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About the cover: Mac Simpkins, Bluefield line crew supervisor exempt, and his wife Karen are members of Washington Redskins Quarterback Mark Rypien's racing team. The cover photo of Mac was made at his first race. See story on pages 8 and 9.



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Ole Smokey's Beat

What If They Win?

Editor's note: Appalachian Power employees and representatives of the Coalition for Energy and Economic Revitalization (CEER) are trying to spread the word about the benefits that the proposed Oceana to Cloverdale 765 kilovolt (kV) line will provide to West Virginia and Virginia customers. This communication effort is often made more difficult by a seemingly endless number of factually incorrect published letters to newspaper editors and statements by opponents who are quoted in news accounts. Therefore, it is encouraging when influential news people, such as Welch Daily News Publisher W. A. "Tony" Johnson, take the time to become acquainted with the issues and to express the opinions formed by an understanding of them. The following editorial appeared on September 29, 1993.

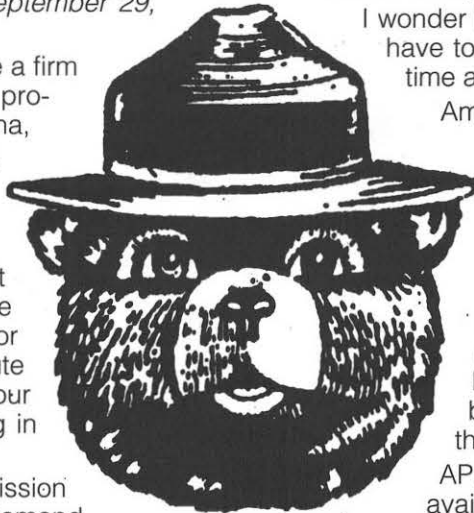
I don't know how many of you have a firm opinion on Appalachian Power's proposed 765 kV line between Oceana, WV, and Cloverdale, VA. However, with the aid of environmentalists, it has turned into a highly controversial issue.

Although the proposed route doesn't run through McDowell County, the line conceivably could have a major impact on our area. I believe the route north of here has made many of our citizens feel they don't have a dog in this fight.

As we all know, high voltage transmission lines crisscross our nation. As the demand for electricity grows, America's power companies must find practical and economical ways to assure adequate supplies. If demand exceeds supply in one area, it can trigger a domino effect of outages. This would typically occur on a very cold or very hot day. This is also something the public will not tolerate.

Part of the supply and demand solution lies in interlocking power grids laced across the country. It enables the immediate transfer of surplus power to areas in need. As demands grow and shift, so does the need to upgrade and modify sections of the grid. This is a brief description of what APCo's proposal is all about.

Still, environmentalists have done a very good job of organizing resistance to the line. They act as if this is the only one of its kind in the country. Among assorted propaganda, they have raised and relied on unsubstantiated health and environmental issues. In short, they claim this line will affect the health of people living nearby, and it will be an environmental disaster.



I don't pretend to be an expert on the subject. However, I don't believe there is any concrete evidence that electromagnetic fields from the thousands of miles of power lines crossing the nation present an unacceptable health risk. Likewise, I'm not aware of any of these lines causing an ecological or environmental disaster. The lines are simply necessary elements of power transmission. Remember, APCo did not pick the route. An independent joint study by VPI and WVU came up with the proposals.

Still, people living near the proposed route and politicians counting votes jumped on the band wagon. Their actions remind me of mob mentality, and the old saying about calling a dog bad until people want to kill it.

I wonder if we've set a precedent here. Will we have to run the environmental gauntlet every time a company wants to build or expand?

Among other assorted beliefs, I can't bring myself to believe that a large company such as APCo would propose and stand by an ill-conceived plan. Likewise, I'm sure they wouldn't spend millions for a line unless they need it.

Whatever the results may be, I can't recall a legitimate proposal by a large company getting kicked around so badly. And no one has advocated a better alternative. They're simply against the power line.

APCo's proposal could very well affect our available power supplies in the future. Also, if built, it could enhance the possibility of building power plants in the area.

As long as APCo is fair with property owners along the way, I can't bring myself to oppose the measure — even if it did receive a rough welcome by federal officials and regulatory agencies in West Virginia and Virginia. Also, I can't bring myself to side with environmentalists. Every time I hear the word I think of people that value the life of a tree more than the life of a human. Remember, these are people that think nothing of driving big spikes in trees, knowing the potential to maim and kill. The spikes cause high speed saw blades to explode the same as a bomb when the tree goes through a mill.

It'll be interesting to see if APCo ever receives permission to build the line and where the approved route goes. I'm afraid federal officials and state officials from West Virginia and Virginia may delay the project for years, then drive the price out of sight with restrictions and an impractical route. And that doesn't do a thing to meet our demands for electric power! □

AEP introduces pollution prevention program

This month the AEP Service Corporation is initiating a Systemwide, voluntary program designed to encourage employees to identify and put pollution prevention ideas to work on the job.

Environmental staff members at the Service Corporation have developed a model for locations Systemwide to use to initiate their own pollution prevention programs, including a position statement, a guide for how to begin, and a form for reporting success stories.

Operating company environmental staff members, who oversee their company's pollution prevention programs, will use meetings and presentations to provide managers and location program coordinators with the initial training and technical information they'll need for start-up.

"AEP sees great potential in encouraging voluntary approaches to deal with the many challenges that face us in attempting to balance environmental and economic concerns," said Dale E. Heydlauff, vice

president-environmental affairs. "To do this, we need the help of all employees to examine ways to reduce waste in our activities."

AEP's new program reflects a recent trend among environmental regulatory agencies to encourage industry, government, private citizens, and others to take voluntary action to reduce the adverse environmental impacts of their activities. One voluntary approach gaining broader acceptance and regulatory encouragement is a concept called pollution prevention, which is a deliberate effort to reduce the amount of waste generated. The movement is being driven in part by increased costs for managing and disposing of wastes and difficulty in siting and licensing disposal facilities or incinerators.

Many organizations have found that pollution prevention initiatives can save money, boost productivity, safeguard

workers, reduce liability, improve public image and protect the environment.

The AEP companies consider pollution prevention an ongoing effort, Heydlauff said, with employees' involvement and management's support crucial to success.

"We need to be creative and willing to challenge the status quo," Heydlauff said, "and to remember that some things are done because no one has ever questioned the practice before."

Managers of larger facilities, such as power plants and coal mines, are being asked to consider identifying an individual at each facility to act as pollution prevention coordinator. The coordinator can provide a focal point for facility employees to direct their pollu-

tion prevention ideas. "It should include the costs associated with production, handling and disposal."

The cost savings from successful pollution prevention programs can be considerable. They include reduced on-site waste-treatment costs; reduced transportation and disposal costs; reduced compliance costs for permits, monitoring and recordkeeping; lower risk of spills, accidents and emergencies; lower long-term environmental-liability costs; reduced costs for chemical purchases; and income from sold recycled waste.

Those waste streams whose potential for reduction appears promising will be selected for further study. Evaluators will consider

how wastes currently are being tracked, recorded, handled, disposed of and recycled or reused.

After selected waste streams have been targeted, location staff will examine source reduction and recycling/re-

use potential, in that order. Source reduction can be achieved through process modification, more efficient operating and management practices, product substitution (with an emphasis on reducing toxic-chemical use), and other efforts.

Recycling/reuse might include recycling containers, waste coolant, styrofoam packaging, corrugated cardboard, wood pallets, and scrap metal. Most facilities should include recycling paper and aluminum cans.

Evaluators will consider a variety of conditions, such as why certain chemical products are used, whether acceptable non-toxic substitutes are available, whether less material could be used, whether products can be reused or recycled, whether changes could be made to equipment to reduce energy requirements, and whether a change in preventive maintenance



PREVENTING POLLUTION

tion prevention ideas.

An important first step is an assessment of the various waste streams produced, including materials and processes that contribute to them. "Individuals directly involved in the facility's generation of waste, such as maintenance, material-handling and purchasing staff, often have valuable experience and insight helpful in identifying areas with potential for improvement," said Shahnoz "Nozi" F. Hamidi, engineer III in the Service Corporation's Environmental Engineering Division and coordinator of the Systemwide pollution prevention program.

After waste streams have been identified, by individuals or by group brainstorming, the next step is for locations to sort them by disposal costs, hazardous/non-hazardous content and volume.

"An evaluation of the full cost of waste



Kingsport Power recycles approximately 800 - 1,000 pounds of cardboard a month. Pictured dropping used cardboard into a container provided by Waste Management of Tri-Cities are, l. to r., Paul Miller, Jim McConnell, Dave McMurray, Tom Hensley, and Loren Phillips.

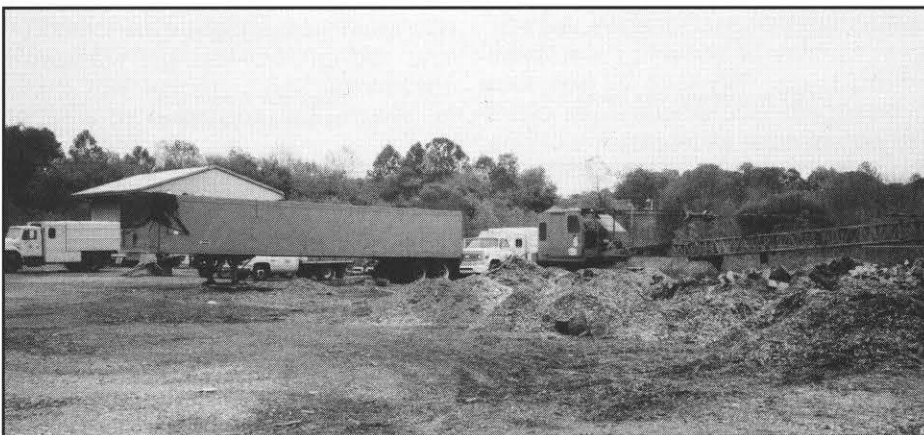
schedules would result in reduced material usage, pollutant generation or energy consumption, among other factors.

Next an implementation plan needs to be developed by those individuals who are involved with the process or with the materials that create the waste and by those who actually handle the wastes. If they need help evaluating pollution prevention ideas, they can work with their operating company's environmental affairs department or, in the case of Fuel Supply, with Fuel Supply Environmental Engineering. Service Corporation departments will contact the Environmental Engineering Division for assistance in evaluations. They also can seek input and guidance from experts in other support departments, such as engineering, purchasing, and safety.

After a pollution prevention initiative

has been demonstrated to be a success, location staff will submit their new approach on a form to the Environmental Engineering Division at the Service Corporation, which will communicate it to others. Periodically, the division will issue Systemwide updates of successful initiatives so that appropriate managers can apply the new practices to their work areas.

"Eliminating and minimizing waste at its source or finding ways to recycle are ideal waste-management methods," Heydlauff said. "A pollution prevention program is not a single initiative, but an essential component of a dynamic, effective environmental-management system. To successfully meet the rise of a new ethic of corporate responsibility toward the environment will require the efforts of all AEP employees working together." □



Earlier this year, Kingsport Power began sending wood chips, a by-product of its clearing process, to Jack Daniels Distillery in Lynchburg, Tenn. This method of disposal has proved to be economical and time-saving for the line crews. Approximately one tractor-trailer load of wood chips are transported from the Bartlett Tree Experts garage to the distillery per week.

Pollution prevention initiatives categories

Most pollution prevention initiatives fall into one of three categories:

- Source reduction — the elimination or substitution of processes that result in pollution or waste generation. These modifications can include substitution of products or materials.
- Waste minimization — technologies and approaches such as recovery, use, recycling, and reuse that minimize the production of waste and pollution or that convert them to beneficial use, thus avoiding disposal.
- Treatment and/or disposal — the appropriate treatment and disposal of wastes and pollutants that cannot be technically or economically eliminated, recycled or reused.

"Pollution prevention is not a new concept at AEP," said Dale E. Heydlauff, vice president-environmental affairs. "We have pursued pollution prevention in many of our past practices."

Heydlauff cited several examples. AEP's excellent generating-unit heat rates and efficient extra-high voltage transmission system, which both reduce fuel requirements, are prime examples of "source-reduction" pollution prevention initiatives, Heydlauff said. AEP's long-standing effort to find uses for the ash byproducts of coal combustion and AEP's reduction of low-level radioactive wastes by more than 70 percent in the last ten years represent major "waste-minimization" accomplishments.

"We create other waste streams in smaller quantities, however, that we have not uniformly addressed from a pollution prevention perspective," Heydlauff said. "Through this new program, AEP is encouraging employees to identify and implement initiatives that reduce wastes in a cost-effective manner." □

Low-NO_x burners installed at Glen Lyn Plant

Appalachian Power Company has installed new pollution control equipment at its Glen Lyn generating plant, Glen Lyn, Va. The equipment will reduce the emission of nitrogen oxides (NO_x) created in coal-fired boilers during the coal combustion process.

Twenty-four low-NO_x burners, supplied by Babcock and Wilcox Company, were retrofitted on the plant's 240-megawatt Unit 6 at a cost of \$5.9 million.

According to Glen Lyn Plant Manager Sandy Pennington, the plant already was in compliance with Phase I requirements of the 1990 Clean Air Act Amendments, which are to become effective January 1, 1995. "Hopefully, with this retrofit, no further work will be required to meet Phase 2 requirements," Pennington stated.

Low-NO_x burners feature a controlled-combustion fuel nozzle and newly-designed secondary air control registers. "These new burners are designed to stage the coal and air for combustion at lower flame temperatures. The burners actually slow the combustion process and, in doing so, reduce the formation of NO_x in the boilers," Pennington explained.

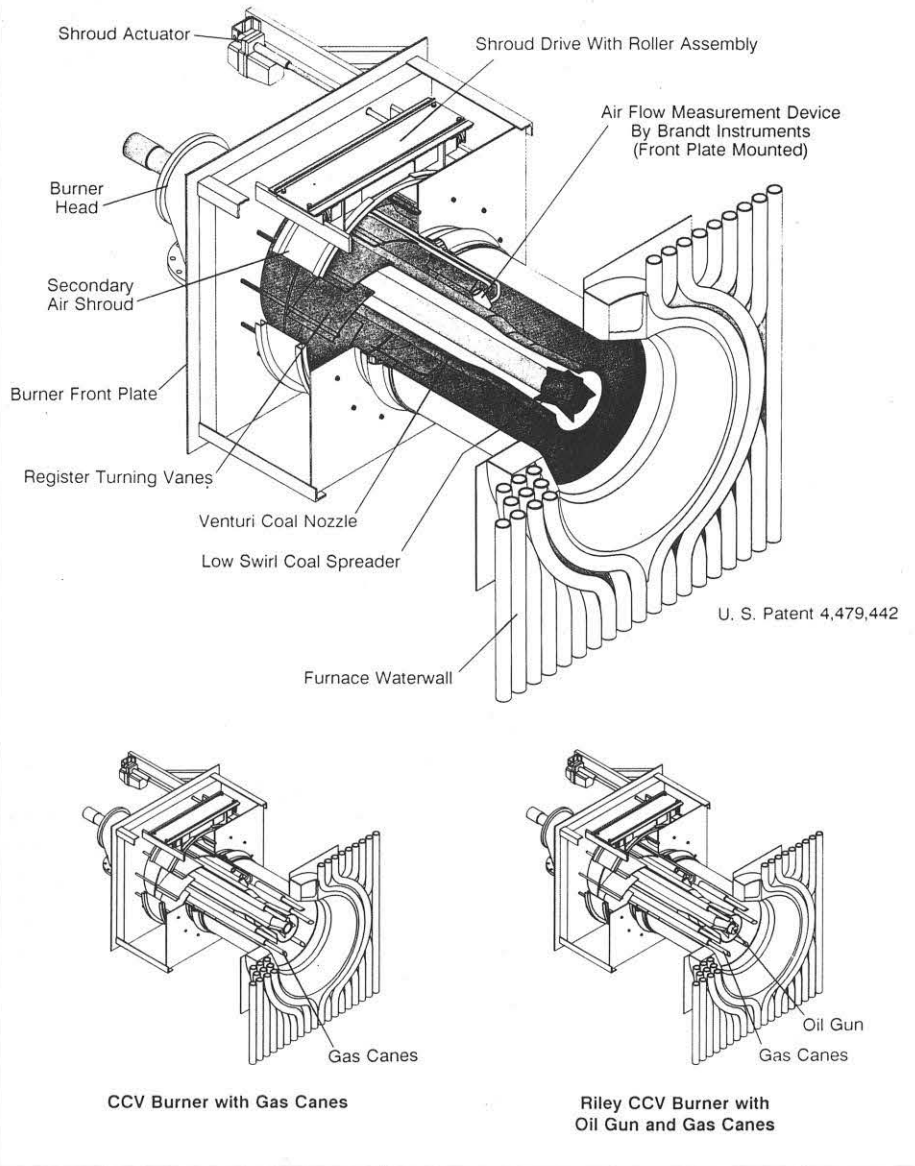
By the end of September, burner optimization work had begun to fine tune the system.

"Optimization involves adjusting the air and coal flow patterns to achieve desired flame stability with lowered NO_x formation," Pennington said. "The idea is to obtain the maximum reduction in NO_x emissions while maintaining the unit's efficiency."

In 1992, Unit 6 burned 411,516 tons of coal, all purchased from Southwest Virginia mines.

Units 1 and 2 of Appalachian Power's John E. Amos Plant near Charleston, W. Va., are scheduled for upgrades with 36 Foster-Wheeler burners during planned outages in 1994. Units 1 and 2 at the company's Kanawha River Plant, Montgomery, W. Va., are scheduled for low NO_x burner retrofits in 1997 and 1998. □

The Riley CCV[®] (Controlled Combustion Venturi) Burner With Model 90 Register



APCo, KPCo again sponsor Neighbor programs

Appalachian Power and Kingsport Power Companies again this year are sponsoring Neighbor-to-Neighbor programs to help people in crisis situations pay their winter electric bills.

Appalachian shareowners will match customer contributions up to \$37,500 each in Virginia and West Virginia. The disbursement of funds will be administered by the Virginia Department of Social Services and the West Virginia Department of Human Resources, which also determine eligibility of the recipients.

Kingsport Power shareowners will match contributions up to \$2,500. The Kingsport Area-Hawkins County Chapter of the American Red Cross will determine the eligibility of those who receive energy assistance, and the Kingsport Community Ministry will disburse the funds.

The power companies and the service agencies share the administrative costs of the program so that all funds go directly to help those in need.

Brochures describing the Neighbor-to-Neighbor program will be inserted in customers' electric bills from November through February. All contributions are tax deductible, and each donor will be mailed a receipt.

Over the past 11 years, more than \$2,342,951 has been raised through this program to help 38,714 families in Appalachian's service area. Kingsport Power's Neighbor-to-Neighbor program has helped 1,642 Tennessee families by donations of \$149,464 in seven years.

Deloitte & Touche again has volunteered its services to audit the Neighbor-to-Neighbor programs at their completion. □

Green Lights teams make progress in completing lighting surveys

Green Lights teams Systemwide have made progress in completing surveys and calculating potential energy and cost savings during AEP's first year in the five-year program.

Since AEP joined the U.S. EPA's Green Lights program in December 1992, teams at each of the operating companies, at the Service Corporation and at Fuel Supply have completed a combined total of 470 lighting surveys. Those surveys account for 19 percent of AEP's 2,500 locations in the program and 3.3 million square feet or 29 percent of the total square footage to be evaluated.

Harold "Hal" P. Powers, lighting programs coordinator, Marketing and Customer Services, and manager of AEP's Systemwide Green Lights program, is working with other AEP lighting, computer and financial specialists to determine the most efficient and appropriate method for analyzing the data collected by the lighting survey teams.

Enrollment set for Dependent Care Assistance Plan

During November all full-time employees are eligible for enrollment in the Dependent Care Assistance Plan for calendar year 1994.

The Dependent Care Assistance Plan enables employees to voluntarily direct part of their pay, on a pre-tax basis, into a special spending account and to subsequently receive non-taxable reimbursements for certain work-related dependent care expenses.

Enrollment cards and worksheets that can be used to estimate dependent care expenses are available in the Human Resources Department. Employees who participated in the plan in 1993 and who wish to continue in 1994, as well as those employees who wish to participate for the first time in 1994, must complete an enrollment card. All enrollment cards must be completed on or before November 30, 1993. □

According to U.S. EPA's guidelines, lighting upgrades are made only if "cost effective," which is defined as an internal rate of return of at least the prime interest rate plus six percentage points. Several methods are under consideration for deciding where upgrades would make economic sense. Once the best methodology is determined, lighting upgrades can begin.



In addition, staff in Marketing and Customer Services and Public Affairs Systemwide are using customer calls, correspondence, presentations and displays to encourage their companies' commercial and industrial customers to become Green Lights Partners.

Green Lights is a voluntary, corporate-leadership program that encourages the nationwide use of energy-efficient lighting. Since U.S. EPA launched Green Lights in 1991, 1,149 organizations have joined the program, including 64 utilities. □

A dream come true From racing fans to pit crew members

Mac and Karen Simpkins could be the envy of race fans everywhere. This year they are working as volunteer members of the pit crew for NASCAR Driver Chad Little of Washington Redskins Quarterback Mark Rypien's Racing Team.

Mac, Bluefield line crew supervisor exempt, explains, "About six years ago, I made a trip to Charlotte and went over to the track to see what was going on. It happened to be Goody's day, and I started loving it from that time on. Shortly after that I met Karen, and we bought memberships in the Charlotte Motor Speedway."

Since their marriage, the couple has spent all their vacation time around racing. While staying at the Hilton Hotel in Charlotte, they met Morey Little. "He asked Karen who her favorite driver was," Mac recalls, "and she told him Dale Earnhardt. I told him I really didn't have a favorite; but, if I did, I would pick an up-and-coming driver, perhaps Chad Little. I had no idea then that Chad was Morey's brother. Our friendship started developing from that point on. The fact that *Scene Magazine* had published a couple letters I had written about Chad and his potential didn't hurt either."

Mac continues, "At that time, Chad was driving for another team. Then, when he and Mark Rypien got together, they were looking for volunteers and asked if I wanted to help them out. From the beginning, I made it clear that I wouldn't be in it without Karen."

Mac became the gas man, refueling the car on pit stops, and Karen is a utility person.

"I have two 11-gallon cans," Mac says. "I don't always dump 22 gallons, but it is possible to dump the two cans in 14 seconds or less and I have done it in practice. I practiced using water because water weighs more than gas. Sometimes after work I would drive from Bluefield to Charlotte, practice, then turn around and drive home that night. I haven't done that in a while because we have been racing so much. But, if you want to do it, you have to



Mac Simpkins, center, can dump two 11-gallon cans of gas in 14 seconds or less.

work hard at it."

Karen notes, "The team is volunteer, and we're only there because we love it. I take care of the food for all the guys on the team, hand Chad water during the pit stop, do race times, and anything else I can to help."

Mac adds, "We feel so fortunate not only to be involved with the race team but with someone you like. Chad is a unique person, and we've become good friends with him and his wife. In fact, the two wives get along real well.

"The whole team is very positive, vibrant, and energetic. We all want to do well," Mac notes. "There are only four permanent employees, not including the driver and owner, and 12 volunteers. Fred Wanke, our crew chief, has been in racing about 30 years and has worked with some of the big name teams such as Ray Moch and Billy Hagan. He is the experienced leader and father of the whole team because, basically, the rest of us are young. We

all have jobs and volunteer for the race team on the weekends."

The Simpkins' first race was to be the Slick 50 300 on March 13 in Atlanta. That weekend will be remembered as when the Blizzard of '93 struck.

"The company needed me here, but I was stuck," Mac recalls. "And I happened to be in Dover, Delaware, when the big lightning storm came through. A few people asked how I know when things are going to happen around here so they can be away. I told them I feel bad about it, but I have no control over the weather!"

Mac adds, "After the Atlanta race was cancelled, everybody started trying to figure out how to get home. Greg Pollex, the team's car owner, felt it would be safer for everyone to stay and not try to make it home and get stranded. That day we spent a lot of quality time as a team. This was the volunteers' first race, and I didn't know a lot of the members personally."

Karen adds, "It was the best thing that ever happened to make the team jell. We probably learned more than we would have by actually running the race. It is a total team effort, and you have to know how the other individuals will react to certain situations. There are just so many things the race fan does not see that go on behind the scenes. Back when we were fans, the only things we saw were the car and the driver. We didn't understand all the things that went into just getting the car to the track."

Mac notes, "The team has made a good name for itself this year. We are respected. We finished seventh in the Champion Spark Plug 300 Race at Charlotte on May 29 and second in the Goodwrench 200 at Dover, Delaware, the following weekend. Then Chad returned out west to Monroe, Washington, and finished second in a Winston West Series race. After that we went for a period of five races when luck was not on our side. We didn't finish any of those races for various reasons — anything from inexpensive parts to being involved in a little crash in Michigan which ended our day. But on September 4 we finished third in the Busch Gatorade 200 in Darlington, S. C."

Mac continues, "One of the best weekends was when we flew to Loudon, N. H., and raced in a Busch Series race. We had a short day there due to trouble in the car's power plant, but it was a good weekend otherwise. What was odd was eating breakfast in Boston, Mass., and lunch in my office in Bluefield, W. Va."

He adds, "While at Raceway Park, Ind., we competed as a team in the Busch Series Pit Crew Championship. We finished first on base time but a lug nut penalty dropped us to fifth overall out of 34 competing teams."

"On October 9 and 10 we competed in the All Pro Auto Parts 300 and the Mellow Yellow 500 in Charlotte, finishing 14th on Saturday and 33rd on Sunday. Running the Winston Cup Races is quite different. The pressure is immense," Mac notes. "The next race, the Busch Series AC Delco 200, was at Rockingham, N. C. This was a very short day — it only lasted about three minutes. All the time spent to prepare, and it was over so quickly! I really hate it



Karen Simpkins poses with NASCAR Driver Chad Little.

ended that way for the guys at the shop who work so hard. Chad was moving well when he and another car got together. Chad ended up in the outside retaining wall, damaging the car beyond repair. It's five hours of travel to and from Charlotte/Rockingham, six hours of preparation before the race, and it was over in eight laps. That's hard, but that's racing. We will rebound," Mac says confidently.

The Slick 50 300 in Atlanta on November 13 will be the season finale for the team.

"The race drivers, as far as a community, are just unbelievable," Mac says. "They are very polite and take time to sign autographs because they understand this is what keeps the fans there. Mark Rypien is a positive influence. Naturally, he is the boss, but he's very polite and well mannered and just a nice person to be around. Meeting him was not like meeting a stranger. He has taken us out for a couple of dinners, and he's just as down to earth as the next guy. I am very much impressed with him, and he gives the race team good publicity. Once he actually got out of the motor home and passed a football around with the kids."

According to Mac, Charlotte is the home base for about 90 percent of the teams. "That's probably due to geographic location," he says. "The reason racing is of such interest around here is because we are in the racing belt. Now the interest is expanding across the country."

Mac says, "I am an instructor for under-

ground schools; and, in my travel around the company, I have found a lot of interest in racing. It's always my driver against your driver type of thing. Even at different service centers, employees have toy race cars of their favorite drivers around."

Mac points out that even though racing looks wide open and dangerous, the sanction body of NASCAR is very safety minded. "They always check into things, and make rules for safety. Those rules may slow the race cars down, but they are concerned for their people and don't want to have anybody hurt."

"When I got into racing, I thought it was great," Mac admits. "You live the life of Riley, but it is also hard work. You get up at 5 a.m. to be at the track by 7 and leave around 7 in the evening. While there, you put in a full day's work. At some of the bigger races, you spend two or three days like that. You're lucky if you can even walk out of the place."

Mac adds, "No matter what the temperature is, the heat on the track is tremendous. I sweat from the time I get there until I leave, but I have a smile on my face. In fact, my nickname is 'Drip' because I sweat so much. When you walk in the gate there is an energy — an electric feeling — because you know you're going to race."

Mac states, "I just feel very fortunate to have the opportunity to be a member of the pit crew and to work for a company that allows me to do it. I feel very fortunate in that I am doing something that many, many others would like to do. Some of it is due to luck, and some of it is due to the desire to do it. This could be a short term thing due to the increased schedule, but someday I want to be able to tell people I have actually competed in a professional sport."

Mac concludes, "I can understand what musicians mean when they say you have to play in all the small time bars to get your breaks. I think of all the evenings I drove from Bluefield to Charlotte just to practice and all my days off when I would go to Charlotte. But, if it ended tomorrow, I am happy and very pleased with what I have accomplished." □

Retirements



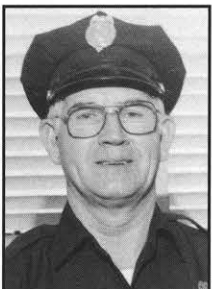
career on October 1.

"Appalachian is the best place I've ever worked," she said. "The people are wonderful, and the company offers a good salary and good benefits. I'll miss everybody but I'll be back to visit."

Jean continued, "I never expected to be retiring at this point in time; but, the company's good benefits made it possible. My father is in a nursing home, and my mother is not well. For the last two years I have tried to take care of them both, and it had gotten to be more than I could handle. Now I'll have time to see dad more often and do things with mom while she is still able. My first trip with her will be to Myrtle Beach."

Shortly before retiring, Jean visited her daughter, who works with AT&T in Thailand.

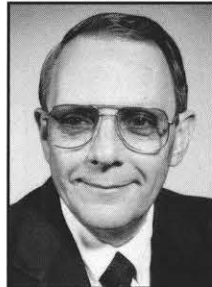
Jean concluded, "I've had several offers for part-time jobs. I may do that later on, but now I want to enjoy my parents as long as they are with me." □



After a year on long term disability leave, **R. C. Chafin**, Clinch River plant guard, officially retired on October 1.

R. C. worked for Sollitt Construction Company while the plant was being built, then hired on as a plant janitor in 1958. "I decided I would like to have a job with the power company because it was about the only good employer around in this part of the country," he recalled. "Appalachian has been a good company to work for, and I always felt like I was treated right."

R. C. and his wife Shirley have one son, one daughter, and four grandchildren. He attends Flat Rock Community Church and enjoys working around the house and in his flower garden. □



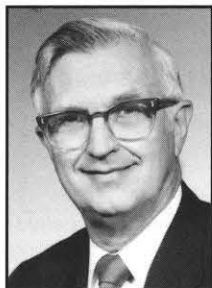
Herb Sayre, regional dispatcher, Tri-State Regional Dispatch Center, Huntington, elected early retirement on November 1 after 37 years' service.

Herb said, "I'll miss working, but I won't miss the stress for sure. It was a privilege to be able to have a job with the power company. We have great people — they're more like family."

Among the more memorable events of his career, Herb said, "was the time we lost all Pikeville Division when I was on duty. There was some planned switching going on, but things went awry. The board lit up like a Christmas tree!"

A native of Point Pleasant, W. Va., Herb noted that he "grew up with the power company. I saw Sporn Plant being built," he recalled. "My parents had a 14-room home and opened up a boarding house. A lot of the (APCo) old timers stayed with us."

Herb and his wife Barbara have a daughter and granddaughter in Georgia. "We'll spend some time there," he said, "and at our cabin in the eastern part of West Virginia." A member of the Laywell Church of Christ in Hurricane, Herb enjoys hunting, fishing, and playing golf. □



After working in the same basic department for 44 years, it's hard for me to just walk away, but it's time," said Beckley Marketing and Customer Services Supervisor **Bob Loudermilk**, who elected early retirement on November 1.

Bob, who completed a two-year technical course at West Virginia Tech, began his career in 1949 as a rural sales representative B in Charleston. "I worked with the Engineering Department in securing easements and rights-of-way for rural line extension," he recalled. "At that time we were promoting electric appliances pretty heavily, and we used to have quite a lot of range demonstrations. The company was still selling Hotpoint appliances when I came to work."

During the Korean War, Bob spent two years in Japan. "I enjoyed that because I got to see a lot of the country," he noted.

"During the 50s, I worked with architects, engineers, and customers in promoting the use of electric heat and electric heat pumps," Bob said. "I remember that during a meeting we speculated which division would be the first to reach 1 percent saturation of heating installations. Now the company average is 40 percent. One of the biggest challenges was to overcome the public's misconception that gas was cheaper and better."

Bob said that one of the most interesting aspects of his job since transferring to Beckley in 1960 was working with the developers of the many shopping centers which have been constructed.

Bob's plans for retirement are "to enjoy my family and grandchildren, play golf, and relax. I will continue to be active in the United Methodist Temple, and I may rekindle my interest in collecting stamps."

Bob and his wife Marie have one son, two daughters, and two grandchildren. He currently is a member of the West Virginia Home Builders Association and has served on the organization's state board of directors. □

Promotions

David Thompson, environmental specialist II, was promoted to chemist senior at Mountaineer Plant on September 1. He holds a bachelor of science degree in biological science from Marshall University.

Charlie Campbell, hydro mechanic A, was promoted to hydro crew supervisor nonexempt, Kanawha Valley Power, Marmet, on August 7.

Tom Wiseman, Huntington energy services supervisor, was promoted to assistant marketing and customer services manager in Beckley on November 1. He will become marketing and customer services manager on February 1. A registered professional engineer, he holds a bachelor of science degree in electrical engineering from the West Virginia Institute of Technology and a master's degree in business administration from the West Virginia College of Graduate Studies.

Margie Cahill, marketing and customer services associate, was promoted to marketing and customer services coordinator, GO Marketing and Customer Services, Roanoke, on August 1. She holds a bachelor of science degree in home economics from Madison University.

Buddy Umberger, distribution coordinator, was promoted to T&D equipment and procedures coordinator, GO T&D Distribution, Roanoke, on June 1.

Bobby Harvey, station construction representative, was promoted to station construction representative senior, GO T&D Station, Bluefield, on May 1. He holds an associate of science degree in civil engineering from Bluefield State College.

Bluefield

David Ratliff from energy services engineer III to energy services engineer II.

Centralized Plant Maintenance

Jackie Scott, Jr. from maintenance mechanic to maintenance mechanic-welder.

Brett Slaven from maintenance mechanic to maintenance mechanic-welder.

Tim Zerkle from maintenance mechanic to maintenance mechanic-welder.



Thompson



Campbell



Wiseman



Cahill

Charleston

Dan Cowan from electrical engineer III to electrical engineer II.

Becky Tenney from electrical engineer III to electrical engineer II.

Bill Daily from line mechanic D to line mechanic C.

Rick Cobb from line mechanic D to line mechanic C.

General Office

Kathy Simmons from centralized cash operator-intermediate to centralized cash operator senior, GO Accounting, Roanoke.

Mary Ellen Hale from human resources clerk B to human resources clerk A, GO Human Resources, Roanoke.

Steve Flack from drafter C to computer graphics technician A, GO T&D Engineering Graphics, Roanoke.

Jeff Rawlings from transmission station mechanic C to transmission station mechanic B, GO T&D Station, Roanoke.

Chet Cole from transmission station mechanic C to transmission station mechanic B, GO T&D Station, Kenova.

Mike Brown from environmental specialist III to environmental specialist II, GO Environmental Affairs, Roanoke.

Ronnie Journette from meter electrician B-GO to meter electrician A-GO, GO T&D Measurements, Roanoke.

Michael Wray from transmission station mechanic B to transmission station mechanic A, GO T&D Station, Roanoke.

Glen Lyn

Teresa Bowles from equipment operator B to equipment operator A.

Rickie Charlton from equipment operator C to equipment operator B.

Huntington

Patrick Lawrence from departmental assistant-marketing and customer services to marketing and customer services advisor, Point Pleasant.

Nancy Turley from customer services representative D to customer services representative C.

Kanawha River

Tom Cooper from coal equipment operator to crane operator.

Gary Williams from barge handler to coal equipment operator.

John Conn from coal handler to barge handler.

Wilmer Boggess from instrument mechanic B to instrument mechanic A.

Bill Burgess from instrument mechanic C to instrument mechanic B.

Kingsport

Deborah Skelton from T&D clerk C to T&D clerk B.

Lynchburg

Ronnie Cooke from engineering technician to engineering technician senior.

Mountaineer

Mike Keller from equipment operator C to equipment operator B.

Larry Howell from utility worker to equipment operator C.

Pulaski

Danny Dickerson from station mechanic C to station mechanic B.

Regina Lowman from customer services representative B to customer services representative A, Galax.

Philip Sporn

Jane Little from equipment operator B to equipment operator A.

Jerry Davis from equipment operator B to equipment operator A.

Robert Taylor from equipment operator C to equipment operator B.

Roger Winebrenner from equipment operator C to equipment operator B. □

Who's News

Huntington

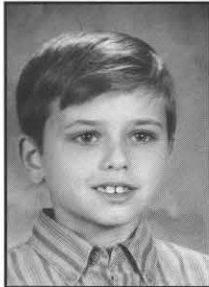


Elouise Baker, customer services representative A, was elected president of the Cammack Middle School PTA for the 1993-94 school year. She will be active in Family and

Community Involvement workshops during her term.



Becky



Adam

Becky Wandling captured second place in the Mason County Girls Softball League. She placed first for her age group in the state and regionals track and field division. She also placed first in the 440 relay in both areas.

Adam Watson placed second in the Willie Mayes Tournament in Mason County, second in the Mason County Little Men's League in baseball, third in the Mason Midget League in wrestling (60 lb. category), and fifth in the Mason County Early Bird Wrestling Tournament. Becky and Adam, students at Ordance Grade School, are the children of Point Pleasant Meter Reader Bobby Watson.



Mike Fotos, T&D superintendent, was named Lion of the Year by the Huntington Host Lions Club. During his 20-year membership, he has been president, secretary, and member of the

board of directors. This year he was chairman of the club's major fund raising event, the "Continental Evening" dinner and dance. □

APCo volunteers man Festival booths



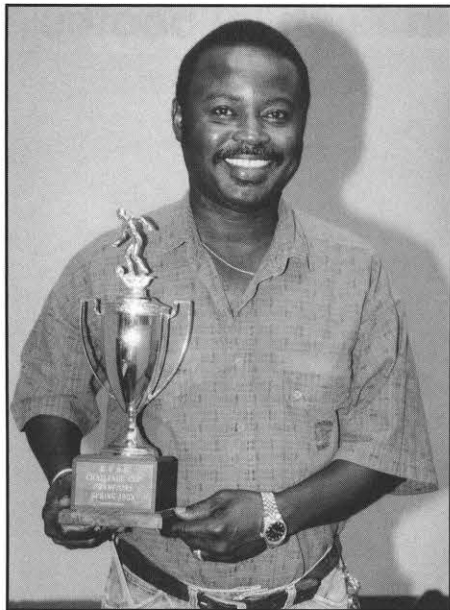
Fourteen volunteers from Appalachian Power's General Office and Roanoke Division manned two booths during the 5th Annual Roanoke Railway Festival sponsored by Downtown Roanoke, Inc., last month. They sold soft drinks, T-shirts, and posters for the event. Pictured above are Ella Edwards, customer services clerk A (right), and Bob Wagner, marketing and customer services manager.

Abingdon employees show they care



During the Washington County United Way's Day of Caring, Abingdon employees volunteered at the Therapeutic Riding Center for the Handicapped and with Little Brothers/Little Sisters. Pictured, l. to r., are Fred Fullen, Steve Scyphers, Debra Kiser, John Griffith, Robert Atkins, John Henderson, and Dan Harton.

General Office



John Doherty, senior custodian, GO General Services, Roanoke, played center forward for the Liverpool soccer team which won the Roanoke Valley Soccer League challenge cup championship.

Edwina Johnson is the Commonwealth of Virginia winner of the Heart of Program Award for School Food Service Employees. The wife of Bob Johnson, property representative A, GO Land Management, Roanoke, Edwina has been employed by Northside High School for 25 years.

Mark Dooley, relay specialist senior, GO T&D Relay, Roanoke, was awarded a Virginia Big Game Trophy certificate for bagging an 11 point white tail deer which scored 174 5/8 points, qualifying it for state trophy recognition. □

Abingdon

Kevin, son of Marion Meter Reader Gary Stotts, won the fourth annual Health and Fitness 5 Miler race in Abingdon. Kevin also was director for the annual Labor Day race at East Tennessee State University, where he is pursuing a master's degree and assisting with the university's intramural sports.

Joy Cooper played right center field for The Electras softball team, which won the 1993 Tennessee USSSA state championship. The team, one of 39 participating in the state tournament, went undefeated. Joy is the wife of Randy Cooper, marketing and customer services advisor. □

Kanawha River

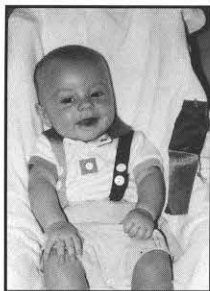
Utility Supervisor **George Williamson** was named club champion for capturing first place in the Hawks Nest Country Club Golf Tournament with a three-day total of 218. □

Lynchburg



Frank McPhatter, left, was awarded a plaque at the 20th Virginia Ten Miler for being one of five runners to participate in and finish all 20 races. He is the husband of Junior Stenographer Nancy McPhatter. □

Mountaineer

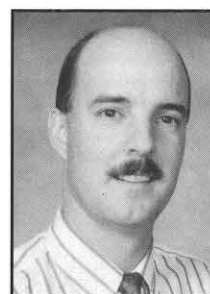


Brian Joe, son of Alice Weiss, plant clerk B, won first place in the 3- to 6-month class of the pretty baby contest at the Mason County Fair.

Winners of the Mountaineer golf tournament, held at Riverside Golf Course, Mason, W. Va., were: 1st place, \$140 - **Don Hunnel**, plant office supervisor; **Bill Hosaflook**, training coordinator; **Tom Woods**, brother of Ted Woods; and **Smitty Jarrell**, maintenance supervisor. 2nd place, \$100 - **Ted Woods**, maintenance mechanic A; **Kenny Williams**, maintenance mechanic B; **Mike Trent**, maintenance

mechanic B, and his wife **Becky**. 3rd place, \$60 - **Ron Quillen**, maintenance supervisor, and his son **Jason**; **Mike Ralbusky**, maintenance mechanic A; and **Jerry Davison**, guest. Last place, \$40 - **Jim Gress**, maintenance supervisor; **Tim Taylor**, maintenance mechanic B; **Don Roush**, stores supervisor; and **Ron Neal**, operations superintendent. □

Pulaski



Steve Knowles, Christiansburg marketing and customer services representative, is serving a one-year term as president of the Kiwanis Club of Christiansburg.

Power Engineer

Jim Alouf is serving on the board of directors of the Pulaski County United Way for the 1993-94 campaign. Power Engineer **David Bennett** is co-chairman of the Major Firms Division, assisted by Power Engineer **Jon Fitzwater** and Administrative Assistant **Glenda Wohlford**. □

Roanoke



Curtis, son of Janet Craighead, meter electrician A, played for the Premiums baseball team which came in first in the Montgomery District Junior League.

Spec. Todd Gavin has been chosen to join the U. N. Peacekeeping Forces deployed to the former Yugoslavia. An Army combat journalist, Todd delivers press coverage of U. S. military activity in Croatia, Sarajevo, and Macedonia as part of Operation Provide Promise. His duties include traveling throughout the country to interview and photograph American soldiers, attending weekly press conferences, and escorting media through the American compounds. His home base is Vicenza, Italy,

where he is the assistant editor of a newspaper serving all U. S. Army personnel assigned in Italy. Todd is the son of Ed Gavin, Fieldale power engineer. □

Beckley



Cindy, daughter of Records Supervisor Paula Goddard, was one of two students chosen to participate in West Virginia University's Study Abroad Program. This semester she is attending the University of Ulster in Coleraine, North Ireland. A junior at WVU, Cindy is majoring in English with a minor in political science.

David Ransom, engineering technician senior, took third place in the championship flight at the Greenbrier Hills Country Club with a two-day total of 146. Retiree **Sam Williams** took first place in the 2nd flight.

Thirty-one employees and guests participated in Beckley Division's golf tournament at Grandview Country Club. The winners were: **David Ransom**, low gross (79); **Greg Shamblin**, runner-up (90); **Tom Almond**, low net (63); **Wes Walker**, runner-up (67); **Satch Howard**, closest to pin; **Evelyn Martin**, longest drive; and **Bob Loudermilk**, most improved. □

Courtney loaned to United Way



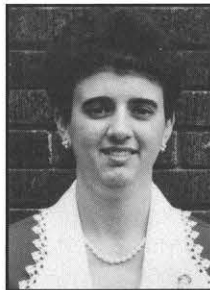
Deborah Courtney, Lynchburg energy services engineer II, is serving as a loaned executive to the United Way of Central Virginia during the 1993 fund raising campaign. □

Beckley raises \$916 for heart fund



A team of Appalachian Power employees raised \$916.24 during the Southern West Virginia American Heart Walk in Beckley. Liz Nixon led the team with \$207.24.

Bluefield



Lynn Ratliff, who graduated magna cum laude from the Medical College of Virginia with an associate in science degree in radiologic technology, was the recipient of the E. R. Squibb

Award, given to one student who has achieved excellence in academics and clinical performance. In addition to receiving a personal plaque, Lynn will be recognized by a permanent plaque engraved with her name and displayed at the school. She is the daughter of John Ratliff, Grundy line crew supervisor NE.

Ben Donevant, human resources supervisor; **Jim Vance**, supervising drafter; **Wanda Davidson**, wife of John Davidson, record supervisor; and Retirees **Mary Kirby** and **Frances Keller** assisted with the annual Muscular Dystrophy Association telethon in Bluefield.

Larry Jeffries, stores attendant B, and his wife **Belinda** are members of Bluefield's East End Concerned Citizens organization, which worked this summer to improve the East End neighborhood.

Human Resources Supervisor **Ben Donevant**, president of the Bluefield Lions Club, spearheaded the Mercer

Aviation Days air show at the Mercer County Airport. The event raised money for the club's sight conservation program.

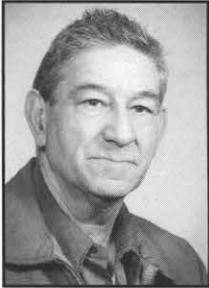
John Coleman II, line crew supervisor NE, preached his initial sermon in September at the Union Missionary Baptist Church, Bluefield. □

Wed 50 years



Archie and Mary Searls celebrated their 50th wedding anniversary on August 28 with a surprise reception given by their children at the Chelyan United Methodist Church, Chelyvan, W. Va. Archie is a retired maintenance mechanic at Kanawha River Plant. The Searls have three children, six grandchildren, and four great-grandchildren.

Friends We'll Miss



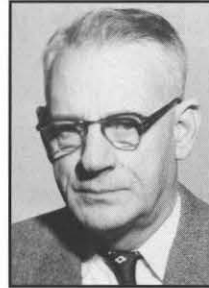
Milam



Hiner



Jones



Lewis



Stratton

Virgil Milam, 71, retired Welch custodian, died October 7. A native of Maitland, W. Va., he was employed in 1957 and elected early retirement in 1983. Milam is survived by one brother.

Thelma Hiner, 81, retired customer record clerk senior, GO Accounting, Roanoke, died September 22. A native of Danville, Va., she was hired in 1935 as a clerk and elected early disability retirement in 1964.

Willie Mae Jones, 79, retired Wytheville cook, died October 20. A native of Wythe County, Va., she joined Appalachian in 1968 as a maid and retired in 1990. Jones is survived by one daughter, one grandson, and one step-sister.

French Homer Lewis, 95, retired system chief operations coordinator, Appalachian Operations Center, Roanoke, died September 12. A native of Alder-

son, W. Va., he began his career in 1921 as a switchboard operator in System Operations, Charleston, and retired in 1963. Lewis is survived by his wife Peg, 2710 Fawn Road, Roanoke, Va.; two grandchildren; and three great-grandchildren.

William Henry Stratton, 92, retired Williamson district line and station supervisor, died October 15. A native of Johns Creek, Ky., he first worked for the Kentucky and West Virginia Power Company in construction. He began permanent employment in 1927 in the Pikeville District and elected early retirement in 1961. Stratton is survived by three daughters, one son, 11 grandchildren, 19 great-grandchildren, 4 great-great-grandchildren, and one sister. □

Service

(continued from page 19)

Huntington

15 years: **Art Pugh**, stores attendant A, Point Pleasant. 5 years: **Becky Cummings**, customer services representative C. **Brian Stevens**, engineering technician. **Polly Given**, T&D clerk C (LTD).

Kanawha River

15 years: **Geraldine Pack**, equipment operator A.

Kingsport

15 years: **David Greear**, meter electrician A.

Mountaineer

15 years: **Randy Crawford**, unit supervisor. 5 years: **Dave Parsons**, coal handler. **Connie Romine**, utility worker. **Tony Sayre**, utility worker.

Roanoke

5 years: **Ralph Foley**, custodian, Fieldale. **Charles Gatrell**, engineering technician. **Phillip Farmer**, line mechanic C. **Herman Miller**, line mechanic C.

Philip Sporn

20 years: **David Rutherford**, maintenance mechanic B. **Jim Cotterill**, maintenance mechanic A. **Joseph Thompson**, maintenance supervisor. **Douglas Bryant**, maintenance mechanic A. **Stephen Fraley**, unit supervisor. **Don Reed**, assistant shift operating engineer. **Tony Spradlin**, control technician senior. **Charles Flowers, Jr.**, yard superintendent. **Gilbert Craig**, utility supervisor. 15 years: **Steven Mace**, maintenance mechanic A. **Pat Soulsby**, equipment operator A. 10 years: **Matthew Miller**, maintenance mechanic B. 5 years: **David Miller**, maintenance mechanic B. **David Carpenter**, maintenance mechanic C. **Steven Kinzel**, maintenance mechanic C. **Robert Dolin**, maintenance mechanic C. **Kevin Divincenzo**, maintenance mechanic C. **Loren Neal**, equipment operator C. **Donald Hoffman**, equipment operator C. **Randall Lavender**, barge handler. □

GO Accounting celebrates 3 safe years



Employees in General Office Accounting, Roanoke, were treated to a buffet luncheon in recognition of their having worked three years without a disabling injury as of August 20.

Weddings

Beagle-Bowman



Gloria Bowman, Roanoke marketing and customer services representative B, to **Ben Beagle**, Roanoke engineering technologist supervisor, September 4.

Smith-Brinn



Kimberly Brinn, Lynchburg T&D clerk B, to **Dennis Smith, Jr.**, Lynchburg engineering technician senior, September 25.

Brewer-Lockwood



Kimberly Lockwood to **Shannon Brewer**, August 13. Shannon is the son of Bill Brewer, Pulaski line construction and maintenance representative.

Lambert-Spears



Shirley Spears to **John Lambert**, Point Pleasant area service restorer, September 1.

Dillon-Westmoreland



Amy Suzanne Westmoreland to Brad Dillon, September 11. Amy is the daughter of Sonny Westmoreland, Galax line crew supervisor NE.

Lamotta-Martin



Julie Elizabeth Martin to John Christopher Lamotta, August 28. Julie is the daughter of Jerry Martin, Charleston station crew supervisor.

Jacobs-Scicchitano

Kathy Scicchitano, Roanoke engineering technician, to **Doug Jacobs**, Roanoke station mechanic C, September 4.

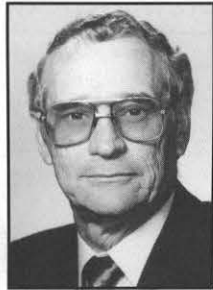
Cook-Fox

Belinda Fox, Bluefield customer services representative C, to Gregory Cook, September 17. □

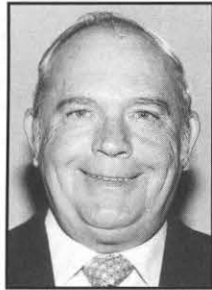
Service Anniversaries



Bill Angelo
reg. chief disp.
GO-Charleston
40 years



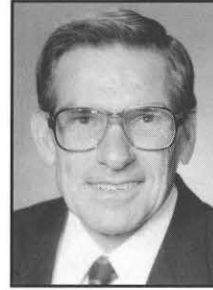
Ron Wentz
asst. plant mgr.
Clinch River
40 years



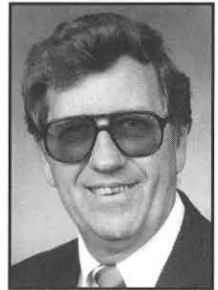
Jim Reynolds
sta. crew supv. (LTD)
Bluefield
35 years



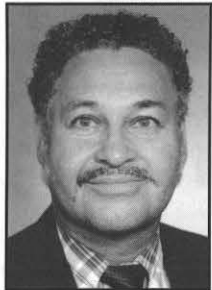
Glenn Reynolds
M&CS director
GO-Roanoke
35 years



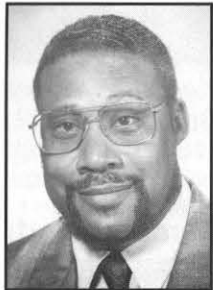
Jim Gregory
op. eng. supt.
GO-Roanoke
35 years



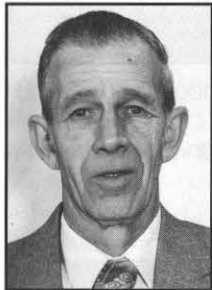
Sam Hylton, Jr.
line con. & maint. rep.
Grundy
35 years



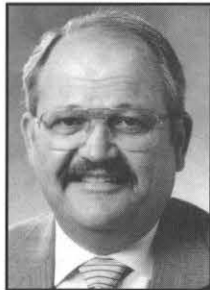
James Board
head custodian
GO-Roanoke
30 years



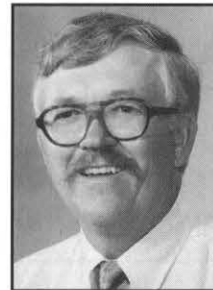
John Smith
gen. line crew supv.
Charleston
30 years



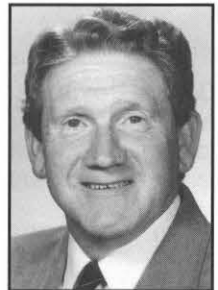
Stanley Meadows
yard superintendent
Glen Lyn
25 years



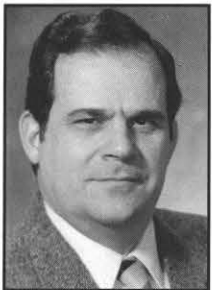
Eddie Glover, Jr.
gen. line crew supv.
Roanoke
25 years



Basil Ballard
line mechanic A
Abingdon
25 years



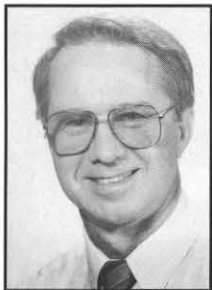
Ty Shorter
maint. supervisor
John Amos
25 years



Robert Bowen
plant eng. sr.
Kanawha River
25 years



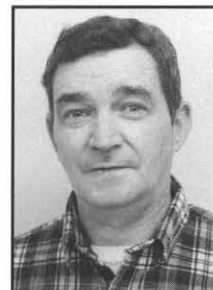
John Bussey
meter elec. A
Fieldale
25 years



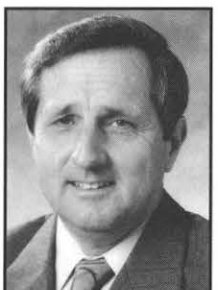
Eddie Richards
gen. line crew supv.
Charleston
25 years



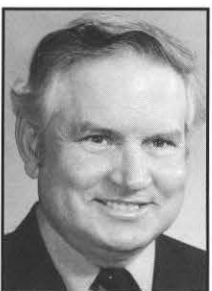
Norma Hankins
cust. serv. off. supv.
Tazewell
25 years



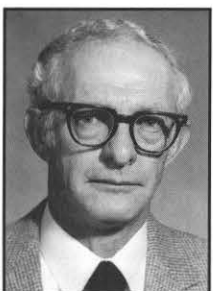
Gene King
equip. op. A
Philip Sporn
25 years



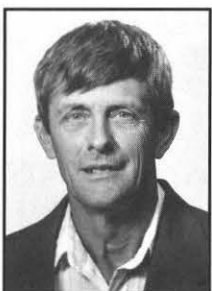
James Mills
customer servicer
Roanoke
25 years



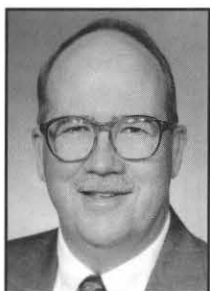
Marvin Monroe
line crew supv.
Gate City
25 years



Earl Henry
outage coordinator
Philip Sporn
25 years



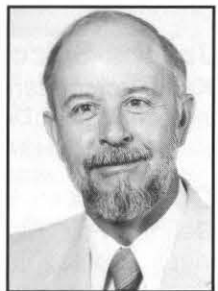
Jim Bush
line crew supv. NE
Ripley
25 years



Scott McDonald
hydro maint. supt.
GO-Roanoke
25 years



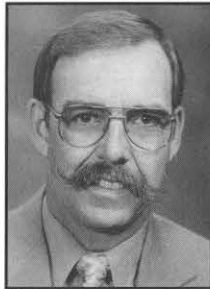
Paulette Sain
gen. rec. clk. A
GO-Roanoke
25 years



Omar Priddy, Jr.
station mechanic A
Charleston
25 years



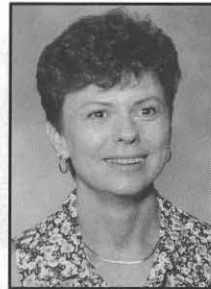
Mackie Mullins
unit supervisor
Glen Lyn
25 years



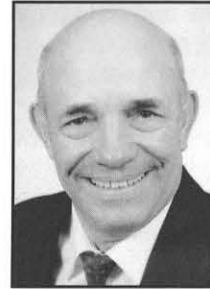
Kenith Dawson
line crew supv. NE
Christiansburg
25 years



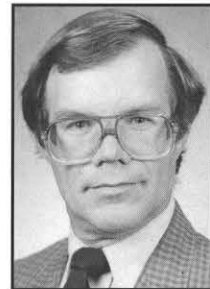
Charlie Justice
hydro mechanic B
Kanawha Valley Power
25 years



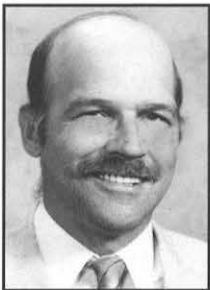
Kathy Clark
cust. serv. rep. A
Fieldale
20 years



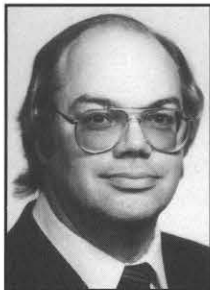
Denzil Rhodes
maint. mech. A
Philip Sporn
20 years



Roger Stearns
control technician sr.
Mountaineer
20 years



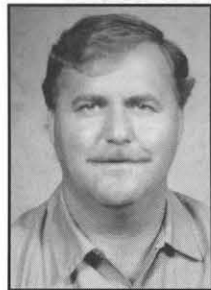
Larry Davison
maint. mech.-welder
CPM
20 years



Cody Engle
perf. tech. sr.
John Amos
20 years



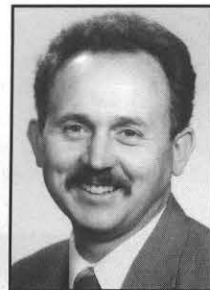
Darwin Gamble
collector
Kingsport
20 years



Charles Burnett
hydro mechanic A
GO-Roanoke
20 years



Ronnie Sergent
maint. supervisor
John Amos
20 years



Tom Tucker
maint. mech. A
John Amos
20 years



Roger Sizemore
meter electrician A
Huntington
20 years

Abingdon

5 years: **Jeffery Cahill**, marketing and customer services advisor, Marion.

John Amos

20 years: **Dempsey Casto**, coal equipment operator (LTD). 15 years: **David Kellar**, maintenance mechanic B. **Daniel Pauley**, maintenance mechanic C. **Steve Deahl**, maintenance mechanic A. **David Haynes**, maintenance mechanic A. **Roger Halstead**, maintenance mechanic A. **James Dabney, II**, maintenance mechanic B. 10 years: **Harold Bennett**, equipment operator C.

Beckley

10 years: **Jim Linkswiler**, line crew supervisor, Rainelle. 5 years: **Casey Smith**, line mechanic B, Rainelle.

Bluefield

15 years: **Mike Wallace**, collector. **Dave Lawless**, stores attendant A. 10 years: **Eddie Spence**, automotive mechanic A.

Central Machine Shop

15 years: **Doug Currence**, welder 1st class. **Paul Dingess**, production superintendent. 10 years: **Ruby King**, plant clerk B.

Centralized Plant Maintenance

15 years: **Tim Wamsley**, maintenance supervisor. 10 years: **Mike Blaine**, maintenance mechanic-welder.

Charleston

15 years: **Anthony Sword**, line mechanic A. **Patricia Chapman**, customer services representative A, St. Albans. 5 years: **Elisa Russell**, customer services representative C. **Marcia Summers**, customer services representative C.

Clinch River

10 years: **James Puckett, Jr.**, maintenance mechanic C. 5 years: **Lance Cook**, plant engineering technologist I.

General Office

30 years: **Sue Caywood**, payroll clerk A, GO Accounting, Roanoke. 15 years: **Danny Sanders**, transmission station mechanic A, GO T&D Station, Kenova. **Ernest Perdue**, transmission station mechanic A, GO T&D Station, Roanoke. **John Bush**, transmission station mechanic A, GO T&D Station, Roanoke. **Tom Blanding**, engineer senior, GO T&D Distribution, Roanoke. **Randy Jones**, transmission station mechanic A, GO T&D Station, Marmet. **Gene Davis**, engineering technician senior, GO T&D Telecommunications, Bluefield. **Jackie Coleman**, transmission station mechanic A, GO T&D Station, Marmet. **Bob Stover**, transmission station mechanic A, GO T&D Station, Marmet. **Awana Patrick**, senior data entry operator, GO Accounting, Roanoke. **Tim Jividen**, regional chief operator, System Operation, Fieldale. **Grover Conner**, engineering technologist I, GO T&D Measurements, Roanoke. 10 years: **Blaine Hypes**, transmission equipment operator senior, GO T&D Transmission, Bluefield. 5 years: **Linard Moore**, hydro mechanic B. GO Hydro, Roanoke. **Donald Reeves**, transmission mechanic B, GO T&D Transmission, Kenova. **Randy English**, building construction and maintenance superintendent, GO General Services, Roanoke. **Claudia Banner**, engineer II, GO Environmental Affairs, Roanoke. 5 years: **Charles Powell**, engineer I, GO T&D Telecommunications, Bluefield.

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POWER PEOPLE

Amos team participates in Charleston Corporate Cup

Thirty-two employees of the John Amos Plant participated in the 8th Annual YMCA Corporate Cup competition in Charleston. The event promotes community wide interest and involvement in fitness and health activities.

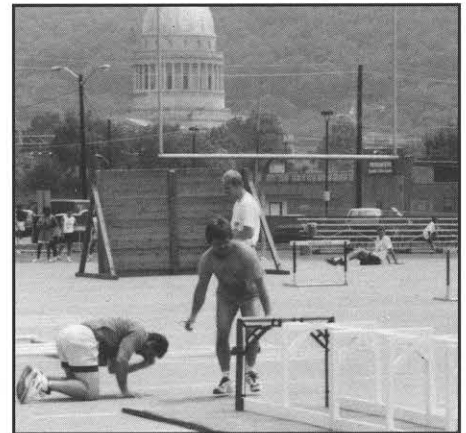
The Amos Linebackers team was one of 18 classified as Division III (for new participants or companies who just want to have fun). Activities included volleyball, basketball hoop shoot, swim relay, innertube race, bed race, running, obstacle course, golfing, shot put, tug of war, banner competition, tennis, spirit competition, and bowling. Each activity had a specified number of men and women participants.

At the end of the week's competition, scores were added and each team given a final standing. The Amos Linebackers earned seventh place in their division and received plaques for 2nd



place in these events: 100 meter dash, 35 and over 100 meter dash, 35 and

over 400 meter medley relay, and banner competition. □



ILLUMINATOR

**AEP APPALACHIAN
POWER**

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