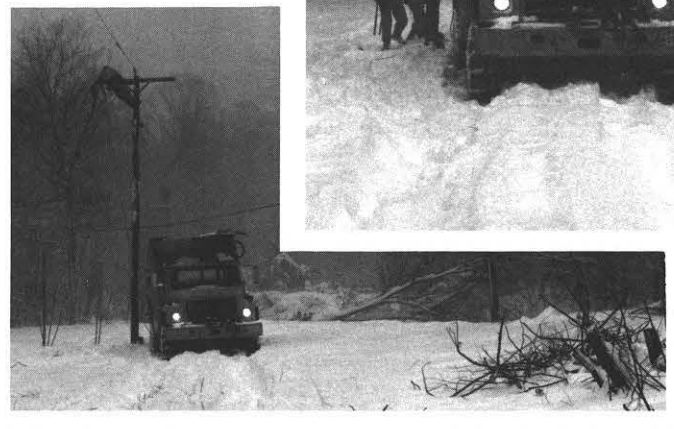
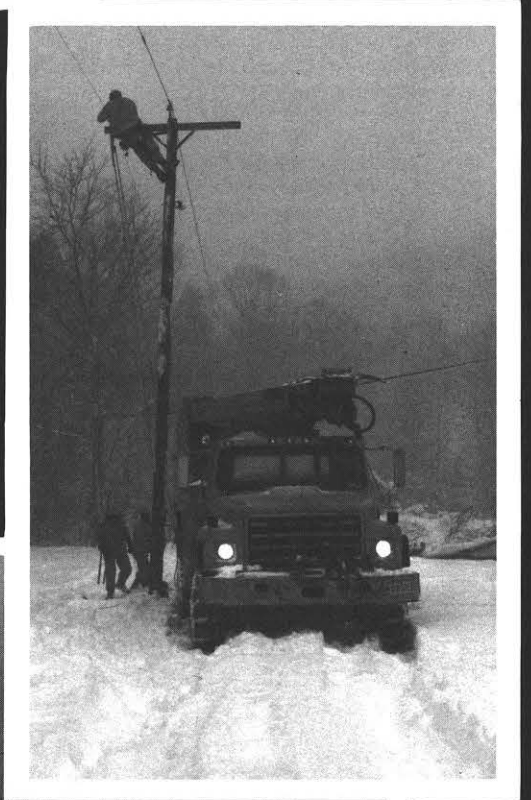
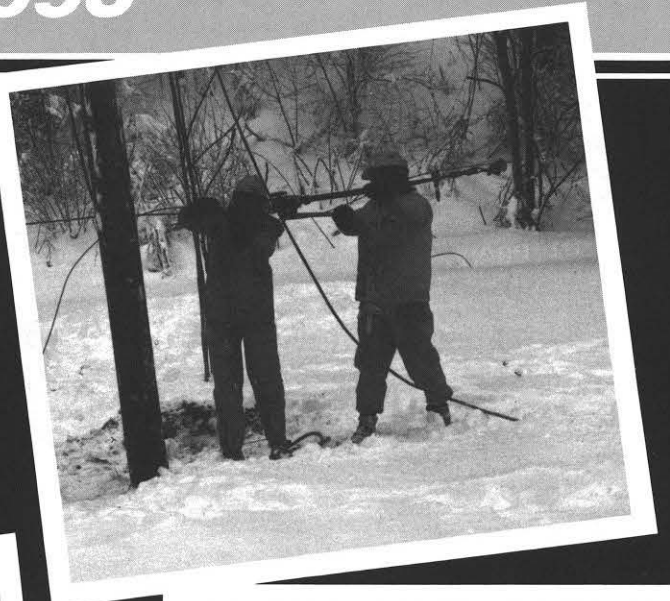


ILLUMINATOR

April 1993



Blizzard of '93

THE INSIDE STORY

ILLUMINATOR

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POWER**



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POWER**

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IABC

International Association of Business Communicators

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About the cover: The blizzard of '93 closed highways, stranded hundreds of people, and interrupted electric service. But Appalachian employees worked around the clock, in the cruelest of weather, to get the power back on. Scenes such as these were common throughout the System. Roanoke Division employees pictured are, l. to r., Kurt Sisson, line mechanic A; Billy Martin, line mechanic C; Wes McMillian, line crew supervisor NE; and Dwayne Moorman, line mechanic A.



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New AEPSC board members elected

Nineteen new members were elected to the AEP Service Corporation's board of directors for 1993 at its annual meeting held on March 9.

Under procedures adopted in 1992, one-half of the Service Corporation vice presidents rotate membership on the board each year.

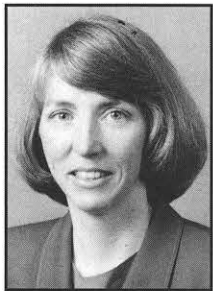
Of the 45-member board, a total of 20 directors (nine new and 11 re-elected) were elected from the seven AEP System operating companies at the annual meeting.

Newly elected to represent Appalachian Power Company were David T. Bush, Huntington division manager; R. D. Carson Jr., vice president; and N. Randy Humphreys, Philip Sporn plant manager. They replaced vice presidents H. E. Rhodes Jr., Thomas A. Rotenberry, and Charles A. Simmons. Joseph H. Viperman, president, was re-elected to the board.

Michael J. Holzaepfel, president of Kingsport Power Company, was re-elected.

The elections maintained the practice of rotating a portion of the largest operating companies' representation on the Service Corporation board. □

Stuntz elected AEP director



Linda Gillespie Stuntz, former U. S. Department of Energy deputy secretary, has been elected to the board of directors of American Electric Power Company, Inc.

Stuntz, a native Ohioan, has held various top-level positions at the DOE since May 1989 and is known for her strategic planning capability and expertise in environmental issues and fossil fuels. She was nominated to the position of deputy secretary in April 1992. □

Aetna pays claims based on Medicare legal charge limit

AEP retirees and surviving spouses are reminded that Medicare has a legal limit on the amount a health care provider can bill them after Medicare has paid its portion of the bill. Beginning with claims received on and after January 1, 1993, the amount Aetna determines to be a covered expense is equal to Medicare's legal charge limit. The amount not covered is the excess which a Medicare patient is not required to pay.

When Aetna denies charges above the Medicare limiting charge, the Aetna Explanation of Benefits will show the following statement: "You are not required to pay this amount. It is the difference between the physician's charge and the amount Medicare has determined your physician may charge."

Any questions concerning the Medicare limits or the amount Aetna has paid should be directed to an Aetna representative at 1-800-243-1809. □

SCC approves experimental Demand Side Management programs in Virginia

The Virginia State Corporation Commission on March 4 approved five of Appalachian's proposed Demand Side Management (DSM) programs. The storage water heater DSM program will be considered as an issue in Appalachian's current general rate case before the Commission.

Appalachian had requested permission last November to test the pilot energy conservation and load management programs in selected areas.

The approved DSM programs are:

High Efficiency Light Bulbs: Residential customers in Roanoke Division will be offered an opportunity to purchase up to three high-efficiency light bulbs at a \$5 discount per bulb from a company-specified vendor. A total of 25,000 bulbs will be available for purchase.

Low-Income Weatherizing: Up to 150 low-income households in the Roanoke Division will be offered assistance of up to \$1,000 to weatherize their homes. Weatherization will include such services as the installation of insulation, caulking, weatherstripping, and electric furnace repairs. Owner-occupied homes must meet eligibility requirements as specified by the company.

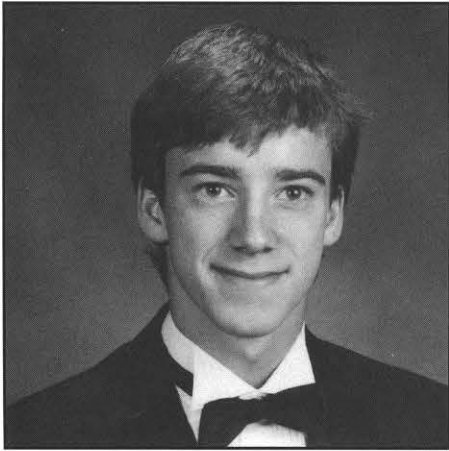
Water Heater Wrap/Shower Heads: Water heater wraps, energy-saving

shower heads, and up to 6 feet of pipe wrap insulation will be installed by a company-selected vendor in as many as 2,500 owner-occupied homes using electric water heaters in the Virginia portion of Bluefield Division.

Mobile Home Heat Pump: Appalachian will provide up to \$700 towards the labor cost of replacing central resistance heating with high-efficiency heat pump systems in 375 mobile homes in Abingdon Division.

Commercial and Industrial Lighting: The company will provide partial funding for lighting energy audits and matching funding for relamping with high-efficiency, fluorescent bulbs and ballasts for up to 20 small commercial and 6 industrial customers in the Lynchburg and Pulaski Divisions. □

Meet APCo's education award winners



Laurey

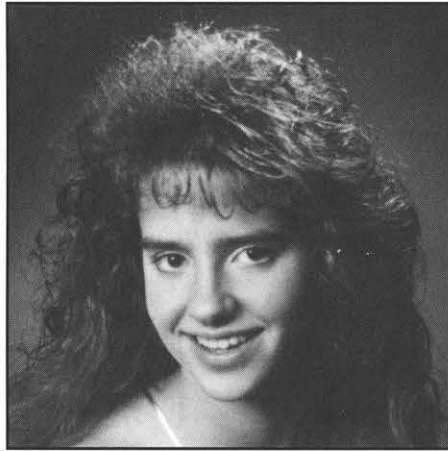
Children of three Appalachian Power employees are among the 34 recipients of 1993 AEP education awards. They will receive \$6,000 spread over a three-year period: \$2,500 for the freshman year in college, \$2,000 for the sophomore year, and \$1,500 for the junior year.

A senior at Patrick Henry High School for administrative and extracurricular purposes, **Paul Laurey** attends the Roanoke Valley Governor's School for Science and Technology and the Roanoke Center for Instructionally Talented Youth (CITY School).

The son of George Laurey, accounting manager, GO Accounting, Roanoke, Paul is looking toward the area of natural sciences as a college major. He plans to earn bachelor's and master's degrees and possibly a doctorate. He will choose between Harvard, Dartmouth, Williams, or the University of Virginia for his undergraduate work.

Paul has varsity athletic letters in cross country, indoor track, outdoor track, lacrosse, swimming, and tennis. Captain of the cross country and indoor track teams, he is a member of the Beta Club, French National Honor Society, and American Mensa, Ltd. He also has won a National Merit Scholar Program Commended Student award.

A Life Boy Scout and Brotherhood member of the Order of the Arrow, Paul is also a disaster relief volunteer for the Red Cross and a volunteer at the Bradley Free Clinic (a medical facility for the



Grubb

poor). He is a deputy cadet commander, a member of the search and rescue team, and cadet of the year for the Civil Air Patrol, Roanoke Squadron. Paul also had a mentorship with the Virginia Department of Air Pollution Control.

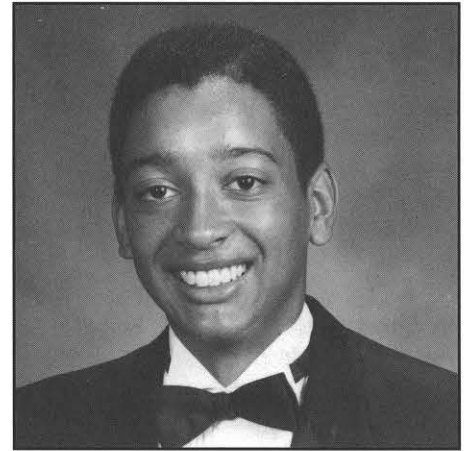
He attended speech and rhetoric and history of science classes at Oxford University in England one summer.

Paul's two brothers were AEP education award winners. His brother, Brian, won in 1990 and his brother, Damian, in 1991.

Heather Grubb is valedictorian of the senior class at Bluefield High School. The daughter of Thomas Grubb, transformer specialist, GO T&D Station, Bluefield, she plans to major in psychology at Radford University or the University of Tennessee in preparation for a career as a child psychologist.

An All American Scholar, she is a member of the National Honor Society; Key, Pep, and Bible Clubs; Student Council; and S.A.D.D. She also is editor-in-chief of the school newspaper; secretary of Quill & Scroll; and co-captain of both the varsity basketball and volleyball teams.

Heather twice was listed in *Who's Who Among American High School Students*. She has won many awards throughout high school. Among the most recent are U. S. National Journalism award, United National Leadership and Service award, DAR history award, magna cum laude Latin award,



Bonds

Laurel Leaves award, and Model U. N. award. She was a member of the academic decathlon team and PALS (peer counseling).

Jay Bonds, a senior at Patrick Henry High School, also attends the Roanoke Valley Governor's School for Science and Technology.

The son of Frank Bonds, Jr., classification supervisor, GO Accounting, Roanoke, Jay is a member of the Beta Club and varsity tennis team. He was a delegate to the Model United Nations for two years.

Jay has earned awards in Latin, history, and world geography. A National Achievement Commended Student, he also won an American Scholars award and national history and government award. He attended the summer Governor's School for Science at the College of William and Mary last year.

Accepted at both Georgetown University and the College of William and Mary, Jay has not yet decided which to attend. He will major in either government or economics. □

Disbrow looks back on 39-year career

Richard E. Disbrow, chairman of the board and chief executive officer of American Electric Power Company and of the American Electric Power Service Corporation, will retire May 1 after 39 years of service and decades of challenge.

Disbrow became the company's eighth president in 1979 after serving on AEP's board of directors for four years. He led the AEP System's day-to-day operations during the acid rain controversy, through the rigors of the 1980-82 recession, which severely affected the company's industrial load base, and through the effort to gain equity for electric utilities in the National Energy Policy Act, which will force a new era of competition upon the utility industry.

He sees one key to meeting the challenges ahead to be an active and forceful communications effort.

"We'll have to have an increasing emphasis on communications not only with our customers and the general public, but with regulators and elected officials as well. All of our employees must be involved in the process. We must be more customer oriented than in the past and listen carefully to what they need and expect from us. We also have to tell our story well."

Disbrow said that while the company has always stressed the wise and efficient use of energy, there will be an increasing demand for added energy efficiency — much of it forced by regulators, environmentalists and consumer advocacy groups.

He warned that the combination of the proposed energy tax, the cost of compliance with the Clean Air Act amendments, plus a possible increase in the corporate and individual tax rates, will be a heavy burden on the economy — possibly stalling the recovery and, at a minimum, slowing future economic growth.

"However, the deficit must be addressed if we are to generate the capital to support economic growth. Some tax increases are inevitable, but sizeable spending cuts must be sought to limit the tax burden."



Disbrow

With regard to power plant construction, Disbrow said that at current growth rates, little in the way of generation will be added through the 1990s and what is added will be small power plants for which there will be stiff competition among exempt wholesale generators and utilities, including AEP.

He noted that the turn of the century will be pivotal because at that time the majority of plants built immediately after World War II will be reaching the end of their useful lives. This should lead to the phase-out of the small units of the 1990s to larger generating units.

"We are going to face increasing competition in the wholesale market which means we have to be more aggressive and innovative than in the past," he said. "One new aspect will be looking to build generation outside of our service area domestically as well as internationally. In each instance, we must look beyond our engineering and construction expertise to an equity investment if we are to improve our financial results."

In his career with AEP, Disbrow has held the titles of assistant engineer, administrative assistant, manager, controller, vice president, senior and executive vice president, vice chairman, president and chief operating officer, president and chief executive officer and finally, chairman of the board and chief executive officer, the post to which he was elected in 1992.

He said that his work took him through three periods in the company, all of which were very different and distinct.

In the first of those periods — from 1954 through 1960 — he worked in system planning.

Disbrow says he was recruited first for AEP by the late Ted (Theodore) Nagel, then manager of the Regional Planning Section, while Disbrow was in school at Lehigh University in Bethlehem, Pa. Nagel and he both knew that Disbrow would have to serve in the military, but Nagel asked him to visit AEP after his tour of service was completed.

Disbrow went into the Air Force for two years, serving as an airborne electronics officer in a weather reconnaissance squadron stationed in Hawaii. His outfit flew in specially strengthened WB-29s, (for Weather B-29s) and occasionally flew the planes into the hearts of typhoons to track storms and give warnings to the areas of the Pacific Ocean that were in danger.

He went to AEP after being discharged from the Air Force.

"I interviewed with Ted Nagel, and then with Harry St. Clair Sr., who was then head of what we now call System Planning, and with Fred Porter who was in charge of electrical engineering. Harry St. Clair offered me ten dollars more a week than the going rate to join the company — the magnificent sum of \$410 a month."

Disbrow stayed with system planning until 1959 and entered the second phase of his career when Philip Sporn, AEP's president, asked him to become administrative assistant to George Patterson, then the newly-named executive vice president of operations. Patterson was from Ohio Power and new to the Service Corporation. "Mr. Sporn wanted him to have an engineer to work with who knew the corporation."

While he was assistant to Patterson, Disbrow performed analyses and work on special projects first for Sporn and later for Donald C. Cook, who succeeded Sporn as chief executive officer.



Disbrow

Disbrow was sent to the Sloan School of Management at Massachusetts Institute of Technology in 1964 and graduated with a master's degree in industrial management in 1965.

In 1968, he says, he was "sent over" to work in System Transmission and Distribution Operations as assistant manager, reporting to Floyd Hudson, then manager. He succeeded Hudson when the latter retired a year later. In 1971, while he was in T&D Operations, "George Patterson informed me that he would like me to go out to Ohio Power to work in their General Office."

He was making plans to go to Ohio Power, Disbrow says, until one Saturday, when he was at work. ("We worked on Saturdays then, by invitation.")

Mr. Cook said he wanted to see me, and then told me that he wanted me to go into the Controller's Department. I told him I thought I was going to Ohio Power, but he said he thought the Controllorship would be a good move for me."

He called Patterson over the weekend, Disbrow recalls, and told him that he wanted to go to Ohio Power to get some field experience.

"Patterson said: 'Well, you have two choices. You can go into the Controller's Department — or you can resign.'"

The Controllorship marked Disbrow's entry into his career's third phase.

He retained the title of controller as he was elected vice president, then senior vice president, executive vice president and vice chairman and controller. He was named vice chairman-administration in 1978.

Disbrow attended evening graduate classes in 1967 and 1968, earning a master's degree in electrical engineer-

ing. After he received his degree, the school asked him to teach classes at night in the undergraduate school, which he did for "four or five years."

On January 1, 1979, Disbrow became president and chief administrative officer and, among other responsibilities, presided over the move of the Service Corporation to Columbus. He was elected president and chief operating officer in 1985. In 1991, W. S. White, then chairman and chief executive officer, relinquished the title of CEO to Disbrow to provide continuity of management before White's retirement. "I appreciate all the support and encouragement Pete White gave me," Disbrow said. A year later, he was elected chairman of the board and chief executive officer.

In retirement, one of Disbrow's main goals is to teach at the college level. He has in mind a course that would give students a new and different perspective on the American economic system.

"I don't believe many in our society really understand the fundamentals of our economic system such as the role of equity capital," he said. "They don't quarrel with the need to compensate employees but too often they look at profit as a dirty word and totally unnecessary. Profit is the wage of equity capital. If it isn't, paid investments will not be made. We all rely on appropriate compensation of equity for the results of pension plans and insurance policies among others.

"I'd also like to discuss the effect of taxes on economic vitality, like the new energy taxes that are being considered — how they will not just raise our energy costs, but how those taxes will filter down through the cost of every-

thing made in our economy and that we all buy. In the final analysis, only consumers pay taxes."

From his decades of experience, Disbrow distilled these thoughts on the art of management.

"First, you have to get the best people and then get the best out of your people. You can't approach employees in cookie-cutter fashion. People are all different — they have differing levels of ability and aspirations as well. A good manager must be people-oriented and treat those reporting to him or her as individuals recognizing their strengths and weaknesses.

"Second, you have to have a clear vision of where you want to go. This must be explained to your staff and their input must be sought. To be successful you must have the support of employees. They must buy into the program and understand the objective and how to get there."

He recalls that, when he was in T&D, a number of work programs that came out of the corporate office and imposed on the field were floundering. He was sent out to find out why.

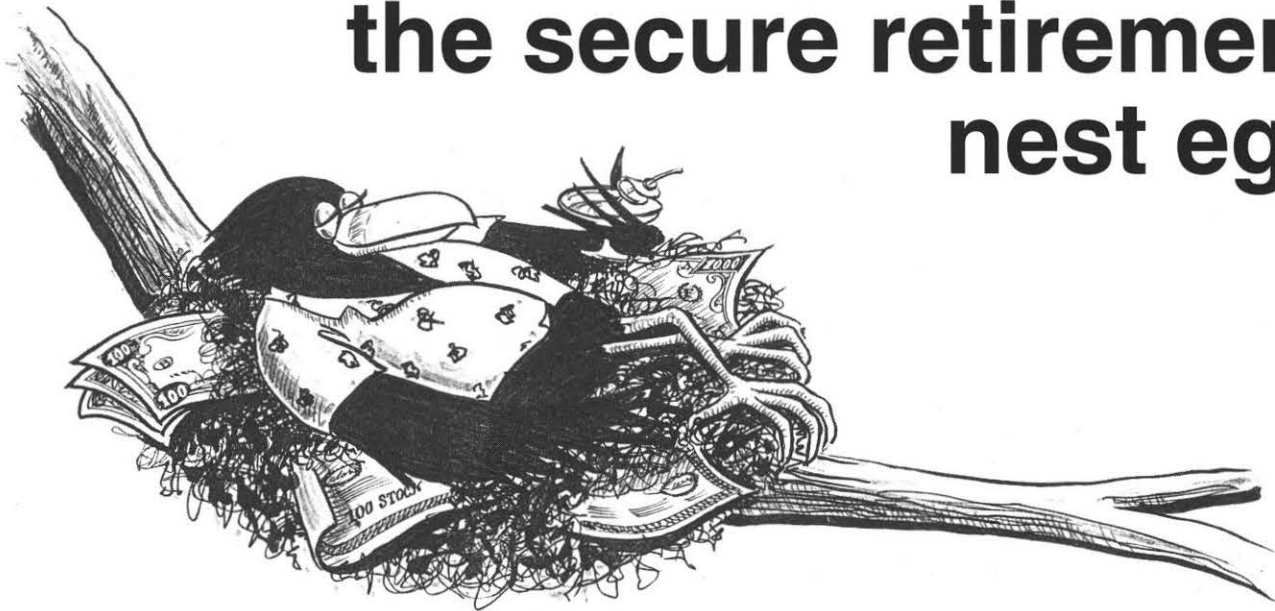
"The more I talked to people, line crews, foremen, planners and so on, the more I found that they weren't 'anti' the system, they just felt that they hadn't had a voice in it — and once they felt they had a voice, we couldn't find that many failures in the system.

"Number three is, start the line of march." □



Disbrow

The “early bird” gets the secure retirement nest egg



Me, worry about retirement? Why should I? I'm only 35 years old. Plus, I've got a mortgage and two kids to put through college. I'll start saving one of these days.

Well, one of these days is here. In fact, to help guarantee a comfortable retirement, our 35-year-old should have started saving 10 years ago.

“By the time many people begin to think about planning and saving for retirement, they have already lost years of opportunity when compounding interest could have built surprisingly substantial assets,” says Ronald A. Petti, senior vice president-human resources, AEP Service Corporation:

“Many people also think that their pension and Social Security will produce sufficient income during retirement. Unfortunately, those people are in for a shock. Generally, pension and Social Security provide approximately 50 to 60 percent of pre-retirement income.”

Therefore, most people must rely on their personal savings to make up the difference.

The key questions then become: When should I start saving for retirement? How much should I save? How much will I need for a comfortable retirement?

Financial planners agree that, ideally, people should start saving for retirement beginning with their first job. While that may sound unrealistic to most people, it also seems to make the most sense — especially when an employer offers a savings plan which allows both before- and after-tax contributions. While the ability to fund on a before-tax basis has the added benefit of reducing current income

taxes, it provides less flexibility because tax laws restrict access to those funds prior to age 59½. Those withdrawal restrictions do not apply to after-tax contributions; however, there is no current tax benefit either. By whichever method a person chooses to save, financial planners say that the key is to start **early** to take advantage of the “magic” of compound interest. Putting away even a small percentage of salary is better than putting away nothing. Also, funding on a before-tax basis provides the added benefit of lowering current taxable income.

To help you figure your retirement income, you should probably take into consideration that your lifestyle at 62 or 65 will probably be somewhat different from your present lifestyle. For instance, as a retiree you may be spending less on education, housing, and raising children, but more on medical care, recreation and travel. Many financial experts suggest that, to maintain the same standard of living, retirement income will need to be 65 percent to 85 percent of pre-retirement levels. Income from a pension (or pensions if you have had more than one employer) will vary depending primarily on salary and length of service. Social Security calculations can be based on the 1993 maximum annual benefit of \$13,536, if applicable, and assumed annual increases of 3 percent.

To further aid in estimating retirement income, AEP employees should consult their 1992 Personal Statement of Benefits which provides a personalized estimate of retirement income from the Retirement Plan, Social Security and the Savings Plan. These estimates are shown as percentages of estimated base pay at retirement. They provide a

clear and immediate picture of retirement income, and they also show how increasing Savings Plan participation can mean enhanced benefit levels.

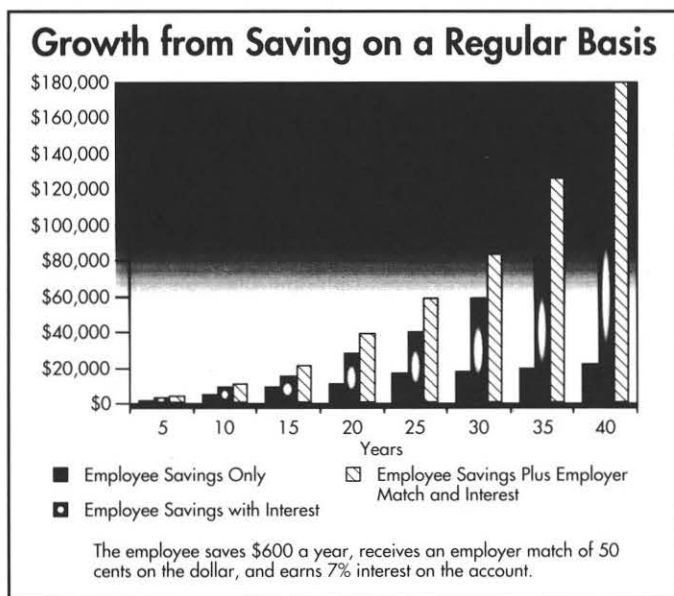
The following examples show how time is an asset in building savings for three fictitious AEP employees. They are all eligible to participate in AEP's Savings Plan which matches employee contributions of up to 6 percent of pay with a 50 percent contribution on a pre-tax basis.

Anna

Anna, who is 25 and single, has been working at AEP for three years and is earning \$20,000 a year. She is not participating in the Savings Plan because she feels that retirement is too far away to worry about. Consequently, her financial plans are focused on short-term personal goals. Anna has been encouraged to put something aside in the Savings Plan, even if it is only 2 or 3 percent of her salary. The employer matching contribution is a great return on a long-term investment, and because Anna is only 25, time is the most valuable asset she has for building her savings. The matching contribution and compound interest can have a powerful effect on building assets if given enough time to work. (See Figure 1.) Being able to obtain a matching employer contribution in the savings plan is probably the most persuasive motivator for saving at least 6 percent of pay. However, even without a matching contribution, the projected account balance resulting from long-term saving can be persuasive.

Anna also should consider the cost of postponing participation in the Savings Plan for even one year — based on the growth estimates shown in Figure 1. If she delays saving even 3 percent of pay with an average 7 percent investment return, that one-year delay in saving \$600 (plus loss of the company match of \$300) can reduce her account balance at the time she retires by over \$12,000.

Figure 1



Steve

Steve, who is 32 and has recently married, is a 10-year employee with AEP. He has participated in the Savings Plan for nine years, has built a good account balance, and now plans to withdraw some of this money for a down payment on a new house. He plans to start over building retirement savings.

While Steve has a financial goal in mind, it is a short-term one. He is investing in the equity of a house which may or may not prove to be a "successful" investment, in financial terms. However, that money is not available to earn more money and to compound the growth of investment earnings within the savings plan. It is a personal decision that requires recognition of the various trade-offs involved.

The illustrative calculations in Figure 2 (which assumes investment earnings at 8 percent) show what happens when a 21-year-old employee saving \$1,000 per year for 15 years stops saving but leaves the money invested. That employee will have more than twice the money at age 65 as the 35-year-old who begins saving \$1,000 per year for 30 years. Obviously, an employee would be even better off continuing to save after the first 15 years. However, the example does illustrate that saving for retirement becomes more financially challenging as employees get older.

Ellen

Ellen has been with AEP for 15 years and has participated in the Savings Plan primarily to receive the matching contribution. Now at age 40 and earning \$45,000, she is beginning to think more about retirement planning: when she wants to retire, how much money she will need at retirement, the potential sources of that money, and the impact of her investment choices. Gathering this information will help Ellen target personal savings in keeping with her current budget, her financial needs, and her goals for the future.

When giving retirement planning advice to someone Ellen's age, many financial experts advise against investing too conservatively. With only a limited number of years remaining to save for retirement, she should know the advantages of compounding higher rates of investment earnings in building retirement assets.

To illustrate this, consider the following: If a person invests \$2,000 annually in fixed-income funds expected to return an average 6 percent because of a desire to assure the lowest possible risk of asset loss, after 25 years the account balance would be \$109,729. However, if that person were to invest in equities, which have historically had a long-term average investment return of about 10 percent, the yield — with greater risk and volatility — could produce an account balance of \$196,700 after 25 years. That extra \$86,971 could make a big difference in retirement lifestyle.

Because Ellen still has 25 years to save, the greater market risk volatility of equity investments may not be as serious a concern. For other employees, the issue of investment

Figure 2

Simplified Illustration				
Employee 1 Saves 15 Years Until Age 35			Employee 2 Saves 30 Years From Age 35 to 65	
Age	Annual Savings	Year End Value	Annual Savings	Year End Value
21	\$1,000.00	\$1,080.00	\$0.00	\$0.00
22	\$1,000.00	\$2,246.40	\$0.00	\$0.00
23	\$1,000.00	\$3,506.11	\$0.00	\$0.00
24	\$1,000.00	\$4,866.60	\$0.00	\$0.00
25	\$1,000.00	\$6,335.93	\$0.00	\$0.00
26	\$1,000.00	\$7,922.80	\$0.00	\$0.00
27	\$1,000.00	\$9,636.63	\$0.00	\$0.00
28	\$1,000.00	\$11,487.56	\$0.00	\$0.00
29	\$1,000.00	\$13,486.56	\$0.00	\$0.00
30	\$1,000.00	\$15,645.49	\$0.00	\$0.00
31	\$1,000.00	\$17,977.13	\$0.00	\$0.00
32	\$1,000.00	\$20,495.30	\$0.00	\$0.00
33	\$1,000.00	\$23,214.92	\$0.00	\$0.00
34	\$1,000.00	\$26,152.11	\$0.00	\$0.00
35	\$1,000.00	\$29,324.28	\$0.00	\$0.00
36	\$0.00	\$31,670.22	\$1,000.00	\$1,080.00
37	\$0.00	\$34,203.84	\$1,000.00	\$2,246.40
38	\$0.00	\$36,940.15	\$1,000.00	\$3,506.11
39	\$0.00	\$39,895.36	\$1,000.00	\$4,866.60
40	\$0.00	\$43,086.99	\$1,000.00	\$6,335.93
41	\$0.00	\$46,533.95	\$1,000.00	\$7,922.80
42	\$0.00	\$50,256.66	\$1,000.00	\$9,636.63
43	\$0.00	\$54,277.20	\$1,000.00	\$11,487.56
44	\$0.00	\$58,619.37	\$1,000.00	\$13,486.56
45	\$0.00	\$63,308.92	\$1,000.00	\$15,645.49
46	\$0.00	\$68,373.63	\$1,000.00	\$17,977.13
47	\$0.00	\$73,843.53	\$1,000.00	\$20,495.30
48	\$0.00	\$79,751.01	\$1,000.00	\$23,214.92
49	\$0.00	\$86,131.09	\$1,000.00	\$26,152.11
50	\$0.00	\$93,021.58	\$1,000.00	\$29,324.28
51	\$0.00	\$100,463.30	\$1,000.00	\$32,750.23
52	\$0.00	\$108,500.37	\$1,000.00	\$36,450.24
53	\$0.00	\$117,180.39	\$1,000.00	\$40,446.26
54	\$0.00	\$126,554.83	\$1,000.00	\$44,761.96
55	\$0.00	\$136,679.21	\$1,000.00	\$49,422.92
56	\$0.00	\$147,613.55	\$1,000.00	\$54,456.76
57	\$0.00	\$159,422.63	\$1,000.00	\$59,893.30
58	\$0.00	\$172,176.44	\$1,000.00	\$65,764.76
59	\$0.00	\$185,950.56	\$1,000.00	\$72,105.94
60	\$0.00	\$200,826.60	\$1,000.00	\$78,954.42
61	\$0.00	\$216,892.73	\$1,000.00	\$86,350.77
62	\$0.00	\$234,244.15	\$1,000.00	\$94,338.83
63	\$0.00	\$252,983.68	\$1,000.00	\$102,965.94
64	\$0.00	\$273,222.38	\$1,000.00	\$112,283.21
65	\$0.00	\$295,080.17	\$1,000.00	\$122,345.87

Although Employee 1 saves only 15 years, he has a much larger account balance at age 65 than Employee 2 who saves for 30 years because of the effect of compounding at 8% interest over 30 years.

However, if Employee 1 had withdrawn the money at age 35 and started over, his account balance would be like that for Employee 2, or \$173,000 less.

risk may be different. Nevertheless, employees need to understand the compounding value of higher rates of return and the different levels of risk in different investments.

Those employees who are planning to take early retirement, and who have not been involved in a long-term, systematic savings program, should quickly shift into high gear. They will have less time to build their retirement nest egg — and they will need a much larger one than if they had planned to work until normal retirement age.

For example, if a couple in their mid-30s wants to retire at age 55 with the same spending power they currently have on \$60,000 a year, they must accumulate \$1.5 million by that time, according to financial advisors. The reasons:

- they will be eliminating what for most people are the peak earning years when they are most able to set aside money for retirement,
- they will be eligible for lower levels of pension and Social Security benefits,
- the earlier they retire, the more years they will be living on their savings and investments,
- they will have to anticipate the effects of inflation for 20, 30 or more years.

“Statistics show that, when it comes to money, most Americans think one thing and do another,” says Petti. “We are terrified of growing old and needy, yet we don’t do much about it while we can. Statistics indicate that in the U.S. we are saving only 3.5 percent a year of our disposable income.”

A Merrill-Lynch survey found not only that people within 20 years of retirement are generally not saving enough, but they also underestimate retirement costs and have unrealistic ideas of where the money they will need will come from. Of those surveyed, 59 percent expect almost all of their retirement income to come from company pensions and Social Security. This group includes the first of the baby boomers who face immense financial hardship if they fail to change their saving habits, says a Merrill-Lynch spokesperson.

“What the statistics show is that early planning and self-discipline are the keys to a financially successful retirement,” concludes Petti. “Find out what to do to get there. Then — as the Nike ad says — just do it.” □

(Source, *Booke & Company, Consultants/Actuaries.*)

Note: The rates of return for the AEP Employee Savings Plan funds for the latest 12-month period were:

Fixed Income Fund	8.5%
Equity Fund	7.5%
AEP Stock Fund	4.1%

Harvey organizes cancer survivors support group

I have cancer . . . now what am I going to do about it?

Paul Harvey recalls asking himself that question early last year when, at age 57, several tests revealed he had the dreaded disease.

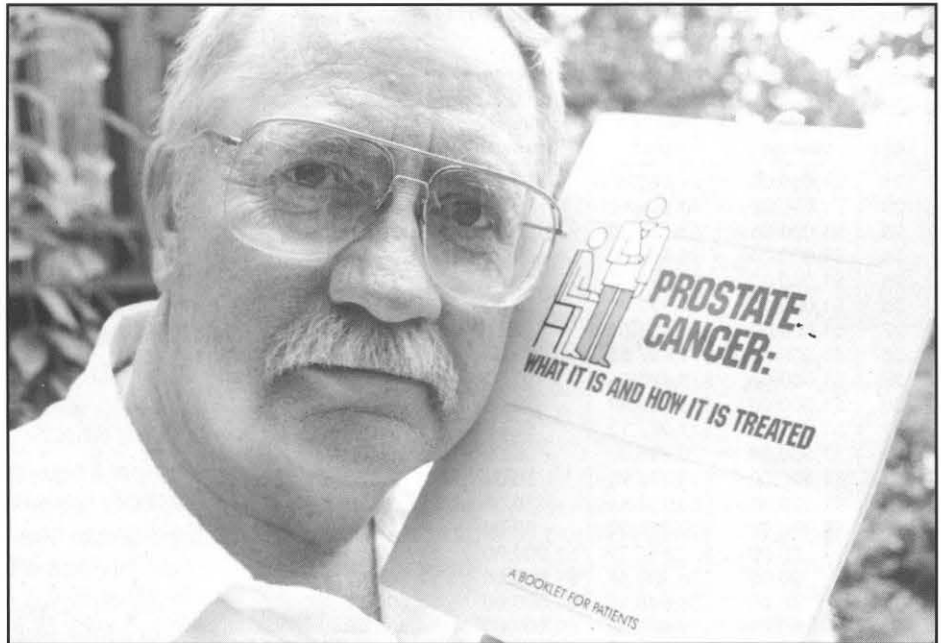
"I made numerous phone calls to Johns Hopkins Hospital," says Paul, the husband of Brenda Harvey, Huntington human resources clerk A. "They referred me to US TOO, a national prostate cancer survivors support group. I wanted to find a chapter near Huntington so I could contact someone who had been through the same problems I was having. There is no chapter in Kentucky, and the closest one in Ohio is Columbus. The only chapter in West Virginia is in Bluefield."

After Paul survived radical prostatectomy, he decided that the support he received from talking to others needed to be shared, so he set about forming an US TOO Chapter in Huntington.

"The main office of US TOO sent me information on how to form a chapter and get the word out about it," he notes. "I also talked to my urologist and St. Mary's Hospital about support groups in general. Both were very receptive to forming a prostate cancer support group because it had never been tried in this area. The hospital furnishes us a room and refreshments. We meet the third Tuesday evening of the month at 6 p.m."

Early detection is the primary purpose of the support group. Prostate cancer is the second leading cancer killer among males, striking about one of every nine. It can develop and spread with no warning signs. Unfortunately, many men shun the standard screening method: the digital rectal examination. Thus many malignancies are found too late — after they've spread beyond the prostate and are incurable.

Paul's cancer was discovered through a prostate-specific antigen (PSA) blood test. PSA is a protein secreted by the prostatic tissue. The PSA test determines if your protein level is normal or elevated. Two of the things that can raise PSA: an enlarged prostate, a common complaint in older men, and can-



Paul Harvey has organized an US TOO chapter in Huntington for prostate cancer survivors. Photo courtesy *The Herald-Dispatch*.

cer. This test is newer, simpler, and can spot cancer up to four years earlier than any other technique. It's also far more accurate (42 percent versus 20 percent).

Some doctors react swiftly to an elevated PSA, ordering biopsies. If the biopsy shows cancer, the physician may prescribe radiation therapy, chemotherapy, or surgical removal of the prostate.

"I recommend anyone getting a second or third opinion," Paul says. "Not only did I have two opinions on the PSA tests but I also had two labs to do the biopsy study. Both bone and cat scans indicated my cancer was confined to the prostate. However, during the surgery, the doctor discovered it had gotten into the lymph nodes. Being microscopic, they did not take the nodes out."

Paul continues, "Prostate cancer is the slowest growing cancer, but we don't know how long I have had it. It may have started 20 years ago, but I was always told I just had an enlarged prostate and nothing was done about it. Ordinarily the cutoff on prostate surgery is around 67-68. If you are beyond that age, it is felt you will die from something else before the cancer gets

you (as long as it is confined to the prostate). Although it's considered a disease of the elderly, I have talked to men in their 30s who have it."

Paul states, "Some 15 to 20 people attend our monthly meetings. Some attendees are repetitions, and some are new. We encourage all men over the age of 50 to have a PSA test at least once a year." (Because health insurance didn't cover the PSA test, the West Virginia Legislature last year passed a bill requiring the test.)

Paul concludes, "We talk about things men don't like to discuss — the after effects of surgery, for instance. People with these problems need to be able to communicate with someone who has experienced them. Because my name and number is published in a monthly bulletin, I get phone calls from all over. I would be glad to share information with *Illuminator* readers if they call my home (304) 529-1101." □

Clowers volunteer at Ronald McDonald House

Not everyone looks forward to Monday morning, the beginning of another work week. Paul and Wanda Clower say they do because that's when they serve as volunteers at the Ronald McDonald House of Southwest Virginia.

The couple became interested in the House through their church, Colonial Avenue Baptist of Roanoke.

Paul, retired systems and procedures supervisor, GO Accounting, Roanoke, begins his Mondays with a milk run. "A local dairy donates milk and orange juice to the House," he notes, "and I pick that up. I also stock the linen closet, help in the kitchen, run errands, and take care of the plants. Part of the time I do handyman jobs."

Wanda, a former stenographer in GO Accounting, works at the front desk. "That involves answering the phone, registering guests who come in, and writing thank you notes," she says. "Every Monday I have to do a census report — how many people were here the prior week, how many volunteers worked, how many rooms were used, etc. I also give tours of the House to the new people coming in. I really like that kind of work."

Paul says, "Wanda sees all the families coming in. I don't really come in contact with the patients that much, but I enjoy working here because I like what I do and feel that it is needed and appreciated."

Located at 2224 South Jefferson Street,



Wanda Clower uses her secretarial skills in the office at Ronald McDonald House.



Paul and Wanda Clower relax outside the Ronald McDonald House of Southwest Virginia, where they volunteer each Monday.

the House serves primarily as a home away from home for families of critically ill patients in all area hospitals, with the first priority being families of ill children. Referrals to the House are made by social workers, patient representatives, hospital administrators, doctors, and nursing supervisors.

"When the House is full," Wanda says, "we try to make other arrangements with local hotels."

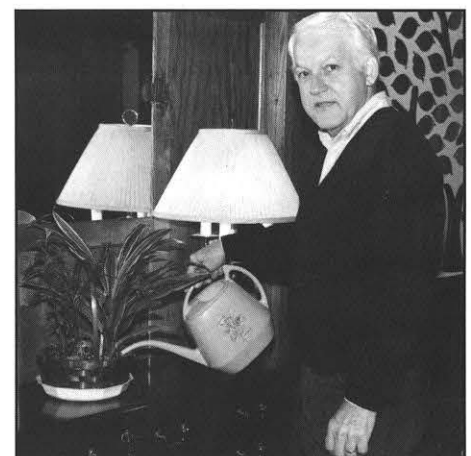
The cost of staying at the Ronald McDonald House, according to Wanda, is only \$15 a room. However, under certain circumstances, this fee can be waived. "Up to six family members can stay in one room," she notes.

Paul adds, "This House is unique because it provides services that others do not — food is provided for guests to prepare breakfast and lunch. Dinner is served nightly."

The House also has a clothes closet, library, toy room, big screen television, and VCR, all provided through donations of individuals and groups. Guests can make long distance phone calls (outside the 703 area code) to family members, free of charge, courtesy of AT&T.

Wanda concludes, "I enjoy talking with the people here because they are so upbeat and friendly even though they are probably dealing with serious personal and family problems."

Ronald McDonald House is known throughout the community as the House That Love Built. As the mother of one cancer patient wrote recently, "Whatever my son's outcome, I shall carry with me the strength and support I received from the people of the Ronald McDonald House. You are my support group, in the special way that only people going through similar situations can be." □



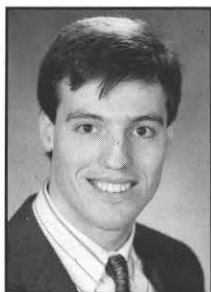
Plants at the Ronald McDonald House flourish under Paul Clower's care.

Promotions

Tracie Campbell, Abingdon customer services assistant, was promoted to Clintwood customer services office supervisor on March 1. She holds a bachelor of science degree in marketing from West Virginia State College.



Campbell



Ware



Hill



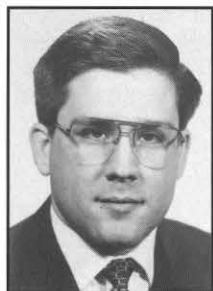
Wright

Lenny Ware, plant engineer I, was promoted to plant engineer senior at Mountaineer Plant on January 1. He holds a bachelor of science degree in mechanical engineering from West Virginia Institute of Technology.

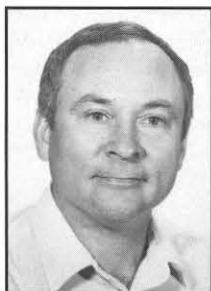
Ron Hill, Huntington service supervisor, was promoted to general line crew supervisor on March 1.

Philip Wright, Bluefield engineering supervisor, was promoted to line superintendent on March 1. He holds a bachelor of science degree in electrical engineering from West Virginia Institute of Technology.

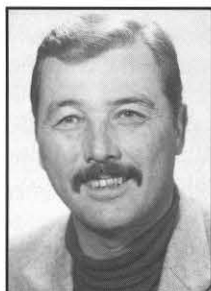
Walter A. Sherry, Jr., Charleston energy services engineer I, was promoted to power engineer on March 1. He holds a bachelor of science degree in electrical engineering from West Virginia University.



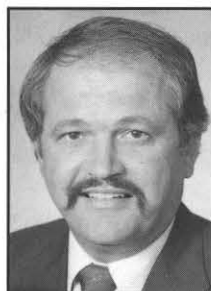
Sherry



Begler



Chafin



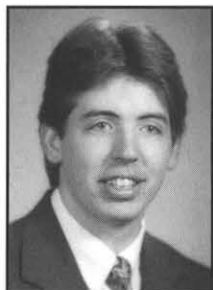
Glover

George Begler, Charleston line mechanic A, was promoted to line crew supervisor NE on February 20.

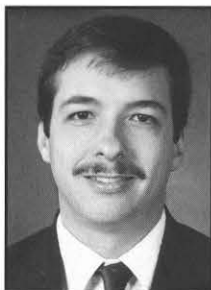
Robert Chafin, Jr., Charleston line mechanic A, was promoted to line crew supervisor NE on February 6.

Eddie Glover, Jr., Roanoke service supervisor, was promoted to general line crew supervisor on March 1.

Paul Hanson, Lynchburg electrical engineer II, was promoted to electrical engineer I on January 1. He holds a bachelor of science degree in electrical engineering from Clemson University.



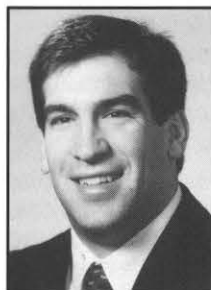
Hanson



Bennett



McCutcheon



Pifer

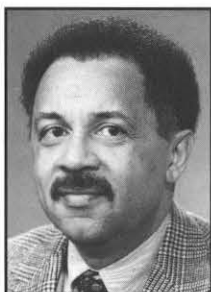
David Bennett, Pulaski energy services engineer I, was promoted to power engineer on March 1. He holds a bachelor of science degree in electrical engineering from Virginia Polytechnic Institute and State University.

Michael McCutcheon, plant engineer senior, was promoted to production superintendent-operations at John Amos Plant on January 1. He holds a bachelor of science degree in mechanical engineering from West Virginia University.

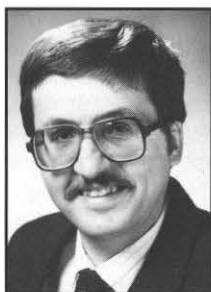
Frank Pifer, plant engineer I, was promoted to maintenance supervisor at John Amos Plant on February 1. He holds a bachelor of science degree in mechanical engineering technology from Fairmont State College.



Spradlin



Bonds



Burton

Tammy Spradlin, payroll clerk A nonexempt, was promoted to associate staff accountant II exempt, GO

Accounting, Roanoke, on March 1. A CPA, she holds an associate degree in accounting from Virginia Western Community College.

Frank Bonds, Jr., statistical accountant, was promoted to classification supervisor, GO Accounting, Roanoke, on March 1. He holds a bachelor of science degree in accounting from Norfolk State College. Bonds also has completed some work in the MBA program at Lynchburg College.

R. Stuart Burton, Jr., plant engineer senior, was promoted to performance supervising engineer at Mountaineer Plant on March 1. He holds a bachelor of science degree in electrical engineering from West Virginia Institute of Technology.

John E. Milbee, equipment operator B, was promoted to unit supervisor at John Amos Plant on December 1.

Abingdon

David Vanover from customer services office supervisor to marketing and customer services representative, Clintwood.

John Amos

Greg Bird from transportation specialist to transportation specialist senior.

Bluefield

William Lineberry II from line mechanic B to line mechanic A.

Shirley Arnold from line mechanic D to line mechanic G.

Centralized Plant Maintenance

Wally Smith from stores attendant senior to stores administrator.

Charleston

Billy Carter from line mechanic B to line mechanic A.

Clarence Bailey from line mechanic B to line mechanic A.

Greg Hanshaw from line mechanic B to line mechanic A.

Harry Roberts from line mechanic B to line mechanic A.

Clinch River

Russell Ferguson from maintenance mechanic C to maintenance mechanic B.

Kimberly White from utility worker B to utility worker A.

General Office

Debbie Taliarferro from load research data processor B to load research data processor A, GO Rates, Roanoke.

Don Reeves, Jr. from transmission mechanic C to transmission mechanic B, GO T&D Transmission, Kenova.

Stephen Edwards from surveyor assistant, GO T&D Civil Engineering, Roanoke, to engineering technician, GO T&D Transmission, Bluefield.

Joe Dupuis from video services specialist to video services specialist I, GO Public Affairs, Roanoke.

John Ertz from forestry control assistant to forestry control specialist I, GO T&D Distribution, Bluefield.

Glen Lyn

Steve Jennings from instrument mechanic C to instrument mechanic B.

Mountaineer

Keith Jackson from utility worker to coal handler.

Pulaski

Clyde Turner from line mechanic A to area servicer, Pearisburg.

Joe Reddoch from electrical engineer III to electrical engineer II.

Roanoke

Carol Huffman from marketing and customer services advisor to marketing and customer services representative.

Larry Miles from meter electrician B to meter electrician A.

Melanie Slaughter from part-time customer services representative D to part-time meter reader.

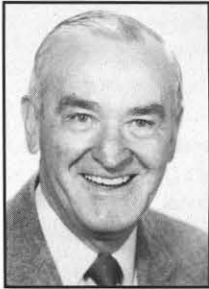
Bill Hicks from line mechanic C to meter electrician B. □

Robinett submits winning slogan



Coal Sampler Jim Robinett, right, submitted the winning slogan in Glen Lyn Plant's safety logo contest: Glen Lyn Plant Generating Safely. The slogan was imprinted on sports shirts awarded employees for completing their seventh consecutive year without a lost time injury. Plant Manager Sandy Pennington, left, is pictured with Robinett.

Retirements



“As I look back over my career, the tremendous changes brought about by technology stand out most in my mind,” says **Haskel Jones**. An electrical engineer

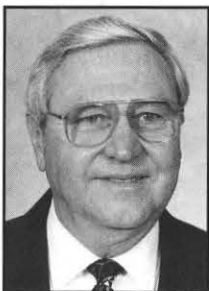
senior in Charleston, he elected early retirement on April 1 after 38 years' service.

“When I first started, a pencil, note pad, and slide rule were high tech engineering tools,” he recalls. “During my career, I have had the good fortune to do just about everything in T&D so that kept the job interesting.

“People — what a great bunch to work with. I found some really special friends over the years, and that is what I will miss most.

“My plans for the future include spending more time with my grandchildren, playing golf, and traveling. There are a lot of places in this country I want to visit, such as the west coast and Alaska. The one big foreign trip I hope to make is to Australia and New Zealand.

“I will continue living in Dunbar for now and do some of the things I have never had time for before.” □



“I completed a four-year tour of duty with the USAF in 1956,” recalls **Fred Nibert**. “Kaiser Aluminum was hiring for the initial startup of their new plant in Ravens-

wood; and, while waiting to hear from Kaiser, I was called by Appalachian Power for an interview and was fortunate to be hired. I've never regretted accepting the job.” An engineering technician senior in Point Pleasant, Fred elected early retirement on April 1.

He adds, “I have had the privilege of meeting and working with some wonderful people within and outside the

company. It has truly been a memorable experience, and I often wish I had documented some of my experiences with the customers.

“One doesn't spend 37 years in the same place and leave without certain reservations. I shall miss the association with the employees, my second family. The company has been good to me and my family.”

Fred completed two tours of duty in Germany with the West Virginia Army National Guard and retired as a chief warrant officer in 1984 after 26 years' service. He is a member of the Point Pleasant Moose Lodge and American Legion.

“My wife June and I attend the Main Street Baptist Church and enjoy square dancing,” Fred adds. “We have vacationed in the west twice during the past five years, which was very exciting, and plan to go back. I may even try some fly fishing and bass fishing at Smith Mountain Lake. We have a motor home and plan to use it traveling and seeing some of the country.” □



Barbara Cantline, Christiansburg customer services representative B, elected early retirement on April 1. Barbara first worked for Appalachian as a comp-

tometer operator in GO Accounting, Roanoke, from 1951 until 1960, then moved away from the area. “I was gone about 13 years,” she recalls, “and got the same job when I came back.” She transferred to Christiansburg in 1975.

“Appalachian was a good place to work, and I made a lot of friends,” Barbara says. “Most of the time I enjoyed working with the customers although some days there were headaches.”

Barbara's hobbies are sewing and cooking and she's learning to play golf. She is organizer for the Church of Jesus Christ of Latter Day Saints in Radford

as well as a pianist for Sunday School and a teacher in the women's organization. When her husband retires from his job as finance director for the City of Radford, the couple plans to travel. □



Hazel Camden, secretary in GO Land Management, Roanoke, retired April 1 after nearly 37 years' service.

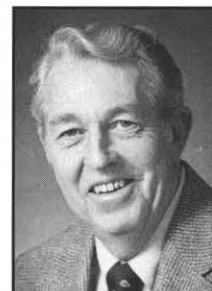
“I'm the last original employee of that department to go.

Bill Coleman hired me directly into GO R/e & R/w,” she recalls, “and I was in the group which left that department to form Land Management the latter part of '71.”

Hazel is looking forward to spending more time on her hobbies and church work. “I love to work with flowers, crafts, and needlework,” she notes. “I have made most of the afghans for my house and do a lot of crewel, too. I sing in the choir at Grandin Court Baptist Church and was a charter member of the Appalachian Chorus.”

Hazel collects Santa Clauses, carousels, rabbits, and dolls among other things.

“I want to do some work on my house,” she adds, “and I'm having my convertible done over. I want to travel some, too, in the future.” □



“I was working for R. H. Bouligny in this area when I met my wife,” recalls Kingsport Service Crew Supervisor **James W. “Whitney” Overbey**. “After I got married, I

wanted to settle down in one place so I went to work for the power company as a groundman.

“I've enjoyed working with all the men and the general public. All in all, it's been very enjoyable. In a way, I'm

looking forward to going; but, after almost 42 years, I'll miss everybody."

Whitey, who elected early retirement on April 1, says he has no real plans. "I'll just take it as it comes," he adds. "That's what retirement is — doing what you want when you want to do it. I garden some and do a little woodworking."

Whitey and his wife Jewell attend Harmony Presbyterian Church. They have two sons and two grandchildren. □



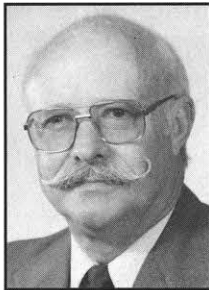
"I'm looking forward to doing some things I've wanted to do all these years and haven't had the time," says **Marlene Mitchell**, Abingdon human resources clerk A. She elected

early retirement on April 1 after nearly 34 years' service.

"I like to sew, do crafts, and work outside in my flowers. I'll be doing a lot of that," she says. "Right now we're helping our daughter in Bristol remodel her house."

Marlene and her husband George, who is also retired, plan to travel some. "We're going to Myrtle Beach for a few days in May and to Montreal and Quebec, Canada, this fall." They attend Suburban Christian Church in Bristol, where she is secretary for the Christian Women's Fellowship.

Marlene began her career in 1956 as a contract clerk in the Grundy office and transferred to Abingdon in 1971. "I enjoyed talking to customers when they came in to pay their bills," she says. "And, since I've been in Human Resources, I've enjoyed working with the employees, doing all their records and taking care of them." □



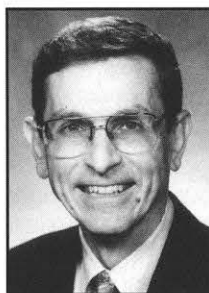
retirement on April 1.

A marketing and customer services representative senior in Abingdon, Bucky worked the Washington and Dickenson County areas. He enjoyed working with people and, as a result, always attained 100% of his assigned sales quota. He was awarded an AEP jacket of honor in 1991.

An Air Force veteran, Bucky is a past president of the Abingdon Lions Club and former elder of the Green Spring Presbyterian Church.

His retirement plans include taking care of his antique cars — a '29 Model A Ford and '38 Chevrolet coupe — and flying the ultralight airplane he's building.

Bucky and his wife Patsy, who retired from the Farmers Home Administration, have two daughters and six grandchildren. □



career with Appalachian Power.

When Von was a mechanical engineering student at West Virginia University, little did he realize that one day he would become manager of the AEP System's largest coal-fired generating station, the 2900 megawatt John E. Amos Plant. At that time, Amos wasn't even on the drawing board and a 1300 megawatt unit was unheard of. A big unit then was the 215 megawatt series.

"I'm going to get up, check the sun, and see if it is any different," **Bucky Buchanan** replied when asked what was the first thing he planned to do following his early

retirement on April 1. When Von joined Appalachian in 1954, he had three-month assignments in both Welch and Roanoke as part of a training program for engineers. Later that year he transferred to Kanawha River Plant as a test engineer. While at Kanawha he advanced through the positions of assistant results engineer, results engineer, and personnel supervisor. "It was quite radical then for engineers to become personnel supervisors," Von recalls. "But the plant manager, Henry Skaggs, was a man of vision and believed it would be good training."

Von moved to Appalachian's oldest plant, Cabin Creek, as assistant plant manager in 1969. He was assistant plant manager at both Kanawha River and John Amos before being promoted to plant manager at Amos in 1986.

"The company's safety program was in the forefront during all these years," Von states. "I was fortunate enough to be a part of management at all three plants when employees attained one million work hours without a disabling injury. I was also pleased to accept, on behalf of Amos employees, the AEP Chairman's safety award for two consecutive years, 1991 and 1992."

During his tenure at Amos, the 800 megawatt Units 1 and 2 both set records for continuous operation.

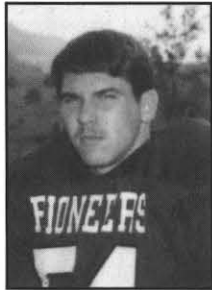
Also during Von's six years as Amos plant manager, the plant's OIP savings represented 46.6% of all power plant goals. Earlier this year he was presented the first OIP Management Support Award, named in his honor. "I was speechless," he admits.

Von will have no problem keeping busy following his early retirement on April 1. "I like to cook, garden, hunt, fish, do landscaping, and travel," he says. "I also love to read and can spend all day in the library. My wife Joyce and I really enjoy country western dancing and antiques." □

Who's News

Abingdon

Elected officers of the Abingdon Employees Club for 1993 were: **Steve Scyphers**, building services supervisor, president; **Frank Forrest**, line construction and maintenance representative, vice president; **Diana Heath**, T&D clerk C, secretary; and **Debbie Belisle**, engineering technologist I, treasurer.



Daniel, son of J. L. Price, Lebanon line crew supervisor NE, was named to *Who's Who In Sports* in recognition of his high school athletic achievements. A senior at Lebanon High School, Daniel will be eligible for one of 40 scholarships which will be awarded for the 1992-93 academic year.

Jim Farmer, Lebanon area supervisor, was presented a plaque in appreciation for his outstanding service to the Willis Chapel United Methodist Church. □

Beckley

Bob Shiflett, line mechanic A, served as director of officials for the 21st annual Wendy's YMCA Bidy/Buddy basketball tournament. Sixty teams from six states played a total of 105 games at five locations during the three-day event. **Susie Hall**, station mechanic C, was a judge for the cheerleading competition.

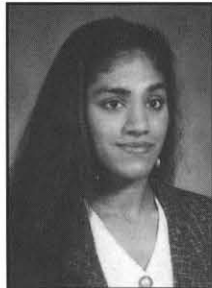
Terry, wife of Bob Shiflett, was elected first vice president of the Beckley Junior Woman's Club.

Phil, son of Trina Griffith, customer services representative C, was selected for the Beckley/Raleigh County YMCA Senior Buddy All-Star basketball team.

Ray Vest, administrative assistant, was selected by the West Virginia Secondary Schools Activities Commission to serve as an official for the 1993 W. Va. Boys' State high school basketball tournament.

Lee Venable, Rainelle area supervisor, was elected to the United Way of Greenbrier Valley board of directors. □

General Office



Deepa Channaiah, a sophomore at the Roanoke Valley Governor's School, won a \$50 savings bond for placing first in the Roanoke County Schools' science competition and will enter regional competition this month. Her project was researching the caffeine content in soft drinks, coffee, tea, and non-prescription drugs. The daughter of A. C. Channaiah, staff engineer, GO T&D Engineering, Roanoke, Deepa will attend a leadership conference at Valley Forge, Pa., next month as part of the Veterans of the World Wars leadership and citizenship development of selected high school students. Deepa also has been recommended by the Roanoke County Schools to attend a summer governor's school in Richmond, Va.

Dan Bird, control electrician A, GO T&D Relay, Roanoke, is serving one-year terms as Fourth Chair in charge of Brotherly Love and Esteemed Lecturing Knight of Roanoke Elks Lodge #197.

Gail Dingess, hydro mechanic C, Kanawha Valley Power, Marmet, completed a nine-week course in electrical power production and was awarded 19 college credits. A SSgt in the U. S. Air Force Reserve, she completed the course as an honor graduate in competition with Air Force active, Air Force reserve, Air National Guard, and civilian members of the class. □

Lynchburg



Angela, daughter of Billy Habel, line mechanic A, was chosen to organize the youth parade in the Lovingston, Va., Christmas parade. Approximately 50 young people participated in the activities. Angela is a sophomore at Nelson County High School. □

Roanoke

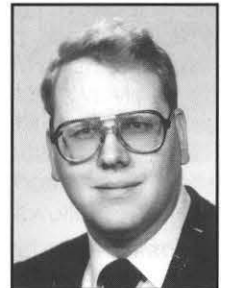


Linda, wife of Barry Graham, meter electrician B, has been selected for inclusion in *Who's Who Among American Teachers*. A biology and anatomy/physiology teacher at Glenvar High School, Linda was nominated by a former student. □

Graduates



Smith



Meester

John Smith, Charleston service supervisor, regents bachelor of arts degree, West Virginia State College.

William Meester, Jr., performance technician, John Amos Plant, bachelor of science degree in chemistry (magna cum laude), West Virginia State College. □

Weddings

Durst-Parsons



Kristi Ann Parsons to **Timothy Edward Durst**, Philip Sporn engineering technician-plant, February 20.

Summer-Dalton



Robin Sue Dalton to Curtis Wayne Sumner, Jr., December 4. Robin is the daughter of Ralph Dalton, Galax line crew supervisor NE.

Watts-Douglas



Dawnette Douglas, Charleston customer services representative B, to Anthony Todd Watts, February 12.

Warrick named Tennessee's hospital volunteer of the year



Virginia Warrick has been selected as hospital volunteer of the year for the State of Tennessee. The wife of Kingsport Retiree Gordon Warrick, she joined the Auxiliary at Holston Valley Hospital and Medical Center in 1961.

Virginia's first volunteer assignment was in the out-patient clinic. Later, as a Red Cross nurse's aide, her duties included giving baths, taking temperatures, and making beds. She has served on the Auxiliary board as co-chairman and chairman of the social services committee, in-service team captain for youth groups and individuals, and a member of the finance committee.

Virginia also was chairman of the sewing committee for six years, the maximum a board member can serve. She supplied baby clothing for indigent mothers and for babies in the neonatal intensive care unit. For out-of-town patients who had their clothing cut off or for those with no family in the area, she provided gowns and pajamas to wear during their stay. She made sure

the clothes closet was supplied with new and used clothing for discharged patients, who had none of their own, to wear home.

Several new projects were initiated under her guidance. A gown and small knitted cap are provided for premature infants too small for regular baby clothes. She recruited volunteers who could knit and sew to work on her committee, and recently they began making plain cloth dolls on which the children can draw or color faces and clothing.

The committee contributed 78 Christmas stockings for newborns, 122 pinkie puppets for children in pediatrics and emergency room, 14 layettes, two afghans, 10 handmade receiving blankets, and several sweaters. □

Births

Abingdon

Zachary Graham, son of **Jeffery Blevins**, Marion line mechanic C, February 7.

Jaylynn Cassie, daughter of **Fred Hicks**, meter electrician A, February 23.

General Office

Cassandra Shavone, daughter of **Donnie Williams**, visitors center attendant, GO Hydro, Smith Mountain, February 16.

Ethan Preston, son of **Barry Harman**, transmission mechanic C, GO T&D Transmission, Abingdon, February 16.

Huntington

Cara Beth, daughter of **Gary Derenberger**, Point Pleasant line mechanic C, February 14.

Nicholas, son of **Tim Rockel**, Hamlin line crew supervisor NE, March 2.

Lynchburg

William Pendleton, son of **Pen Read**, marketing and customer services advisor, February 13.

Ethan David, son of **Valerie Wray**, meter reader, February 15.

Mountaineer

Danielle Susan, daughter of **Jim Daugherty**, performance engineer senior, January 16.

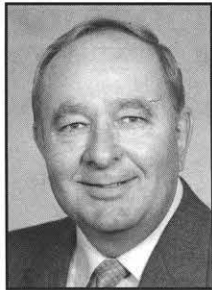
Pulaski

Braeden Ray and Brandon Ray, twin sons of **Don Woolwine**, Christiansburg line crew supervisor, February 19.

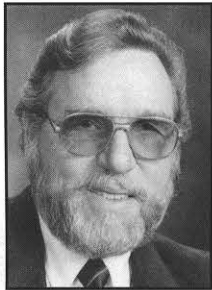
Philip Sporn

Keith Leonard, son of **David Daniels**, plant engineer I, February 25. □

Service Anniversaries



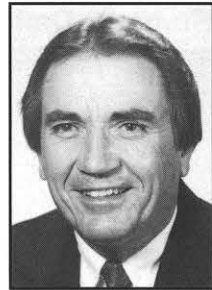
Sherman Payne
meter supervisor
Roanoke
45 years



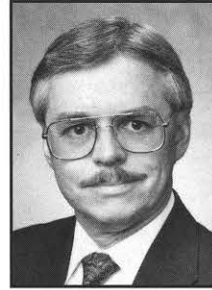
B. J. McCoy
collector
Christiansburg
40 years



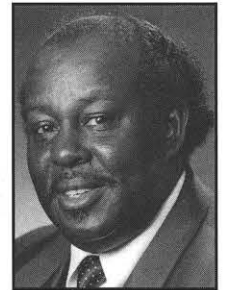
Rhea Alley
sr. cust. serv. rep.
Kingsport
40 years



Pat Taylor
cust. serv. supv.
Charleston
30 years



Allen Thomas
payroll rec. supv.
GO-Roanoke
25 years



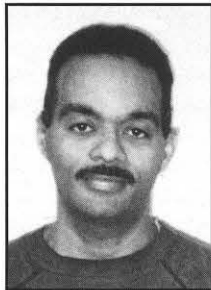
Richard Davis
general servicer
Bluefield
25 years



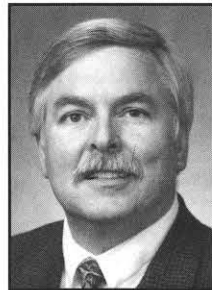
Wayne Bailey
line crew supv. NE
Beckley
25 years



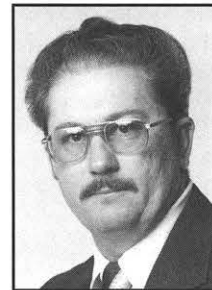
Kay Morrison
T&D clerk A
Kingsport
25 years



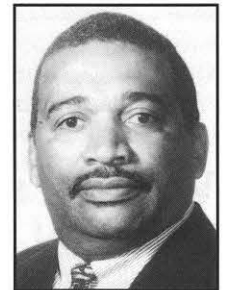
Bill English
maint. mech. B
Philip Sporn
25 years



John Eden
supv. com. gra. tech.
GO-Roanoke
25 years



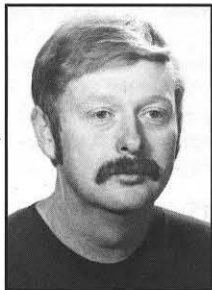
Arnold Ford
line crew supv.
Kingsport
25 years



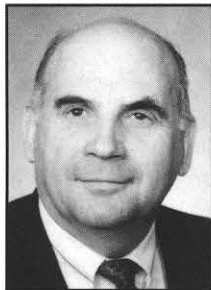
Bo Chester
line crew supv. NE
St. Albans
25 years



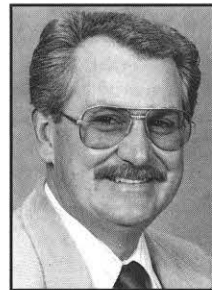
Frank Frango, Jr.
stores supervisor
Roanoke
25 years



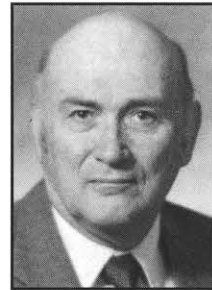
Red Drake
line mechanic A
Charleston
25 years



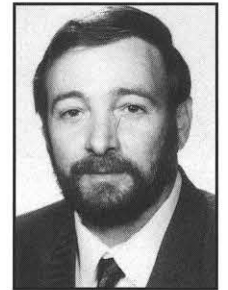
Gordon Parker
general services mgr.
GO-Roanoke
25 years



Don Harden
maint. mechanic
CPM
20 years



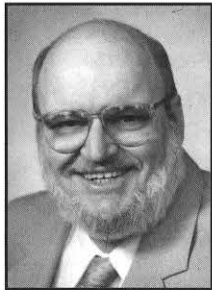
Herb Hall
unit supervisor
Kanawha River
20 years



Eddie Keen
maint. mech. A
John Amos
20 years



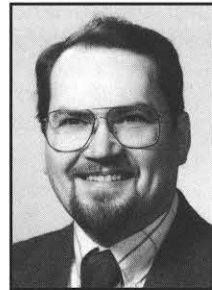
Debbie Bias
cust. serv. off. supv.
Logan
20 years



James Barrett
trans. equip. op.
GO-Bluefield
20 years



Joe Harris
perf. tech. sr.
John Amos
20 years



Bob Edwards
maintenance supv.
John Amos
20 years

Abingdon

15 years: **Melvin Leaman**, line mechanic B, Marion. **Randolph Forrester**, line mechanic A. 5 years: **Diana Heath**, T&D clerk C.

John Amos

20 years: **Jerry Stone**, control technician senior. **Rick Hundley**, control technician senior. **Baaron Lewis**, stores attendant. 15 years: **Tim Thomasson**, equipment operator B. **Bill Gibson**, maintenance mechanic A. **Chester Stone, Jr.**, maintenance mechanic B (LTD).

Beckley

10 years: **Teresa Wills**, stenographer. 5 years: **Stan Blanks**, line mechanic D. **Dave Catterlin**, line mechanic D.

Bluefield

15 years: **Keith Jennings**, station mechanic A.

Central Machine Shop

15 years: **Gerald Johns**, machinist 1st class. **David Painter**, welder 1st class. **Dwight Plumley**, welder 1st class. **James Eminger**, welder 1st class. **Gary Francisco**, welder 1st class.

Centralized Plant Maintenance

15 years: **Charlie Weaver**, maintenance supervisor. **Tim Poston**, maintenance mechanic. **Ray Harrison**, maintenance mechanic-welder. **Randy Bordenet**, maintenance mechanic-welder. 5 years: **Rey Pena**, maintenance mechanic. **Greg Wamsley**, maintenance mechanic. **Tom Brooks**, maintenance mechanic. **Gary Nelson**, maintenance mechanic. **Al Wassel**, maintenance mechanic. **John Dixon**, maintenance mechanic.

Charleston

15 years: **Regina Kent**, T&D clerk A, Montgomery. 5 years: **Dan Dooley**, building supervisor. **Scott Paul**, line mechanic C.

Clinch River

35 years: **Harold Garrett**, maintenance mechanic A. **Raymond Thompson**, instrument maintenance supervisor.

General Office

25 years: **Donald Carter**, transmission mechanic A (LTD), GO T&D Transmission, Abingdon. 15 years: **Beverly Brantley**, secretary-stenographer B, GO Accounting, Roanoke. **Jeanie Harlow**, telecommunications clerk A, GO T&D Telecommunications, Roanoke.

Glen Lyn

10 years: **Kevin Cottle**, maintenance mechanic C.

Huntington

15 years: **Larry Lucas**, meter reader. 5 years: **Robert Underwood**, line mechanic B.

Kingsport

15 years: **Janice Clark**, service clerk B. 5 years: **John Burchfield**, marketing and customer services advisor.

Logan-Williamson

10 years: **Ken Ooten**, meter reader, Williamson.

Lynchburg

5 years: **Ruthie McGinn**, customer services representative C.

Mountaineer

15 years: **Roger Clark**, maintenance supervisor.

Pulaski

10 years: **David Williams**, line mechanic A. **Mark Willard**, meter reader, Christiansburg. 5 years: **Joe Gardner**, electrical engineer I.

Roanoke

15 years: **Teddy Greer**, line mechanic A, Stuart.

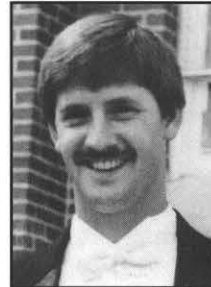
Philip Sporn

15 years: **Jill Knopp**, maintenance mechanic B. **David Stroud**, maintenance mechanic B. 10 years: **Larry Johnson**, control technician senior. □

Friends We'll Miss



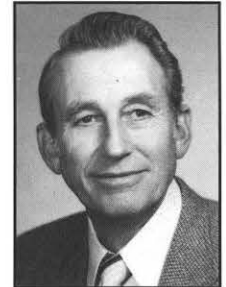
Staples



Coomes



Peck



Ellison



McAlpine

Glover Layton Staples, 77, retired Lynchburg general line supervisor, died February 15. A native of Amherst County, Va., he was employed in 1937 as a laborer and elected early retirement in 1978. Staples is survived by his wife Ellen, Medical Care Center, 2200 Landover Place, Lynchburg, Va.; one son; one daughter; four grandchildren; and three sisters.

Timothy Coomes, 30, Hillsville line mechanic B, died as the result of an automobile accident on February 22. A native of Galax, Va., he was hired in 1985 as a line mechanic D. Coomes is survived by his wife Cathy, Route 6, Box 322A, Galax, Va.; one son; one daughter; his parents; and two brothers.

Lewis Clark Peck, Jr., 87, retired Abingdon records supervisor, died March 9. A native of Bluefield, W. Va., he was employed in 1926 as a time-keeper and retired in 1970. Peck is survived by one sister.

Kyle Ellison, 68, retired Beckley line and station superintendent, died March 5. A native of Ballengee, W. Va., he began his career in 1947 as a laborer and retired in 1984. Ellison is survived by his wife Mildred, 110 Olympia Drive, Beckley, W. Va.; two sons; and one brother.

Louise Bennett McAlpine, 78, retired Kingsport residential advisor, died March 4. A native of Pelzer, S. C., she began her career in 1955 as a home economist and retired in 1979. McAlpine is survived by one son and two daughters. □

March blizzard leaves 71,000 AEP customers without power

The blizzard that pummeled the eastern United States on March 12-14 interrupted electric service to more than 71,000 AEP System customers, nearly half of them in Appalachian Power Company's service area.

Approximately 5,000 of Kingsport Power's 40,000 customers were without power at the height of the storm, as 18 to 20 inches of snow fell in the Kingsport area.

The entire Appalachian Power service area was blanketed with heavy snowfall, with accumulations ranging from 15 inches to more than two feet (including 28 inches at Beckley, W. Va.). The snow was accompanied by strong winds with gusts up to 50 mph.

By 8 a.m. on Saturday, March 13, more than 10,600 Appalachian customers in Virginia and more than 2,700 in West Virginia were without power. By 2 p.m. that afternoon, the number of West Virginia customers without service had been reduced to less than 900. However, conditions worsened in Virginia and, by 6 p.m., more than 31,000 customers were without power.

Restoration activities were hampered by deep snow and snow drifts. Many locations were inaccessible to company crews until snow plows or other heavy equipment cleared roadways. Road conditions also prevented contract crews from being called in to

assist until Monday. As a result, customer restoration proceeded slowly throughout the weekend.

Company crews had a lot of customer help during the megastorm. When APCo trucks were stuck in snowdrifts, residents helped dig them out. Customers also helped locate damaged lines when visibility was poor.

When one Roanoke Division employee was stuck for hours without radio communication, a man brought him a cellular telephone to call the dispatcher.

More than 30 crews from outside the normal division areas were at work Monday, March 15, to restore power, and all Appalachian customers were restored to service by midnight March 16.

The West Virginia Senate adopted a resolution introduced by Senator Truman Chafin of Mingo County commending Appalachian Power Company for service to its West Virginia consumers during the blizzard of 1993.

The resolution read, in part:

Whereas, The Appalachian Power Company conquered this severe winter storm of historic proportion by successfully providing electric service to its West Virginia consumers throughout the blizzard; and

Whereas, The Appalachian Power Company quickly repaired the tempo-

rary breaks in electrical service that resulted from the blizzard, thus preventing any of its consumers from becoming victims of the intense cold that existed at that time; and

Whereas, The employees of the Appalachian Power Company sacrificed their own comfort and safety to ensure the comfort and safety of their consumers; therefore, be it

Resolved by the Senate: That the Senate hereby commends the Appalachian Power Company and its employees for providing continuous and excellent service to its West Virginia consumers during the blizzard of 1993 . . .

Appalachian President Joe Vipperman comments, "I want to extend my personal thanks to each employee who helped restore and maintain service during the recent blizzard. Our customers depend upon a reliable supply of electricity, particularly during cold weather, but nature sometimes has other ideas — clearly demonstrated over the weekend of March 12. Because of your dedication and knowledge, we were able to overcome that adversity in a manner that has earned hundreds of compliments from those we serve. Best of all — you did it safely. "Our customers and your company salute you." □

ILLUMINATOR



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