says the easiest to instruct are those who are junior high or



This photo shows defensive techniques with weapons. Benny Varney, left, is holding a cai. Brent Bias, right, holds two sets of naun chuc.

high school age.

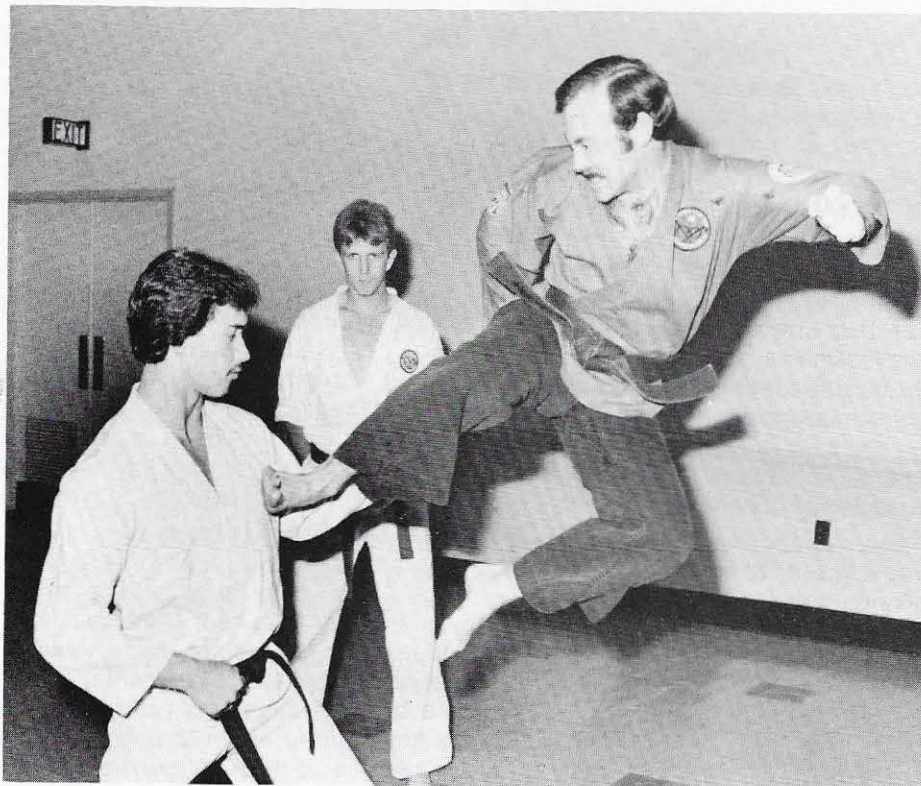
"Karate is not a sport for everybody," he admits. "I like to think I have better luck with people who don't usually do

good with team sports. They excel more at this because they can see what they are doing as an individual. They will try harder usually than someone who is good in football or baseball. We do get athletes in karate the same as in other sports. It's just like boxing or anything else. You have to practice and you have to stay in shape and keep up the work. You can't take your black belt out on the street and ten years later expect to have it.

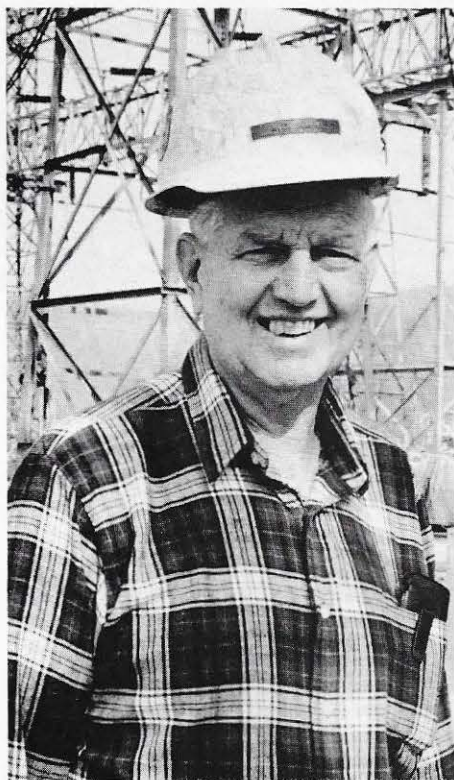
"I don't have any intention of giving up karate," Brent states. "We have a couple of guys in our Cross Lanes chapter who are either at or close to retirement. We realize their age and their capabilities, and we don't fight them like we would somebody in competition who is capable of fighting harder.

"Ideally, karate is a light to non-contact sport. Some of us who are higher rank and are able to do it get heavy at times, but we don't like it to get out of hand. In all the years I have been teaching, I have maybe seen one lost temper in class. You can take a pretty good pounding and still come up laughing about it. You realize you are not blocking where you should be and you better do something about it the next time." □

Brent Bias demonstrates a flying side kick on Benny Varney, a black belt student, while Kelly Harbour, a green belt student, observes.



I made a good living with APCo



DeHart

"When I came out of the service, I wanted to get a job that was dependable and I wouldn't be subject to layoffs. I tried first at the district level, and they weren't hiring anyone, so I went to Bluefield and talked to Price Carter (then system transmission line superintendent), and he put me on," recalls Robert Elwood DeHart.

Bob remained in the GO T&D Transmission Department throughout his nearly 35-year career with Appalachian. "When I first came to work, all they had was 88,000 and 138,000 volt lines. I saw the size increase on up to 765,000 volts. As a matter of fact, I worked at Apple Grove for almost two years when they were testing for 500,000 volts and up."

Bob notes that "after about nine years of being on the road all the time,

I was transferred to St. Albans when the first crew was established here at Turner Station. That was the best move I ever made with the company. I was happier and the family was too, because I have been home all the time."

It's obvious in talking with Bob that his family means the world to him. "We have five boys and two girls," Bob says proudly. "I am pleased to have that many and not have a black sheep in the family. All of them have a college degree except the youngest, who will graduate from high school this year. The good part of it is that every bit of their education is paid for. All of the children have done well. Like I have told my wife time and time again, we have been blessed in every way."

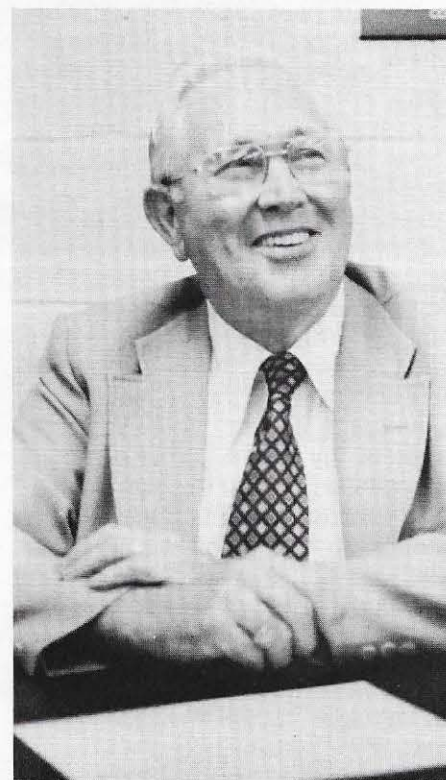
As could be expected, Bob's spare time has been spent in family activities. "With seven children, you have to get involved — that is if you want to keep your children straight and at home," he says. "At Fairview School, I have been a vice president and treasurer of the PTA, playground committee chairman, safety committee chairman and I don't know what all.

"I have been more involved in Scouting than anything else besides the church. When you have five in Scouts, you have a lot to do." (Four of the five became Eagle Scouts — just one short of a national record. The other son qualified for the Life rank.) "Even though my youngest will be 18 this year and too old for Scouts, they still want me to continue as committee chairman of Troop 6."

After Bob's retirement May 1 as a transmission mechanic A, he plans "a little bit of traveling, but mostly I will live from day to day, taking things as they come. The boys and I work together, and this summer we plan to remodel my kitchen.

"I made a good living with the power company, but I don't think I will miss working. I think I'll be happy just to do as I want to and not have to answer a roll call." □

My co-workers are like close relatives



Hayner

"Forty-two years seem like a long time to young people, but it seems like a short time to me," says Dallas Tice Hayner about his career with Appalachian Power.

"I hired on with the company in 1936 during the construction of the Logan Plant. Those were hard years. I worked nearly two years on construction and then got cut off. In 1940 they had an accident at Logan and blew a turbine generator. I went back in to help clean up the mess and stayed."

Dallas has many fond memories of his days at Logan and recalls vividly the large flood which occurred while he was there. "We had eight feet of water outside the plant, and I rowed around through the 138 kv switchyard in a boat." Dallas was promoted to maintenance foreman at Logan Plant in 1960 and the following year

transferred to Glen Lyn as labor-janitor foreman. He was named maintenance supervisor in 1970 and held that position until his retirement on May 1.

Dallas adds, "Ted Abolin (now vice president - operations) was plant manager here at Glen Lyn when I came. I had worked for him in Logan when he was plant engineer. Ted and I go way back. He is one fine guy.

"The worst experience I ever had during my career was here at Glen Lyn. A fellow working for me got a shock and burn, and I thought he was gone. It gave me quite a scare. The thing that always worried me most was getting a guy hurt. The only lost time accident I ever had was after hours. I stepped on a cake of soap in the shower room and dislocated my shoulder."

For more than 20 years, Dallas has lived in a house on the hillside behind the plant. So close, in fact, that he kids about sliding down the plant stack to get to work. Dallas now plans to leave the Glen Lyn area, possibly moving to Princeton or back to Logan. "I suppose some of my time will be spent in Florida, but I don't want to stay down there year round.

"I love to garden, and I can garden down in Florida in the winter. We love Brevard County. One of our sons lives there as well as my brother and my wife's sister."

Another of Dallas' sons is a minister in the Church of Christ at Princeton. "He worked for the company at one time," Dallas says, "saved his money and went to a Christian College in Atlanta. Our third son lives in Clifton Forge, Va." Dallas delights in talking about his eight grandchildren, particularly the identical twin girls. "I enjoy all of them," he says, "but the twins are a little extra."

Dallas claims his co-workers are like close relatives. "You can't be with a bunch of people this many years and not be close to them. I have worked around helping out in other plants and have made a lot of friends. My goodness, I'm going to miss them all." □

Safety training helped Shorty save man's life



Watkins

Of all the events which occurred during J. R. "Shorty" Watkins' 45 years with Appalachian Power, none stand out in his memory more than those which occurred the afternoon of December 22, 1947. He explains, "John Perry, the boy I was climbing with, contacted a 4,000 volt wire and was electrocuted. Because of my training in safety and first aid, I was able to give him artificial resuscitation on the pole and brought his breathing back to normal. For this, I have a citation and a medal from the Edison Electric Institute."

Shorty adds, "I availed myself of all the training programs the company offered. I think it behooves any employee to do that."

Perhaps it was only natural that Shorty would seek a job with the power company. His father drove street cars for Roanoke Railway and Electric Com-

pany, a predecessor of Appalachian's. Shorty came to work in 1937 as a groundman in Roanoke and stayed in the Line Department throughout his career. He rose through the ranks to lineman A, then troubleman, working foreman, general serviceman and finally line inspector before being named line construction and maintenance representative. In this job, Shorty says, "I actually inspected the work of the contract crews to see that it was done according to our standards. I saw to it they were paid for what they did and not paid for something they didn't do." His work assignments took him throughout the Roanoke Division. Shorty says he has been through quite a number of ice storms during his service, and the great ice storm of '79 was nothing new. "Many times I have worked 36 hours or more," he notes.

"Appalachian is basically a good company to work for. That goes without saying, I guess, since I have been here 45 years. I had an opportunity to meet a lot of interesting people. There are a lot of people I think an awful lot of. One person who commands my respect is M. O. Wilson, Sr. (retired personnel director of Appalachian). I think he is a real fine gentleman, along with quite a few other people too numerous to name. I am surely going to miss all the friends I have made.

"I am looking forward to retirement because I have spent a lot of time here. I intend to stay active, though. The biggest mistake some people make is to retire and sit down.

"We have six children: three in Roanoke; one in Anchorage, Alaska; one in Louisville, Kentucky; and one in Fredericksburg, Virginia. All my kids have plans for me." Last summer Shorty and his wife Ada spent three weeks in Alaska and plan to go back either this summer or the next.

"Gardening is a hobby," Shorty says, "and I make lamps from whatever I see that is pretty — flower vases, whiskey and wine bottles, just about anything."

He concludes, "After May 1 I'm just going to do what I want to, where I want to and when I want to." □

I never met an APCo employee I didn't like

Although Jack Osborne is the one who officially retired from Appalachian Power on May 1, he claims that his wife Margaret has been as much an employee of the company as he has.

Jack says, "Margaret was acquainted with Appalachian people long before me. Her mother had a hotel in Cleveland, Virginia, back in the 30's. In those days the line crew moved from place to place, and they used to stay there when they worked in that area.

"Jim Davis, who was superintendent at the time, lived across the street from Margaret. Before I got out of service, I started looking for a job. Like anyone else who went through the Depression, I was looking for security, so I wrote Jim about coming to work for Appalachian.

"I started with the company in 1945 as a groundman in Clintwood. We were there even before the Accounting Department had set up an office. I moved on into line work and then moved into service work. In Clintwood my home phone was an extension from the company storeroom. Margaret took the calls as they came in, and I would have to call home to find out if anything was needed."

Jack laughs as he recalls a couple of incidents which occurred during those early years. "When I was a serviceman, a boy who worked with me did all the leg work. We were collecting delinquent accounts one time. There was one house way back over a hill, and you had to cross a foot log to get to it. I said 'you go over there and get that one.' In a minute he came back and hollered, 'Jack, if you cut off the lines, the woman says we will have to take her wash up to her mother's.' I said 'cut the lines off and bring the wash.' I'll be darned if he didn't come with her, carrying a tub of clothes, and we had to take those clothes up to her mother's.

"In those days we were expanding into the mountains. We were metering a



Osborne

house back in Ramey Flats. The contract card had a place for a signature on it. I told the woman of the house she would have to sign the card, and she said her husband wasn't there. I said 'you sign his name on top and by you on the bottom.' Lo and behold if she didn't write the words 'by you' right on the card."

In 1959 an opportunity opened up in the Abingdon Commercial Department and Jack moved into the office as an area sales representative. "The company was promoting electric heat back then, and there was a lot of competition between the sales employees. Jim Hughes (now personnel supervisor) and I were fighting for Electrobucks all the time. Our group in Abingdon pretty well stayed on top for the most heating sales."

In 1974 Jack was named general line supervisor and held that position until he retired. In this position he coordinated work with contractors and handled assignments for 18 company employees. He says, "It has been interesting and fruitful work as far as I am concerned. It has had its ups and downs, but primarily it has been en-

joyable and work that I liked. And the people have been the type I like to be with. I don't believe I ever met a company employee I didn't like. The boys were just wonderful, and I never had any problems with any of them. Also, I never had a supervisor I didn't like and couldn't get along with. Hopefully, I contributed some to that.

"The company has provided me with the opportunity to raise two daughters and give them a college education without having to ask anybody for anything. My wife, who taught school for a number of years, was a great help, too."

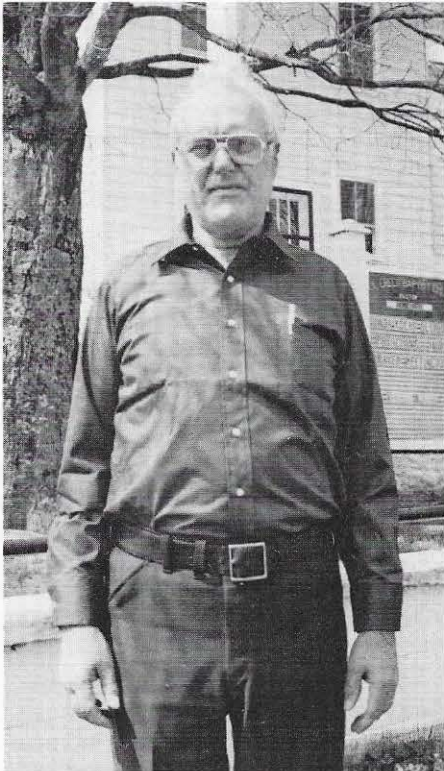
As for the future, Jack says it is not his intention to stop working per se. "I will be doing something. I just couldn't stand sitting in the house. I have a good deal of work I am planning on doing at home, and very definitely I do not plan on becoming addicted to soap operas. I can't stand them. I like to do woodworking and have a garage full of tools. Our plans are really indefinite," Jack concludes. "We want to try to see some of the things we haven't seen, go some places we haven't gone and do some of the things we haven't had the opportunity to in the past." □

Jim Massie to continue church work

"Hey, Preacher Massie. Where are you Preacher Massie?"

Jim Massie remembered those words with a hearty laugh. He recalled them during a conversation about all the men he helped train during a 41-year career with Appalachian.

"For years I was more or less the trainer for the men on the units. I've trained a lot of unit supervisors. Ron Wentz, who is operations supervisor at Amos now, used to holler that to me when he was at Clinch River, 'Hey, Preacher Massie. . .'" Jim said.



Massie

The title "Preacher" is no idle nickname for Jim, who took early retirement on May 1 as unit supervisor at Clinch River Plant. He has been the pastor at Mill Creek Baptist Church in rural Russell County for 20 years.

"The church has always played a big part in my life. It was prominent in my thinking about retiring early, too. I'm 62 now, and people were desirous of my doing that," he said.

Jim has the distinction of being the only one of the original employees at Clinch River who had worked at the old Kenova Plant near Huntington.

"I was hired at Kenova as a coal operator, unloading coal, in 1941. That was in June, just a few months after I had returned home from Utah. I was in the CCC (Civilian Conservation Corps) camps there. I drove supplies to the CCC camp, and it was 75 miles to go get the milk and the mail, every day. I also ran the canteen, was the ambulance driver and the mail driver.

"As a camp leader, I made \$36 a month, most of which went home. I was able to earn more because I barbered. It's something I just picked up

as a kid. I was able to barber when I was only 10 years old," he said.

Jim's first stint with the company lasted only a year. "I volunteered for the Navy and entered the Seabees. We built air fields, hospitals, roads. I spent my whole time in the South Pacific, on the New Hebrides and above Bougainville in the Solomon Islands."

Jim returned to Kenova Plant after the war and advanced until the plant closed in 1954. Rather than transfer to the Sporn Plant, Massie joined the line gang in Huntington Division.

"I loved the men. We had some awful good men in the line gang. They were, I guess you'd say, a little rougher type of people than most, but really at heart they were good people. And hard workers, as hard working as I've ever had experience with," he said.

The decision to transfer to the new Clinch River Plant in 1958 was not a difficult one. "I was 38 years old at the time. You look at a lineman as almost over the hill at 38. It was more strenuous in those days to go out and work on one of those poles all day when you're nearing 40.

"I came to Clinch as auxiliary operator and was promoted to equipment operator after about a year. In November 1961 I was made unit supervisor. I was on Unit 3 when I retired," Jim said.

Luther Houchins, Clinch River personnel supervisor, had high praise for Jim. "You want people who will instill the right kind of work habits in people. Jim would have to be given A-double-plus for this, trying to keep people honest and coming out to work and doing it right."

Jim's plans are to remain in Russell County where his son Larry, a former AEP Scholarship winner, is principal of the vocational school. He also wants to spend more time with his wife and grandchildren. Plus, there's his church work. "Either one — the plant or the church — would be a full-time job. We've come a long way with the church. I started with just a handful and now our worship service has about 65 to 75 in attendance," he said. □

Landreth awarded Silver Beaver



Landreth

Donald C. Landreth, Abingdon engineering technologist, is the recipient of the Silver Beaver award from the Sequoyah Council, Boy Scouts of America. This is the highest award given a volunteer leader on the council level.

As a youth, Don attained the rank of Life Scout. He organized a Scout troop at Rich Valley Methodist Church in the last 50s and served as Scoutmaster for two years. He spent two years as assistant Cubmaster of Pack 20; four years as assistant Scoutmaster and six years as Scoutmaster of Troop 222. He also was district chairman for two years, on the executive board for three years and was a contingent leader on the trip to Philmont Scout Camp in 1982. Don has served on the Woodbadge staff and on the staff for the leadership training course and was assistant Scoutmaster for the 1977 National Jamboree.

Don is a brotherhood member of the Order of the Arrow and has received the Scouters key; Scouters award; Pioneer award, highest award for volunteer leader on district level; and three Woodbadge beads.

Don's two sons, Mark and Clyde, are both Eagle Scouts. □

The many faces of Betty White



Betty White

Betty White has two obsessions: herb gardening and painting. "You start these things and get interested in them, and it's hard not to keep on with them," she says with a smile. "The only way I know to describe it is an obsession.

"I have always liked gardening and landscaping, and I thought herbs were especially nice. But I didn't get into herb gardening on a very large scale until three years ago after I sold my flower shop. I didn't have time for them when I had my business. Now I have over 100 different varieties.

"I have a few medicinal herbs but most are pretty-to-look-at and nice-to-smell herbs. I like to cook with them, too, and I use some for potpourri and sachets. I also use them for landscaping.

"Ordinarily when you go out and work in flowers, it is pulling weeds. In my

garden I don't mind the work of pulling weeds because when I brush up against the herbs, they smell so good.

"Herbs are not usually fussy plants. Most of mine are semi-evergreen, which means they are easy to take care of. A very few have to be replanted but most of them are perennials."

Betty also uses herbs to make both fresh and dried flower arrangements. For dried arrangements, she suggests picking the herbs just before they are in full bloom and keep them in a dry place until you get ready to make the arrangement. Depending on the atmosphere, it usually takes about three weeks for the herbs to become dried. She notes, too, that it always takes a lot more herbs to make a dried arrangement because they shrink.

Betty is half way through the required schools to become qualified as a national accredited flower show judge. "It takes about five years to get all the different schools in," she says. "Right now I am considered a student judge and I can judge a flower show along with accredited judges.

"The courses are outlined by the Federation of Garden Clubs, and there are five different schools you attend for those and other requirements."

Betty also is taking art history and advanced drawing classes at Concord College. Last semester she took classes in design, sculpture and

Betty White, standing, with some of her students in the drawing class she taught.

drawing. "I have been doing some pen and ink work and acrylic painting. I don't paint with oils because I am allergic to turpentine. I do just plain pencil drawings, too."

One of her most prized works is a painting she did for a friend to give her husband at Christmas. "It was a painting of his homeplace. When I went out there to take snapshots, the house was just covered with brush. It took me a lot longer to do the preliminary drawing than it did to actually paint. It was somewhat of a challenge to draw. I took out all the brush and a few trees. When I first painted it, it looked like an empty house so I added a swing and a man in it, and it brought it to life. I was real pleased with the way it turned out."

Several of Betty's drawings that she has done while at Concord are hung in the living room of her home. She has a basement studio where she does her work. "You really need a room where you can keep the painting away from the rest of the family activities," she notes.

Betty also belongs to an arts and crafts guild and just recently completed teaching a drawing class for some 20 students. She is organizing regent of the Peter's Mountain Chapter of the National Association of Daughters of the American Revolution.

"I couldn't do this if Jim weren't so supportive," says Betty. Her husband Jim is a unit supervisor at Glen Lyn Plant. "He has been very encouraging with the artwork and helps me with the herb gardening. When spring comes he loves to do outside work, and anything that needs to be done he will help me with it." □



WEDDINGS



Caldwell-Walls

Debra Walls, Central Machine Shop personnel clerk B, to Stephen Caldwell, March 7.



Bird-Bishop

Gina Bishop to Gregory Bird, Charleston engineering technician, March 12.

Donna Reed to James Johnson, Central Machine Shop machinist 1st class, April 10.

Cheryl Lynn Treadway to Richard Aeberli, John Amos Plant maintenance mechanic A, April 16.

Linda Diann Summers to David Walter, Centralized Plant Maintenance maintenance mechanic A, March 20.

Debbie Farmer to David Rodney Cassell. David is the son of Dallas Cassell, retired Abingdon truck driver-groundman. □

Homeroom dads proving popular

There's nothing unusual about Charlie Ross being president of the Ford Elementary School PTA. Or that he and his wife Debbie, along with other parents, raised over \$2,000 at a carnival to be used for school activities.

What is unusual is the fact that Charlie is a homeroom dad at Ford. Ford Elementary Principal Betty Spencer says that, as more women join the workforce, homeroom dads are becoming more popular. "And they love it," she added.



Charlie Ross hugs his son Jeremy after a class party. Photo courtesy Mitzi Kellogg, Charleston Gazette.

During this school year Charlie led the Halloween parade, dressed up as Santa Claus, and helped serve cake and ice cream at the first grade Valentine's Day party. An engineering technician senior in Charleston Division's St. Al-

bans office, Charlie takes vacation days to help out in school activities.

His first-grade son, Jeremy, says it is fun to have his dad in school. Another son, Jonathan, is a fifth-grader. □

WHO'S NEWS

Abingdon

Rex Cassidy, division manager, was named to a two-year term on the board of directors of the Washington County Chamber of Commerce.



David Taylor, customer services manager, was elected president of the Abingdon Rotary Club for 1982-83.

Chip, son of Hunter Thayer, general line supervisor, was named one of three captains for the Emory & Henry College football team. □

Beckley

Bunk Keatley, area service restorer, was reelected vice president of the Calico & Jeans Square Dance Club. **Betty**, wife of Sonny Underwood, meter service mechanic A, was elected secretary.

New officers of the Appaleisure Club for 1982 are: **David Anderson**, junior clerk, president; **Paula Goddard**, T&D clerk, vice president; and **Scottie Sanders**, customer services advisor, secretary-treasurer. □

Charleston

Janie, daughter of Division Manager Cal Carlini, was named the most valuable player in the annual Skip Walker basketball tournament. Her team, the Christ Church United Methodist Junior High Girls, outscored the Sacred Heart Church to win the championship. Janie made the winning basket, with no time left in the game.

Wally, son of Pattie Chapman, St. Albans customer accounts representative C, was named junior teen of the month at McKinley Junior High. He will represent the school at the Kanawha Youth Camp, sponsored by the Kanawha County Commission.

Tonya, daughter of Ray Sayre, meter electrician A, received the Esther Carson Winans award, the highest award in Caravan, an international organization in the Church of the Nazarene. The Winans award is given for achievement in physical, mental, social and experimental projects. Ten-year-old **Tonya**, the first from her church to receive the award, completed the three-year program in one year. □

General Office

Dr. James Stone accepted an invitation to speak before an international conference of scientists in Israel during March. The son of B. T. Stone, retired distribution staff engineer senior in GO T&D Distribution, Roanoke, Jimmy was an AEP educational award winner in 1963. He is now a research scientist with the Center for Laser Research at the University of Southern California.

Andy, son of Scott McDonald, hydro maintenance superintendent, GO Hydro, Roanoke, was selected as co-captain of the Patrick Henry High School scholastic soccer team.

Todd, son of Jim Fariss, engineering technologist supervisor, GO Hydro, Roanoke, won first place in Cub Scout Pack 7's Pinewood Derby.

Tom Philpott, special hydro clerk, GO Hydro, Roanoke, is one of 11 nominees from the Fifth Planning District for the 1982 President's Volunteer Action Awards. The President's awards recognize individuals or organiza-



tions for their volunteer work, and only 18 awards will be given nationally. Tom spearheaded the idea of recruiting and training young people for the Vinton Life Saving Crew in 1974 and has worked to upgrade the training for all crew members. He is a paramedic and a member of the Virginia Emergency Medical Service Council's peer review committee. Tom was honored at a luncheon sponsored by the Roa-

noke Valley Council of Community Services and its Voluntary Action Center as part of National Volunteer Week during April. □

Bluefield

Mary Kay, daughter of Leland Looney, Grundy T&D clerk A, was elected president of the Builders Club at Grundy Junior High. The Builders Club, the latest edition of the "K Family", was organized by members of the Grundy



Key Club, a senior high organization affiliated with the Grundy Kiwanis. The "K Family" is composed of four service clubs with members ranging from junior high students to businessmen. □

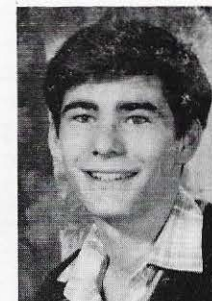
Kingsport

Roger, son of Station Crew Supervisor Jeff Bryant, won first place in the preaching competition in the Tennessee Association of Christian Schools' district Bible, academic and fine arts competition. In 1981 he placed first in both the district and state preaching competition. □

Huntington

Kate, 12-year-old daughter of Lee Bostic, general servicer, is a reporter for "Kids Mag", a youth news program on WOWK-TV.

Jon, son of Sam Cutler, station mechanic C, was selected to represent Mid-American Christian School at Boys' State this summer. He is president of the junior class at MACS. □



Philip Sporn

Jeffrey, son of George Nash, maintenance mechanic B, has been awarded All-American Hall of Fame band honors in recognition of outstanding musical dedication and service. He has been accepted for membership in the United States Collegiate Wind Band, which will make a 21-day concert tour of England and seven European countries in July and August. He has also been selected for inclusion in the 1982 edition of "Who's Who In Music." Jeffrey is a member of the Meigs High marching and concert bands and choir and is organist and assistant pianist at the Gallipolis Christian Church. □



Lynchburg

Todd, son of Norman Fowler, engineering technician senior, was selected for inclusion in "Who's Who Among American High School Students". A senior at Liberty High School, he is on the honor roll, and member of the Beta, Senior Science and Spanish Clubs. He is president of the Senior United Methodist Youth Fellowship and member of the Choristers, the Brightwell Handbell Ringers and youth volleyball team.

Renea Harrison, meter reader, scored 558 to win first place in the singles scratch championship B Division in the Lynchburg Area Women's Bowling Association Tournament. She also placed third in the singles championship and sixth in overall events for the B Division. She placed second in the A Division doubles championship.

Paul Ginther, parttime meter reader, was elected assistant engineer in the



Monelison Volunteer Fire Department for 1982.

New officers of the Apelcoes Club are: **Tom McConaghy**, engineering technician, president; **Vickie McConaghy**, customer accounts representative B, secretary; **George Murphy, IV**, customer services advisor, treasurer; and **Donna Baum**, customer services advisor, assistant treasurer.

Wesley Garner, retired meter service mechanic, was installed as district deputy grand marshal for the 25th Masonic District in Virginia.

Robert Davenport, division manager, was elected to a five-year term on the board of trustees of Virginia Baptist Hospital. He has been active in the hospital's \$26-million capital construction program. □

Roanoke

Andrea Thompson, T&D clerk B, was elected to a two-year term as secretary of the Roanoke Chapter of Omnia Bona, Inc.

Bryan, son of Michael Pitches, Fieldale line construction and maintenance representative, received the "student of the month" award at Collinsville Primary School, where he is a second grader. The award is based on perfect attendance, leadership, sportsmanship, manners, conduct, friendliness, participation and contributions to the class.

Kenny, son of Janet Craighead, meter electrician C, was first runner-up in the Shawsville Elementary mascot contest, held in conjunction with the school's 10th birthday festivities. □

Pulaski

Larry Bucklen, customer services representative, is participating in a Medical College of Virginia federally-funded study of Virginia-born twins. The study will try to determine inherited factor influences on a large number of health conditions. Larry has a twin sister who lives in Midland, Texas. □

Velissia Annette Gibson, a former AEP educational award winner, has been selected for inclusion in "Who's Who Among Students in American Junior Colleges." She is currently enrolled in the science curriculum at Wytheville Community College and has been accepted by the Medical College of Virginia School of Pharmacy. She is the daughter of Stuart Gibson, line mechanic A.



Michele Denise Gibson was selected Harvest Queen of Wytheville Community College and freshman senator of the Student Government Association. She is in the science curriculum at Wytheville and plans to pursue a

career in medicine. The daughter of Stuart Gibson, line mechanic A, she is active in the Seikukan Karate Club.

Pulaski County High School won first place in the high school division in the state scholastic chess tournament. **Mike**, son of Posey Payne, Jr., meter electrician A, was one of the all-state players from PCHS.

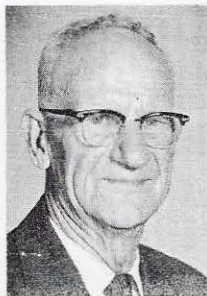
Warren Vaughan, personnel supervisor, has been nominated for membership in the Radford University Chapter of Phi Kappa Phi. Membership is accorded to graduate students who have maintained at least a 3.8 grade average and who are nearing completion of their program. □



FRIENDS WE'LL MISS



Simmons



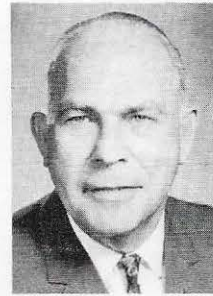
Dillon



Powell



Dewey



Moore



Epperly

Melvin Guy Simmons, 71, retired Huntington truck driver-groundman, died April 4. A native of Kenna, West Virginia, he joined the company in 1935 as a laborer in Charleston and retired September 1, 1972. Simmons is survived by three sisters. One sister, Marie Simmons, is a retired customer accounts representative B in Point Pleasant.

William E. Dillon, 88, retired Huntington line foreman, died April 7. A native of Wayne, West Virginia, he was employed in 1923 and retired June 1, 1958. Dillon is survived by one daughter.

George Thomas Powell, 70, retired Glen Lyn Plant switchboard operator, died March 23. A native of Oakvale, West Virginia, he was employed in 1936 as a laborer and retired June 1, 1973. Powell is survived by his widow Bertha, Route 1, Box 360, Narrows, Virginia; four sons; three daughters; ten grandchildren; two brothers and three sisters. One son, Charles A. Powell, is operations superintendent at Mountaineer Plant.

Sinclair Adam "Hinkie" Dewey, 66, retired Pulaski commercial engineer, died April 26. A native of Clifton, New Jersey, he was employed in 1936 as a stores attendant in Bluefield and elected early retirement June 1, 1977. Dewey is survived by his widow Katherine, P.O. Box 9, Pulaski, Virginia, and two brothers.

Kyle D. Moore, 67, retired Huntington residential service coordinator, died March 29. A native of Milton, West Virginia, he began his career in 1937 as a groundman and retired December

1, 1979. Moore is survived by his widow Helen Rose, 1231 Glenwood Street, Milton, W. Va.; one son and one daughter.

Kermit L. Epperly, 66, retired line crew supervisor nonexempt in the

Williamson area of Logan-Williamson Division, died April 19. A native of Christiansburg, Virginia, he was employed in 1946 as a laborer and retired August 1, 1978. Epperly is survived by his widow Eula, Box 93, Christiansburg, Va.; one son and two daughters. □

BIRTHS

Abingdon

Jared Aiden, son of William Anderson, stores attendant, March 31.

John Amos

Eric Wayne, son of Gregory Massey, performance engineer senior, March 20.

Erik, son of Rex Hill, maintenance mechanic A, March 5.

Michael, son of David Synowiec, assistant plant manager, March 25.

Central Machine Shop

Jackie Ray, II, son of Jackie Cobb, NDE inspector 1st class, April 4.

Centralized Plant Maintenance

Richard Lee, son of Robert Burdette, maintenance mechanic B, March 16.

Charles Edward, son of Charlie Weaver, maintenance mechanic A, March 23.

Shannon Scott, son of Gary Jividen, maintenance mechanic A, March 27.

General Office

Elizabeth Susan, daughter of Mark Vinson, electrical engineer, GO T&D Meter, April 1.

Jennifer Renee, daughter of Mike Rock, methods engineer, GO Executive, Roanoke, March 30.

Robert Jackson and Jonathan Deans, twin sons of Thomas Blanding, industrial engineer, GO T&D Distribution, Roanoke, April 1.

Glen Lyn

Jessica Erin, daughter of Theresa Bowles, utility worker A, April 1.

Huntington

Owen W., III, son of Sonny Ganes, credit representative B, Point Pleasant, March 11.

Lindsey Nicole, daughter of Frank Ray, line mechanic C, March 26.

Kanawha River

Laura Rebekah, daughter of Edwin Shelton, performance engineer, April 10.

Kingsport

Jason Travis, son of Debbie Salley, cashier, February 23.

Lynchburg

Heather Gray, daughter of Gloria Sweitzer, junior clerk, April 5.

Mountaineer

Heather Dawn, daughter of Carl Pettry, stores attendant, April 9.

Trevor, son of Rod Pearson, utility worker, April 3.

Roanoke

Stephen Kendall, son of Michael Coffey, energy services engineer, February 28. □

PROMOTIONS



Reynolds



Jones



Call



Bevins



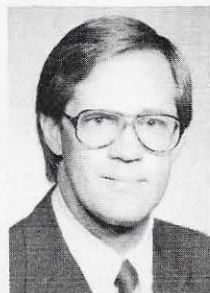
Ford



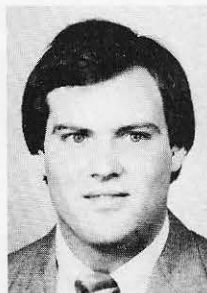
Stiff



Williams



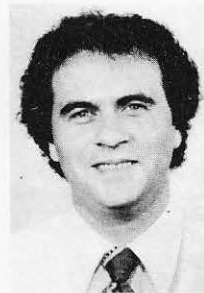
Ayres



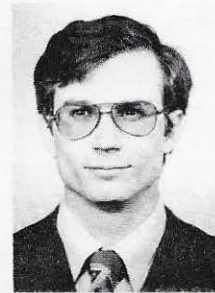
Glenn



Fletcher



Perry



Walker

Glenn H. Reynolds, assistant Roanoke division manager, has been named customer services manager in GO Customer Services, Roanoke. He will succeed Charles M. Wagner, Jr., who has elected early retirement effective June 1. Reynolds holds a bachelor of science degree in electrical engineering from West Virginia Institute of Technology and attended the AEP System Management Program at the University of Michigan Graduate School of Business Administration.

Roger Jones, commercial engineer, was promoted to energy services coordinator in GO Customer Services, Roanoke, on April 1. He holds an associate in science degree in air conditioning from Tennessee Technological University and a bachelor of science degree in industrial technology from Virginia Commonwealth University.

Velma Call, general bookkeeper non-exempt, was promoted to the exempt position of statistical accountant in GO Accounting, Roanoke, on April 1. She is a junior accounting graduate of National Business College.

Jim L. Bevins, property records accounting supervisor, was promoted to

property records accounting coordinator in GO Accounting, Roanoke, on April 1, succeeding Wayne Jacobs. Bevins attended Fugazzi Business College.

Arnold Ford, line mechanic A, was promoted to line crew supervisor nonexempt in Kingsport on March 6.

Russell Stiff, civil engineer senior, was promoted to civil staff engineer in GO T&D Civil Engineering, Roanoke, on February 1. He holds a bachelor of science degree in civil engineering from Virginia Polytechnic Institute and State University.

Ken Williams, operations engineer senior, GO Operations, Roanoke, was promoted to electrical engineer senior in Roanoke Division on May 1. He holds a bachelor of science degree in electrical engineering from North Carolina State University.

Tom Ayres, staff writer senior, GO Public Affairs, Roanoke, will be promoted to Roanoke Division administrative assistant on June 1, succeeding Rob Glenn. Ayres holds a bachelor of arts degree in history from the University of Virginia.

Rob Glenn, Jr., administrative assistant, will be promoted to energy ser-

vices engineer in Roanoke on July 1, succeeding Clarence Moore, who will retire later this year. Glenn holds a bachelor of science degree in electrical engineering from North Carolina State University.

Dennis Clay Fletcher, transmission mechanic A, was promoted to transmission line supervisor in GO T&D Transmission, Roanoke, on May 1. He succeeds Howard "Shorty" Brewer, who was promoted to general line supervisor in Bluefield.

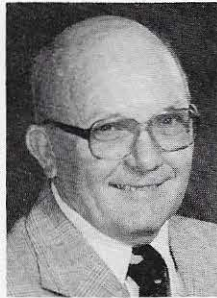
Randy Perry, station operator A, was promoted to regional dispatcher in GO Operations, Roanoke, on April 1. He holds an associate in science degree in education from Bluefield College and a bachelor of science degree in history from East Tennessee State University.

Thomas Walker, Jr., electrical engineer, was promoted to electrical engineer senior in Roanoke on April 1, succeeding Larry Dickerman. He holds a bachelor of science degree in electrical engineering from Purdue University. □

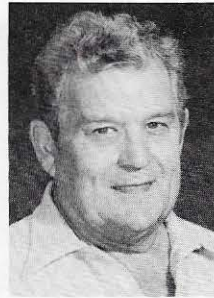
SERVICE ANNIVERSARIES



Jack Crist
maint. supervisor
Kanawha River
40 years



Archie Searls
maint. mechanic B
Kanawha River
40 years



Albert Hanning
maint. mechanic A
Kanawha River
40 years



Jay Farley, Jr.
eng. technologist
Bluefield
40 years



Lloyd Humphrey
eng. technol. supv.
Beckley
35 years



Jack Skelton
T&D clerk A
Charleston
35 years



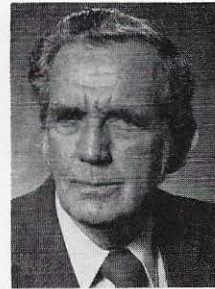
Gleaves Shrader
meter supervisor NE
Pulaski
35 years



Homer Greene
cust. acctg. supv.
Oak Hill (Beck.)
35 years



Sam Burchette
trans. superintendent
GO-Bluefield
35 years



Ralph Bragg
area serv. restorer
Madison (L-W)
35 years



Norris Keeling
line const. & maint. rep.
Charleston
35 years



Golden Williams
production supt.
John Amos
35 years



Bernard Hoffman
asst. yard supt.
Philip Sporn
30 years



Robert Smith
maint. mechanic A
Philip Sporn
30 years



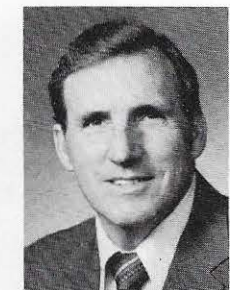
Mildred Bishop
sec.-stenographer
Bluefield
30 years



James Russell
maint. mechanic B
Philip Sporn
30 years



Glenford Price
trans. mechanic A
GO-Abingdon
30 years



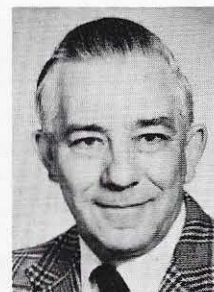
Jim Turpin
energy serv. eng.
Bluefield
30 years



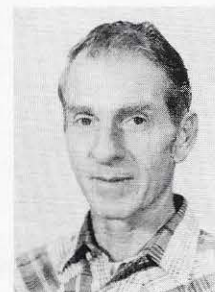
Sam Russell
general servicer
Kingsport
30 years



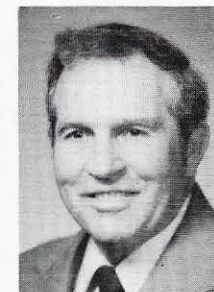
Bill Jackson
eng. technician sr.
Charleston
30 years



Gilbert Smith
station mech. A
GO-Huntington
30 years



Junior Whittaker
unit supervisor
Glen Lyn
30 years



Tom Witt
line const. & maint. rep.
Lynchburg
30 years



Bob Burnam
cust. serv. rep.
Charleston
25 years



Clay Fletcher
trans. mechanic A
GO-Roanoke
25 years



Bessie Wilson
sec.-stenographer
Pt. Pleas. (Htg.)
25 years



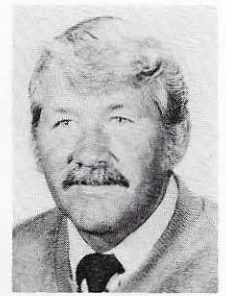
Allan Phillips
stores attendant A
Kingsport
25 years



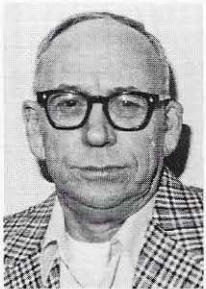
Betty Freeman
secretary
Glen Lyn
25 years



Ed Boush
stores acctg. supv.
GO-Roanoke
25 years



George Goodall, Jr.
trans. line supv.
GO-Charleston
25 years



Robert Gilland
maint. mechanic B
Philip Sporn
25 years



Willis Johnson
records supervisor
Huntington
20 years

chasing, Roanoke. 10 years: **Alfred Brown, Jr.**, transmission mechanic A, GO T&D Transmission, Charleston. **Brenda Colston**, stenographer, GO Accounting, Roanoke. 5 years: **Lois Arrington**, purchasing entry operator C, GO Purchasing, Roanoke. **Howard Poage, Jr.**, data processing operator B, GO Accounting, Roanoke. **Sharon Beck**, stenographer, GO T&D R/e & R/w, Roanoke.

Kingsport

15 years: **Jay Melton**, general servicer. 10 years: **Wayne Fletcher**, engineering technician.

Lynchburg

10 years: **Don Casey**, garage supervisor NE.

Mountaineer

5 years: **Will Darnbrough**, maintenance mechanic.

Pulaski

15 years: **Jim Blankenship**, line crew supervisor NE. **Sheldon Taylor**, station mechanic A. **Mickey Gibson**, line mechanic A. 10 years: **Winky Sherman**, customer accounts representative C. 5 years: **Gary Johnson**, meter reader. **Gary Edwards**, meter electrician B. **Kenneth Belton**, line mechanic C. **Chester Robinson**, meter reader.

Roanoke

15 years: **William Prillaman**, meter electrician B. **Dennis Patrick**, station crew supervisor NE. 10 years: **Victoria Rutledge**, secretary/stenographer.

Philip Sporn

15 years: **Paul Houdashelt**, maintenance mechanic B. 5 years: **Charles Miller**, maintenance mechanic C. **Jane Cundiff**, maintenance mechanic C. **Richard Gilmore**, barge attendant.

Abingdon

35 years: **Sam Moser, Jr.**, meter service mechanic (LTD). 5 years: **John Henderson**, meter electrician B.

John Amos

10 years: **Franklin Hannigan**, maintenance mechanic B. **Thermon Taylor**, maintenance mechanic A. **Duane Phlegar**, outage coordinator. 5 years: **Bradford Alford**, maintenance mechanic A. **Terry Burdette**, maintenance mechanic B.

Beckley

5 years: **Matthew Saunders**, drafter C.

Bluefield

15 years: **Richard Brewster**, T&D clerk A.

Charleston

15 years: **Elvin Pauley**, station mechanic A.

Clinch River

25 years: **Alfred Lambert**, maintenance mechanic C. **Paul Kiser**, coal equipment operator. 20 years: **Charles Pruitt**, maintenance mechanic A. **George Munsey**, maintenance mechanic B. 15 years: **Sammy Glover**, maintenance mechanic B.

General Office

40 years: **Betty Sneed**, purchasing special clerk, GO Purchasing, Roanoke. 35 years: **Edith Rusher**, staff assistant, GO Rates and Contracts, Roanoke. 15 years: **Winston Carter**, drafter A, GO T&D Civil Engineering, Roanoke. **Jim White**, stores assistant, GO Pur-

NEWCOMERS

Bluefield

Timothy Thomason, junior clerk, Tazewell. **R. A. Mitchell**, surveyor assistant-rod.

Charleston

Lindsay Lattanzi, engineering technician.

Clinch River

Gayle Miller, filter plant operator and sampler. **Connie Fields**, plant clerk C.

General Office

Sandra DeLagrange, junior clerk, GO T&D

Communications, Roanoke. **Roger Heslep**, accounting staff assistant, GO Accounting, Roanoke. **Enola Updike**, junior clerk, GO Accounting, Roanoke. **David Wright**, electrical engineer, GO T&D Station, Bluefield.

Kingsport

Andy Hall, electrical engineer.

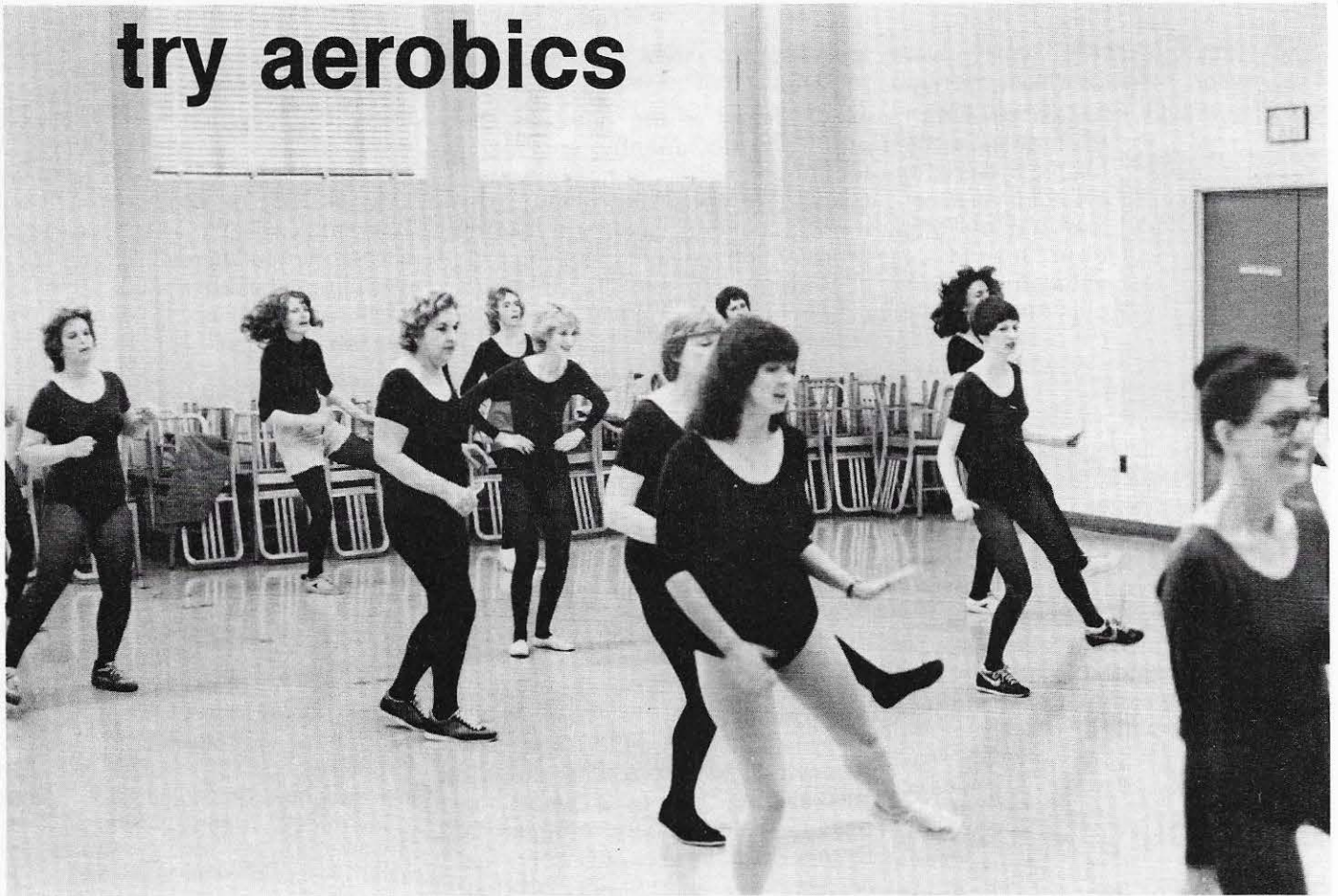
Lynchburg

Rod Garland, meter reader. **Danny Pollard**, automotive mechanic C.

Roanoke

James Spitzer and **Joey Smith**, line mechanics D. **Dan Kepner**, stores attendant. □

After a hard day's work, try aerobics



Two evenings a week, about a half-hour after most general office employees leave for the day, the fast-tempo music begins on the second floor in the company's headquarters building in Roanoke.

Anyone passing by in the hallway near the auditorium can hear strains of such selections as "Freak Out," "Your Love is Lifting Me Higher," and "I Write the Songs."

But it's not a party.

It's a group of 18 or so people who are serious about physical fitness. And the music? That's to accompany the group's aerobic dancing exercises.

Two general office employees, Awana Gaither and Pat Reavis, were instrumental in forming the exercise group several months ago.

"Pat and I had been attending aerobic dancing classes at the First Baptist Church for a couple of years," Awana explained. "We invited quite a few people from here to go with us, but it

really wasn't convenient for them. So we brought aerobics to the building!"

Pat added that the response from coworkers several months ago was positive when she and Awana suggested the new aerobics group.

"We have a lot of faithful people," she said. "We can fit about 18 at a time in the auditorium for the class, and we're full every Monday and Wednesday evenings."

Awana and Pat don't stop with two sessions a week, however.

"The two of us get together every weekend at Pat's house," Awana said. "We really like the exercise, and we want to be able to do each routine right to show the others."

Pat noted that they will be adding more to the routines later in the year. "It's easy now," she laughed, "but it'll get harder in the fall, when we move to more difficult exercises and floor routines."



"I've been involved in aerobics for a long time," says Key Entry Operator Donna Cowling. "Eventually, what I hope to get from it is a slim body!"

Aerobic dancing is a very popular form of exercise today. It is designed to stimulate, condition, and strengthen the heart and lungs as well as provide better muscle tone and coordination. "We also burn off quite a few calories!" Awana added.

Right now, the class is composed of all women. "It's not limited to women," Pat explained. "We've made sure that the men know they may participate, but none have signed up yet. Now, they'll have to go on the waiting list just like anyone else, since we have more people than we can fit into the auditorium!"

More than 45 women have signed up. And the 18 places available for each Monday and Wednesday class fill up rapidly.

The current participants are: Pat Berry, Sandra Bower, Cyndi Brandt, Trish Brogan, Karen Burtis, Margie Cahill, Donna Cowling, Phyllis Dunnaville, Ella Edwards, Judy Emery, Pat Eshing, Mary Lee Farrier, Bonnie Ferrell, Cathy Fisher, Awana Gaither, Pat Greenway, Jeanie Harlow, Loretha Jordan, Jeanette Kidd, Luggum King, Joyce Lawson, Sharon Lowman, Angie Martin, Janet Maxwell, Anna McCadden, Diane McDaniel, Susan Moore, Lili Munsey, Janie Ollie, Helen Overstreet, Shelia Painter, Brenda Pearmen, Towanda Penn, Shelby Perry, Gloria Peters, Rosemary Price, Patricia Reavis, Nancy Seay, Patsy Smith, Judi Stewart, Lynn Testerman, Gayle Thomasson, Andrea Thompson, Donna Williams, and Bonnie Worley. □



Luggum King, senior key entry operator, GO Accounting, is an enthusiastic aerobic dancing participant. "I love it!" she says. "I really don't get enough exercise otherwise. The dancing is fun, and I've met lots of people I didn't know before!"



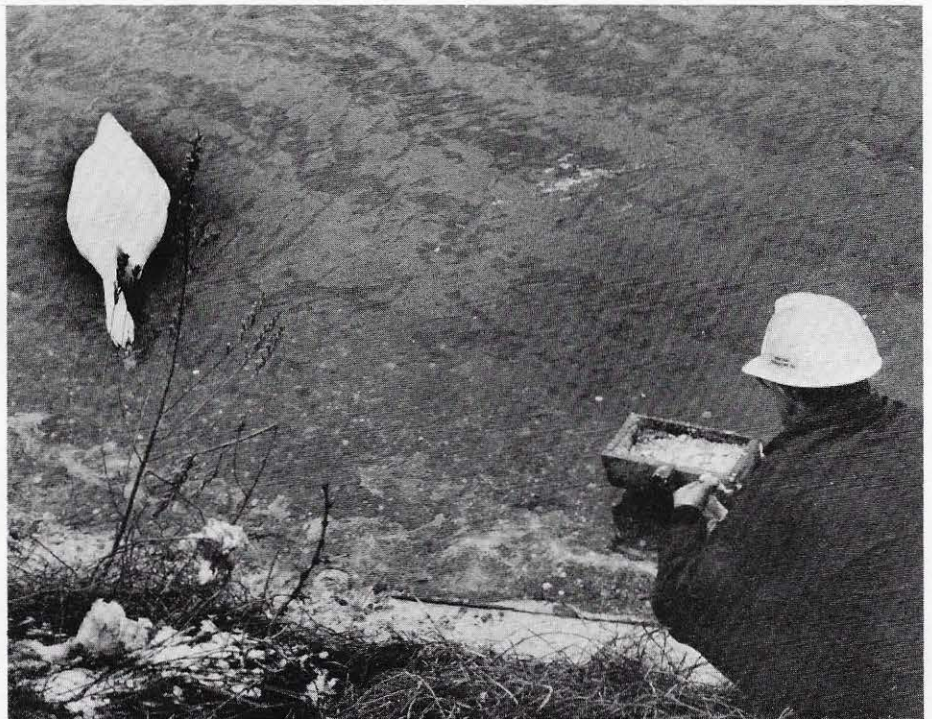
Pat Reavis, left foreground, and Awana Gaither, right foreground, are the instructors in the aerobics class.

Swan adopts ash pond as home

It's common knowledge that the ash ponds for neighboring Philip Sporn and Mountaineer Plants are for the birds. A veritable paradise for birds, that is.

Twenty-nine species have been identified as living there — including mallards, Canada geese, sparrow hawks, black ducks and tree swallows. There also are buffleheads, American widg-eons, lesser yellowlegs, common loons and common mergansers. Now Sporn's north ash pond has become the new home for a swan.

Harry "Chub" Pickens, assistant yard superintendent, explains: "The swan was caught in a lock chamber on the Ohio River, and one of the I&M River Transportation crews picked her (or him) up and took care of her. The swan's back was injured, so they took her to the McClintic Game Reserve for treatment. This was during real cold weather, and all the ponds in the area were frozen. The Reserve asked us if we could put the swan here in the ash pond, where the continual influx of warm water and outflow of water prevents the pond from freezing in the winter."



Sporn's swan dives after some tasty bread crumbs as Chub Pickens looks on.

Chub adds, "Since that time we have been looking after her along with personnel from Mountaineer. We feed her grounds oats, bread and some

grain, but mostly bread. She seems to like that better than anything else. She is well enough to fly, but we think she's found a home here." □



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