



ILLUMINATOR

January 1989

The inside story

ILLUMINATOR

Vol. 39, No. 4, January 1989

Published for employees of:



Editorial Office: Public Affairs Department, Appalachian Power Company, P.O. Box 2021, Roanoke, Virginia 24022.

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IABC

International Association of Business Communicators

About the cover:

The loss of a leg doesn't prevent Bob Spencer from pursuing one of his favorite sports, skiing. See story on page 3.



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Company first aid training pays off.

AEP Savings Plan

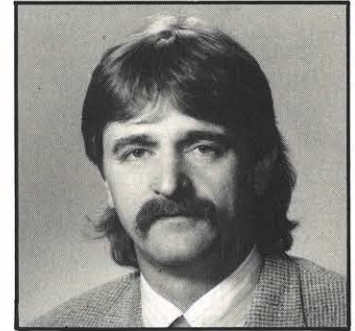
Date	Fixed Income Fund		Equity Fund		AEP Stock Fund	
	VPU	UCPD	VPU	UCPD	VPU	UCPD
11/30/87	\$2.9373	.3404	\$4.2822	.2335	\$3.3820	.2956
12/31/87	2.9680	.3369	4.5922	.2177	3.5475	.2818
1/31/88	2.9996	.3333	4.7923	.2086	4.0221	.2486
2/29/88	3.0281	.3302	5.0128	.1994	3.9137	.2555
3/31/88	3.0598	.3268	4.8646	.2055	3.7441	.2670
4/30/88	3.0907	.3235	4.9159	.2034	3.7097	.2695
5/31/88	3.1228	.3202	4.9537	.2018	4.0321	.2480
6/30/88	3.1542	.3170	5.1765	.1931	4.0674	.2458
7/31/88	3.1871	.3137	5.1581	.1938	4.0338	.2479
8/31/88	3.2203	.3105	4.9843	.2006	3.9119	.2556
9/30/88	3.2527	.3074	5.2010	.1922	3.9291	.2545
10/31/88	3.2864	.3042	5.3445	.1871	4.0372	.2476

VPU — value per unit

UCPD — units credited per dollar

HOW TO READ THE ABOVE CHART: The first column lists the days on which unit values are figured; the second shows the market price or value of each unit on that day; and the third indicates how many units you could have bought for \$1 on that day. For example, if the market value or "value per unit" of the Equity Fund were 50¢ on the valuation date (last day of each month), then "units credited per dollar" would be 2.000. This also holds true for the AEP Stock Fund and the Fixed Income Fund.

When Bob Spencer won three bronze medals in ski competition in 1987, they were more than awards for his expertise in the sport. They also were tributes to his fortitude and "can do" attitude. That's because Bob, an equipment inspection supervisor at Central Machine Shop, lost his left leg just above the knee in an accident in November 1986.



Bob Spencer

Bob recalls, "As soon as I was able to talk after my accident, I asked my doctor if I would be able to ski that winter. A skier himself, my doctor replied, 'I don't know, it's up to you.' My therapist told me not to — he was afraid I would injure myself again — but I went skiing two months after I got out of the hospital. I went to Canaan Valley, Silver Creek, and Lake Tahoe. Then I came back and told my therapist!"

Bob continues, "Before I went skiing the first time after my accident, I had some thoughts about how hard it would be to get on and off the ski lift. Other than that, it didn't bother me a whole lot.

"John Gatskie, equipment inspection superintendent, was a lot of help getting me started back skiing again. He went to Silver Creek, Lake Tahoe, and Jackson Hole with me.

"Silver Creek ski resort has instructors for handicapped persons. David Begg and Jim Alexander helped me a whole lot. When I started to learn how to ski again, I started out on the beginner slopes, but I didn't stay there too long. Once I figured out how to get on the skis, there was no problem. And, once you're on the skis, you have to go fast, you can't go slow.

"One of the hardest things was learning how to make a right hand turn. Left hand turns are easy, but turning right is completely backwards.

"Another thing was learning to use the outriggers and keeping them in the right location. At first you use them for crutches, but then they become ski poles just like for anyone else."

Bob adds, "With two legs, you can cheat when you're skiing. But with one leg, you have to learn how to ski right. With one leg, when you make a mistake you fall down and have to get up and do it again."

Bob continues, "Racing helps you learn to ski better because it teaches you to go. Instead of making a mistake and correcting it there, you have to go a certain speed down the mountain."

Bob won a bronze medal in the handicapped Slalom race and a NASTAR bronze medal at Silver Creek ski resort in February 1988. He also won a bronze medal in the NASTAR Club race at Jackson Hole, Wyoming, last March.

Bob explains that NASTAR is like a national amateur ski race. "They set these races up at different ski areas," he says, "so you can become a better skier.

"A Slalom race is a series of gates down the mountain, and you have to go either left or right through the gates and be able to finish. These races are timed races against a pacesetter."

Bob plans to go to the national ski races in Colorado this year. And, once the snow skiing season ends in March, he'll be looking forward to summer when he can go water skiing.

When asked if there is anything he can't do with one leg, Bob replied, "Well, I used to run a lot, and I don't do that any more. I can't move quite as quickly as I used to because the artificial leg gets in the way. But you're handicapped only if you think you are." □

Spencer beats the odds

INFORMATION

Benefit

Major improvements made in AEP benefits program

Major improvements in the American Electric Power System's employee benefits program went into effect, with one exception, on January 1. They are:

Retirement Plan

Vesting

The vesting schedule has been changed from 10 years to five years of service for 100 percent vesting. Once vested, an employee is guaranteed a future pension benefit.

Disability Benefits

An employee receiving long-term disability (LTD) benefits now will earn pension credit for service under the retirement plan for the full time he is disabled. Previously, an employee who had received LTD benefits for at least two years did not receive credit under the retirement plan, but was entitled to a pension supplement from the LTD plan upon retirement.

Final Average Earnings

In the past, an employee's career earnings were examined to find the highest average earnings over a period of 36 consecutive months to calculate a pension benefit. Rather than determining this average from an employee's earnings over an entire career, the plan now will use the highest average earnings over 36 consecutive months out of the last 10 years of employment.

Benefit Formula

An important change to the retirement plan effective for retirements after January 1 is in the benefit formula. The Tax Reform Act contains new rules that require changes to the present formula as it pertains to integration with Social Security benefits. The Internal Revenue Service recently issued regulations explaining such requirements, and they are being reviewed. As soon as it is determined how the formula will be affected, employees will be informed of the changes, which will be made retro-active to January 1. If necessary, adjustments will be made to pensions for those employees retiring on or after February 1.

General

Minor technical changes also are being made to simplify retirement plan administration. Those changes will be reflected in the Protection Program Manual when it is revised.

Savings Plan

Several changes affecting the AEP Employees Savings Plan have been made. The following outline of these changes will supplement the Savings Plan Prospectus dated November 30, 1988, which employees will receive soon. The changes include:

Vesting

In the past, employees became fully vested in company contributions made on their behalf three years after the end of the year for which the contributions were made. Beginning January 1, participants are fully vested in contributions

upon completion of five years of company service. This means that all participating employees who have five or more years of service as of January 1 will be fully vested in all company contributions as soon as they are credited to their accounts.

In-Service Withdrawals

Changes have been made in the withdrawal procedures that will simplify the process for employees. The major changes are:

- An in-service withdrawal in the past carried with it a suspension of both employee and company contributions for a three-, six- or nine-month period. Beginning January 1, in-service withdrawals result in only a three-month suspension of **company** contributions. The employee's contributions may continue.
- Because company contributions now are fully vested after five years of service and because withdrawals can be made under the new less restrictive rules, the plan's periodic partial distribution (PPD) provision will be phased out in 1991. This provision will continue for the next three years to permit contributions made through 1988 to be available by PPD in 1989, 1990 and 1991.
- Also, because of the plan's new vesting rules, access to company contributions made after 1988 will be limited to 50 percent. However, all vested company contributions made prior to 1989 are available for withdrawal. Withdrawal of company contributions made after 1988 requires at least 60 months of participation in the plan. Participation prior to 1989 will count toward this requirement.

Cash and Share Accounting

The current method of **unit value** accounting has been changed to show account values on a **cash and share** basis. For example, employees who participate in the AEP Stock Fund will see their account statements reflect the number of shares of AEP stock and its current market value plus any uninvested cash within the fund. This will include the company matching contributions. The value of the other two investment funds will be accounted for in cash and reported to employees in dollars and cents. Therefore, unit values no longer will be used; all values will be expressed in dollars and cents.

Diversification of Company Contributions

In the past, all company contributions were invested in the AEP Stock Fund and remained there until withdrawal. A new provision gives employees age 60 and over a one-time election to transfer their current AEP Stock Fund account value to the Fixed Income Fund. If an employee makes such an election, future company contributions will continue to go into the AEP Stock Fund. This change is being made so an employee has more flexibility in his financial planning as he approaches retirement.

INFORMATION

Benefit

Quarterly Participant Statement

Beginning this year, participants in the AEP Savings Plan will receive quarterly statements of account values. Previously, employees received statements on a semi-annual basis.

Dependent Life Insurance

The Dependent Life Insurance Program coverage levels have not changed. However, due to good claims experience, the monthly employee cost had been reduced from \$1.50 to \$1.20 per month.

Medical and Dental Plans

Coordination of Benefits

This change affects only those employees and their spouses who have other group medical and dental insurance coverage and children insured under both AEP's and the other plan.

The Aetna Comprehensive Medical Plan and the Provident Dental Assistance Plan now will coordinate benefits with other group plans by using a new "birthday rule." This means that, when more than one plan covers the same child as a dependent of parents who are not divorced or separated, the primary plan (the plan that pays benefits first) is the plan of the parent whose birthday falls earlier in the year. The secondary plan is the plan of the parent whose birthday falls later in the year. If both parents have the same birthday, the plan that covered the parent longer is the primary plan. Prior to January 1, the medical and dental plans defined the primary plan as the father's and the secondary as the mother's.

Employee Medical Plan Contributions

In January each year, the employee medical plan dependent coverage contribution is adjusted to continue the practice of employees paying 20 percent and the company paying 80 percent of the cost for dependent coverage. Because of significantly increased medical claim costs, the monthly contribution amounts have been increased as follows:

	1988	1989
To cover one dependent ...	\$17.21	\$20.73
To cover two or more dependents	\$24.35	\$29.32

The company's share of the cost also increased by the same percentage. Over the last five years, medical plan costs have increased approximately 78 percent. During that same period of time, employee contributions for dependent coverage under the medical plan have increased by 23 percent. The cost for employee-only coverage continues to be paid in full by the company.

Dental Assistance Plan

Effective March 1, scheduled payments for restorative and prosthodontic dental services will be revised upward to reflect more current dental costs.

There are three separate payment schedules for each covered dental procedure. The payment schedule that applies to a given procedure depends upon the state and location of the dentist. Dental charges for each procedure in each geographic location have been analyzed to determine: (1) whether that location is assigned to the correct schedule, and (2) whether the schedule payment amount is adequate. Each schedule payment amount will be increased as necessary for a given procedure in a certain geographic location, resulting in some being increased more than others. Also, some areas will be assigned a new schedule. However, even though an area may change from Schedule III to II, or from II to I, all scheduled payments will have been improved enough so that any payment will be higher than it would have been for the same service under the present schedule. Over the last five years, dental assistance plan costs have increased approximately 72 percent. This benefit continues to be paid in full by the company.

Letters were sent last month to employees' homes describing all of the benefits improvements. Meanwhile, revisions are being made in the system's Protection Program Manual, which will be distributed in the near future. □

More information provided on Express Pharmacy receipts

Those AEP System employees, retirees and their families who use the mail-order prescription drug program called Express Pharmacy Services will soon see, if they haven't already, a change in the receipt they receive with their filled prescriptions.

Effective last month, the Express Pharmacy paid receipt began showing not only the amount paid by the individual for his prescription but also that portion of the prescription cost paid by the company on his behalf. The total of the two amounts equals the cost of the prescription.

From January through October 1988, AEP System companies and participants in the mail-order drug program

together had spent \$689,357 on 22,943 prescriptions. The program, which allows participants in the Aetna medical plan to receive their maintenance prescription drugs through the mail, has steadily grown in use from its inception in September 1985. Prescription drugs purchased through Express Pharmacy Services are not subject to the normal medical plan deductible and are priced at wholesale rather than the more expensive retail cost.

Employees with questions regarding the Express Pharmacy Services mail-order program should contact their personnel department or call Express Pharmacy at 1-800-233-8456 (in Pennsylvania, 1-800-242-8078). □

SCC approves rate reduction in VA

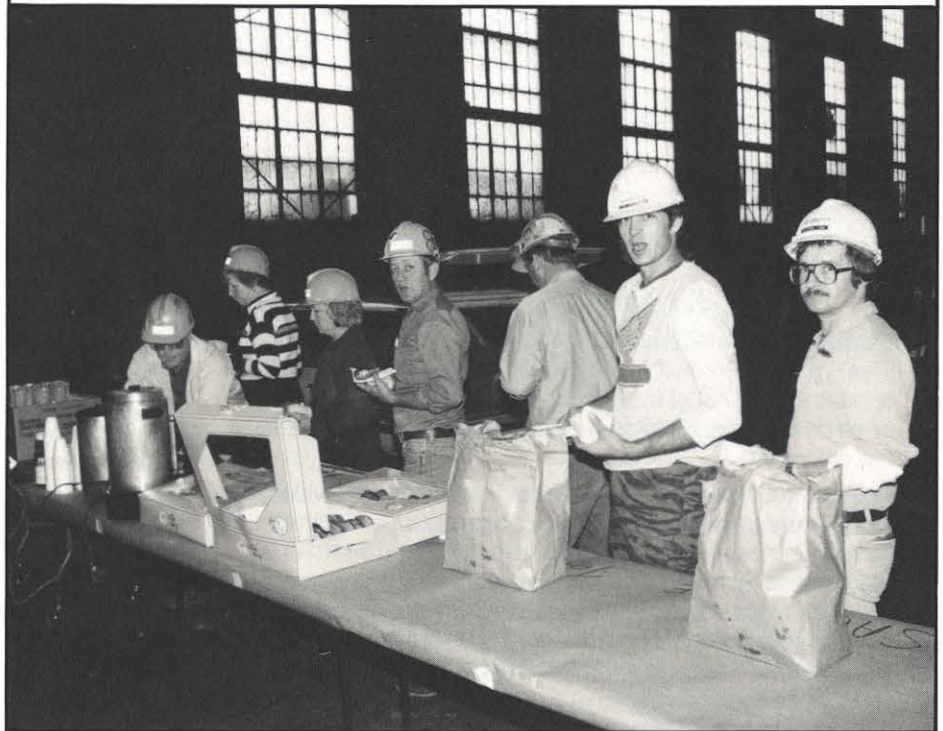
The State Corporation Commission (SCC) approved a \$3.7 million reduction in electric rates for Appalachian Power Company's Virginia customers, effective December 1, 1988.

For the average residential customer using 1,000 kilowatt-hours of electricity per month, the bill was reduced by 47 cents, from \$57.01 to \$56.54.

John W. Vaughan, president of Appalachian, noted that this was the company's second rate reduction in base rates in 1988. "This decrease follows a \$15.8 million decrease that was placed into effect on January 1, 1988."

Vaughan pointed out that the reduction was possible because of a number of factors, including an improved economy and lower interest rates. "More important," he emphasized, "is the company's continuing ability to operate in an efficient and cost-effective manner. Our customers long have enjoyed rates among the lowest in this part of the country. This reduction will help us maintain that enviable position." □

Glen Lyners treated to brunch



Glen Lyn Plant employees were served brunch on November 4 in recognition of their having worked three consecutive years without a disabling injury. During that period they worked more than 784,800 hours.

Two safe years for Kingsport

Kingsport Power employees reached the milestone of two years without a disabling injury on November 12. In recognition of their achievement, each employee was awarded an engraved pen.

Kingsport Power President Tom A. Rotenberry said, "This is an outstanding accomplishment and one of which we can indeed be proud. However, we cannot get comfortable in terms of safety. We must continue to look for ways and means to improve upon our safety performance. As we approach the new year, let us resolve to work safely each and every day. Let everyone resolve to follow all the rules outlined in our company safety manual and make no compromise in our safety program." □

APCo receives contractor award



Dale Vaughan, station construction supervisor, GO T&D Station, left, and Leon Poskas, Pulaski station superintendent, accepted the outstanding contractor award on behalf of Appalachian Power.

Appalachian Power Company has been presented an outstanding contractor award for developing and carrying out an

"approved erosion and sediment control plan" while building its Falling Branch substation near Pulaski.

According to Pulaski Division Manager Jerry R. Whitehurst, the award winning construction activity involved clearing almost three of the four acres at the construction site, grading and sloping more than one acre, recovering with topsoil, and seeding. "Our design allowed us to construct the facility in a manner that caused minimum impact to the environment and helped protect our soil and water resources."

The award was presented by the Division of Soil and Water Conservation's Skyline District, which includes Montgomery, Floyd, Pulaski, and Giles Counties. The district's purpose is to develop programs to solve land, water, and related resources problems. There are 45 districts in Virginia encompassing 94 counties and 15 cities. □

Operations Improvement savings exceed \$5.6 million in 1988

Appalachian Power Company's Operations Improvement Program (OIP) generated 334 proposals during 1988, resulting in savings of \$5,645,116 or 112.9 percent of the projected goal for the year. In addition, 104 safety proposals were turned in.

OIP is a company-sponsored effort to get employees to put on paper their ideas which save the company money, time, and/or provide safer work practices.

Personnel Services Manager, J. Emmett Blackwell, who coordinates the program, reports that every location participated in OIP. "The program got off to a slow start during the first quarter of the year," Blackwell recalls, "but, as usual our employees came through. As a result, this was one of our best years ever."

John Amos Plant received the Pacesetter Award, presented annually to the location which has the best overall program.

The top five OIP coordinators for the year were awarded shares of AEP stock. The winners are: first place, Dave Martin, Central Machine Shop, 30 shares; second place, Bill Smith, Clinch River Plant, 25 shares; third place, Fred Walker, John Amos Plant, 20 shares; fourth place, Charlie Cook, Centralized Plant Maintenance, 15 shares; and fifth place, Vernon Willis, GO Accounting, Roanoke, 10 shares.

Employees who submitted the top OIP proposals for the fourth quarter of 1988, and their prizes, are:

Division — first place, 10 shares of AEP stock, Warren Smythers of Abingdon; second place, 5 shares, Ronald Kennedy of Charleston.

Plant — first place, 10 shares, Woodrow McClung of Kanawha River Plant; second place, 5 shares, Kevin Dennis of Mountaineer Plant.

General Office — first place, 10 shares, Ed Caldwell of GO T&D, Roanoke; second place, 3 shares each, Charles Drastura, III, of GO T&D, Huntington, and Jeffrey Marlowe, GO T&D, Roanoke.

Safety proposals — first place, \$100 savings bond, Melvin Swisher of Centralized Plant Maintenance; second place, \$50 bond, Everett McDaniel, Jr., of Philip Sporn Plant. □

1988 Operations Improvement Program Results

Location	Goal	Savings
Abingdon	\$ 79,000	\$ 80,810
Beckley	72,000	90,675
Bluefield	128,000	177,645
Charleston	134,000	1,385,284
Huntington	116,000	56,603
Logan	74,000	18,642
Lynchburg	64,000	156,986
Pulaski	87,000	248,280
Roanoke	146,000	49,482
John Amos	939,000	951,745
Central Machine Shop	233,000	260,369
Centralized Plant Maintenance	211,000	209,189
Clinch River	324,000	329,292
Glen Lyn	246,000	1,924
Kanawha River	263,000	44,262
Mountaineer	468,000	83,489
Philip Sporn	666,000	52,347
GO Accounting	90,000	129,023
GO General Services	52,000	63,508
GO Hydro	80,000	134,265
GO Land Management	4,000	4,088
GO Marketing & Customer Services	11,000	2,485
GO Operations	72,000	5,206
GO Personnel, Rates, Environ., Exec.	53,000	60,022
GO Public Affairs	5,000	2,495
GO Purchasing & Stores	16,000	22,927
GO T&D	367,000	1,024,073

APCo, KPCo rates less than national average

Typical residential electric bills vary by more than 300 percent, depending upon the service territory in which the consumer is located, according to a nationwide survey released by the National Association of Regulatory Utility Commissioners (NARUC).

In its 10th winter residential electric bill survey, the NARUC reported that the national average cost of electricity is 8.04 cents per kilowatt-hour. The least expensive service territory in the survey was Lewiston, Idaho, where customers paid approximately 4.2 cents per kilowatt-hour, while the most expensive service territory was New York City, where customers paid 13.5 cents per kilowatt-hour.

The report compared the residential electric bills for the largest service territories of the major investor-owned electric utilities in 49 states and the District of Columbia. (Residential customers of Appalachian Power paid an average of 5.47 cents per

kilowatt-hour for the 12 months ending October 1988. Kingsport Power residential customers paid an average of 4.88 cents per kwh for the same period.) □

Amos Unit 1 sets operation record

The 800-megawatt Unit 1 at John E. Amos Plant set a record of 359 days of continuous operation by a coal-fired generating unit in the 600- to 800-megawatt range before being taken off line on December 9.

The previous record of 346 days was set by a 640 mw unit at Monongahela Power Company's Harrison Plant in 1986.

The all-time record for a steam-fired unit of any size also is owned by Appalachian Power. Mountaineer Plant's single 1300-mw unit had 607 days of non-stop operation when it was taken off line on March 13, 1987. □



United Way

It brings out the best in all of us.™

Across Appalachian and Kingsport Power Companies, employees contributed generously to local United Way campaigns.

In addition to donations, employees served on United Way boards and in other capacities in community campaigns throughout the System.

In the Abingdon and Bluefield community campaigns, Appalachian Power was a pacesetter company.

The campaign results are:

Abingdon — 85 percent of the employees, including General Office personnel, pledged \$15,879. Bill Roeser, Abingdon administrative assistant, and David Vanover, Clintwood department assistant-customer accounts, participated in the Washington County United Way Loaned Executive program. Gary Watson, Gate City area supervisor, was campaign chairman of the Scott County United Way. Pete Montague, division manager, was campaign chairman of the Washington County United Way.

Beckley — \$8,904 was pledged to the United Way by more than 76 percent of the employees. Bob Shiflett, line mechanic C, is a member of the board of directors of the United Way of Southern West Virginia.

Bluefield — 80 percent of the employees, including General Office personnel, pledged \$18,671. Isaac Webb, III, line superintendent, served as co-chairman of the Construction Division in the community. Roger Jones, marketing and customer services super-

visor, serves on the board of directors of the United Way. He also was special assignment solicitor. Bob Farley, Princeton area supervisor, was co-chairman of the Construction Division in the community campaign. Beth Blankenship, marketing and customer services department assistant, was co-chairman of the plumbing and heating contractors section. John Griffith, energy services engineer, co-chairman of the electrical contractors section. Tobie Eaton, division manager, was vice chairman of the United Way campaign. Melinda Presley, marketing and customer services advisor, served as co-chairman of the plumbing and heating contractors section. P. T. Spangler, energy services technologist, also was co-chairman of the plumbing and heating contractors section. Dave Watson, marketing and customer services department assistant, was co-chairman of the plumbing and heating contractors section. Bob Edwards, engineering technician senior, was co-chairman of the electrical contractors section.

Charleston — 87 percent of the employees donated \$27,843 to the United Way. Division Manager Floyd H. Taylor, Jr., was chairman of the United Way of Kanawha Valley Transportation and Utilities Division. Fred Staunton, electrical engineer, was a senior loaned executive to the United Way of Kanawha Valley.

Huntington — Some 60 percent of the employees donated \$15,939. Steve Light, energy services engineer, was a loaned executive to the local United Way.

Kingsport — 98 percent of Kingsport

Power's employees pledged \$7,818 to the United Way of Greater Kingsport.

Logan — More than 82 percent of the employees donated \$11,337 to the United Way.

Lynchburg — More than 97 percent of the division employees pledged \$14,731, an increase of 11% over last year.

Pulaski — More than 97 percent of division employees pledged \$22,017. The Pulaski office received a recognition plaque for having more than 80 percent employee participation in the local United Way. Dan Tickle, Hillsville area servicer, serves on the United Way board in Hillsville. Chuck Talley, Pulaski line superintendent, serves on the Pulaski United Way board.

Roanoke — More than 98 percent of the Roanoke employees, including those in the General Office departments, pledged \$106,550 to the United Way. In the Rocky Mount, Fieldale, and Stuart offices of Roanoke Division, 99 percent of the employees pledged \$4,328.

Amos Plant — 60 percent of the employees pledged \$19,288 to the United Way.

Glen Lyn Plant — Employee participation was 54 percent, with \$1,342 pledged.

Kanawha River Plant — 79 percent of the employees donated \$5,046 to the United Way.

Central Machine Shop — 70 percent of the employees made contributions of \$7,271. □

Mann is photographer for WVU games

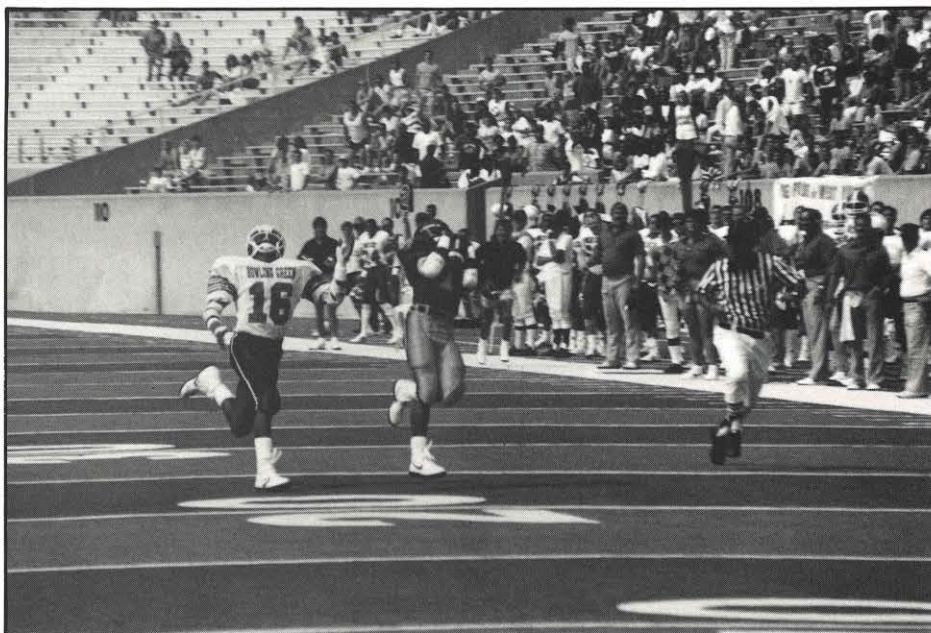
Scott Mann, Point Pleasant electrical engineer, has found a way to combine two of his main interests — attending West Virginia University football games and amateur photography.

Scott has been an amateur photographer for five years, about the same length of time that he has been a season ticket holder for WVU football games.

"I graduated from West Virginia Tech," Scott says, "but I have friends who went to WVU, and I would go up and stay with them on weekends. I haven't missed a home game since 1983. Last fall I asked the folks at the Point Pleasant Register if they had a photographer to take pictures of the football games, and they said no. So I told them if they would get me a press pass I would take photographs for them. That's how I got started.

"The press pass was only for games in Morgantown. The pictures I took at the away games were from the stands," Scott adds. "I would come back from Morgantown and drop the film off at the Register and they developed it for use in their Monday edition. As it worked out, I attended all 11 games this season, including those that were away.

"When I bought my camera and started taking sports pictures from the stands, I



thought how nice it would be if I were down on the field where I could get closeup shots of the players and coaches.



Scott Mann waves from down on the field.

That's what motivated me to go to the Register.

"When you're sitting in the stands, you have only one angle the entire game. On the field, you're able to move back and forth and get different angles of the game."

Scott adds, "There is a completely different perspective when you're on the field as compared to being in the stands. When you're in the stands, you hear the crowd from the side you're on. When you're on the field, you hear the players, the coaches, and the crowd from both sides.

"I have met some team members since I've had my press pass as well as some members of their families. I've also gotten to talk to other photographers and cameramen. It's pretty interesting."

Besides the action pictures he's made, one of Scott's favorite photos is that of Eugene Napoleon taken at the WVU-Maryland game. "WVU was behind," Scott recalls, "and then they came back to win. Napoleon was walking around, looking in the stands, and holding up his finger to show the team was number one."

WVU, ranked number three in the country after posting an 11-0 record this season, will play top-ranking Notre Dame in this year's Fiesta Bowl in Arizona. Although Scott will not be on the field, he will be taking pictures from the stands and cheering his favorite team on to victory. □





Tom Gibson, left, and Bobby Ratcliffe

A good way to unwind

Tom Gibson claims that making clocks is a good way to unwind after a hard day's work. "It keeps your blood pressure down," chimes in Bobby Ratcliffe. Both meter electricians A in Bluefield, the pair have been making clocks for about three years.

Bobby relates, "I saw some clocks at a hunting lodge down in the Smoky Mountains and got enthused. I brought some back home and showed them to Tom, and that's how we got started." The two work individually but share ideas.

"We make our own clock patterns," Bob says. "We sketch them out on cardboard, then cut the pattern, transfer it to wood, and cut it out. Next the wood has to be sanded and prepared for an epoxy finish. After that dries, we put on the clock numbers, add the clock movement, and whatever else goes into it."

The pair use cypress, pine, cherry, and

walnut wood for their clocks. They haven't used maple yet but plan to in the future. "Everything but the cypress is available locally," Bobby says. "The cypress comes from Tennessee and Florida."

They work on the clocks whenever they have spare time, and it takes a minimum of three days to make one clock. "That includes drying time for the finish," Bob says. "A lot depends on the wood. Some clocks have one coat of finish, others have two, and cypress wood usually takes three coats. Cypress is a little harder to work with because the cracks have to be filled."

The men use quartz movements in their clocks because they are compact and easy to obtain. "We buy the movements in bulk," Tom says. Bob notes, "I make clocks with a Westminster chime, which also is a quartz movement. The epoxy we use sells for \$49.95 a gallon locally, but we get ours out of Florida and don't pay nearly that much. The average cost of our

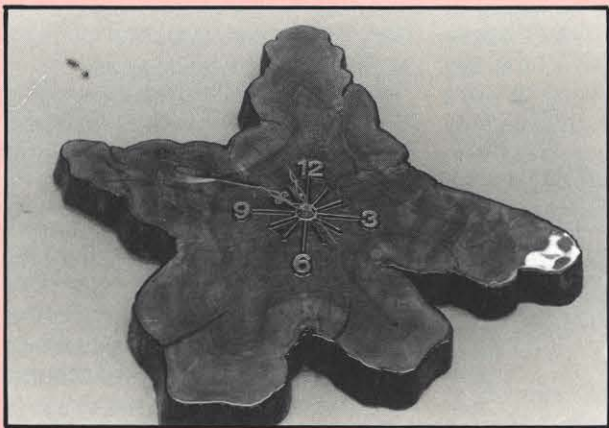
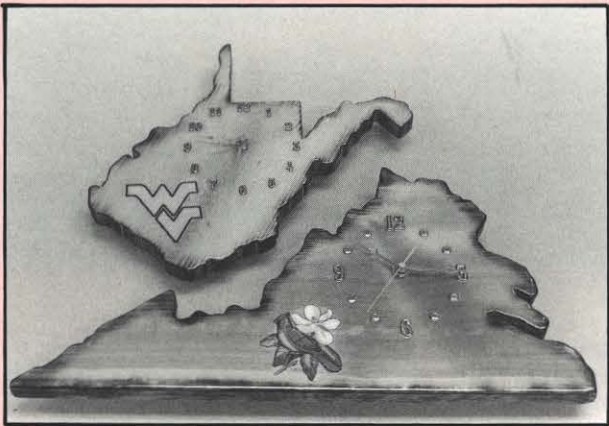
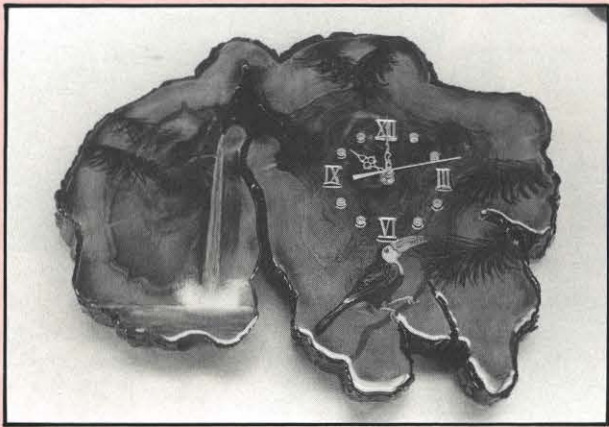
material is \$6 to \$7 a clock. Cypress might run a little more. Of course, that doesn't count the labor involved.

"If you were to buy the movement and other materials for the clock in a local craft shop, you'd have more in material than what we make and sell a clock for."

The most unusual clocks Bob has made were in the shape of a tooth — for a dentist — and an eye — for an optometrist. Tom's most unusual request was to make a clock out of a commode seat.

"Everybody likes my cypress clocks with a waterfall scene," Bob says. "The waterfall is painted on the clock, and it looks like it is coming out of a cave or a crack in a rock. Actually it's a knothole in the wood."

With 15 clocks at home, Tom says he doesn't have an excuse to be late for work. "I should know what time it is," he laughs. Bob concludes, "I have six running in my house. Thank goodness they're quiet except for the one with the Westminster chime." □



Pine Willow Farm

MTV. Bruce Springsteen. Football. "Robo-cop."

Like most 17-year-old boys, Naruhiko Sasaki likes them all. However, they're not something he's been exposed to day in and day out. An exchange student from Japan, Naru learned about them after arriving in Buchanan County, Virginia, to spend the next year with his host family, Duncan and Sandy Chester. Duncan is a custodian in the Grundy office.

The Chesters went to Roanoke in August to pick up Naru following a flight from his hometown of Innoshima City in Japan. According to a brochure Naru brought along, Innoshima City boasts, among other things, the longest suspension bridge in the Orient. He resides there with his mother and father. Naru also has a sister, Minori, and a brother, Shozo, who lives in Tokyo. Naru is the first in his family to visit the United States.

At first the language barrier between Naru and the Chesters was great, but they're making progress. Danny Neely, Grundy marketing and customer services advisor, recently began tutoring Naru three nights a week. "Naru has a pretty good understanding of how to read English and how to pronounce the words, but he has difficulty in understanding the different meanings one word can have," Danny explains. "Naru is particularly smart in math. I think perhaps we Americans may be behind the Japanese in that respect. He's also a good card player," Danny adds, "something that Sandy has taught him."

The Chesters decided to host an exchange student "for the experience of it," Duncan says. After qualifying as a host family through the American Intercultural Student Exchange program, they were given Naru's name. They called him on the telephone to make arrangements and to welcome him, not realizing that when they did so it was 4 a.m. in Japan.

One of Sandy's greatest fears before Naru's arrival was whether she would be able to cook for him. Now that fear has been put to rest since Naru seems to like everything, especially barbecued ribs. "He's easier to cook for than Duncan is," Sandy quips.

In comparing his Japanese school life with that at Garden Senior High School in Grundy, Naru relates that three of the main differences are that students in



Naru Sasaki, left, is an exchange student in the home of Duncan and Sandy Chester.

Chesters host exchange student

Japan wear uniforms, girls don't wear makeup, and girls sit on one side of the classroom and boys on the other. In addition, the program of classes is changed every day in Japan.

When Naru signed up to become a foreign exchange student, he hoped to wind up in New York City. The Chesters hope to incorporate a visit to the Big Apple for Naru's benefit at some point during his year-long stay. In addition, trips are being planned to Daytona in February, the Bristol International Raceway in April, and Disney World probably in May. He'll also visit Washington, D.C., on a school trip. Naru also has attended a Poison concert since his arrival in the U.S. And, Duncan says, "We're going to make an Earnhardt fan out of him."

Duncan says that one of the things which has impressed him most about Naru is his apparent love and respect for his family. Naru has said he wants to make his family happy and his mother and father proud.

In Japan, Naru was a member of the track team, something he hopes to do this

Spring at Garden. He played football last Fall for the first time. "Naru didn't get to play too much because of the language difficulty," Duncan says. "However, he got to play pretty much in Garden's last game of the season. I believe he ran twice for 15 yards and got two first downs."

Duncan says that Naru had never heard about God until coming to live with them. "He's starting to read the Bible now, and we're quizzing him on what he reads. He thinks that the Book of Genesis is the greatest thing he's ever read."

"I'm just glad we've done this," Sandy says of the decision to host an exchange student. "It's such a great experience."

Both Sandy and Duncan agree that, in addition to the learning experience of sharing their home with someone of a different culture, the opportunity gives them a chance to see their own lives, county, and country from a different perspective — the perspective of someone seeing it all for the first time. □

Adapted from article by Cathy St. Clair, news editor, Virginia Mountaineer, Grundy.

Kurnot saves man's life at football game

When Mountaineer Plant Utility Worker Willie Kurnot attended the West Virginia-Syracuse football game on November 19, little did he realize that before the game even started he would save a life.

Willie relates, "A friend and I had just come through the ticket gate when a fellow fell against my leg. We thought he just had fallen; but, when we started to pick him up, I realized he was unconscious. We couldn't find a pulse and then he started turning blue in the face so I realized I had better do something. I started giving the man CPR, and another fellow gave me a hand. The victim regained consciousness somewhat, but we continued CPR until the paramedics got there.

"I called the hospital the following day to see how the victim was. Unfortunately, the hospital had admitted three cardiac



Willie Kurnot

arrests on November 19, two back to back. Since I didn't know the name of the

man I helped, I wasn't able to get specific information. I did learn, however, that two of the cardiac arrest victims were all right but one didn't make it."

This was the second time Willie was in the right place at the right time to save a life. The first time occurred prior to Willie coming to work at Mountaineer. He relates, "I was working on the river at the time and going through one of the locks. A fellow had a car accident and rolled down the bank next to the locks. Another fellow and I went up to the car and pulled out the accident victim. He was unconscious and not breathing because his airway was blocked. We were able to free the airway before the paramedics arrived.

"The first time I really didn't know what to do," Willie admits. "I was just lucky. But, since coming to work at Mountaineer and taking first aid training, I have a lot more confidence about being able to help someone." □

Retirements

"This is the greatest Christmas present ever," says **Henry Howell** about his early retirement on January 1. Henry recalls, "I went to Virginia Southern College after serving in the U.S. Navy during World War II. Appalachian called the school, looking for someone to work in the System Accounting Department in Roanoke, so I put in my application. I came to work in August 1946." Henry held several positions in Accounting before moving to the System Commercial Department in 1967 as a sales analyst. He was promoted to statistical analyst in the GO Rates &

Contracts Department in 1974 and held that position until retirement. "After a career of more than 42 years, I'm looking forward to the freedom of retirement," Henry admits. "My wife Marion retired in August; and, since we both like to travel, we plan to do a lot of that. The first place we'll go is Florida and maybe after that a cruise and to the West Coast. I'll miss the people here at Appalachian... but not the work," he laughs. Henry is a former deacon at the Vinton Baptist Church and a member of Vinton Post No. 4522, VFW. □



A 42-year utility career came to a close on January 1 with the early retirement of **Hubert Farley, Jr.**, Beckley engineering technologist. "I can remember when I was the youngest employee," Hubert says, "and now I'm the oldest so I've come full circle. We have some fine employees here in Beckley, and there's no doubt but what I'll miss them." Hubert adds, "My last 25 years or so have been the most interesting part of my career because I dealt directly with the public. I enjoyed that and made a lot of friends. I'll miss dealing with the public as much as anything." Hubert and his wife Virginia

enjoy camping and vegetable and flower gardening. "We have a lot of remodeling plans for our home, and we may possibly build us a camp," he says. The Farleys have one daughter and two grandchildren, whom they hope to visit more often. A Navy veteran of World War II, Hubert served in both the Atlantic and Pacific and was in the Battle of Okinawa. □



Promotions

Michael B. Jones, Marion area supervisor, was promoted to Abingdon engineering supervisor on November 16. He holds a bachelor of science degree in electrical engineering from West Virginia University.

Herman A. Elliott, maintenance mechanic A, was promoted to maintenance supervisor at Philip Sporn Plant on November 1.

Gregory F. Cook, equipment operator A, was promoted to unit supervisor at Clinch River Plant on October 1.

Jimmie I. Creasey, instrument mechanic A, was promoted to instrument maintenance supervisor at Kanawha River Plant on December 1. He attended West Virginia Institute of Technology.

Kenneth Wayne Boggs, station operator A, was promoted to regional dispatcher, GO Operation-Charleston, on September 1.

Anthony L. Fields, maintenance mechanic A, was promoted to maintenance supervisor at Philip Sporn Plant on November 1.

Thomas J. Johnson, Huntington energy services engineer, was promoted to Ripley area supervisor on December 1. He holds a bachelor of science degree in electrical engineering from West Virginia Institute of Technology and is a registered professional engineer in West Virginia.

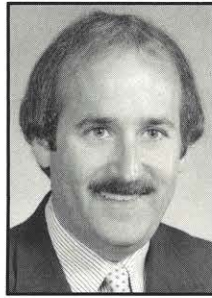
Clifton W. Nicholson, Williamson engineering technician senior, was promoted to Logan engineering technologist supervisor on October 1. He holds an associate degree in electrical engineering from Bluefield State College.

Samuel C. Amos, unit supervisor, was promoted to assistant shift operating engineer at Clinch River Plant on November 1.

Ken Cooper, unit supervisor, was promoted to assistant shift operating engineer at Mountaineer Plant on October 1.

James W. Johnson, equipment operator A, was promoted to unit supervisor at John Amos Plant on November 1. He attended West Virginia Institute of Technology.

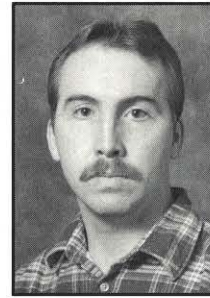
Cecil L. Hill, Roanoke engineering technician senior nonexempt, was promoted to



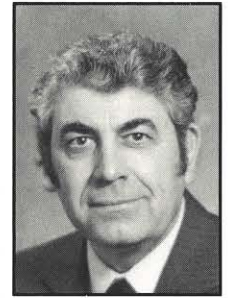
Jones



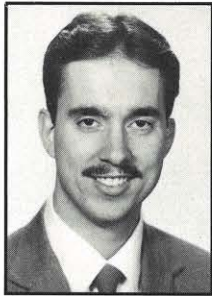
Elliott



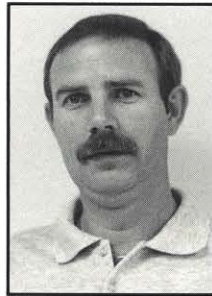
Cook



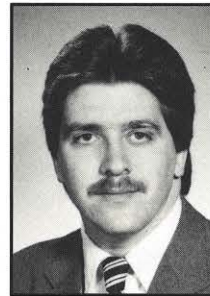
Creasey



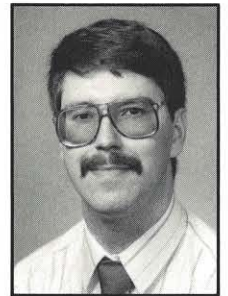
Boggs



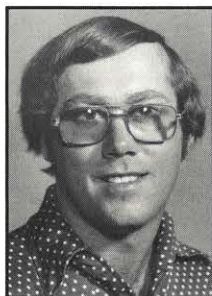
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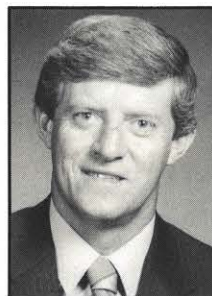
Tom Johnson



Nicholson



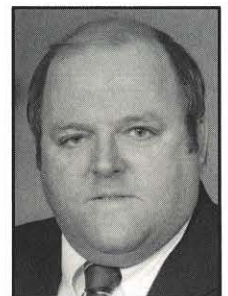
Amos



Cooper



Jim Johnson



Hill

associate distribution coordinator exempt, GO T&D Distribution, Roanoke, on October 1.

Ernest R. Justice, assistant shift operating engineer, was promoted to shift operating engineer at Clinch River Plant on November 1.

Abingdon

Katherine Widener from customer accounts representative C to customer accounts representative B, Marion.

John Amos

Jerry Saunders from equipment operator B to equipment operator A.

Jeffrey Spade from equipment operator C to equipment operator B.

Beckley

Jeff Athey from line mechanic C, Beckley, to line mechanic B, Whitesville.

Clinch River

Michael Monk from equipment operator B to equipment operator A.

Scottie Stoots from equipment operator C to equipment operator B.

Leonard Summers from utility worker A to equipment operator C.

General Office

Mark Whitley from junior clerk to mail clerk, GO General Services, Roanoke.

Lynn Testerman from tape librarian C to tape librarian B, GO Accounting, Roanoke.

Huntington

Terry Adkins from line mechanic D to line mechanic C.

Kanawha River

Brenda Ross from personnel clerk B to personnel clerk A.

Logan-Williamson

James Cheek from station mechanic B to station mechanic A, Logan.

Pulaski

Danny Bilbrey from line mechanic D to line mechanic C, Wytheville. □

Hunters Score

Abingdon

Charles Bryant, line crew supervisor NE, Clintwood, 125 lb., 6-point buck.

Randy McCoy, Clintwood line mechanic A, 100 lb. spike buck.

John Amos

David Ball, maintenance mechanic A, 160 lb., 8-point buck.

Walter Kidd, maintenance supervisor, 165 lb., 8-point buck.

Robert D. Husted, performance superintendent, 125 lb., 5-point buck.

Reid Strader, performance engineer, spike buck.

Bluefield

John Meeks, station mechanic B, 8-point buck.

Steve Gregory, line mechanic C, 4-point buck.

Bob Edwards, engineering technician senior, 6-point buck.

Robbie Edwards, son of Bob Edwards, spike buck.

Butch Cahill, R/w agent, spike buck.

Mark Hartley, station mechanic C, 10-point buck and 6-point buck (with bow), 6-point buck, 100 lb. spike buck and 14 lb. and 16 lb. turkey gobblers.

Charlie Long, line mechanic A, spike buck, button buck (with bow), and turkey gobbler.

Gib Walker, line mechanic B, 4-point buck, 8-point buck, and 2 turkey gobblers.

Kenny Lester, line mechanic C, 8-point buck.

Van Hall, line mechanic B, 7-point buck.

Troy Coyner, Welch area supervisor, 3-point buck.

Bob Hamilton, line mechanic A, 6-point buck and spike buck.

John Scott, line crew supervisor exempt, 6-point buck, two spike bucks, two does.

Roger Puckett, line mechanic B, button buck.

Donnie Bailey, line mechanic B, spike buck, doe, and turkey.

Darrell Carter, line mechanic A, 4-point buck.

Charleston

Bill Givens, office messenger, 5-point buck.

Mike LaScola, department assistant-marketing and customer services, 100 lb. spike buck.

Tom Craft, equipment service representative, 150 lb. spike buck.

Terry Banks, line crew supervisor NE, 60 lb. button buck.

Tom Duttine, line mechanic B, 50 lb. button buck.

David Morris, area servicer, 95 lb. doe.

Scott Brogan, line mechanic A, 60 lb. doe.

Robbie Seacrist, line mechanic C, 140 lb. 8-point buck.

Mike Young, line mechanic B, 5-point buck.

Ken Posey, electrical engineer, 80 lb. spike buck (with bow).

John Rader, engineering technician, 160 lb., 8-point buck.

Chris Woodrum, son of Rodger Woodrum, energy services supervisor, 122 lb., 6-point buck.

General Office

Steve Hollins, drafter C, GO T&D Station Design, Roanoke, 150 lb., 6-point buck.

Jeff Hale, son of Mary Ellen Hale, personnel clerk C, GO Personnel, Roanoke, 168 lb., 7-point buck (with bow).

Junior Greenway, husband of Pat Greenway secretary-stenographer, GO Personnel, Roanoke, 12 lb. turkey.

Dewey Hale, husband of Mary Ellen Hale, personnel clerk C, GO Personnel, Roanoke, 12 lb. turkey.

Ronnie Perdue, hydro plant crew supervisor, GO Hydro, Kanawha Valley Power, 170 lb., 10-point buck.

David Spurlock, hydro mechanic D, GO Hydro, Kanawha Valley Power, 110 lb., 4-point buck.

David French, hydro mechanic C, GO Hydro, Kanawha Valley Power, 100 lb., 3-point buck and 110 lb., 4-point buck.

Kenneth Stump, engineering technologist, GO Hydro, Roanoke, 125 lb., 4-point buck.

Wesley Eversole, hydro mechanic A, GO Hydro, Byllesby, 130 lb. doe.

Johnny Quarles, hydro mechanic C, GO Hydro, Smith Mountain, 160 lb., 8-point buck.

Charles Edwards, III, hydro mechanic A, GO Hydro, Smith Mountain, 110 lb. spike buck.

Darrell Dalton, hydro mechanic C, GO Hydro, Smith Mountain, 140 lb., 7-point buck and 160 lb., 4-point buck.

C. A. Hubble, engineering technician senior, GO T&D Communications, Abingdon, 145 lb., 8-point buck.

Frank Oresta, fleet maintenance supervisor, GO General Services, Bluefield, 5-point buck.

Monty Bruce, son of Patricia Greenway, secretary-stenographer, GO Personnel, Roanoke, 12 lb. turkey and 140 lb., 8-point buck.

Glen Lyn

Bobby Clemons, unit supervisor, 190 lb., 8-point buck.

Michael Davidson, junior clerk, 150 lb., 6-point buck.

Robert Guy, instrument mechanic B, 175 lb., 8-point buck.

Fairley Long, operations superintendent, 110 lb., 4-point buck.

Wayne Peck, custodian, 110 lb. spike buck.

Hazel Sadler, utility worker A, 175 lb., 8-point buck.

Freddie Terry, maintenance mechanic C, 150 lb., 6-point buck.

Randy Nicewonder, personnel supervisor, 150 lb., 5-point buck (with bow).

Kanawha River

Bennie Nicholson, maintenance supervisor, 135 lb., 7-point buck.

Dennis Young, maintenance mechanic B, 125 lb., 6-point buck.

Lynchburg

David Burnett, meter reader, 115 lb. spike buck and 135 lb., 7-point buck.

Lee Tolley, meter reader, two 100 lb. does.

Tommy Meador, meter reader, 140 lb., 3-point buck and 120 lb., 3-point buck.

Bobby Hawkins, station mechanic D, 120 lb., 5-point buck and 100 lb. spike buck.

John Thomas, station crew supervisor NE, 11¼ lb. turkey.

Pulaski

Nubbin Spraker, meter electrician A, 150 lb. mule deer (field dressed) and 75 lb. antelope (field dressed).

Benny White, customer accounting supervisor NE, 4-point buck and spike buck.

Carl Martin, meter reader, 4-point buck (with bow), doe (with bow), 6-point buck, spike buck, and turkey.

Richard Wingate, Independence area servicer, 7-point buck (with bow) and turkey.

Kenneth Belton, line mechanic C, 7-point buck and turkey.

Johnny Kidd, area servicer, 4-point buck.

Nelson Coleman, line mechanic A, 6-point buck.

Mike Spence, engineering technician, button buck (with bow).

Chester Robinson, meter reader, doe.

Harry Hubble, meter reader, doe and turkey.

James Underwood, meter reader, 4-point buck.

David Bell, meter reader, turkey.

Roanoke

Felix Vasser, reservoir groundskeeper, 125 lb., 8-point buck.

David Purdy, department assistant, 155 lb., 6-point buck.

Gary McGhee, electrical engineer, 120 lb., 4-point buck and 105 lb. spike buck.

Ronnie Horne, drafter B, 8-point buck.

Barry Smith, husband of Helen Smith, stenographer, 150 lb., 10-point buck.

W. B. Thurman, line mechanic C, 150 lb., 10-point buck and 110 lb., 3-point buck.

Frank Nichols, line mechanic A, 2 does and 1 button buck (with bow).

Sam Robinson, line crew supervisor NE, 8-point buck.

Wayne Bowling, line crew supervisor NE, spike buck.

Philip Sporn

John Franklin Barton, equipment operator B, 140 lb., 6-point buck (with bow).

Randall Lee Davis, assistant shift operating engineer, 7-point buck and doe (with bow).

Tony Roach, maintenance mechanic A, 11-point buck. (with bow).

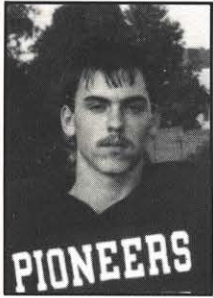
Buddy Lee Peaytt, maintenance mechanic B, 8-point buck and 120 lb. doe (with bow).

Frank Nelson Reynolds, maintenance supervisor 16-point buck (with bow).

Donald Wayne Hoffman, utility worker B, 110 lb. doe and 145 lb., 8-point buck (with bow). □

Who's News

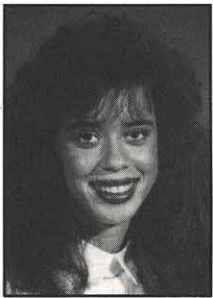
Clinch River



Pioneers. □

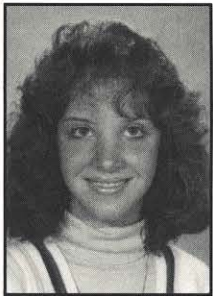
David, son of Emmett Addington, Jr., assistant shift operating engineer, was named to the all important center position on the first All-Southwest District football team. He is a junior center for the Lebanon

Huntington



district Class AA Finals in Chillicothe, Ohio.

Melissa, daughter of Sonny Garnes, Point Pleasant customer accounts representative A, is a second year letterman on the Gallia Academy Blue Angels volleyball team which placed second in the District Class AA Finals in Chillicothe, Ohio.



ship Conference sponsored by the Future Homemakers of America. A ninth grader at Beverly Hills Junior High, Becky received a blue ribbon. □

Becky, daughter of Bob Osburn, engineering technician, won second place out of 400 entries for her poster, "Steps Toward Developing Leadership Qualities", in the poster contest at the Fall Leadership

Bluefield

Bob Edwards, engineering technician senior, was elected to a one-year term on the board of directors of the Princeton Baseball Association. This association is the governing body of the Princeton Pirates, a minor league rookie team of the Pittsburgh Pirates, the Appalachian League's latest addition, located in Princeton, WV. □

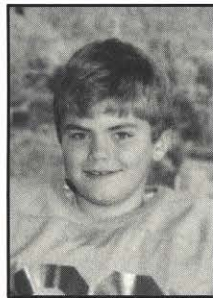
Roanoke

Rob Glenn, marketing and customer services manager, has been elected a commissioner of the Roanoke Redevelopment and Housing Authority by the Roanoke City Council. His term expires in August 1992. He also has been reelected to a third two-year term on the board of directors of the Virginia Museum of Transportation. He will serve as first vice president during 1989. Rob was included in several biographical publications during 1988: *Who's Who in America*, *Who's Who in the South and Southeast*, *Who's Who Among Emerging Leaders in America*, and *Outstanding Young Men in America*.

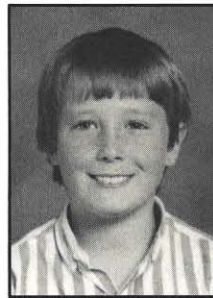
Jon Williams, marketing and customer services supervisor, has been selected for inclusion in the 1988 edition of *Outstanding Young Men of America*.

Ralph Casey, Rocky Mount meter mechanic A, bowled a perfect game (300) in the Mixed Singles Tournament at Riverside Lanes, Danville, VA.

The Northwest Raiders Pee Wee (ages 7 and 8) football team, coached by **Bill Morris**, surveyor, won the league Sportsmanship Award for Roanoke City. The Raiders finished second in the City/County League with a 6-1-1 record.



Ragland



Sheetz

The North Roanoke Chargers Little League (ages 9-10) football team was co-champion in the 10-team Roanoke City/County League with an 8-0-1 record. The Chargers extended their undefeated record to 10-0-1 and won the Division 2 Superbowl for the Valley championship. The Chargers, coached by **Bobby Ragland**, supervising drafter A, also won the League Sportsmanship Award for Roanoke County and the John A. Kelley Sportsmanship Award for the entire 14-team Division 2 Superbowl playoffs. **Shannon**, son of Bobby Ragland, was offensive guard and defensive tackle for

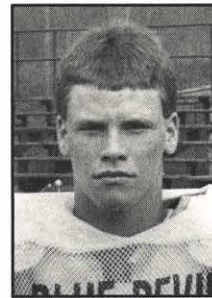
the team. **Jason**, son of Brian Sheetz, station mechanic A, was middle line-backer on defense and quarterback on offense. He scored 32 points and passed for 37 more points for the season. □

Centralized Plant Maintenance



Niki, daughter of Rick Young, maintenance mechanic B, won second place with her hoop baton in the West Virginia state baton championships at Ravenswood. □

Philip Sporn



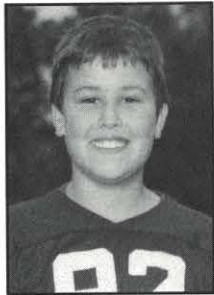
Todd, son of Dan Casey, maintenance mechanic B, was named "player of the year" by the Gallia Academy Blue Devils. He also was named "All League SEOAL" and "All League academic SEOAL."

He was named to first string defensive back All Southeastern Ohio.

Jay, son of Frank Reynolds, maintenance supervisor, was named "player of the week" twice during the '88 football season. A senior at Eastern High School, he received the "outstanding offensive player" award. □

Charleston

The winners in the 1988 annual Banks Bass Fishing Tournament at Summersville Lake were **Jerry Corder**, line mechanic A, most fish caught (8) and largest in weight (6½ lbs), and **Terry Banks**, line crew supervisor, largest in length (16¼").



Chris, son of Cliff Wolfe, supervising drafter A, was right tackle for the Western Generals Midget League football team which had an undefeated season and took the championship. Chris was awarded the team

membership trophy and a championship trophy. **Cliff** was the team's manager.



Amber, daughter of Cliff Wolfe, supervising drafter A, was named the overall Academic Achievement second grade student at Grandview Elementary School. She received a trophy and achievement awards in penmanship, perfect attendance, reading, and highest overall grade average.

Dan Ellars, marketing and customer services representative, and **Charlie Maurer**, energy services technologist, won the Instrument Society of America's 1988 District #4 Student Paper Award for four-year college students. They each received a \$25 cash award for their paper, "The

APCo bed race team places second



The Appalachian bed race team placed second in the annual Muscular Dystrophy Association fund raising drive in Charleston. The team, composed of (l. to r.) Dennis Green, Charleston meter reader; Kenny Burdette, Manpower, Inc.; Jim Hash, Charleston meter reader; Bed Rider Brad Query, Charleston meter reader; and Jerry Garretson, Montgomery meter reader, won a trip on the 1,000 passenger West Virginia Belle paddle wheeler.

Traffic Signal: An Instructional Device For Digital Electronics." Dan and Charlie are electrical engineering students at West Virginia Institute of Technology, attending under the company's employee educational assistance program.

Abingdon

L. C. Angle, Jr., retired power engineer, has been reappointed to the Abingdon Redevelopment & Housing Authority for a four-year term.



Joyce, wife of Carl Hundley, engineering technician, has successfully passed the six-part examination to become a Certified Professional Secretary (CPS). She is a secretary with the regional investment advisory and financial planning firm of Lanham, O'Dell & Constantino. □

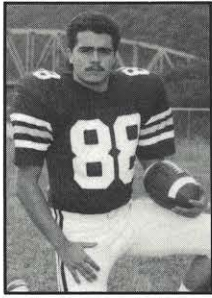


Cindy Burkett, a four-year starter for the Emory & Henry volleyball team, has been named to the all-conference team. She is the daughter of Berkley Burkett, Marion meter reader.

J. A. Stewart, line mechanic A, has been reelected chief of the Green Spring Volunteer Fire Department.

L. D. Thompson, line mechanic D, has been elected lieutenant of the Damascus Volunteer Fire Department. □

Kanawha River



Joel, son of George Williamson, utility supervisor, played both tight end and defensive end for Valley High School this past season. He also is on the baseball team, the Principal's Council, and Student Council. □

Beckley

Bob Kilgore, division manager, was installed as chairman of the board of directors of the Beckley/Raleigh County Chamber of Commerce.

Sam, husband of Eileen Worley, secretary, has been named "Kiwanian of the year" by the Beckley Kiwanis Club. A member of the club for 27 years, Sam served as program chairman for 1987/88.

Ray Vest, administrative assistant, was selected by the West Virginia Secondary Schools Activities Commission to officiate the 1988 high school football playoffs. □

Logan-Williamson



Sephra, daughter of Janet Snyder, Logan junior clerk, won an essay contest saluting American Education Week. She is a sixth grader at Dehue-Chambers Grade School.

Chester Elkins, building supervisor, has been elected first vice president of the Chapmanville Kiwanis Club. □

General Office

Paul Bernard, retired operation coordinator, GO Operation, Roanoke, was elected secretary-treasurer of the South Atlantic Shrine Band Association and to the board of directors. He is a member of the Kazim Temple band in Roanoke.

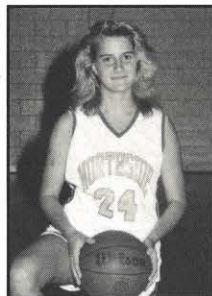
Jerry, husband of Lynne Testerman, tape

Students learn about line patrol



Students at Claremont Elementary School in Pulaski had a unique opportunity recently to learn about the patrol of transmission lines. As part of Claremont's celebration of American Education Week, parents were encouraged to visit the school and have lunch with their child. Pulaski Electrical Engineer Ted Aaron (above), who was patrolling transmission lines in the division, arrived by helicopter to join his daughter, Jessica. Aaron; Jim Lane, T&D line construction and maintenance representative; and Dan Pope, the helicopter pilot, addressed an assembly of students. With the use of a helicopter, a three-man crew can patrol the 125 miles of transmission line in Pulaski Division's eight counties within two to three days.

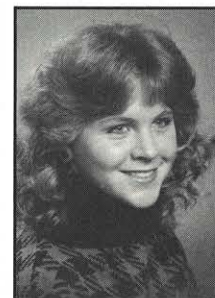
librarian B, GO Accounting, Roanoke, won \$1000 in the Virginia state lottery.



Heather, daughter of D. R. Dent, station design supervisor, GO T&D Station Design, Roanoke, was selected to the district junior high All Star basketball team. A ninth grader at Northside Junior High, she averaged

14.4 points per game.

George Laurey, assistant accounting manager, GO Accounting, Roanoke, completed the Marine Corps Marathon in Washington, D.C., in 3 hours and 56 minutes. This was the fifth Marine Marathon he has completed.



Aliza, daughter of Lester Lusher, instructor-operator training, GO Plant Operator Training, John Amos Plant, has been accepted for membership in the Phi Eta Sigma Honor Society. A sophomore psychology major at West Virginia State College, Aliza has a 4.0 average. □

McDaniel receives "I Buckled Up" award

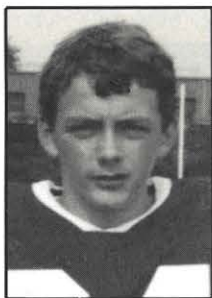


Clinton McDaniel

Clinton McDaniel, Lynchburg collector, is the recipient of an "I Buckled Up" award from Appalachian Power.

Clinton avoided serious injury when he was involved in an accident recently because he was wearing a seat belt. Another vehicle pulled in front of Clinton without warning, and he was unable to stop his company vehicle in time to prevent a collision. □

Pulaski



Honor Society.

Wayne, son of Donna Smelser, Wytheville customer accounts representative, was elected president of the freshman class at George Wythe High School. He also was tapped for the National Junior

Jerry Whitehurst, division manager, has been elected to a three-year term on the board of directors of the Pulaski County Chamber of Commerce.

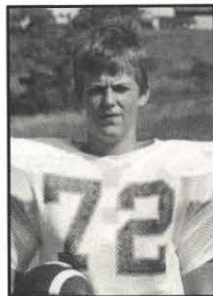
Crystal, daughter of Roy Powers, station mechanic A, won the Becky Hall memorial cheerleader award from the Town of Pulaski Parks and Recreation Department.

Jennifer, daughter of Carolyn Quesen-

berry, office messenger, is a member of the cheerleading squad at Pulaski Middle School.

Retiree Kelly Buckland has been elected president of the Pulaski County Farm Bureau for 1989. □

Lynchburg



Pete, son of Jim Dalton, played on the Brookville Junior Varsity football team which finished the season undefeated with a 10-0 record. He also played on the Lynchburg Junior League baseball All Star team which placed second in the state

tournament at Virginia Beach.

Jim Dalton, station crew supervisor NE, was elected Zone III Governor in Bedford County for the Peaks of Otter District Ruritans. He also was elected to a one-year term on the board of directors in the Peaks of Otter Ruritan District. □

John Amos

Carl Handley, maintenance supervisor, was appointed to the industrial advisory committee at West Virginia Institute of Technology for the College of Technology and Applied Science. The committee's objective is to develop an accredited four year mechanical engineering technology program and a new industrial technology program which will fulfill a need in business and industry. □

Pulaski wins tree trimming award



The Pulaski office won the "most unique" award in the fifth annual tree trimming contest sponsored by The Fine Arts Center for the New River Valley. Helping with the tree project were Jon Painter, Debbie Grubb, Pam Hayes, Martha Burnette, Carolyn Quesenberry, Jimmy Johnson, Juanita Dunagan, Pete Childress, and Mike Linkous.

Weddings

Gann-Lewis



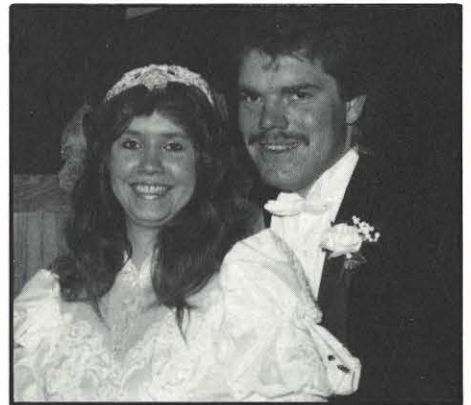
Mary Katherine Lewis to Timothy Gann, October 8. Mary Katherine is the daughter of H. H. Lewis, station operator A, GO Operations, Holston Station.

Musser-Dwyer



Lynda Jean Dwyer to Michael Gene Musser, September 30. Michael is the son of R. G. Musser, Hillsville line crew supervisor NE.

Randolph-Fowler



Stephanie Gail Fowler to Collin Grant Randolph, November 11. Stephanie is the daughter of C. E. Fowler, Jr., Pt. Pleasant line and station maintenance representative.

Mounts-Davis



Donna Lynn Davis to Barry Mounts, May 14. Donna is the daughter of Marion Davis, Logan line crew supervisor exempt.

McGinn-Stacy



Ruthie Ann Stacy, Lynchburg junior clerk, to Timothy Carl McGinn, November 19.

Boitnott-Agra



Carmen R. Agra, junior clerk, GO Hydro, Roanoke, to Greg Boitnott, November 19.

Hodges-Smithers

Linda Sublett Smithers, load research data processor D, GO Rates & Contracts, Roanoke, to Paul Michael Hodges, November 24.

Bernard-Reynolds

Tammy Leigh Reynolds to Clyde Anthony Bernard, Rocky Mount line mechanic C, December 3. □

Wed 50 years

Chester and Eileen Campbell celebrated their 50th wedding anniversary on November 10. Chester is a retired office service assistant, GO General Services, Roanoke. The couple, who live at 3330 Fort Lewis Circle, Salem, Virginia, have one son. □

Births

John Amos

Ashley Nicole, daughter of **Michelle Allen**, junior clerk, October 5.

Matthew Lucas, son of **Garry Toothman**, equipment operator B, November 8.

Beckley

Nathan David, son of **Dave Anderson**, line mechanic C, November 19.

Bluefield

Brian Jacob, son of **George Filer**, meter supervisor, November 30.

Charleston

Linsy Lynn, daughter of **Ronnie Meadows**, line mechanic C, November 10.

Jerald David, son of **Bruce Burns**, T&D clerk C, September 11.

Clinch River

Heather, daughter of **David Ratliff**, coal handler, November 18.

General Office

Andrew McCall, son of **Claude Farmer, Jr.**, transmission mechanic D, GO T&D Transmission, Bluefield, October 21.

G. Scott, son of **Charles Rowe**, station engineer senior, GO T&D Station, Roanoke, October 22.

Stephanie Renee, daughter of **Mark Thomas**, junior clerk, GO General Services, Roanoke, November 25.

J. E., IV, son of **Carolyn Divers**, payroll clerk A, GO Accounting, Roanoke, and **Jay Divers**, property representative assistant, GO Land Management, Roanoke, December 2.

Stephanie Renee, daughter of **Vickie Guard**, communication clerk C, GO T&D Communication, Roanoke, November 4.

Danielle Marie, daughter of **Jeanie Harlow**, intermediate data entry operator, GO Accounting, Roanoke, November 19.

Kanawha River

Staci Lynn, daughter of **Tom Cox**, instrument mechanic A, November 26.

Logan-Williamson

Matthew Thomas, son of **George Thomas Reed**, Williamson meter reader, November 30.

Pulaski

Zachary Lewis, son of **Wayne Hurt**, personnel supervisor, October 7.

Philip Sporn

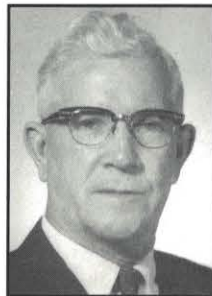
Jared Nathaniel, son of **Randy Joe Meaige**, utility worker A, November 25.

Crystal Ann, daughter of **Timothy Lou Tucker**, maintenance mechanic C, November 8.

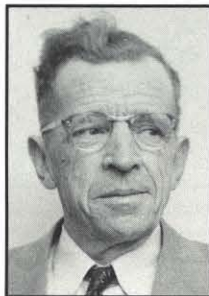
Jody Thomas, son of **Sandra Kay Stewart**, maintenance mechanic B, September 15.

Andrew Joseph, son of **Joe Garnes**, control technician, November 4. □

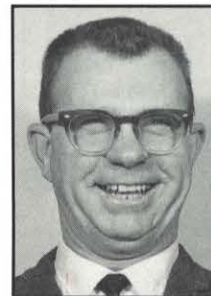
Friends We'll Miss



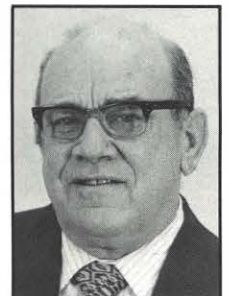
White



Rowe



Douglas



Mills

Robert Grant White, 85, retired shift operating engineer at Kanawha River Plant, died November 5. A native of Coalton, Virginia, he was employed in 1924 as a storeroom clerk at Cabin Creek Plant and retired in 1965. White is survived by his wife Thelma, Box 561, Cabin Creek, West Virginia; one daughter; and three grandchildren.

Dave Rowe, 89, retired Tazewell area supervisor A, died November 26. A native of Washington County, Virginia, he began his career in 1926 as a helper and retired in 1964. Rowe was preceded in death by his wife.

Garnet L. Douglas, 72, retired Cabin Creek Plant maintenance mechanic A, died December 10. A native of Chelyan, West Virginia, he was employed in 1942 as a laborer and elected early retirement in 1977. Douglas is survived by his wife Ruth, 217 Pratt Avenue, Pratt, WV, and one son. His son, Joseph, is an equipment operator C at John Amos Plant.

William M. "Billy" Mills, 70, retired Roanoke electrical engineer, died November 11. A native of Petersburg, Virginia, he joined Appalachian in 1939 as a meter helper and elected early retirement in 1981. Mills is survived by his wife Virginia, 4104 Garst Mill Road, Roanoke, VA; one son; and one daughter.

Hal Barker, 76, retired Point Pleasant groundman, died December 13. A native of Curry, West Virginia, he was employed in 1941 as a boiler room man at the Logan Plant and took early disability retirement in 1965. Barker is survived by two daughters.

Leslie H. "Jack" Williams, 88, retired Beckley line foreman, died December 1. A native of Cirtsville, West Virginia, he was employed in 1934 as a lineman and retired in 1952. Williams is survived by his wife Iva, 126 Reservoir Road, Beckley, WV; one son; one daughter; five grandchildren; six great-grandchildren; and one great-great-grandchild. □

Wed 50 years

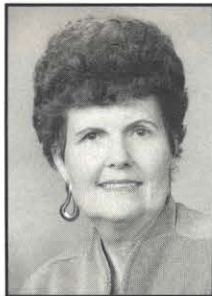


Dallas and Freda Hayner celebrated their 50th wedding anniversary on October 14. They have three sons, eight grandchildren, and one great-granddaughter. Dallas is a retired maintenance supervisor at Glen Lyn Plant.

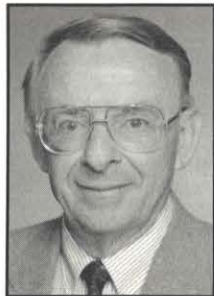
Service Anniversaries



Howard Ferguson
operations supt.
Clinch River
40 years



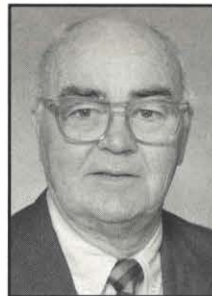
Pauline Vinciguerra
cust. accts. rep. A
Bluefield
40 years



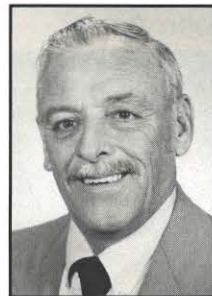
Harry Chambers
buyer
GO-Roanoke
40 years



John Showalter
stores supervisor
Charleston
35 years



Frank Webb
trans. sta. supv.
GO-Marmet
35 years



John Moss
T&D clerk A
Charleston
35 years



Dave Goodwin
line crew supv.
Lynchburg
30 years



Edward Hensley
regional dispatcher
GO-Charleston
25 years



Donald Dickerson
line crew supv. NE
Roanoke
25 years



Edward Sheets
chief chemist
Kanawha River
20 years



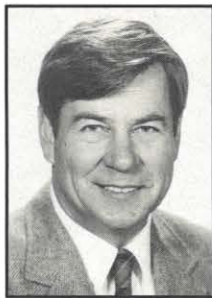
Larry Stevens
eng. tech. sr.
GO-Roanoke
20 years



Bob Watson
line mechanic A
St. Albans
20 years



Linda Perdue
payroll control supv.
GO-Roanoke
20 years



Jim Utt
line mechanic A
Charleston
20 years



Johnnie Eubank
eng. technologist
GO-Roanoke
20 years



Roger Childress
station mech. A
Charleston
20 years



Ella Edwards
cust. serv. clk. A
Roanoke
20 years



Art Burdette
engineering supv.
Charleston
20 years



Becky Roush
plant clerk A
John Amos
20 years



Jim Palmer
area servicer
Pulaski
20 years



Jessie Chitwood
hydro mechanic A
GO-Roanoke
20 years



John McCracken
stores coordinator
John Amos
20 years



Hubert Lester
line crew supv. NE
Williamson
20 years



Della Simpkins
records supervisor
Logan
20 years



Carl Goad
area servicer
Hillsville
20 years

Abingdon

5 years: **Lester Hill**, line mechanic C, Clintwood.

John Amos

15 years: **Donald Warner**, control technician senior.
10 years: **Rex Eggleton**, maintenance mechanic C.
Charles Williams, maintenance mechanic B. 5 years: **Patrick Miller**, equipment operator C. **Ronald Catersino**, coal handler. **William Hudson**, coal handler. **Robert Templeton**, utility worker. **Jeffrey Clark**, utility worker.

Central Machine Shop

10 years: **Pop McGee**, machinist 1st class.

Centralized Plant Maintenance

15 years: **K. K. Carney**, maintenance supervisor.

Charleston

10 years: **Lucy Boggs**, custodian. **Clarence Bailey**, line mechanic C, St. Albans.

Clinch River

5 years: **Stephen Rasnake**, equipment operator C. **George Jessee**, utility coal attendant.

General Office

20 years: **Orley Rutledge, Jr.**, drafter B, GO Operation, Roanoke. 10 years: **Donna Cowling**, intermediate data entry operator, GO Accounting, Roanoke. **Larry Cannon**, transmission mechanic B, GO T&D Transmission, Abingdon. **Barry Kemp**, payroll records supervisor, GO Accounting, Roanoke. 5 years: **Dianna Curtis**, civil engineer-hydro, GO Hydro, Roanoke. **Charles Gross, Jr.**, control electrician B, GO T&D Station, Roanoke.

Glen Lyn

10 years: **Rick Ould, Jr.**, maintenance mechanic B.

Huntington

15 years: **Darwin Ryalls**, meter reader, Milton. 10 years: **Jackie Burris**, line mechanic B, Point Pleasant. **James Workman**, station mechanic C. **Timothy Rockel**, line mechanic A. **Glenn Lucas**, line mechanic B. **Roger Cline**, line mechanic A. **Bobbie Crawford**, custodian.

Kanawha River

5 years: **Mark Copley**, maintenance mechanic C.

Logan-Williamson

10 years: **Ronnie McMaster**, automotive mechanic A, Williamson. 5 years: **Donna Price**, customer accounts representative C. Logan.

Lynchburg

20 years: **Janice Johnson**, T&D clerk B. 10 years: **Wayne Clark**, supervising drafter A.

Mountaineer

15 years: **Carl Horn**, assistant yard superintendent. 5 years: **Ralph Calvert**, utility worker. **Shirley Durfee**, stores clerk B. **Toby Oldaker**, coal handler.

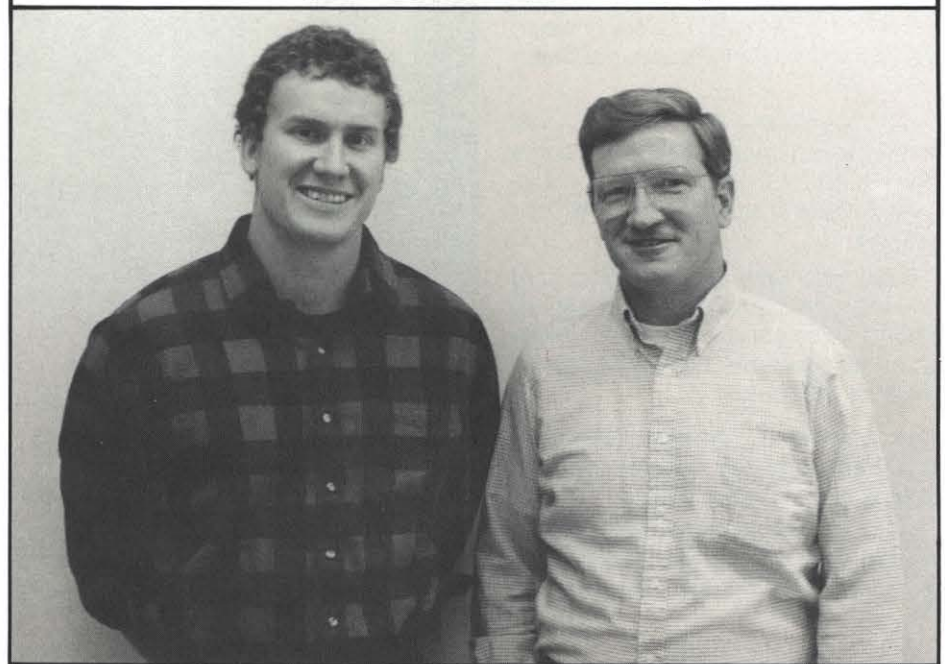
Roanoke

15 years: **Jerry Joyce**, station mechanic A, Fieldale. 10 years: **Robert McKinney**, drafter B. 5 years: **Steven Mullen**, line mechanic B.

Philip Sporn

35 years: **Billy Levi Thomas**, instrument mechanic B. 15 years: **David Lee Eades**, maintenance mechanic A. **Herbert Gale Slone**, maintenance mechanic B. 10 years: **William Ranza Sheets**, plant office supervisor. **Richard Lynn Sims**, equipment operator B. 5 years: **Harley Edward Hendricks**, equipment operator C. **Angala Lee Hesson**, plant clerk C. **Kevin Dean Knight**, maintenance mechanic C. **Michael Ray Sayre**, equipment operator C. □

Sturm, Kelley earn "I Buckled Up" awards



Rick Kelley, engineering technician senior (left), and **Lew Sturm**, engineering technologist, both of GO T&D Communication, Roanoke, escaped serious injury when their company vehicle was hit head on because they were wearing seat belts. As a result, both have received "I Buckled Up" awards from Appalachian Power.

Newcomers

Abingdon

Randel Cooper, department assistant-customer accounts.

Delana Senter, parttime custodian, Clintwood.

General Office

Robert Sexton, transmission mechanic D, GO T&D Transmission, Abingdon.

Monnie Heldreth, forestry technician, GO T&D Forestry, Roanoke.

Watson Chambers, II, transmission mechanic D, GO T&D Transmission, Turner.

Terry Seaman, station drafter C, GO T&D Station Design, Roanoke.

Sally Beth Martin, junior clerk, GO T&D Transmission, Bluefield.

Lynchburg

Jennifer Mason, junior clerk.

Carroll Holley, department assistant-marketing & customer services. □

O'Dell enjoys stained glass hobby

When Milton Customer Accounts Supervisor Roger O'Dell went to buy a piece of stained glass for his home, he was astonished at the cost.

"I expected a piece to be about \$15 or \$20, but it was more like \$200. It was then that I decided to try my hand at making it.

"I asked the girl in the shop what it would cost for me to buy the materials and make it myself. She said it would cost about \$50 but that I really needed to take some classes in stained glass making. I told her I didn't have time for classes because I was going to school. She said, 'Well, I don't know if you can pick it up because it's harder than it looks.' I told her I would attempt it anyway and bought the materials.

"When I went home and started to work with the glass, I ended up throwing some pieces in the trash can. But I was determined to make at least one piece, which I finally did.

"The girl was right about it being hard work. The glass has to be cut precisely so that it will fit the pattern. Then each piece has to be sautered. I even make the frames for the glass."

Roger continues, "My main interest in making the glass is to decorate my own house with it or to give as gifts.

"I took a pattern off a dish and made a piece for my mother-in-law. She entered it in the Lawrence County Fair in Proctor-



Roger O'Dell with two pieces of stained glass he made.

ville, Ohio. To my surprise, it took first place.

"I made another real interesting piece for my sister-in-law, and I drew the pattern for that. It would probably cost \$250 if bought at the store.

"Now that I've worked with the stained

glass, I realize why it's so expensive to buy. The material doesn't cost all that much, but there is a lot of time involved."

Roger concludes, "When I finish my college work and have more free time, I'd like to make some more glass for my house. I enjoy working with it." □

ILLUMINATOR

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